

THE BASIC DIANETICS PICTURE BOOK

TAKEN FROM THE WORKS OF
L. RON HUBBARD

DIANETICS

DIANETICS IS MAN'S MOST ADVANCED SCHOOL OF THE MIND. THE WORD IS DERIVED FROM THE GREEK *DIA*, THROUGH, AND *NOOS*, MIND. THUS THE WORD, *DIANETICS*, MEANS "THROUGH MIND" OR "THROUGH THOUGHT".

DIANETICS IS A BRANCH OF *SCIENTOLOGY*, AN APPLIED RELIGIOUS PHILOSOPHY (FROM THE LATIN WORD *SCIO* - KNOWING IN THE FULLEST SENSE OF THE WORD, AND THE GREEK WORD *LOGOS* - TO STUDY).

BOTH DIANETICS AND SCIENTOLOGY WERE RESEARCHED AND DEVELOPED BY ONE PERSON - L. RON HUBBARD. THE MATERIALS FOR THIS PICTURE BOOK HAVE BEEN TAKEN FROM HIS WORKS.

THE MIND

NOW LET'S HAVE A LOOK AT THE MIND:

FIRST OF ALL CLOSE YOUR EYES AND THINK OF A CAT FOR A FEW SECONDS. DID YOU GET A PICTURE OF A CAT? WAS IT A CAT YOU HAD KNOWN SOMETIME? IT DOES NOT MATTER IF THE PICTURE WAS VERY CLEAR OR JUST A HAZY IMPRESSION.

WE CAN ALL DO THIS TO SOME DEGREE.



THIS IS WHAT YOUR MIND CONSISTS OF — PICTURES FROM YOUR PAST EXPERIENCE.

YOU HAVE THE ABILITY TO CALL UP PICTURES FROM YOUR PAST IN ORDER TO DRAW CONCLUSIONS ABOUT WHAT YOU ARE NOW LOOKING AT.

THE MIND CAN BE SUBDIVIDED INTO TWO PARTS:

THE ANALYTICAL MIND
THE REACTIVE MIND

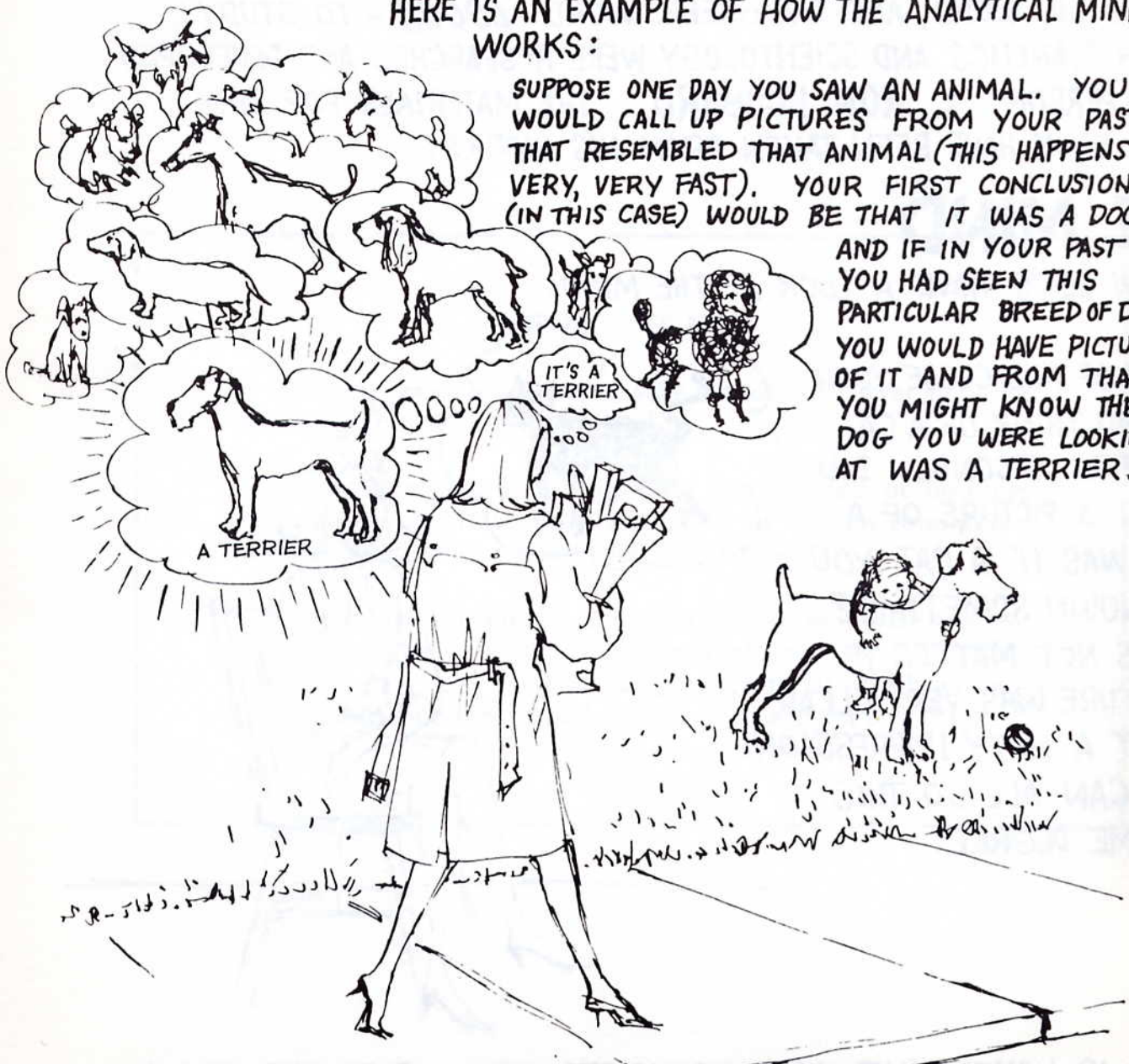
← THE PART OF THE MIND THE PERSON IS CONSCIOUSLY AWARE OF

← THIS PART OF THE MIND EXISTS BELOW THE PERSON'S CONSCIOUS RECALL AND IS A STIMULUS-RESPONSE MECHANISM

THE ANALYTICAL MIND

HERE IS AN EXAMPLE OF HOW THE ANALYTICAL MIND WORKS:

SUPPOSE ONE DAY YOU SAW AN ANIMAL. YOU WOULD CALL UP PICTURES FROM YOUR PAST THAT RESEMBLED THAT ANIMAL (THIS HAPPENS VERY, VERY FAST). YOUR FIRST CONCLUSION (IN THIS CASE) WOULD BE THAT IT WAS A DOG, AND IF IN YOUR PAST YOU HAD SEEN THIS PARTICULAR BREED OF DOG YOU WOULD HAVE PICTURES OF IT AND FROM THAT YOU MIGHT KNOW THE DOG YOU WERE LOOKING AT WAS A TERRIER.



THE ANALYTICAL MIND ANALYZES (SORTS OUT) THE DATA WHICH IT HAS RECEIVED. IF THAT WERE ALL THERE WAS TO THE MIND THEN WE WOULD HAVE A PERFECT MIND — ONE THAT NEVER MADE A MISTAKE, NEVER CAME UP WITH THE WRONG ANSWER, NEVER GAVE THE BODY A WRONG COMMAND. BUT THIS IS NOT THE WAY PEOPLE ARE. SO LET'S TAKE A LOOK AT THE OTHER PART OF THE MIND — THE REACTIVE MIND.

THE REACTIVE MIND

THIS PART OF THE MIND IS NOT UNDER THE PERSON'S OWN CONTROL. IT REACTS OR ACTS IN RESPONSE TO OUTSIDE INFLUENCE, NOT TO THE INFLUENCE OF THE PERSON WHO OWNS IT.

DO YOU EVER SEE PICTURES OR THINK THOUGHTS YOU DON'T WANT TO HAVE?

HERE IS HOW THE REACTIVE MIND WORKS:

SUPPOSE THE GIRL SHOWN IN THE PREVIOUS DRAWING HAD BEEN BADLY BITTEN BY A DOG WHEN SHE WAS YOUNG.



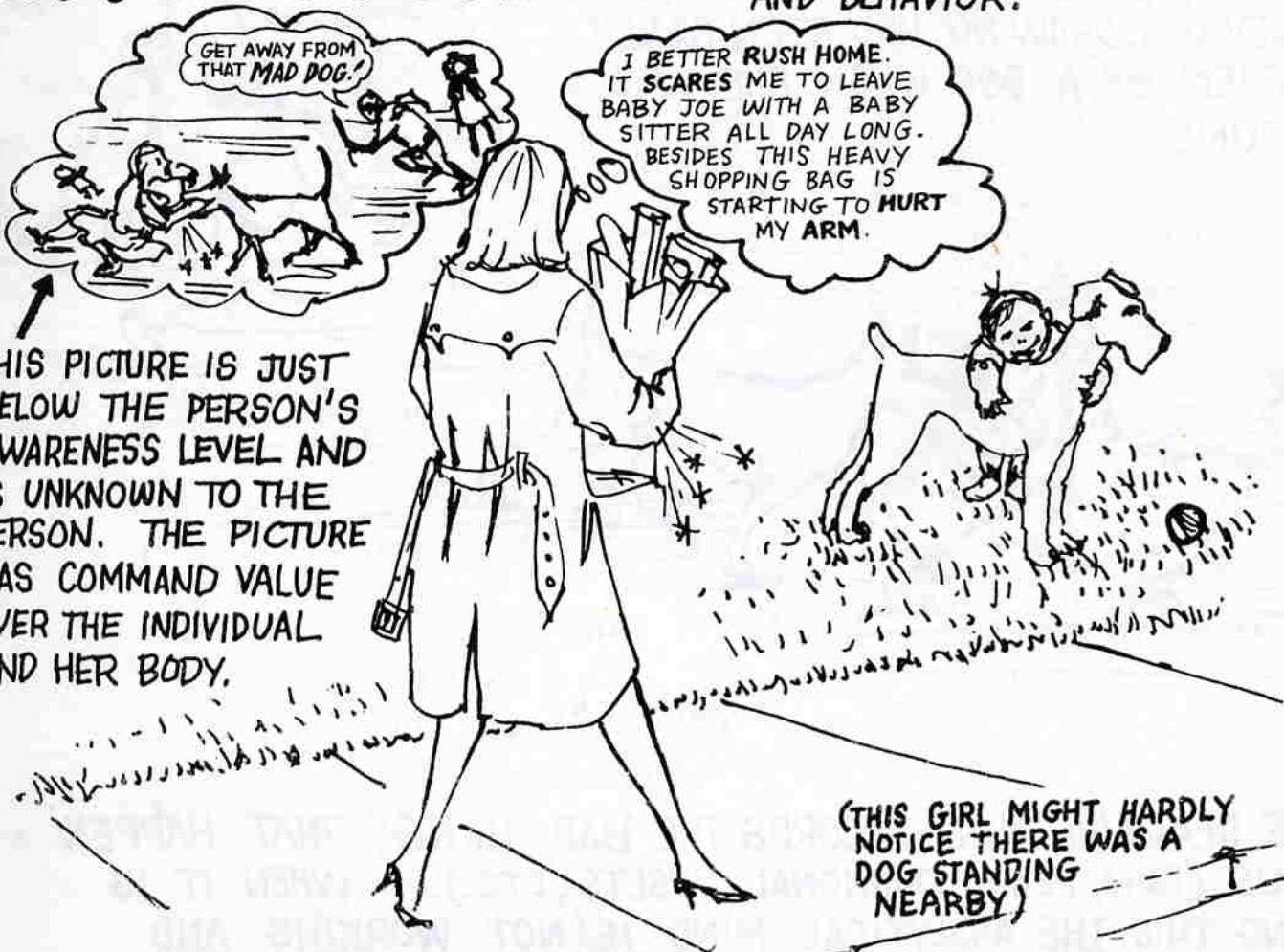
THE REACTIVE MIND RECORDS THE BAD THINGS THAT HAPPEN TO US (PAIN, FEAR, EMOTIONAL UPSETS, ETC.). WHEN IT IS DOING THIS THE ANALYTICAL MIND IS NOT WORKING AND BEING AWARE OF WHAT'S GOING ON. SO WE DO NOT HAVE PICTURES OF THIS TO ANALYZE WITH.

THE REACTIVE MIND STORES UP ALL THE BAD THINGS THAT HAVE HAPPENED TO YOU AND THROWS THEM BACK AT YOU IN MOMENTS OF DANGER OR UPSET AND SO DICTATES YOUR ACTIONS ALONG LINES THAT YOU HAVE NOT DECIDED ON.

IT IS SUPPOSED TO PROTECT YOU WHEN YOU ARE IN DANGER. FOR EXAMPLE, IF THE GIRL BELOW WERE NOT ANALYTICAL AT ALL SHE WOULD TURN AND RUN FROM THE DOG. BUT MOST OF US USE SOME REASON AND WORK IT OUT THAT THIS LOOKS LIKE A FRIENDLY DOG ETC. SO THERE'S NO NEED TO RUN, BUT JUST THE SAME WE REACT AND FEEL FEAR OR ARE UPSET TO VARIOUS DEGREES WHEN UNDER THE INFLUENCE OF THE REACTIVE MIND.

YOU CAN SEE HERE HOW THE REACTIVE MIND IS THE SOURCE OF ALL IRRATIONAL THOUGHT AND BEHAVIOR.

AWARENESS LEVEL



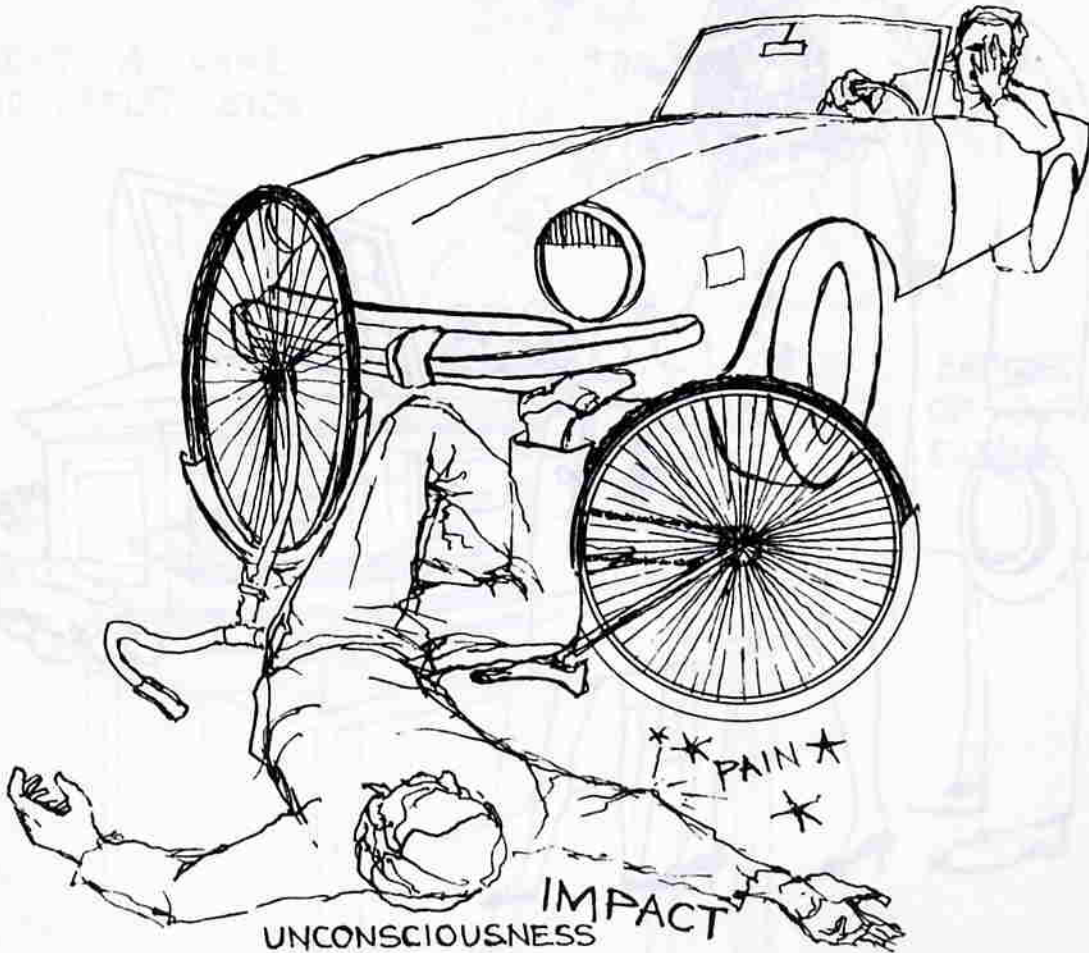
THIS PICTURE IS JUST BELOW THE PERSON'S AWARENESS LEVEL AND IS UNKNOWN TO THE PERSON. THE PICTURE HAS COMMAND VALUE OVER THE INDIVIDUAL AND HER BODY.

(THIS GIRL MIGHT HARDLY NOTICE THERE WAS A DOG STANDING NEARBY)

IF THIS GIRL KNEW ABOUT MINDS SOONER OR LATER SHE WOULD BEGIN TO REALIZE THAT EVERY TIME THERE WAS A DOG NEARBY SHE FELT A BIT AFRAID, WANTED TO GET AWAY AND FELT A PAIN IN HER ARM AND SHE WOULD SEE THE PICTURE AND REMEMBER ALL ABOUT IT. AT THAT TIME THE PICTURE WOULD BECOME PART OF HER ANALYTICAL MIND AND WOULD NO LONGER INFLUENCE HER WITHOUT HER KNOWLEDGE.

LET'S TAKE A LOOK AT THE DIFFERENT KINDS OF PICTURES CONTAINED IN THE REACTIVE MIND:

AN ENGRAM



AN ENGRAM IS A MENTAL IMAGE PICTURE WHICH IS A RECORDING OF A TIME OF PHYSICAL PAIN AND UNCONSCIOUSNESS. IT MUST BY DEFINITION HAVE IMPACT OR INJURY AS PART OF ITS CONTENT.

A SECONDARY

DEPENDS ON AN EARLIER ENGRAM



A SECONDARY IS A MENTAL IMAGE PICTURE OF A MOMENT OF SEVERE AND SHOCKING LOSS OR THREAT OF LOSS WHICH CONTAINS UNPLEASANT EMOTION SUCH AS ANGER, FEAR, GRIEF, APATHY OR "DEATHFULNESS". IT IS A MENTAL IMAGE RECORDING OF A TIME OF SEVERE MENTAL STRESS. A SECONDARY IS CALLED A SECONDARY BECAUSE IT ITSELF DEPENDS UPON AN EARLIER ENGRAM WITH SIMILAR DATA BUT REAL PAIN.

A LOCK

EXAMPLE: ONE SEES A CAKE, FEELS SICK. THIS IS A LOCK ON AN ENGRAM OF BEING MADE SICK BY EATING CAKE. THE PICTURE OF SEEING A CAKE AND FEELING SICK IS A LOCK ON (IS LOCKED TO) THE PICTURE (UNSEEN AT THE MOMENT) OF GETTING SICK EATING CAKE.

SEES A CAKE
AND FEELS SICK



EARLIER PICTURE
OF GETTING SICK
EATING CAKE

A LOCK IS A MENTAL IMAGE PICTURE OF AN EXPERIENCE WHERE ONE WAS KNOWINGLY OR UNKNOWINGLY REMINDED OF A SECONDARY OR ENGRAM. IT DOES NOT ITSELF CONTAIN A BLOW OR A BURN OR IMPACT AND IS NOT ANY MAJOR CAUSE OF UNPLEASANT EMOTION. IT DOES NOT CONTAIN UNCONSCIOUSNESS, IT MAY CONTAIN A FEELING OF PAIN OR ILLNESS ETC. BUT IS NOT ITSELF THE SOURCE OF IT.

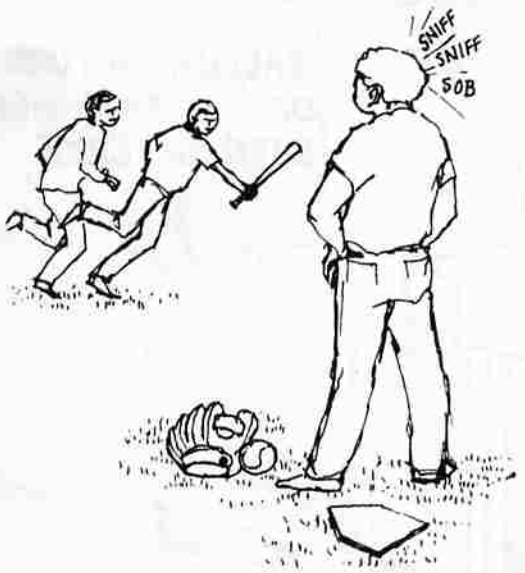
A CHAIN

IT HAS BEEN FOUND THAT ENGRAMS, SECONDARIES AND LOCKS FORM INTO WHAT WE CALL, IN DIANETICS, A **CHAIN**. A CHAIN IS A SERIES OF RECORDINGS OF SIMILAR EXPERIENCES. A CHAIN HAS ENGRAMS, SECONDARIES AND LOCKS.



EXAMPLE:
PICTURE 1 - ENGRAM (EARLIEST PICTURE ON THIS CHAIN) "GETS HIT ON THE HEAD WITH A BAT."

EXPERIENCES PAIN AND UNCONSCIOUSNESS. THIS EXPERIENCE IS RETAINED BY THE PERSON IN THE FORM OF A MENTAL IMAGE PICTURE. IT IS HELD IN PLACE BY THE PAIN AND UNCONSCIOUSNESS CONTAINED IN IT.



PICTURE 2 - SECONDARY (LATER PICTURE ON CHAIN) "LOSES A BAT".

EXPERIENCES A FEELING OF GRIEF AND LOSS. THIS EXPERIENCE IS RETAINED BY THE PERSON IN THE FORM OF A MENTAL IMAGE PICTURE. IT GETS ITS FORCE AND IS HELD IN PLACE BY THE EARLIER ENGRAM.



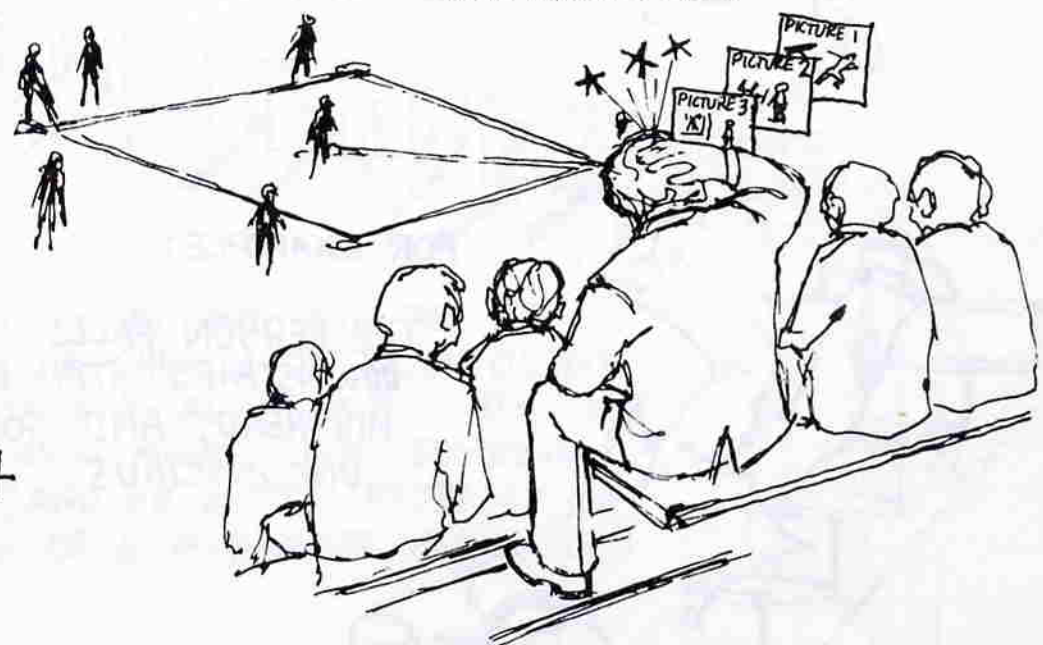
PICTURE 3 - LOCK (MOST RECENT EXPERIENCE ON CHAIN) "SEES A BAT"

POSSIBLY GETS A HEADACHE, OR FEELS A BIT SAD OR DULL. THIS EXPERIENCE IS RETAINED BY THE PERSON IN THE FORM OF A MENTAL IMAGE PICTURE. IT GETS ITS FORCE AND IS HELD IN PLACE BY THE EARLIER ENGRAM.



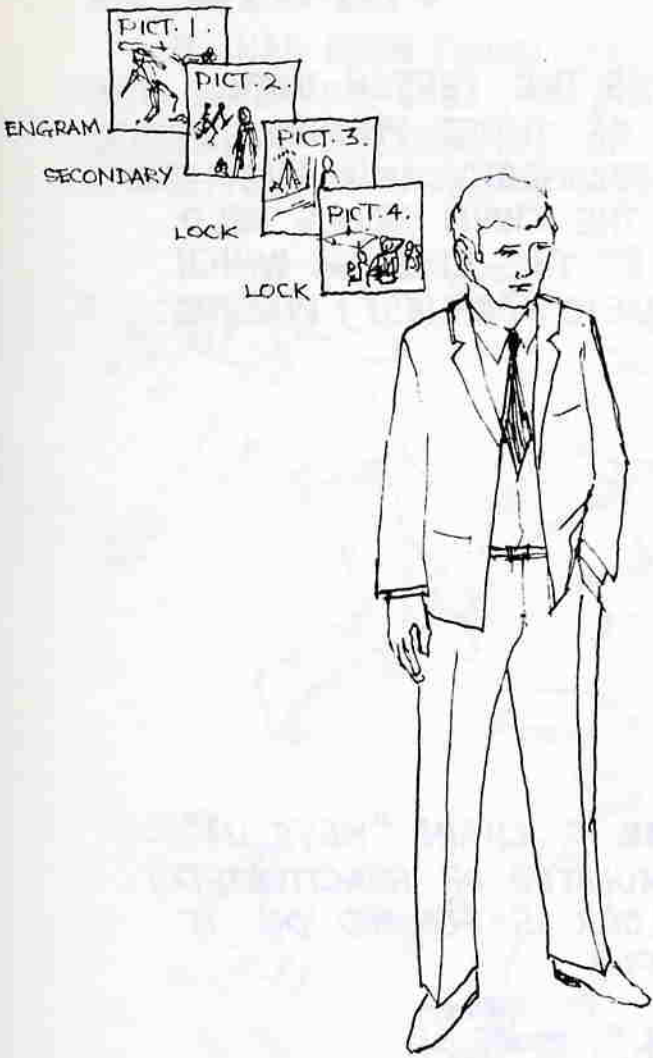
THIS LEAVES THE PERSON WITH A CHAIN OF THREE PICTURES, A LOCK, A SECONDARY AND AN ENGRAM, THE CHAIN BEING HELD IN PLACE BY THE ENGRAM WHICH IS THE BASIC (EARLIEST) PICTURE.

EACH TIME A CHAIN "KEYS IN" (IS RESTIMULATED OR REACTIVATED) A NEW LOCK IS FORMED ON IT. FOR EXAMPLE :



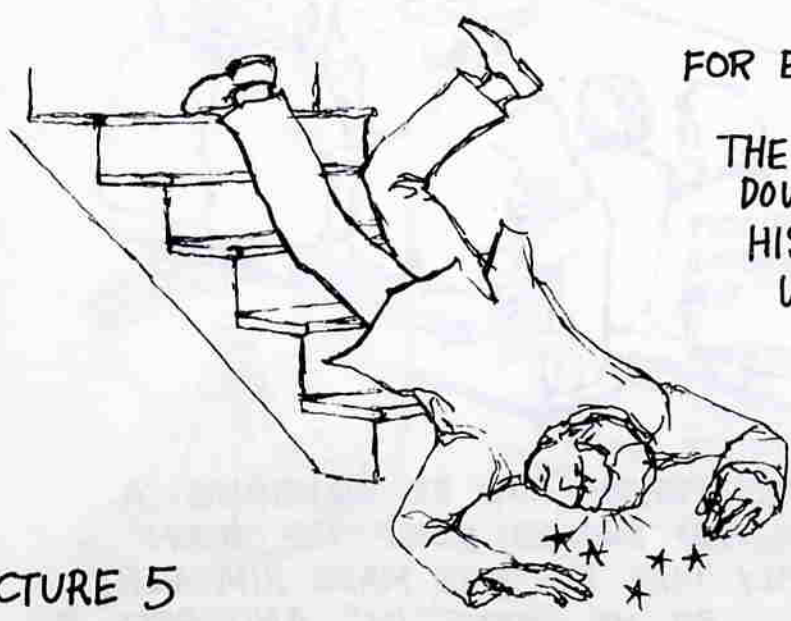
AT SOME FUTURE POINT THE PERSON MAY BE WATCHING A BALL GAME, AND NOT HAVING HAD ENOUGH SLEEP THE NIGHT BEFORE OR NOT EATING PROPERLY THAT DAY HAS MADE HIM VERY SUSCEPTIBLE TO RESTIMULATION. SO HE "KEYS IN" AND GETS A HEADACHE, AND ANOTHER LOCK IS FORMED ON THE CHAIN,

A CHAIN



NOW THE PERSON HAS A CHAIN OF FOUR PICTURES ALL HELD IN PLACE BY THE BASIC ENGRAM.

A FUTURE HEAD INJURY CONTAINING PAIN AND UNCONSCIOUSNESS WOULD ADD A NEW ENGRAM TO THE CHAIN.



FOR EXAMPLE:

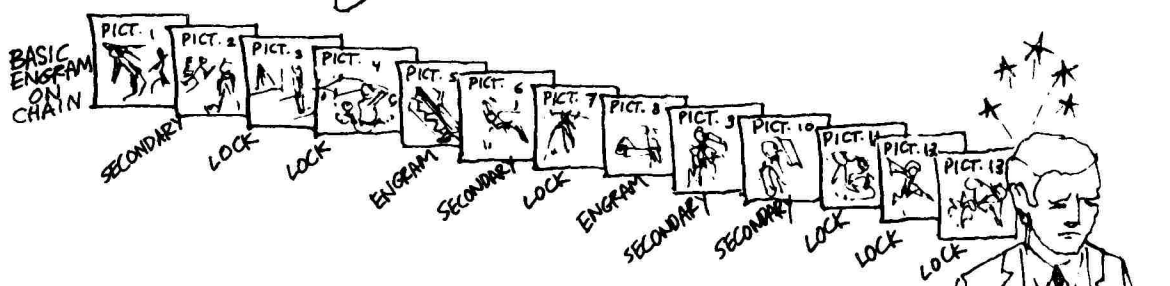
THE PERSON FALLS DOWNSTAIRS, STRIKES HIS HEAD, AND GOES UNCONSCIOUS.

PICTURE 5

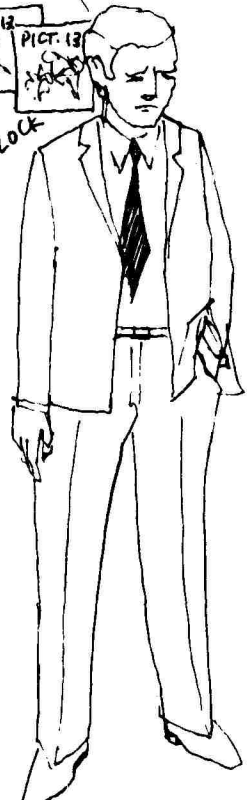


THIS NOW LEAVES THE PERSON WITH A CHAIN OF FIVE PICTURES ALL HELD IN PLACE BY THE BASIC ENGRAM ON THE CHAIN.

MORE SECONDARIES, LOCKS AND ENGRAMS CAN ACCUMULATE ON THE CHAIN.



THE YEARS GO BY AND ONE DAY HE SHOWS UP AT A CHURCH OF SCIENTOLOGY FOR SOME DIANETIC AUDITING*. BY THIS TIME THE CHAIN MIGHT LOOK SOMETHING LIKE THIS (AND HE WOULD PROBABLY BE COMPLAINING OF A MIGRAINE HEADACHE).



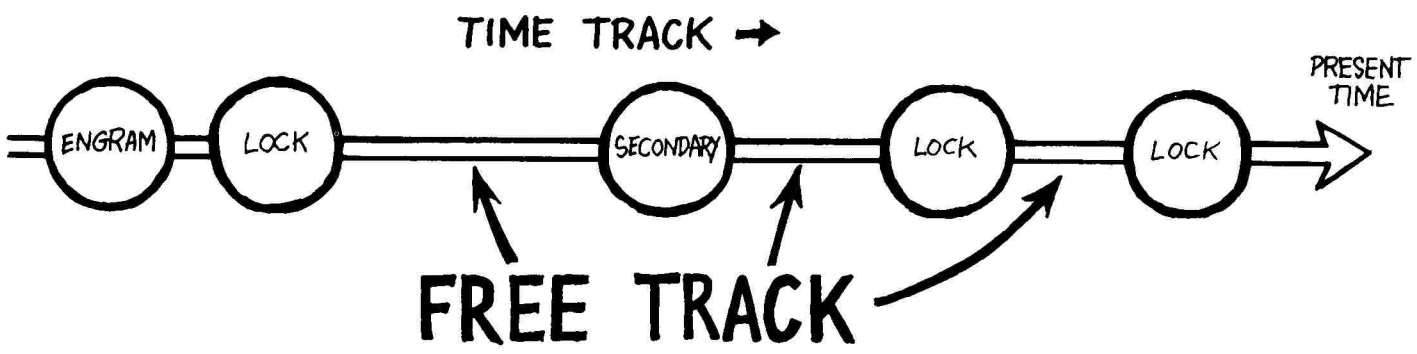
*DIANETIC AUDITING: THE APPLICATION OF DIANETIC PROCEDURES TO AN INDIVIDUAL TO HELP HIM BECOME WELL AND HAPPY.

THE TIME TRACK

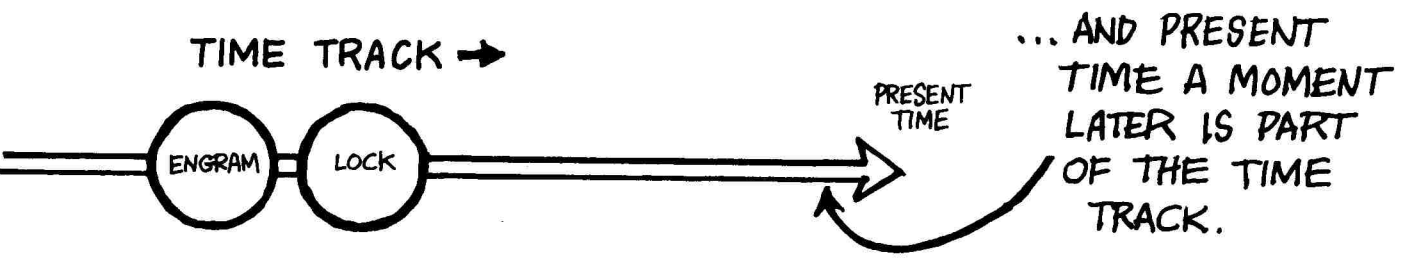
THE TIME TRACK IS THE CONSECUTIVE RECORD OF MENTAL IMAGE PICTURES WHICH ACCUMULATES THROUGH THE PERSON'S PAST. IT IS VERY EXACTLY DATED AND IS A VERY ACCURATE RECORD.

IF A MOTION PICTURE FILM WERE 3-DIMENSIONAL, HAD 52 PERCEPTIONS AND COULD FULLY REACT UPON THE OBSERVER, THE TIME TRACK COULD BE CALLED A MOTION PICTURE FILM.

THAT PART OF THE TIME TRACK THAT IS FREE OF PAIN AND MISADVENTURE IS CALLED SIMPLY THE FREE TRACK, IN THAT THE PERSON IS NOT "FROZEN UP" ON IT.



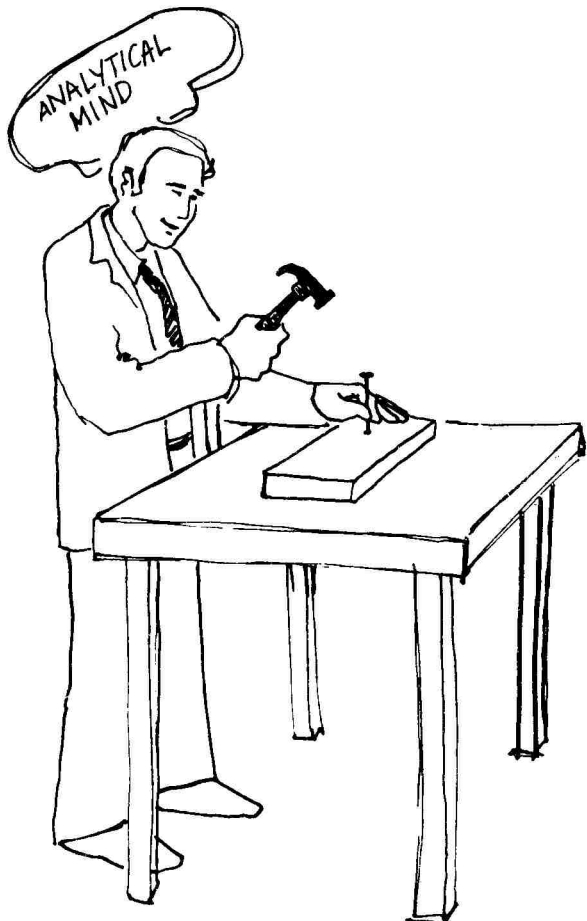
THERE ARE NO OTHER INFLUENCING AGENCIES FOR THE PERSON THAN THE TIME TRACK AND PRESENT TIME...



THOSE PARTS OF THE TIME TRACK WHICH ARE NOT PART OF THE FREE TRACK CONTAIN PAIN AND UNCONSCIOUSNESS OR MISADVENTURE AND CAN AFFECT THE PERSON IN PRESENT TIME.

THE SHOCK OF ACCIDENTS, THE DRUGS USED FOR OPERATIONS, THE PAIN OF INJURIES AND THE DELIRIUMS OF ILLNESS ARE THE PRINCIPAL SOURCES OF WHAT WE CALL "UNCONSCIOUSNESS".

WHEN THE INDIVIDUAL IS "UNCONSCIOUS" IN FULL OR IN PART, THE REACTIVE MIND IS CUT IN, IN FULL OR IN PART.



WHEN HE IS FULLY CONSCIOUS HIS ANALYTICAL MIND IS FULLY IN COMMAND OF THE ORGANISM.

THE REACTIVE MIND DOES NOT STORE MEMORIES AS WE THINK OF THEM. IT STORES ENGRAMS. THESE ENGRAMS ARE A COMPLETE RECORDING, DOWN TO THE VERY LAST DETAIL, OF EVERY PERCEPTION PRESENT IN A MOMENT OF PARTIAL OR FULL UNCONSCIOUSNESS.

EXAMPLE :

THE ENGRAM: RECORDED BY THE PERSON ON A SUB-AWARENESS LEVEL, WITH A TOTAL OF 52 PERCEPTIONS IN ALL. THIS PICTURE SHOWS A FEW OF THE THINGS THAT WOULD BE RECORDED.



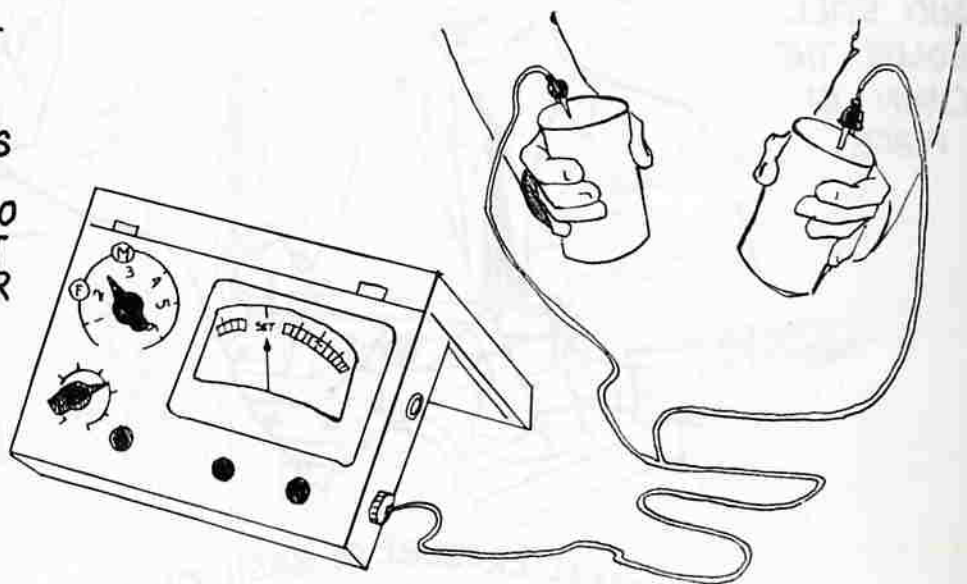
ALL THINGS RECORDED DURING AN ENGRAMIC MOMENT CAN HAVE COMMAND OVER THE INDIVIDUAL IF THE ENGRAM IS RESTIMULATED AT A LATER DATE, THUS INHIBITING HIS FREEDOM OF CHOICE, HIS ABILITY TO MAKE DECISIONS, AND AFFECTING HIS BODY.

DIANETIC AUDITING

IF THERE WASN'T A WAY TO HANDLE ENGRAMS, SECONDARIES AND LOCKS, THERE WOULD BE LITTLE HOPE FOR MAN. BUT FORTUNATELY, THANKS TO THE WORK OF **L. RON HUBBARD**, THERE IS A 100% SUCCESSFUL WAY TO HANDLE THEM — DIANETIC AUDITING.

DIANETIC AUDITING IS ADMINISTERED BY AN **AUDITOR**. AN AUDITOR IS THE NAME OF A SPIRITUAL COUNSELLOR WHO IS TRAINED TO HELP A PERSON BECOME WELL AND HAPPY THROUGH DIANETIC PROCEDURES. A SPIRITUAL COUNSELLOR HAS A RELIGIOUS DEVICE WHICH HE USES TO HELP HIM IN AUDITING. IT IS CALLED AN **E-METER**. THE **E-METER** IS AN ELECTRONIC DEVICE WHICH MEASURES THE REALITY OF THE INDIVIDUAL (THAT WHICH IS REAL OR TRUE TO THE INDIVIDUAL) CONCERNING HIS PHYSICAL STATE.

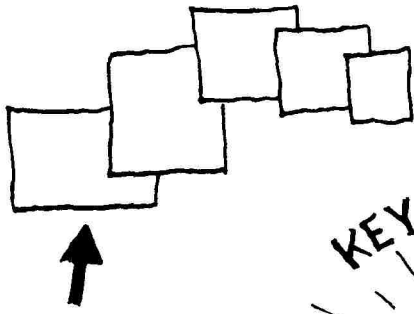
THE **E-METER** DOES NOT AND NEVER HAS DIAGNOSED PHYSICAL OR MENTAL ILLNESS. IT DOES NOT AND CANNOT HEAL ANYTHING. A PERSON WHO IS PHYSICALLY ILL IS SENT TO A MEDICAL PRACTITIONER FOR TREATMENT. THE DIANETIC COUNSELLOR CONSULTS THE MENTAL AND SPIRITUAL REALITY OF THE INDIVIDUAL REGARDING HIS PHYSICAL STATE AS MEASURED AND EXPRESSED ON THE **E-METER**.



DIANETIC AUDITING FREES A PERSON FROM HIS REACTIVE MIND. WHEN A PICTURE OR CHAIN HAS BEEN ELIMINATED BY DIANETIC AUDITING, THE PERSON BEING AUDITED WILL LOOK BRIGHT AND FEEL BRIGHT AND HAPPY. HE USUALLY HAS A SUDDEN REALIZATION, OR A NEW UNDERSTANDING ABOUT HIMSELF OR LIFE AT THIS POINT.



SOMETIMES, IN DIANETICS, A PICTURE WILL KEY OUT, THAT IS, MOVE AWAY FROM THE PERSON SO THAT IT IS NO LONGER AFFECTING HIM AND EXERTING ITS FORCE AND COMMAND OVER HIM. THIS IS OK, BUT THE BASIC ENGRAM IS STILL THERE AND CAN KEY BACK IN AT SOME FUTURE TIME.



KEYED OUT

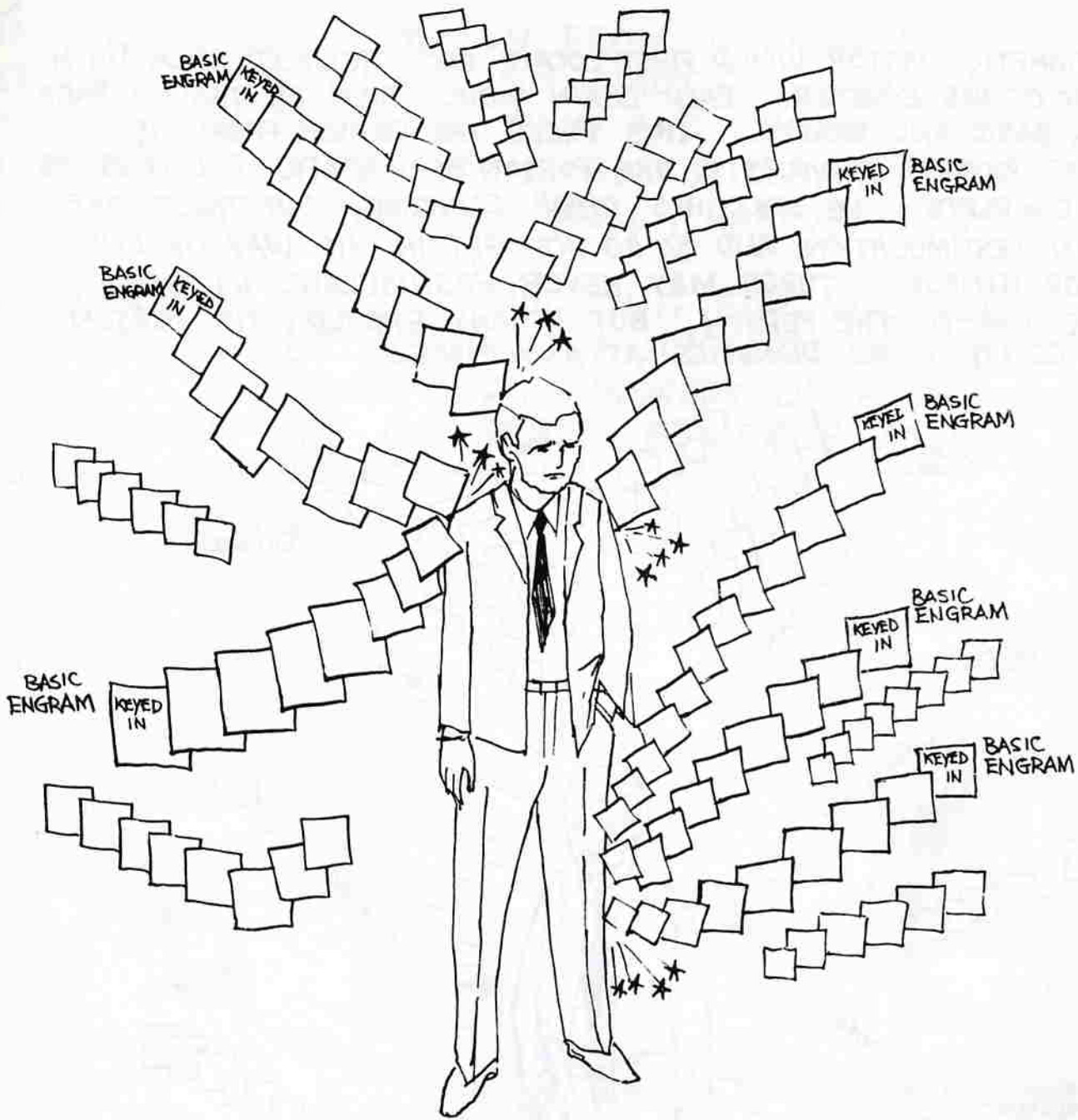
BASIC IS NOT ERASED AND STILL HOLDS THE CHAIN IN PLACE.



COMPLETE ERASURE OF BASIC ON CHAIN
CHAIN HAS BLOWN

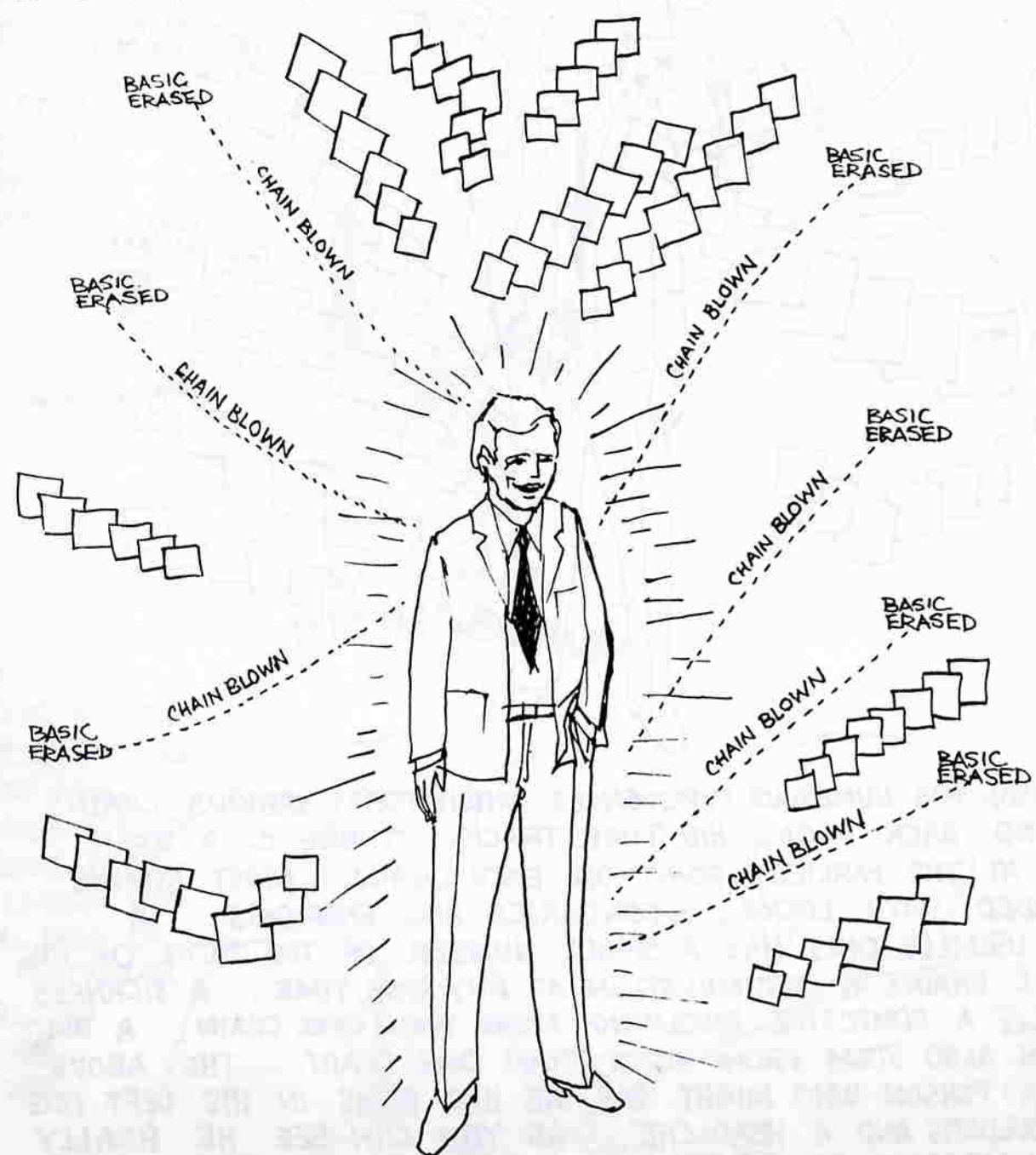
WHAT THE DIANETIC AUDITOR WANTS IS ERASURE (ELIMINATION, NULLIFICATION) OF THE BASIC ENGRAM. THIS LEAVES THE PERSON FREE OF THAT PARTICULAR UNWANTED FEELING FOREVER.





A PERSON HAS NUMEROUS EXPERIENCES WHICH FORM VARIOUS CHAINS STRETCHING BACK ALONG HIS TIME TRACK. THERE IS A BASIC ENGRAM AT THE EARLIEST POINT ON EACH CHAIN. MOST CHAINS ARE LOADED WITH LOCKS, SECONDARIES AND ENGRAMS. A PERSON USUALLY ONLY HAS A SMALL NUMBER OF THE TOTAL OF HIS ENGRAMIC CHAINS IN RESTIMULATION AT ANY ONE TIME. A SICKNESS IS USUALLY A COMPOSITE INVOLVING MORE THAN ONE CHAIN. A BODY PAIN CAN ALSO STEM FROM MORE THAN ONE CHAIN. THE ABOVE SHOWS A PERSON WHO MIGHT SAY HE HAD PAINS IN HIS LEFT LEG AND SHOULDERS AND A HEADACHE. AS YOU CAN SEE HE REALLY HAS A COMPOSITE OF SEVEN BASIC ENGRAMS IN RESTIMULATION AFFECTING HIM.

THE DIANETIC AUDITOR WOULD FIRST LOCATE EACH TROUBLED AREA WITH THE AID OF HIS E-METER. EACH CHAIN WOULD THEN BE TRACED BACK TO ITS BASIC AND ERASED. THIS FREES THE PERSON FROM HIS CURRENT PHYSICAL TROUBLES. THE PERSON'S DIANETIC AUDITING IS NOW COMPLETE. HE STILL HAS OTHER ENGRAMS, BUT THESE ARE NOT IN RESTIMULATION AND SO DO NOT GET IN HIS WAY OR CAUSE PAIN OR ILLNESS. THESE MAY NEVER RESTIMULATE IN THE ENTIRE LIFE OF THE PERSON, BUT IF ANY SHOULD, THE PERSON CAN RECEIVE MORE DIANETICS AT ANY TIME.



ALL CHAINS THAT WERE IN RESTIMULATION HAVE BEEN TRACED TO BASIC AND ERASED. THE PERSON IS NOW HAPPY AND HEALTHY, (OTHER ENGRAMS AND CHAINS CAN EXIST BACK ON THE TIME TRACK BUT AS THEY ARE NOT IN RESTIMULATION THEY HAVE NO EFFECT ON THE PERSON.)

DIANETICS FREES A PERSON FROM UNWANTED FEELINGS, SENSATIONS AND EMOTIONS CAUSED BY PAST MOMENTS OF PAIN AND UNCONSCIOUSNESS IN CHRONIC RESTIMULATION, RESTORING HIM TO AN APPRECIATION OF LIFE - A WELL, HAPPY INDIVIDUAL.

YOU CAN GET DIANETIC AUDITING FOR YOURSELF AT YOUR NEAREST CHURCH OF SCIENTOLOGY (LISTED ON PAGE 22). EVERY DAY HUNDREDS OF PEOPLE LIKE YOURSELF ARE DISCOVERING DIANETICS AND ENJOYING ITS BENEFITS

