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GROUP PROCESSING SERIES C: BASIC PROCESS

Let's find some places now, where you are not. OK.

Now out in front of you somewhere, mock up or find a nothing and make it be sympathetic toward you. A sympathetic nothingness. A nothingness area with some sympathy in it. Put some more out there. A sympathetic nothingness. OK. Behind you somewhere - throw all those away - and behind you somewhere, put a sympathetic nothingness. And put it out there some more. And put this way outside and beyond the walls. Sympathetic nothingness. OK. Now way down under you somewhere, put some sympathetic nothingnesses, one after the other. Put a lot of them there, all being sympathetic to you. OK. Now way over to the right, beyond all walls, way over, put some sympathetic nothingnesses. Many of them, time after time. Lots of them. OK. Now way over to the left, put some sympathetic nothingnesses. Let's not worry about any other activity that occurs, just put the nothingnesses there, being sympathetic. OK. Now way up above you somewhere, put some sympathetic nothingnesses. Well OK. Throw that away.

Now let's waste some sympathy. Get it so you really know you're wasting some sympathy. Waste some more sympathy. Well OK. Now let's get somebody else, a specific person out in front of you. Your idea of a specific person out in front of you and have this person wasting some sympathy. OK. Now get the idea of two specific people out in front of you, and have one wasting the sympathy of another one. Two people and one of them wasting another one's sympathy. OK. Now let's dispose of those. And let's have somebody, a specific person, out in front of you, wasting your sympathy. Somebody out in front of you wasting your sympathy. OK. Now let's have you wasting somebody else's sympathy. Another person, and have you wasting this person's sympathy. OK. Throw all those away.

And now with your eyes closed, sort of get the idea of the two back corners of the room, and hold onto them, and sit there and don't think. OK. Let go of them. And

find some places where you're not. Now let's be quite sure you do find some places where you are not. One for sure, and then some more. Alright.

Now let's put some nothingnesses out in front of you, being sympathetic. Put one out there, and then some more. A nothingness that's being sympathetic. Put a lot of them out there. Put a lot more out there. Put a lot more out there, nothingnesses which are sympathetic. OK. Now let's put behind you at some distance, nothingnesses which are being sympathetic. OK. Now way up above you somewhere, put some nothingnesses that are being sympathetic. OK. Now way down below you somewhere, put some nothingnesses that are being sympathetic. And way over to the right someplace, some nothingnesses that are being sympathetic. And way over to the left put some nothingnesses that are being sympathetic. Many times. OK.

Now let's find the two back corners of the room and hold on and don't think. OK. Let go. And find some places where you are not. Alright.

Let's you waste some sympathy now. You waste some sympathy. Let's get another specific person now. right out in front of you there, wasting some sympathy. And let's get two people, two specific people now, and get one of those wasting the sympathy of another one. OK. Let's throw those away. And let's get another specific person in front of you, wasting your sympathy. OK. Now let's get another specific person in front of you and have you wasting this person's sympathy. OK. Throw them away.

Now let's get a nothingness way out in front of you, being sympathetic. And duplicate it many times. Put it there many more times. Time after time after time. And a nothingness behind you being sympathetic, and duplicate it many times. Put it there many, many times. Duplicate it some more. OK. Throw those away. And way down beneath you somewhere, put a nothingness being sympathetic, and duplicate it many times. Many more times. OK. Set that aside. And way up above you, put a nothingness being sympathetic. Many more times. A nothingness being sympathetic. OK. Now way over to the right, put a nothingness being sympathetic and then duplicate it many, many times. OK. Throw that away. And way over to the left, put a nothingness being sympathetic and duplicate it many times. OK. Set that aside now.

Take hold of the two back corners of the room, hold onto them and don't think. OK. Let go. And find some places where you are not. Alright.

Now into the front wall of the room, put no sympathy. In the back wall of the room, no sympathy. The right hand wall of the room, no sympathy. Left hand wall of the room, no sympathy. The floor, no sympathy. The ceiling, no sympathy. Now into a wall further away than the front wall of the room, put no sympathy. Into a wall now, further away than the back wall of the room, put no sympathy. Get it into the whole wall. Get a wall there, if you have to. Now into a wall further away than the right hand wall of the room, put no sympathy. Now into a wall further away than the left hand wall, put no sympathy. Now into a barrier further away than the floor, put no sympathy. And into the ceiling, above the ceiling, put no sympathy. OK.

Put a sympathetic demon in front of you. And duplicate him many times. Put a sympathetic demon behind you and duplicate him many times. OK. Now put a sympa-

thetic demon below you and duplicate him many times. And a sympathetic demon above you and duplicate him many times. Alright.

Now mock up mobs of religious police around you, being sympathetic. You can manage that. And duplicate them many times. OK. Now put some invisible barriers in front of you, being sympathetic to you. Windshields, eyeglasses, and things like that, all being sympathetic. Windows. Make lots more of those. Sympathetic, invisible barriers. Lots more of those. OK. Throw them away.

Contact the two back corners of the room, hold onto them, don't think. Alright. Let go. Find some places where you are not.

Now lets you waste some sympathy. Get somebody else out in front of you wasting some sympathy. Get two specific people out in front of you, one wasting the other's sympathy. Set those aside. Get a specific person out in front of you, wasting your sympathy. And let's get another person out in front of you, and you wasting this person's sympathy. OK. Sweep those aside. And now let's get a mobile nothingness. A nothingness that has motion and action in it, being sympathetic out in front of you. And then duplicate it many times. A mobile nothingness being sympathetic, one that is in motion. Duplicate it a lot more. OK. Let's set that aside.

And let's get a mobile, a moving, motion able nothingness back of you now, being sympathetic. Duplicate it many times. OK. Set that aside. And down below you get a motion able nothingness, a moving nothingness being sympathetic, and duplicate it many times. Alright. Now let's get one above you, moving, being sympathetic. OK. Now get a moving nothingness over on the right, being sympathetic. Duplicate it many times. Duplicate it many more times. OK. Set it aside.

And hold onto the back corners of the room, sit there and don't think. Now get the two back corners of the room being sympathetic. OK. Let go.

Now let's get a person out in front of you with what you consider to be your worst attribute. Particularly, physical. Whatever's wrong with you physically, let's get this person out in front of you with those attributes. Now let's get this person being sympathetic to you. Duplicate him now, many times, or her. A person with your worst attributes, being real sympathetic. Now duplicate it over and over. Make many more of them. Time after time. Many more times now, a person with your worst attributes being very sympathetic to you. Many more of this person. Maybe you've got some new worst attributes now. In that case, sweep them all aside. Put the person back there again, duplicate it many times. Many more times. OK. Let's hold onto the two back - throw that all away.

Hold onto the two back corners of the room, and sit there and don't think. OK. Let go.

Now let's mock up your father in front of you, being sympathetic. Duplicate him many times. OK. Throw that aside. Mock up your mother in front of you, being sympathetic and duplicate that many times. Now mock up your father as nothingness out in front of you, being sympathetic, and duplicate that many times. OK. Now mock up your mother as a nothingness out in front of you, being very sympathetic, and dupli-

cate that many times. OK. Now mock yourself up as a nothingness out in front of you, being sympathetic, and duplicate that many times. And again, yourself as a nothingness out in front of you, being sympathetic. And again, yourself as a nothingness out in front of you, being sympathetic. Get many of them. Time after time, now. Lots of them. Yourself as a nothingness out in front of you, being sympathetic. OK. Let's leave that.

Let's mock-up yourself as a nothingness behind you, being sympathetic. Many times. Many more times. Yourself as a nothingness behind you, being sympathetic. Duplicate it many times. OK. Now yourself as a nothingness way above you, being very sympathetic. And duplicate it many times. Now yourself as a nothingness way below you, being sympathetic. Duplicate it many times. Yourself as a nothingness way below you, being sympathetic. Duplicate it many more times. Now yourself as a nothingness way over on the right side of you, being very sympathetic. Yourself as a nothingness way over on the left side of you, being very sympathetic. OK.

Now let's mock up a something on which you will say we depend utterly. And have it being very sympathetic. Something on which you know you depend. And it's being very sympathetic. Duplicate it many times. Duplicate it many more times. Something on which you depend utterly, being very sympathetic. OK. Throw it all away.

Put up eight anchor points and snap them in on yourself. Put up eight balls, very dense around you, and pull them in. Hold those there, put eight new ones around you, pull those in. While pulling in those, put up eight new ones, and so on. Do it some more. Eight light, massive balls, now. As though they were the corners of a cube around you. Pull them in together at the center. Eight new ones, pull those in. Lots more of them, pull them in. OK. Do what you please with them.

Hold onto the two back corners of the room and sit there and don't think. OK. Let go. Find some places where you are not. Find the floor beneath your feet.

End of session.