

GROUP PROCESSING: REMEDYING HAVINGNESS

A lecture given on
20 April 1954

This is a tape on the Remedy of Havingness.

Now let's see if we can get some certainty; let's get some certainty, any kind of a certainty on who owns you.

Now any kind of a certainty you can get on who owns your spirit.

Now let's get some certainty on who owns your body. Okay.

Now let's get some sort of a certainty on who owns your sexual ability. And now let's discover who owns children. Now who has or would own your children?

Now who owns any group that you're connected with? the most certain thing you can get on that.

And now, who owns mankind?

All right, who owns insects? Who owns all the snakes? Who owns the fish? Who owns birds? Who owned prehistoric animals? Who owns wild animals? Now who owned any pets that you had? And who owned any food animals that you knew?

Now let's get some certainty on who owns all space. Now who owns your space? Who owns all the energy there is? Who owns your energy?

Now who owns your creativeness? Who owns your destructiveness?

Who are you surviving for?

Now let's get some certainty on who owns your time.

Who owns your personal possessions?

Who owns all the ghosts? Who owns spirits? Who owns the souls of men?

And who owns God?

Okay. Now, who did you know that you didn't like who owned everything? Somebody you didn't like who owned everything.

All right. What didn't that person own? One item that that person didn't own.

All right. Now let's get something, let's get something, now, that you know for sure that you own. Some more things that you own. And some more things that you own. And some more things that you own.

Okay, now let's find the point where somebody's making all this space from.

Now let's find the point - exactly the point - where somebody's making all this energy from. Just contact the center of that point. Let's do it again. Let's do it again.

All right, now let's get several things which you know very well you couldn't possibly have. Some more things which you know you couldn't have. Okay. And now some things you don't have to have.

Now let's put four things you know you could have around you, all the same thing or four different things; it's okay. Now let's pull them in on you. Now let's put four more up there and pull them in. Now let's continue to do that. Put up four items, pull them in on you. Do it again and again and again.

Okay. Now do what you please with that. Now let's get an idea of something you could have if you wanted to - something you could have. Now let's create it there in front of you. Now make it better or worse until it snaps in. Now put it there again and bring it in, and put it there again and bring it in.

Okay. Now let's check over some things that you really have to have.

Now let's check over some items that you're entirely dependent upon. And some more items that you're entirely dependent upon.

Now let's check over some things you were entirely dependent upon twenty or thirty years ago.

Now let's check over some people you were entirely dependent upon twenty or thirty years ago.

Now let's check over some people you are entirely dependent upon now.

All right, now let's find somebody you're not dependent upon at the present.

Okay let's mock up four gold balls if you can around your head, and pull them into the body. And do it again and again and again; many times.

Now if you're exteriorized mock up four gold balls around you and pull them in. Now mock up eight, as though they were the corners of a cube and pull those in, time after time after time.

Okay. Now let's mock yourself up as big as you have to be in the MEST universe - as big as you have to be to be noticed, time after time after time; as big as you have to be to be noticed. Let's do that some more, many more times, as big as you have to be to be noticed.

All right. Now let's mock yourself up as small as you'd have to be to be safe, time after time after time, as small as you'd have to be to be safe. And in the condition you'd have to be in to be safe. First as small as you'd have to be to be safe, time after time after time.

Now mock yourself up as occluded as you'd really have to be to be safe.

All right, now mock yourself up as big as you'd have to be to overcome other people, time after time after time. And as small as you'd have to be now to avoid other people. As small as you'd have to be to avoid other people. Now mock yourself up as small as other people would like to have you.

And now as big as you would be to really frighten others - the way they wouldn't want you.

Now mock yourself up poor, starving, broke and dead, in that order - poor, starving, penniless, dead. Do it again, and again.

Now mock yourself up as utterly perished because you have no money. And again and again and again and again - many times.

Okay. Let's take hold of the two back corners of the room and hold on and don't think.

Okay. Let go and find the floor beneath your feet.

End of session.

(end of lecture)

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UNIVERSES (5th ACC) tape 20

Transcript of Taped Group Processing by L. Ron Hubbard

GP-Spec - 5404C21

Number 20 of "Universes and the War between Theta and Mest" cassettes.

(Although this tape was not originally numbered in the 5th ACC, it was given on the same day as 5ACC-17 and we can assume that the 5th ACC students attended this session along with public. It was normal practice for ACC students to attend any other lectures given while they were on course.)

GROUP PROCESSING: REACH FOR PRESENT TIME

21 April 1954

Now let's reach for present time.

Now reach for present time behind you. Now reach for present time below you. Now reach for present time to the right of you. Now reach to the left of you. Okay.

Now withdraw from present time behind you. In front of you. Above you. Below you. And otherwise.

Now let's get present time reaching for you from in front of you. Now let's get present time reaching for you from behind you. Reaching for you from above you. Reaching for you from the right side. Reaching for you from the left side.

And withdrawing from in front of you. And withdrawing from behind you. Withdrawing from above you. Withdrawing from the right of you. Withdrawing from the left of you. Now get it in a sphere, withdrawing. And get it withdrawing some more. And get it withdrawing some more.

And now as it withdraws get you reaching for it as it withdraws. Reach for it around as it withdraws. Reach for it behind you as it withdraws. Get this feeling of trying to withdraw at least while you reach for it. All right.

Now as it continues to withdraw, you withdraw from it. Now you withdraw from it even harder. Now you withdraw from it even more.

Now reach for it. Now have it suddenly reach for you.

Now withdraw from it and have it withdraw from you.

Now have it reach for you and you reach for it. Okay.

Now put what you've been doing out in front of you as a sort of a hit or miss mock-up and duplicate it. And duplicate it. And duplicate it. And duplicate it. And duplicate it. And throw it away. Okay.

Now those of you who can, be three feet back of your head and continue this exercise there. Or twenty-five feet or twenty-five miles, be back there, outside. If you snap in, that's not very important.

Now, if you're inside, try and get this, too.

Get the body reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

Get you reaching for the body. Withdrawing from it. Reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it.

Get the body reaching for you. And withdrawing from you. And get it withdrawing from you. And withdrawing from you. And withdrawing from you. And withdrawing from you. And withdrawing from you.

And you withdrawing from the body.

Now get it reaching for you. And you reaching for it. And it withdrawing. And you withdrawing from it. And you reaching for it while it withdraws. And you withdrawing from it as it reaches for you.

Now get it reaching for you. Withdrawing from you. Get you reaching for the body. Withdrawing from it. Reaching. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing. Okay.

Now where you are, contact present time. Okay.

Now reach for a baby. That's very unspecific, but you just reach in the direction of a baby. Now withdraw. Now reach. Now withdraw. Now reach. Now withdraw. Now reach. Now withdraw. Now reach. Now withdraw.

The baby reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

Now duplicate what you've just been doing in whatever fashion you care to. And duplicate it again. Duplicate it again. Duplicate it again. Duplicate it again. Throw it away. Okay.

Now let's get you reaching for a group. Withdrawing from one. Reaching for a group. Withdrawing from one. Reaching. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing. Okay.

Let's get a group reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing. Reaching for you. Withdrawing. Reaching for you. Withdrawing. Okay.

Let's get you reaching for a group. Withdrawing from one. Reaching for a group. Withdrawing from one.

And reach for two corners of this room. And withdraw from them.

And reach for the space, the middle space of the room. And withdraw from it. And reach for it. Withdraw from it. Reach for it. Withdraw from it. All right.

Now let's get the middle space of the room reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you.

Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

You reaching for the space immediately above this building. Withdrawing from it. Reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it.

Get the space above this building reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

Get the space up near the moon, the space near the moon reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

Get you reaching for the space near the moon. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing. Okay.

Now let's get you reaching for an animal. Withdraw. Reach for an animal. Withdraw. Reach for an animal. Withdraw. Reach. And withdraw. Reach for an animal. Withdraw. Reach. Withdraw.

Now get an animal reaching for you. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing.

Now get you reaching for a spirit. Withdrawing. Now reach again for a spirit. Withdraw. Reach. Withdraw. Reach. Withdraw.

Get a spirit reaching for you. Withdrawing from you. A spirit reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. A spirit reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

Now, you reach for God. Withdraw. Reach. Withdraw. Reach. Withdraw.

Get God reaching for you. Withdraw. And God reaching for you. Withdrawing from you. God reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

Now reaching for you. And you make him withdraw. Reaching for you. You make him withdraw. Reaching for you. You make him withdraw. Reaching for you. You make him withdraw.

Now get a spirit reaching for you. You make the spirit withdraw. Spirit reaching for you. Make it withdraw. Spirit reaching for you. Make it withdraw. Spirit reaching for you. Make it withdraw.

Get the MEST universe reaching for you. Make it withdraw. The universe reaching for you. Make it withdraw. Universe reaching for you. Make it withdraw. Universe reaching for you. Make it withdraw.

Now let's get mankind reaching for you. Make it withdraw. Mankind reaching for you. Make it withdraw. Mankind reaching for you. Make it withdraw. Mankind reaching for you. Make it withdraw.

A group reaching for you. Make it withdraw. A group reaching for you. Make it withdraw. A group reaching for you. Make it withdraw. A group reaching for you. Make it withdraw.

A member of the other sex reaching for you. Get you withdrawing.

Get a member of the other sex withdrawing. With you reaching

The other sex reaching and you withdrawing.

And get the other sex withdrawing.

Get a member of the opposite sex reaching for you. And make it withdraw. Get a member of the opposite sex reaching. You make it withdraw. Member of the opposite sex reaching. You make it withdraw. Member of the opposite sex reaching. You make it withdraw. Member of the opposite sex reaching. You make it withdraw.

A member of the opposite sex reaching straight on through you and keeping on going. Throw that one away.

A member of the opposite sex reaching for you. Make him withdraw.

Member of the opposite sex reaching for you. Reaching straight through you and keeping on going. Throw it away.

You reaching for a member of the opposite sex. Reach for them, reach straight on through them. Throw it away.

Member of the opposite sex reaching while you reach. Opposite sex reaching while you reach. Opposite sex reaching while you reach. Reaching while you reach. Reaching while you reach.

Now withdrawing while you withdraw. Withdrawing while you withdraw. Withdrawing while you withdraw.

Member of the opposite sex reaching. Make it withdraw. Member of the opposite sex reaching. Make it withdraw. Opposite sex reaching. Make him withdraw. Okay.

Get your body reaching. Get it withdrawing. Get it reaching. Withdrawing.

Get you reaching for your body. Withdrawing. Reaching for your body. Withdrawing. Okay.

Reach for the four upper corners of this room. Withdraw. Reach the four upper corners of this room. Withdraw. Reach the four upper corners of this room. Withdraw.

Now be well away from your body if you can.

And within yourself see if you can find the capability of doing this: You as a thetan, whether interior or exterior, get the idea of reaching for yourself not your body, for YOURSELF.

Now withdrawing. Reaching for your other self or yourself. Withdrawing. Reaching. Withdrawing. Reaching. Withdrawing.

Now get your other self - however you've mocked it up, located it, actually found it - get it reaching for you. Withdrawing. Reaching for you. Withdrawing. Reaching for you. Withdrawing. Reaching for you. Withdrawing.

All right. Now mock up yourself as a thetan wherever you want to mock it up, splitting in half and the halves withdrawing from each other. Throw that away.

Get yourself as a thetan again splitting in half and the halves withdrawing from each other. Throw it away. Splitting in half and the halves withdrawing from each other. Throw it away.

Now duplicate that. Throw it away. Duplicate it. Throw it away.

Now get you as a thetan holding two halves of you together. Pulling in. Withdrawing inward.

Now duplicate it. Duplicate it. Duplicate it. Duplicate it. Duplicate it. (One pair at a time.) Duplicate it. Throw them away. Okay.

Get you as a thetan finding which direction it is easiest to reach and withdraw. Which direction is it easiest to reach and withdraw? Now locate that and orient that very carefully. Now reach and then withdraw, the easiest direction. Now reach and withdraw again. Now reach and withdraw again. Now reach and withdraw again. Now reach and withdraw again.

And now you know the direction you've been reaching and withdrawing; that was the easiest direction. Now let's take exactly the opposite direction, exactly the other side of what would be a sphere, exactly the opposite direction. Now reach in that direction. Now withdraw. Reach. Withdraw. Reach. Withdraw. Reach. Withdraw. Reach. Withdraw.

Check it up to make sure you're still reaching the same direction there. Reach. Withdraw. Reach. Withdraw. Reach. Withdraw. Reach. Withdraw.

Now let's pick out what's now the easiest direction for you to reach and withdraw in; let's just select a point. And let's reach in that direction. And withdraw. Reach. Withdraw.

Now let's take the exact opposite pole to that and let's reach in that direction. And withdraw. Let's reach in that direction. Withdraw. Reach. And withdraw. And reach. And withdraw.

Now whatever you found there or didn't find there, whichever way it was, duplicate it. And duplicate it. And duplicate it. And duplicate it. And duplicate it. And duplicate it. And duplicate it. And throw them all away.

Now let's reach for your childhood home. Let's withdraw. Reach for your childhood home. Withdraw.

Get your childhood home reaching for you. Withdraw. Reaching for you. Withdraw.

Now get the most dangerous thing in your childhood home, whatever it is that occurs to you at this instant, and get you reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it. Reaching for it. Withdrawing from it.

Get it reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. All right.

Now let's just reach for the childhood home. Withdraw. Reach for your childhood home. Withdraw. Reach for it. Withdraw. Reach for it. Withdraw. Reach for your childhood home. Reach right to it if you can. Withdraw.

Now get your childhood home reaching for you. And withdrawing. Reaching for you. Withdrawing.

Reaching for it. Withdrawing.

Now if there's more than one, take the earliest one that's turned up, and reach for it. And withdraw. Reach for it. Withdraw. Reach for it. Withdraw. Reach for it. Withdraw. Reach. Withdraw.

Now get it reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you. Reaching for you. Withdrawing from you.

You reaching for your earliest childhood home.

Withdrawing from you

Now reach for your entrance point to the MEST universe. Withdraw. Reach for your entrance point to the MEST universe. Withdraw. Reach for your entrance point to the MEST universe. Withdraw. Entrance point to the MEST universe. Withdraw.

Get it reaching for you. Withdrawing. Reaching for you. Withdrawing.

You reaching for it. Withdrawing. Reaching for it. Withdrawing. Reaching for it. Withdrawing.

Now reach for the four upper corners of this room. Withdraw. Reach for them. Withdraw.

Now pick any building in Camden, any building in the city. Withdraw. Reach for it. Withdraw. Reach for it. Withdraw. Reach for it. Withdraw.

Get the four upper corners of this room. Hold them for a moment, and don't think. All right, withdraw from them.

Now let's remember something real.

Now a time when you were in good communication with somebody.

Now let's recall a time when you felt some affinity for somebody.

And let's recall something that really seems real to you now.

And a time when you were in good communication.

And the beginning of the session.

And the four upper corners of the room right this minute.

Now reach for the end of session.

And here you are.

End of session.

(end of lecture)