

THE BASIC
SCIENTOLOGY

PICTURE BOOK



A VISUAL AID TO A BETTER UNDERSTANDING OF
MAN AND LIFE BASED ON THE WORKS OF

L. RON HUBBARD

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IMPORTANT NOTE

In reading this book, be very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is because he or she has gone past a word that was not understood.

The confusion or inability to grasp or learn comes *after* a word that the person did not have defined and understood.

Have you ever had the experience of coming to the end of a page and realizing you didn't know what you had read? Well, somewhere earlier on that page you went past a word that you had no definition for or an incorrect definition for.

Here's an example. "It was found that when the crepuscule arrived the children were quieter and when it was not present, they were much livelier." You see what happens. You think you don't understand the whole idea, but the inability to understand came entirely from the one word you could not define, *crepuscule*, which means twilight or darkness.

It may not only be the new and unusual words that you will have to look up. Some commonly used words can often be misdefined and so cause confusion.

This datum about not going past an undefined word is the most important fact in the whole subject of study. Every subject you have taken up and abandoned had its words which you failed to get defined.

Therefore, in reading this book be very, very certain you never go past a word you do not fully understand. If the material becomes confusing or you can't seem to grasp it, there will be a word just earlier that you have not understood. Don't go any further, but go back to *before* you got into trouble, find the misunderstood word and get it defined.

SCIENTOLOGY

SCIENTOLOGY IS AN APPLIED RELIGIOUS PHILOSOPHY. IT IS THE STUDY OF THE HUMAN SPIRIT IN ITS RELATIONSHIP TO THE PHYSICAL UNIVERSE AND ITS LIVING FORMS. SCIENTOLOGY IS TAKEN FROM THE LATIN WORD *SCIO*, WHICH MEANS "KNOWING IN THE FULLEST SENSE OF THE WORD," AND THE GREEK WORD *LOGOS*, MEANING "STUDY OF." IN ITSELF THE WORD MEANS LITERALLY *KNOWING HOW TO KNOW*.

SCIENTOLOGY IS A "ROUTE," A WAY, RATHER THAN A DISSERTATION OR AN ASSERTIVE BODY OF KNOWLEDGE. THROUGH ITS DRILLS AND STUDIES ONE MAY FIND THE TRUTH FOR HIMSELF. THE TECHNOLOGY IS THEREFORE NOT EXPOUNDED AS SOMETHING TO BELIEVE, BUT SOMETHING TO DO.

SCIENTOLOGY TECHNOLOGY WAS RESEARCHED AND DEVELOPED BY L. RON HUBBARD.

THIS BOOK COVERS SOME OF THE PRINCIPLES WHICH FORM THE FOUNDATION OF SCIENTOLOGY TECHNOLOGY, AND THEIR APPLICATION IN RAISING THE AWARENESS AND ABILITY OF THE INDIVIDUAL.

THE CYCLE OF ACTION

THE MOST FUNDAMENTAL IDEA IN SCIENTOLOGY IS CALLED THE *CYCLE OF ACTION*.

THE CYCLE OF ACTION IS AN APPARENCY AS FOLLOWS: *CREATE, SURVIVE, DESTROY*. FIRST THERE IS CREATION. THEN THIS IS FOLLOWED BY SURVIVAL. THEN THIS IS FOLLOWED BY DESTRUCTION.



CREATE

SURVIVE

DESTROY

THIS CYCLE IS ONLY AN APPARENCY. IT IS
WHAT WE SEE, WHAT WE BEHOLD, WHAT WE
BELIEVE. WE CONSIDER THAT IT IS SO AND
WE THEN SEE IT SO.

A CHILD IS BORN, HE GROWS, HE REACHES
MANHOOD, HE GROWS OLD, HE DIES.





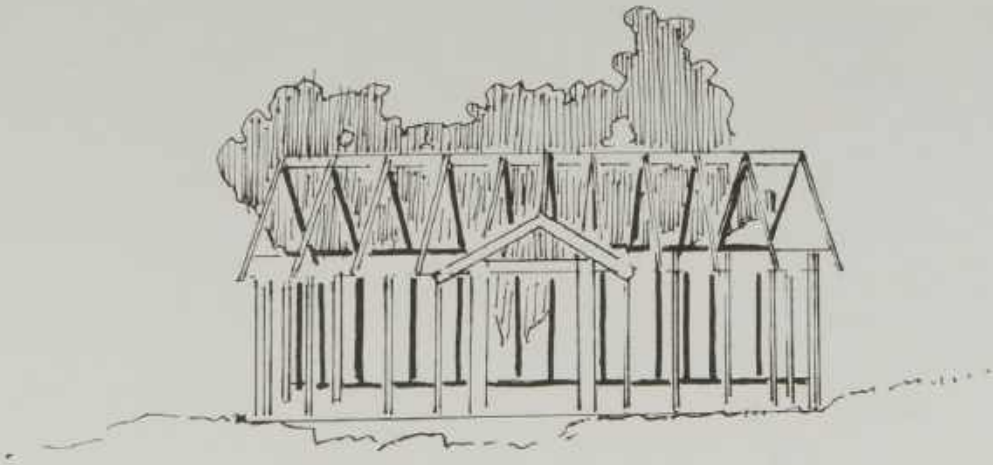
IN SCIENTOLOGY IT CAN BE SEEN THAT NONE OF THESE STEPS ARE NECESSARY. ONE CONSIDERS THEM SO, AND SO THEY ARE "TRUE." A MAN CAN GROW OLD QUICKLY OR SLOWLY. HE GROWS OLD TO THE DEGREE THAT HE BELIEVES HE IS GROWING OLD.

BECAUSE EVERYONE AGREES THAT THIS IS THE WAY THINGS ARE, THEY GO THAT WAY. THE CYCLE IS NOT TRUE. IT IS ONLY APPARENT. IT IS APPARENT BECAUSE WE BELIEVE WE SEE IT. IT IS APPARENT BECAUSE WE AGREE THAT IT SHOULD BE SO.

THE ACTUAL CYCLE OF ACTION IS AS FOLLOWS:

CREATE = MAKE, MANUFACTURE, CONSTRUCT,
DECIDE UPON, BRING INTO BEINGNESS = CREATE.





CREATE-CREATE-CREATE = CREATE
AGAIN CONTINUOUSLY ONE MOMENT
AFTER THE NEXT = SURVIVAL





CREATE-COUNTER-CREATE = CREATE
SOMETHING AGAINST A CREATION = CREATE
ONE THING AND THEN CREATE SOMETHING ELSE
AGAINST IT = DESTROY.

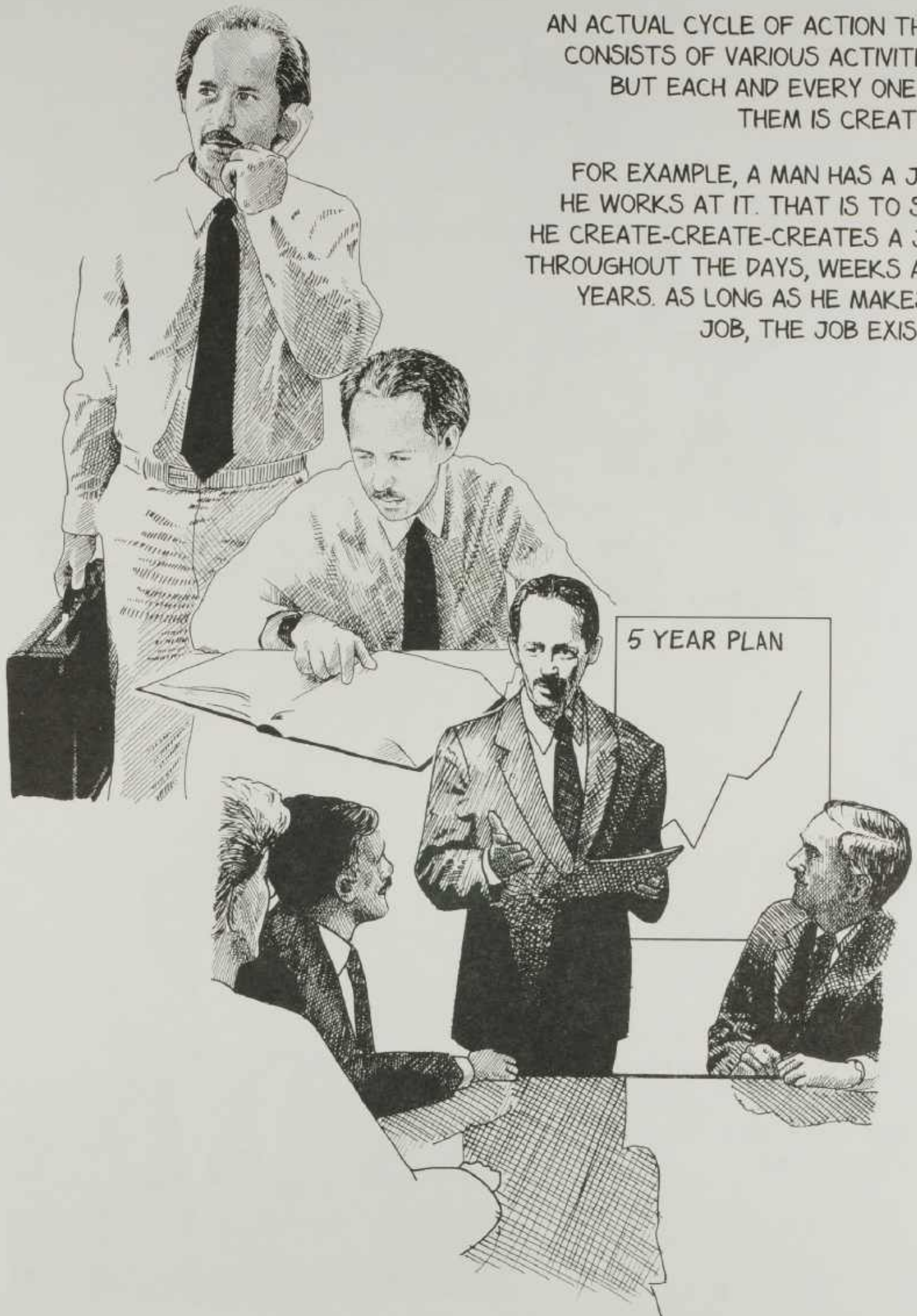


NO CREATION = AN ABSENCE OF ANY
CREATION = NO CREATIVE ACTIVITY.



AN ACTUAL CYCLE OF ACTION THEN
CONSISTS OF VARIOUS ACTIVITIES,
BUT EACH AND EVERY ONE OF
THEM IS CREATIVE.

FOR EXAMPLE, A MAN HAS A JOB.
HE WORKS AT IT. THAT IS TO SAY
HE CREATE-CREATE-CREATES A JOB
THROUGHOUT THE DAYS, WEEKS AND
YEARS. AS LONG AS HE MAKES A
JOB, THE JOB EXISTS.



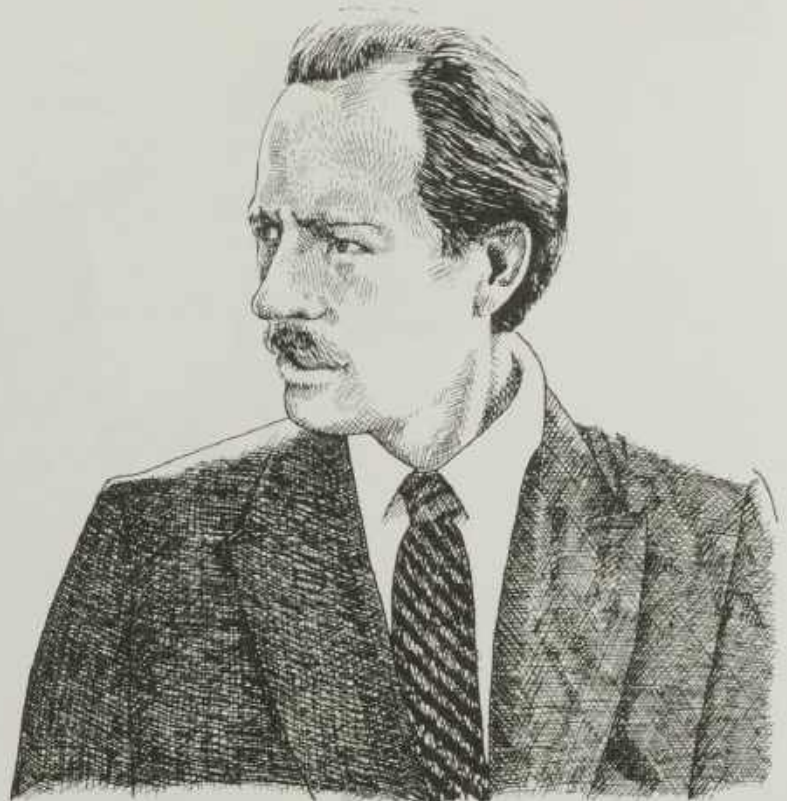
ONE DAY HE DEPENDS UPON
(TAKES FOR GRANTED) THIS
JOB. HE NO LONGER
CREATES IT.



IT CEASES TO EXIST.
HE HAS NO JOB.



THE APPARENCY IS THAT HE
LOAFED AND WAS DISCHARGED.
THE ACTUALITY IS THAT HE NO
LONGER CREATED A JOB AND SO
DIDN'T HAVE ONE.



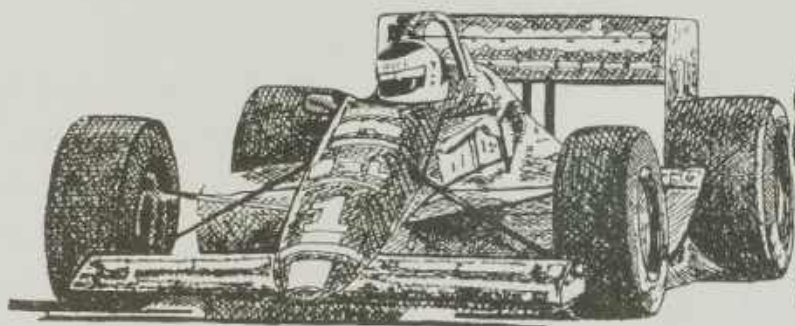
THE CONDITIONS OF EXISTENCE

THERE ARE THREE CONDITIONS OF EXISTENCE.

THESE THREE CONDITIONS COMPRISE LIFE.

THEY ARE *BE*, *DO* AND *HAVE*.

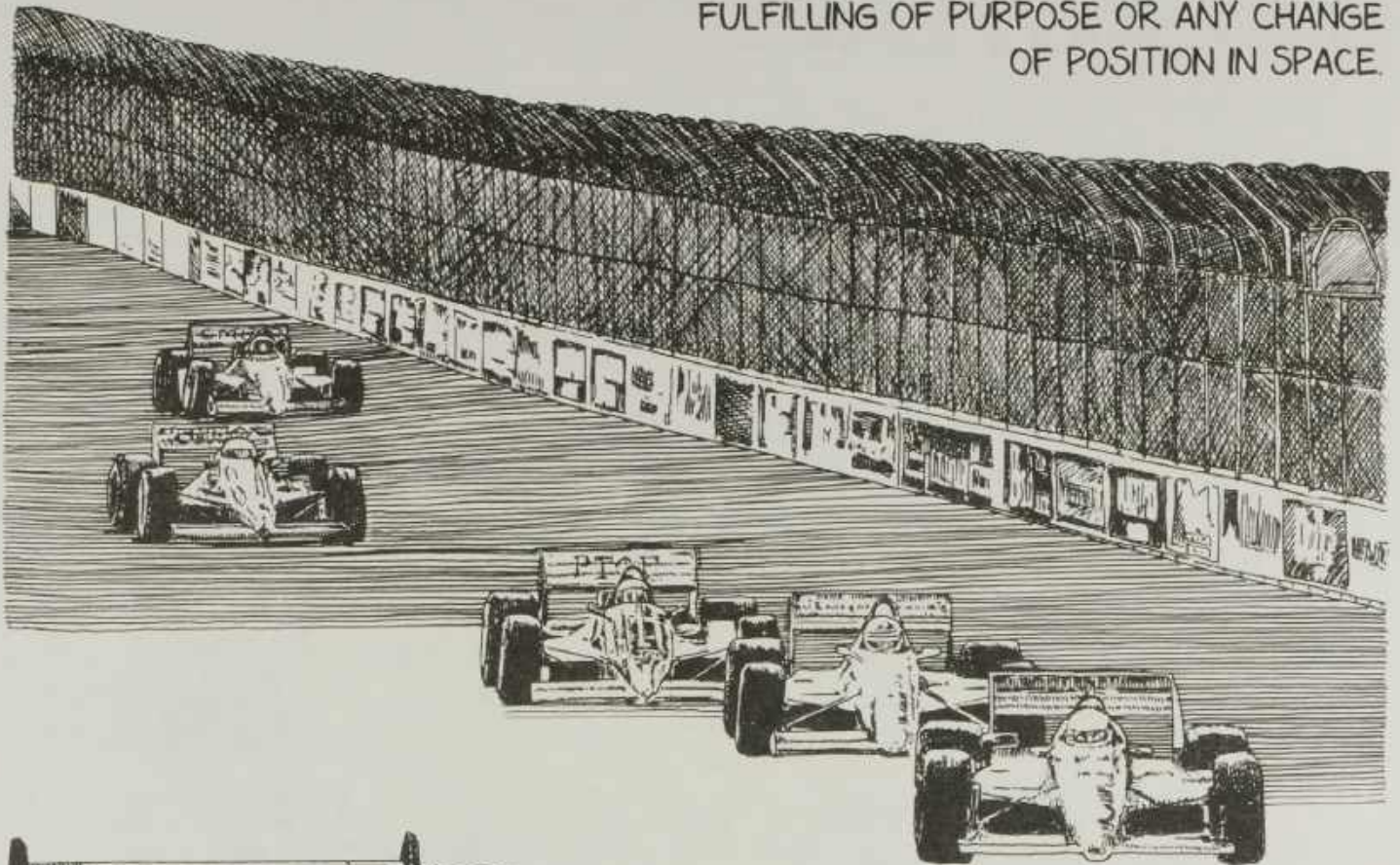
THE CONDITION OF *BEING* IS DEFINED AS THE ASSUMPTION OF A CATEGORY OF IDENTITY. IT COULD BE SAID TO BE THE ROLE IN A GAME AND AN EXAMPLE OF BEINGNESS COULD BE ONE'S OWN NAME. ANOTHER EXAMPLE WOULD BE ONE'S PROFESSION. ANOTHER EXAMPLE WOULD BE ONE'S PHYSICAL CHARACTERISTICS. EACH OR ALL OF THESE THINGS COULD BE CALLED ONE'S *BEINGNESS*.



BEINGNESS IS ASSUMED BY ONESELF OR GIVEN TO ONE'S SELF, OR IS ATTAINED. FOR EXAMPLE, IN THE PLAYING OF A GAME EACH PLAYER HAS HIS OWN BEINGNESS.



THE SECOND CONDITION OF EXISTENCE IS *DOING*. BY *DOING* WE MEAN ACTION, FUNCTION, ACCOMPLISHMENT, THE ATTAINMENT OF GOALS, THE FULFILLING OF PURPOSE OR ANY CHANGE OF POSITION IN SPACE.



THE THIRD CONDITION IS *HAVINGNESS*. BY *HAVINGNESS* WE MEAN OWNING, POSSESSING, BEING CAPABLE OF COMMANDING, POSITIONING, TAKING CHARGE OF OBJECTS, ENERGIES OR SPACES.

THE GAME OF LIFE DEMANDS THAT ONE ASSUME A BEINGNESS

IN ORDER TO ACCOMPLISH A DOINGNESS

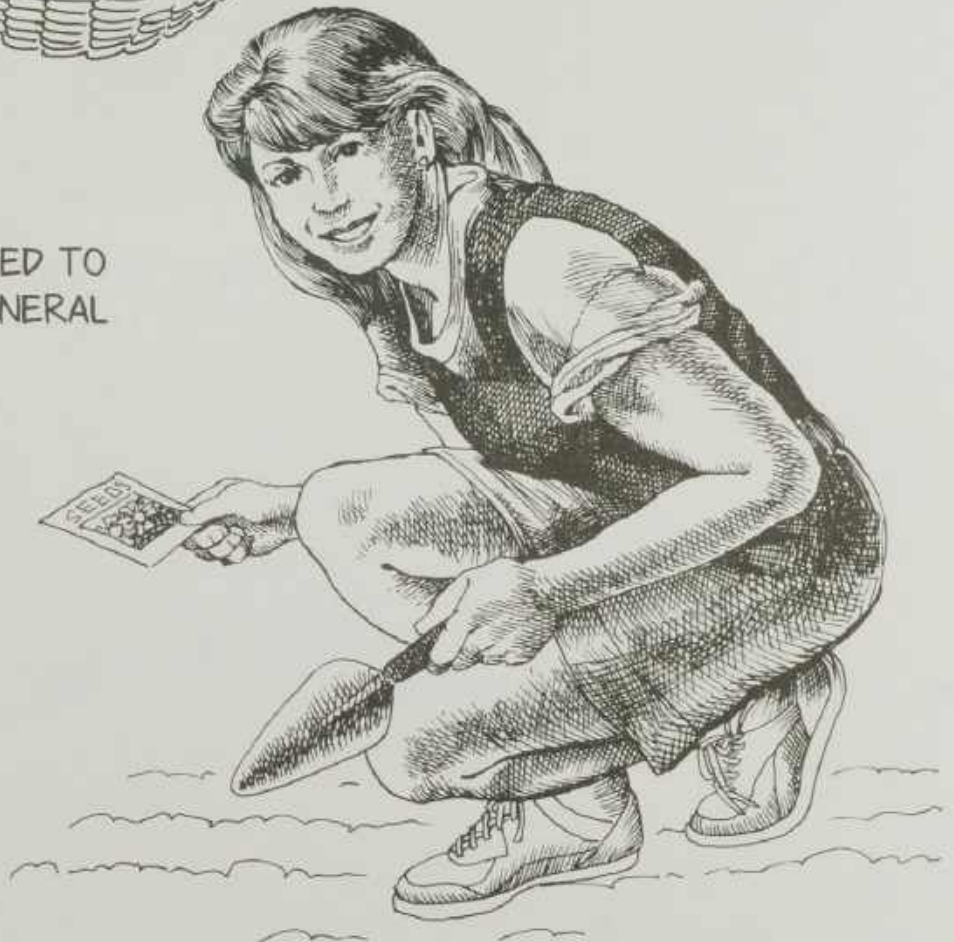


IN THE DIRECTION OF HAVINGNESS.

THESE THREE CONDITIONS ARE GIVEN IN AN ORDER OF SENIORITY WHERE LIFE IS CONCERNED. THE ABILITY TO BE IS MORE IMPORTANT THAN THE ABILITY TO DO. THE ABILITY TO DO IS MORE IMPORTANT THAN THE ABILITY TO HAVE. IN MOST PEOPLE ALL THREE CONDITIONS ARE SUFFICIENTLY CONFUSED THAT THEY ARE BEST UNDERSTOOD IN REVERSE ORDER. WHEN ONE HAS CLARIFIED THE IDEA OF POSSESSION OR HAVINGNESS . . .



. . . ONE CAN THEN PROCEED TO CLARIFY DOINGNESS FOR GENERAL ACTIVITY . . .





... AND WHEN THIS IS DONE
ONE UNDERSTANDS BEINGNESS
OR IDENTITY.



IT IS AN ESSENTIAL TO A SUCCESSFUL EXISTENCE THAT EACH OF THESE THREE CONDITIONS BE CLARIFIED AND UNDERSTOOD. THE ABILITY TO ASSUME OR TO GRANT BEINGNESS IS PROBABLY THE HIGHEST OF HUMAN VIRTUES. IT IS EVEN MORE IMPORTANT TO BE ABLE TO PERMIT OTHER PEOPLE TO HAVE BEINGNESS THAN TO BE ABLE ONESELF TO ASSUME IT.



THE EIGHT DYNAMICS

THERE COULD BE SAID TO BE EIGHT URGES (DRIVES, IMPULSES) IN LIFE. THESE WE CALL DYNAMICS. THESE ARE MOTIVES OR MOTIVATIONS. WE CALL THEM *THE EIGHT DYNAMICS*.



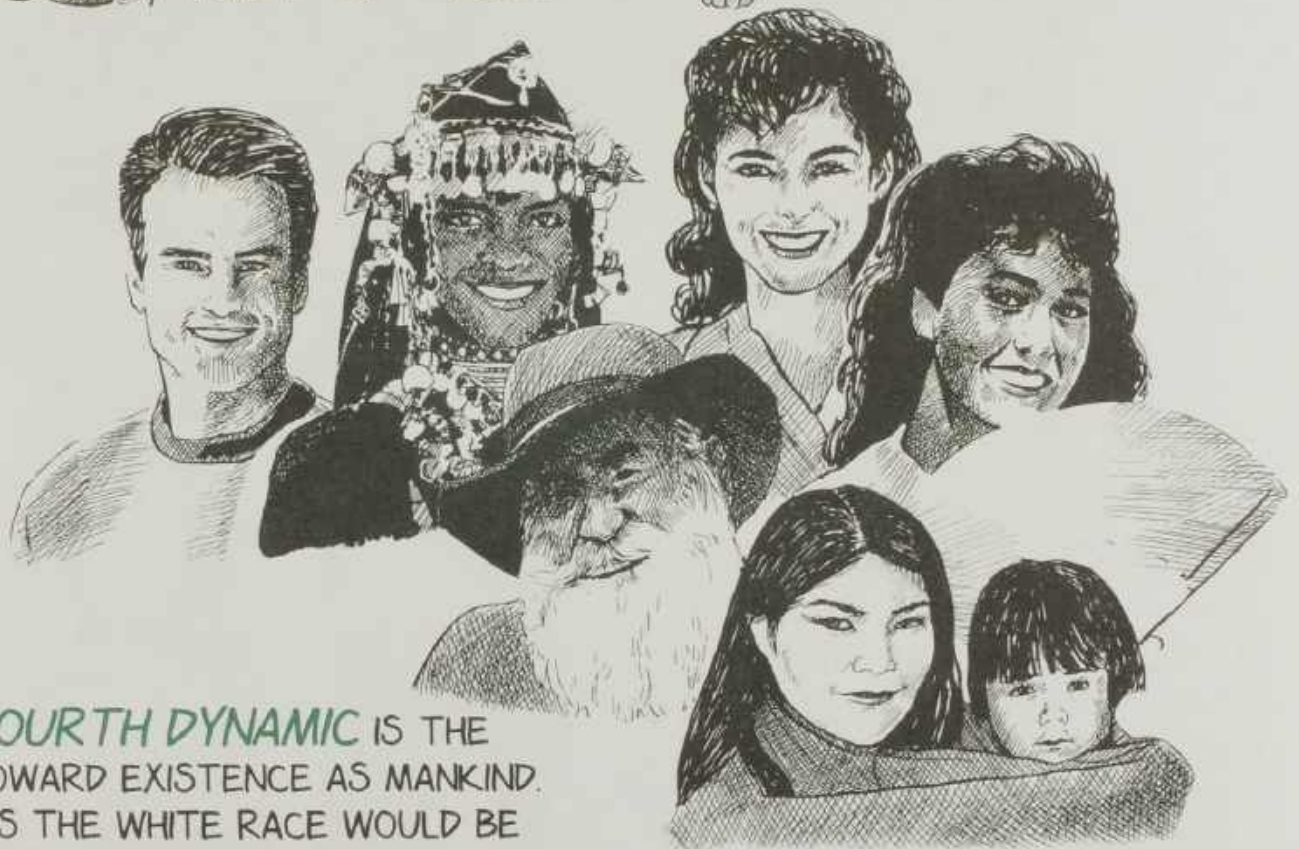
THE FIRST DYNAMIC IS THE URGE TOWARD EXISTENCE AS ONE'S SELF. HERE WE HAVE INDIVIDUALITY EXPRESSED FULLY. THIS CAN BE CALLED THE *SELF DYNAMIC*.

THE SECOND DYNAMIC IS THE URGE TOWARD EXISTENCE AS A SEXUAL ACTIVITY. THIS DYNAMIC ACTUALLY HAS TWO DIVISIONS. SECOND DYNAMIC (A) IS THE SEXUAL ACT ITSELF AND THE SECOND DYNAMIC (B) IS THE FAMILY UNIT, INCLUDING THE REARING OF CHILDREN. THIS CAN BE CALLED THE *SEX DYNAMIC*.





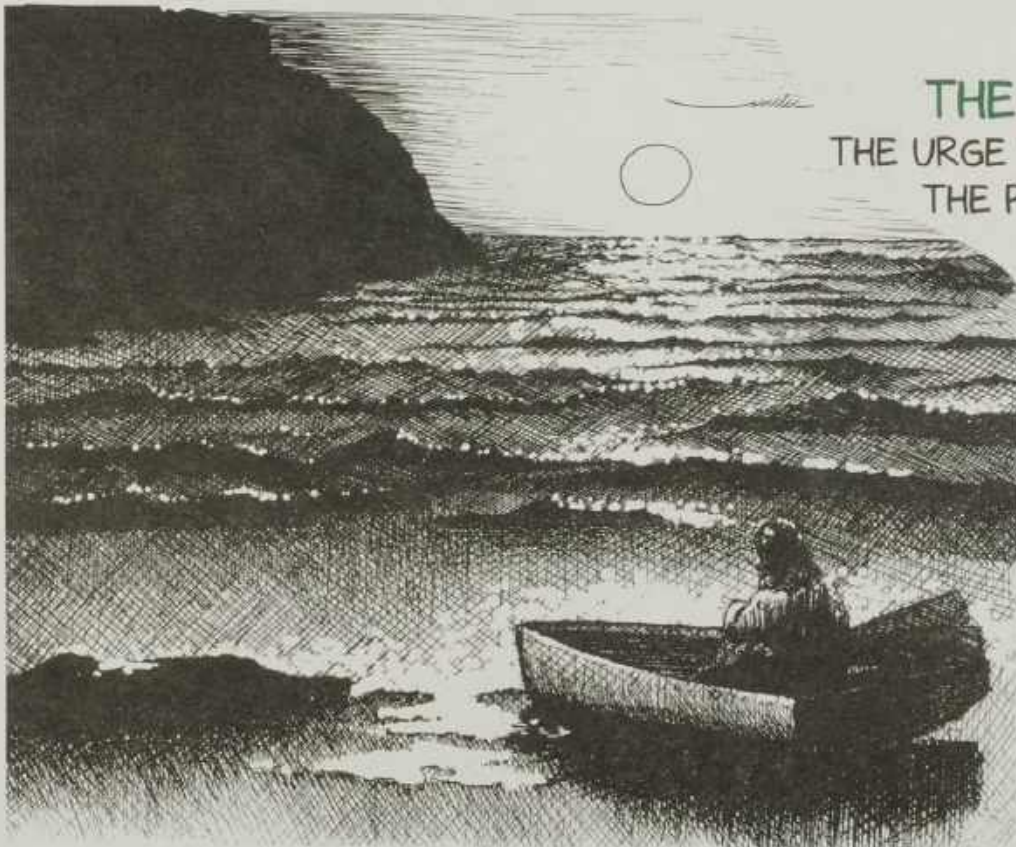
THE THIRD DYNAMIC IS THE URGE TOWARD EXISTENCE IN GROUPS OF INDIVIDUALS. ANY GROUP OR PART OF AN ENTIRE CLASS COULD BE CONSIDERED TO BE A PART OF THE THIRD DYNAMIC. THE SCHOOL, THE SOCIETY, THE TOWN, THE NATION ARE EACH PART OF THE THIRD DYNAMIC, AND EACH ONE IS A THIRD DYNAMIC. THIS CAN BE CALLED THE **GROUP DYNAMIC**.



THE FOURTH DYNAMIC IS THE URGE TOWARD EXISTENCE AS MANKIND. WHEREAS THE WHITE RACE WOULD BE CONSIDERED A THIRD DYNAMIC, ALL THE RACES WOULD BE CONSIDERED THE FOURTH DYNAMIC. THIS CAN BE CALLED THE **MANKIND DYNAMIC**.

THE FIFTH DYNAMIC

IS THE URGE TOWARD EXISTENCE OF THE ANIMAL KINGDOM. THIS INCLUDES ALL LIVING THINGS WHETHER VEGETABLE OR ANIMAL. THE FISH IN THE SEA, THE BEASTS OF THE FIELD OR OF THE FOREST, GRASS, TREES, FLOWERS OR ANYTHING DIRECTLY AND INTIMATELY MOTIVATED BY LIFE. THIS CAN BE CALLED THE ANIMAL DYNAMIC.

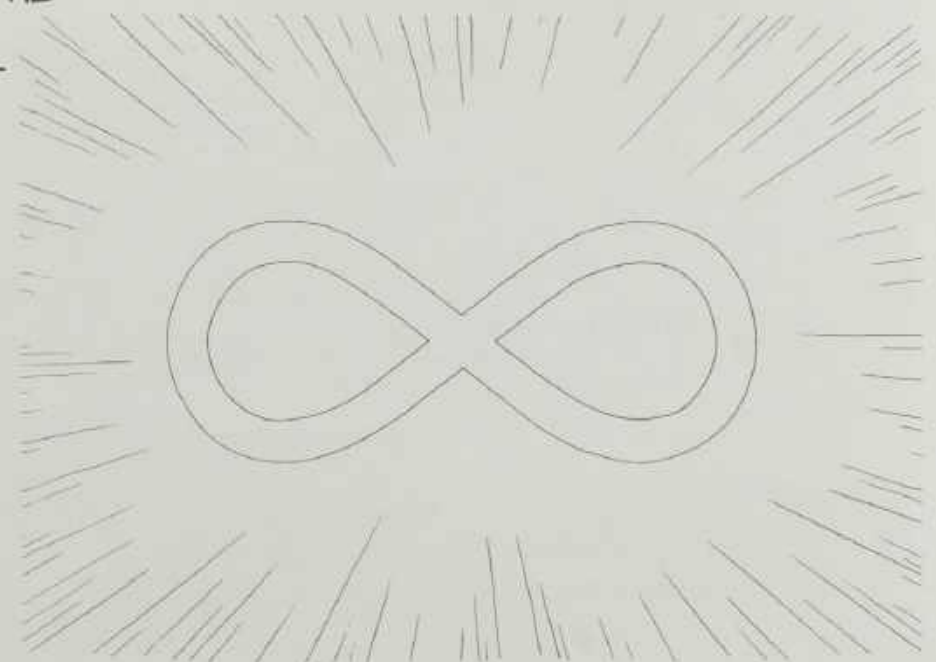


THE SIXTH DYNAMIC IS THE URGE TOWARD EXISTENCE AS THE PHYSICAL UNIVERSE. THE PHYSICAL UNIVERSE IS COMPOSED OF MATTER, ENERGY, SPACE AND TIME. IN SCIENTOLOGY WE TAKE THE FIRST LETTER OF EACH OF THESE WORDS AND COIN A WORD, MEST. THIS CAN BE CALLED THE UNIVERSE DYNAMIC.



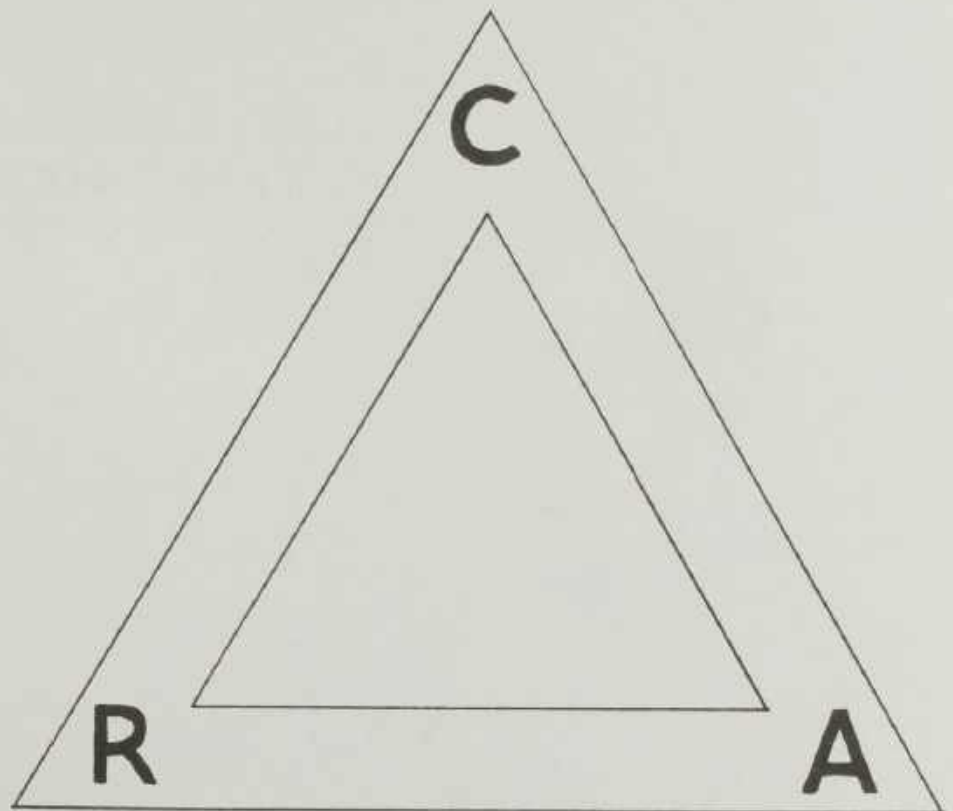
THE SEVENTH DYNAMIC IS THE URGE TOWARD EXISTENCE AS OR OF SPIRITS. ANYTHING SPIRITUAL, WITH OR WITHOUT IDENTITY, WOULD COME UNDER THE HEADING OF THE SEVENTH DYNAMIC. THIS CAN BE CALLED THE *SPIRITUAL DYNAMIC*.

THE EIGHTH DYNAMIC IS THE URGE TOWARD EXISTENCE AS INFINITY. THIS IS ALSO IDENTIFIED AS THE SUPREME BEING. IT IS CAREFULLY OBSERVED HERE THAT SCIENTOLOGY DOES NOT INTRUDE INTO THE DYNAMIC OF THE SUPREME BEING. THIS IS CALLED THE EIGHTH DYNAMIC BECAUSE THE SYMBOL OF INFINITY STOOD UPRIGHT MAKES THE NUMERAL 8. THIS CAN BE CALLED THE *INFINITY OR GOD DYNAMIC*.



AFFINITY, REALITY AND COMMUNICATION

THERE IS A TRIANGLE OF CONSIDERABLE IMPORTANCE IN SCIENTOLOGY, AND UNDERSTANDING OF IT GIVES A MUCH GREATER UNDERSTANDING OF LIFE AND AN ABILITY TO USE IT. THE TRIANGLE HAS THREE CORNERS: AFFINITY, REALITY AND COMMUNICATION. IT IS CALLED THE A-R-C TRIANGLE.



AFFINITY IS THE DEGREE OF LIKING OR AFFECTION OR LACK OF IT. IT IS THE FEELING OF LOVE OR LIKING FOR SOMETHING OR SOMEONE.

AFFINITY IS A TOLERANCE OF DISTANCE. A GREAT AFFINITY WOULD BE A TOLERANCE OF OR LIKING OF CLOSE PROXIMITY.



A LACK OF AFFINITY WOULD BE AN INTOLERANCE OF OR DISLIKE OF CLOSE PROXIMITY.





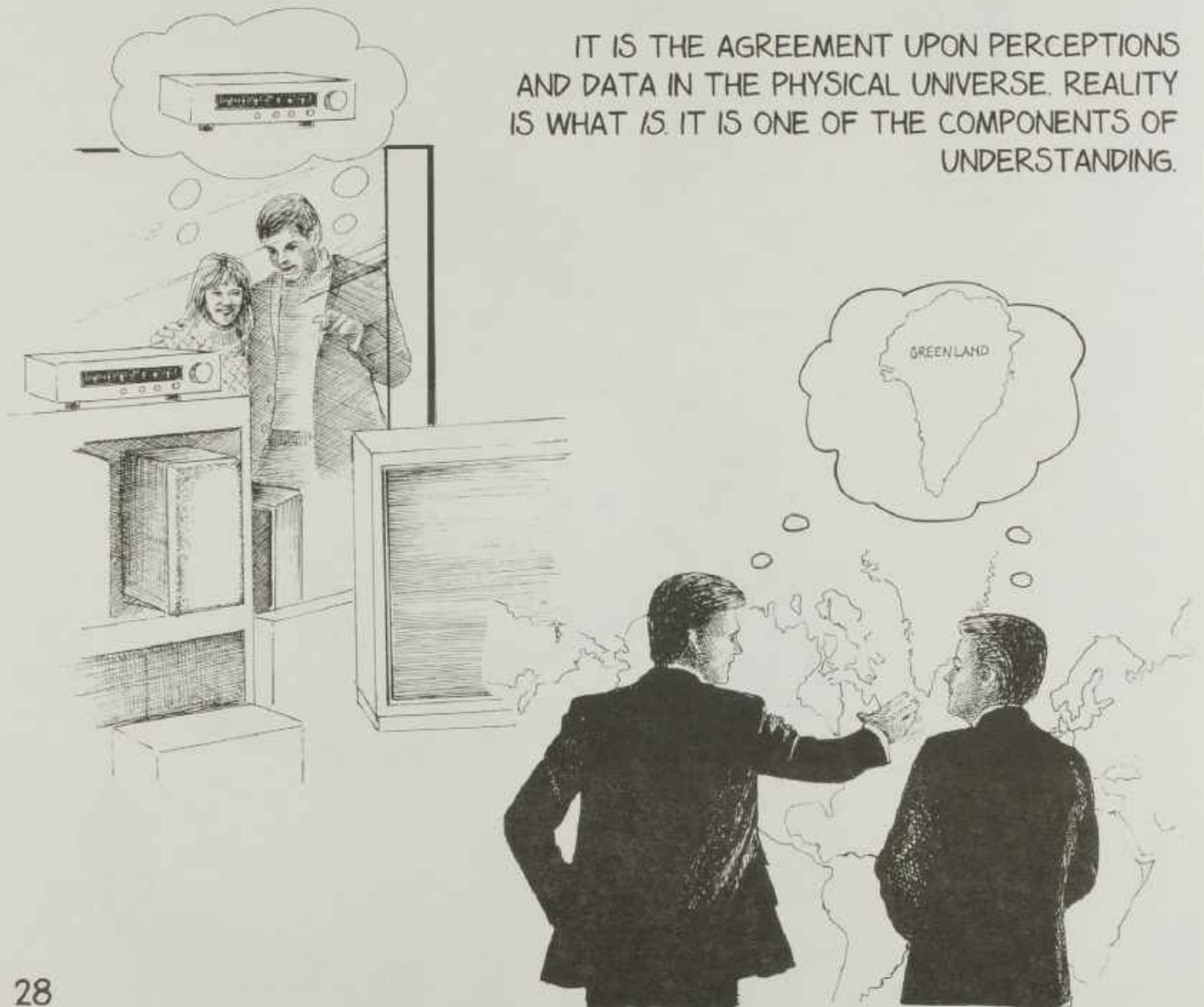
AFFINITY IS ONE OF THE COMPONENTS OF UNDERSTANDING; THE OTHER COMPONENTS BEING REALITY AND COMMUNICATION.



REALITY IS AN AGREEMENT AS TO WHAT IS. IT IS NOT WHAT THE INDIVIDUAL THINKS REALITY IS; IT IS WHAT THE MAJORITY AGREES IT IS. IT IS THE SOLID OBJECTS, THE REAL THINGS OF LIFE.



IT IS THE AGREEMENT UPON PERCEPTIONS AND DATA IN THE PHYSICAL UNIVERSE. REALITY IS WHAT IS. IT IS ONE OF THE COMPONENTS OF UNDERSTANDING.



COMMUNICATION IS THE INTERCHANGE OF IDEAS OR OBJECTS BETWEEN TWO PEOPLE OR TERMINALS (TERMINAL—ANYTHING THAT CAN RECEIVE, RELAY OR SEND A COMMUNICATION).



COMMUNICATION IS ONE OF THE COMPONENT PARTS OF UNDERSTANDING.

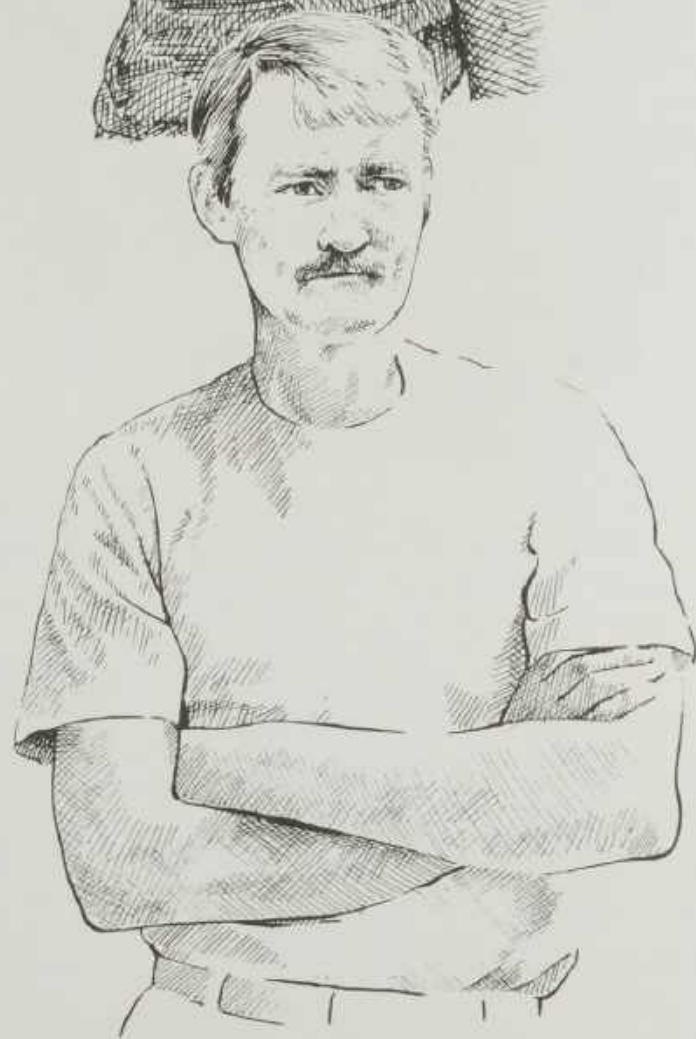
THESE THREE TERMS—AFFINITY,
REALITY AND COMMUNICATION—ARE
INTERDEPENDENT ONE UPON THE
OTHER, AND WHEN ONE DROPS THE
OTHER TWO DROP ALSO.



I INVITED
THE SMITHS
TO DINNER, DEAR.



WHY? I DON'T WANT TO HAVE DINNER WITH THEM.



WHEN ONE POINT OF THE ARC TRIANGLE RISES, THE OTHER TWO RISE ALSO.

I HEARD THERE IS A CONCERT IN TOWN TONIGHT.

GREAT - LET'S GO!



IT IS ONLY NECESSARY TO IMPROVE ONE CORNER OF THIS VERY VALUABLE TRIANGLE IN ORDER TO IMPROVE THE REMAINING TWO CORNERS. IT IS ONLY NECESSARY TO IMPROVE TWO CORNERS OF THE TRIANGLE TO IMPROVE THE THIRD.

WASN'T THAT A GREAT CONCERT?

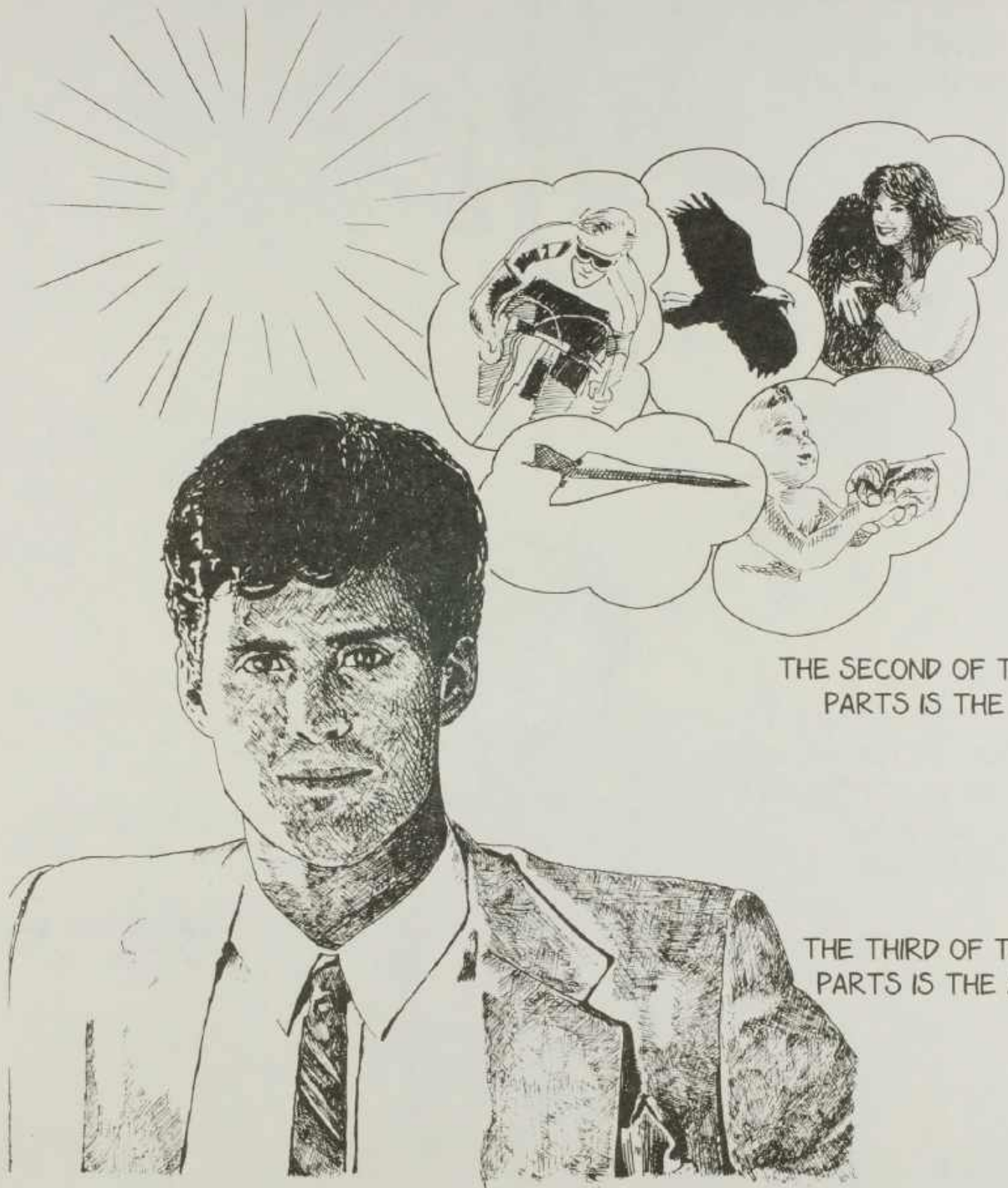
YES, I REALLY ENJOYED IT.



THE PARTS OF MAN

THE INDIVIDUAL MAN IS DIVISIBLE INTO THREE PARTS.

THE FIRST OF THESE IS THE SPIRIT, CALLED IN SCIENTOLOGY THE *THETAN*.



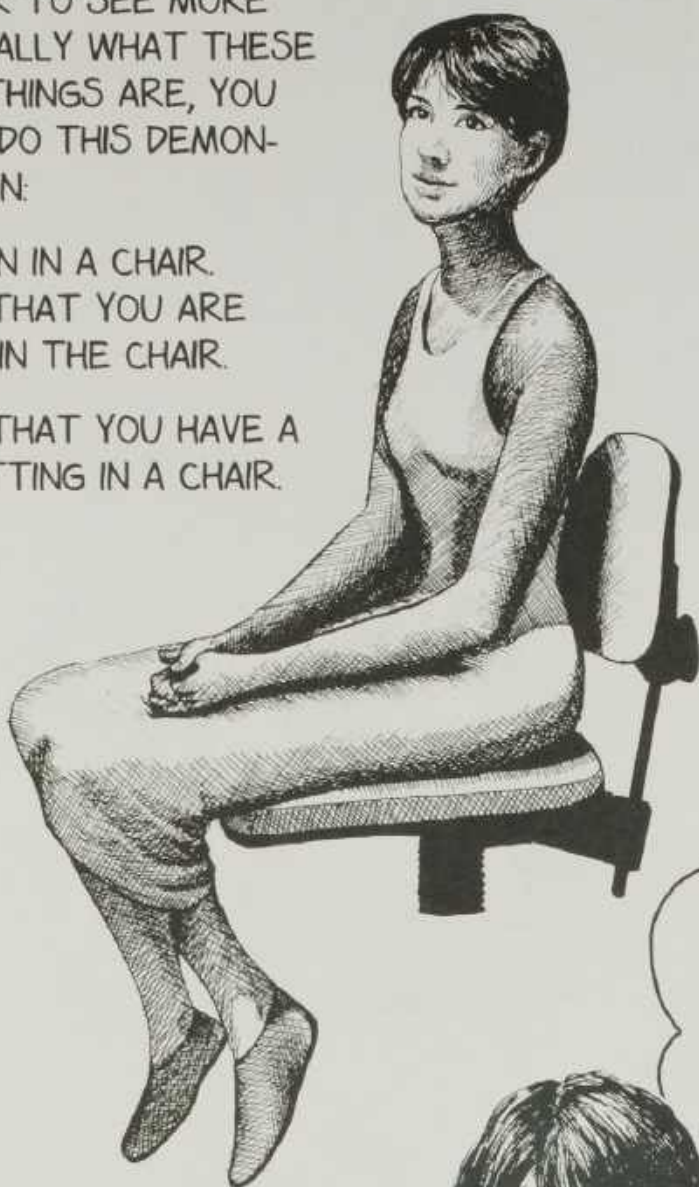
THE SECOND OF THESE PARTS IS THE *MIND*.

THE THIRD OF THESE PARTS IS THE *BODY*.

IN ORDER TO SEE MORE GRAPHICALLY WHAT THESE THREE THINGS ARE, YOU SHOULD DO THIS DEMONSTRATION:

SIT DOWN IN A CHAIR. NOTICE THAT YOU ARE SITTING IN THE CHAIR.

NOTICE THAT YOU HAVE A BODY SITTING IN A CHAIR.



GET A PICTURE OF A CAT. CAN YOU? NOTE THAT IT IS A PICTURE. THAT IS THE MIND. THE MIND IS PICTURES AND APPARATUS WHICH HANDLES PICTURES.

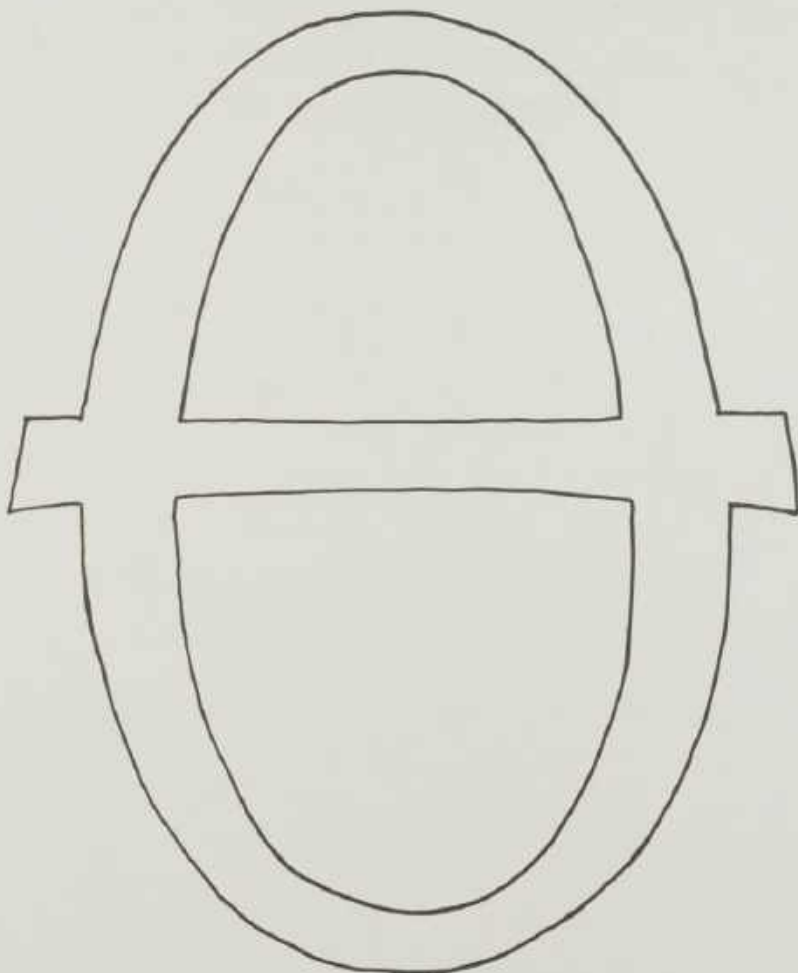
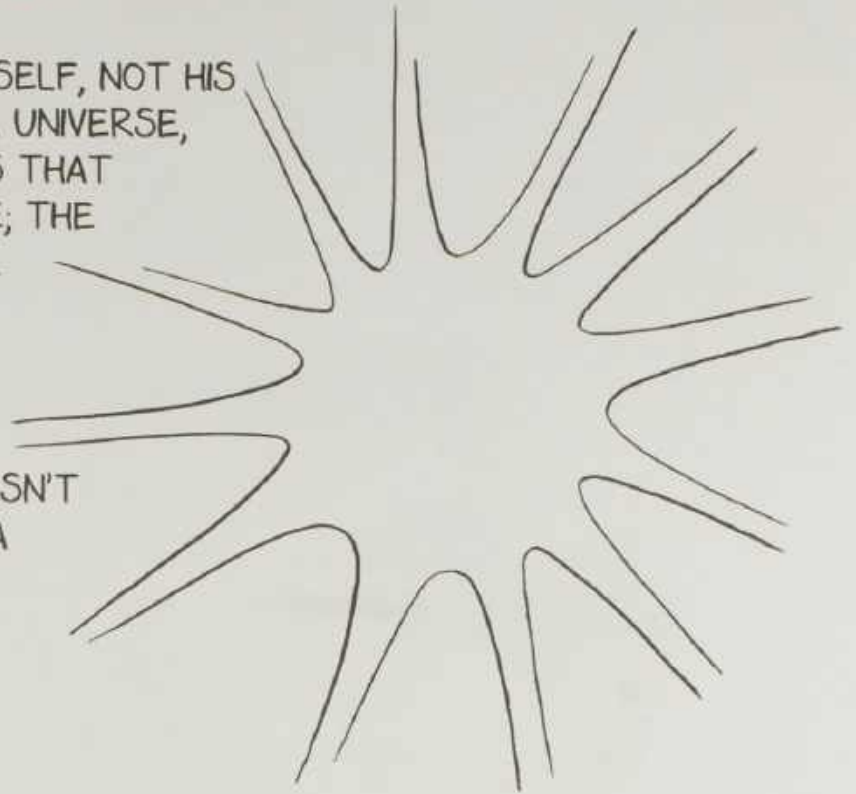


GET A PICTURE OF A CAT AGAIN. ANSWER THIS QUESTION: "WHAT IS LOOKING AT THE CAT?"

THE THETAN

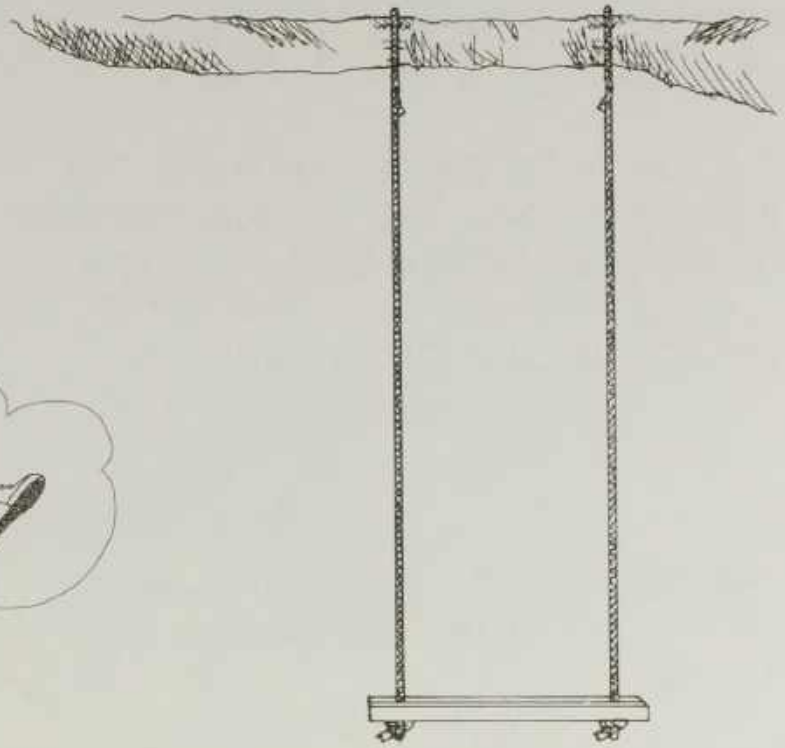
THE *THETAN* IS THE PERSON HIMSELF, NOT HIS BODY OR HIS NAME, THE PHYSICAL UNIVERSE, HIS MIND, OR ANYTHING ELSE. IT IS THAT WHICH IS AWARE OF BEING AWARE; THE IDENTITY WHICH IS THE INDIVIDUAL.

THE THETAN IS THE "I"—ONE DOESN'T HAVE OR OWN A THETAN, ONE IS A THETAN.



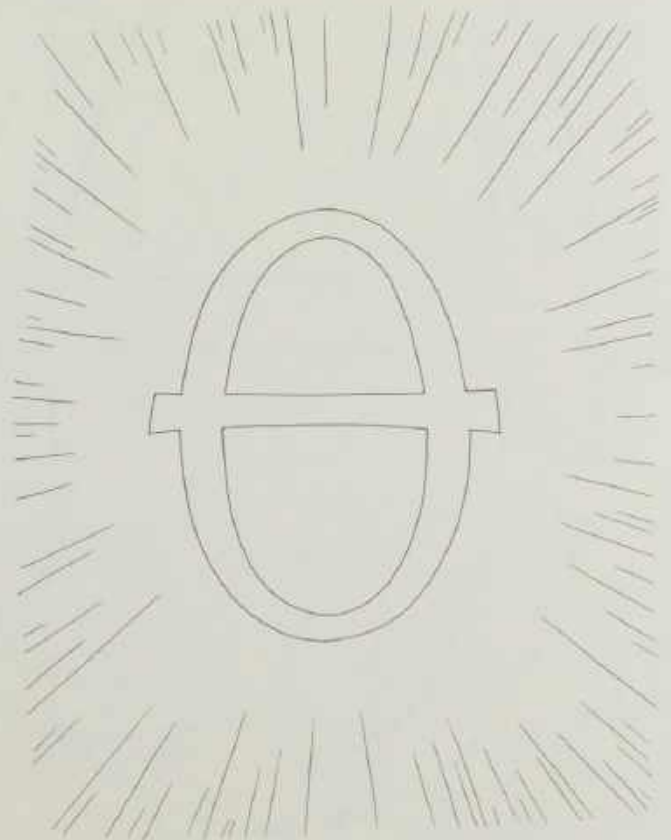
THE WORD IS TAKEN FROM THE GREEK SYMBOL OR LETTER *THETA* (θ), TRADITIONAL SYMBOL FOR THOUGHT OR SPIRIT.

IN SCIENTOLOGY, THE WORD
THETA IS USED TO MEAN THE
LIFE STATIC.



A LIFE STATIC HAS NO MASS, NO MOTION,
NO WAVELENGTH, NO LOCATION IN SPACE
OR IN TIME. IT HAS THE ABILITY TO PERCEIVE
AND THE ABILITY TO MAKE DECISIONS,
CONCLUSIONS AND RESOLUTIONS.

THE SPIRIT, THEN, IS NOT A
THING. IT IS THE CREATOR OF
THINGS.

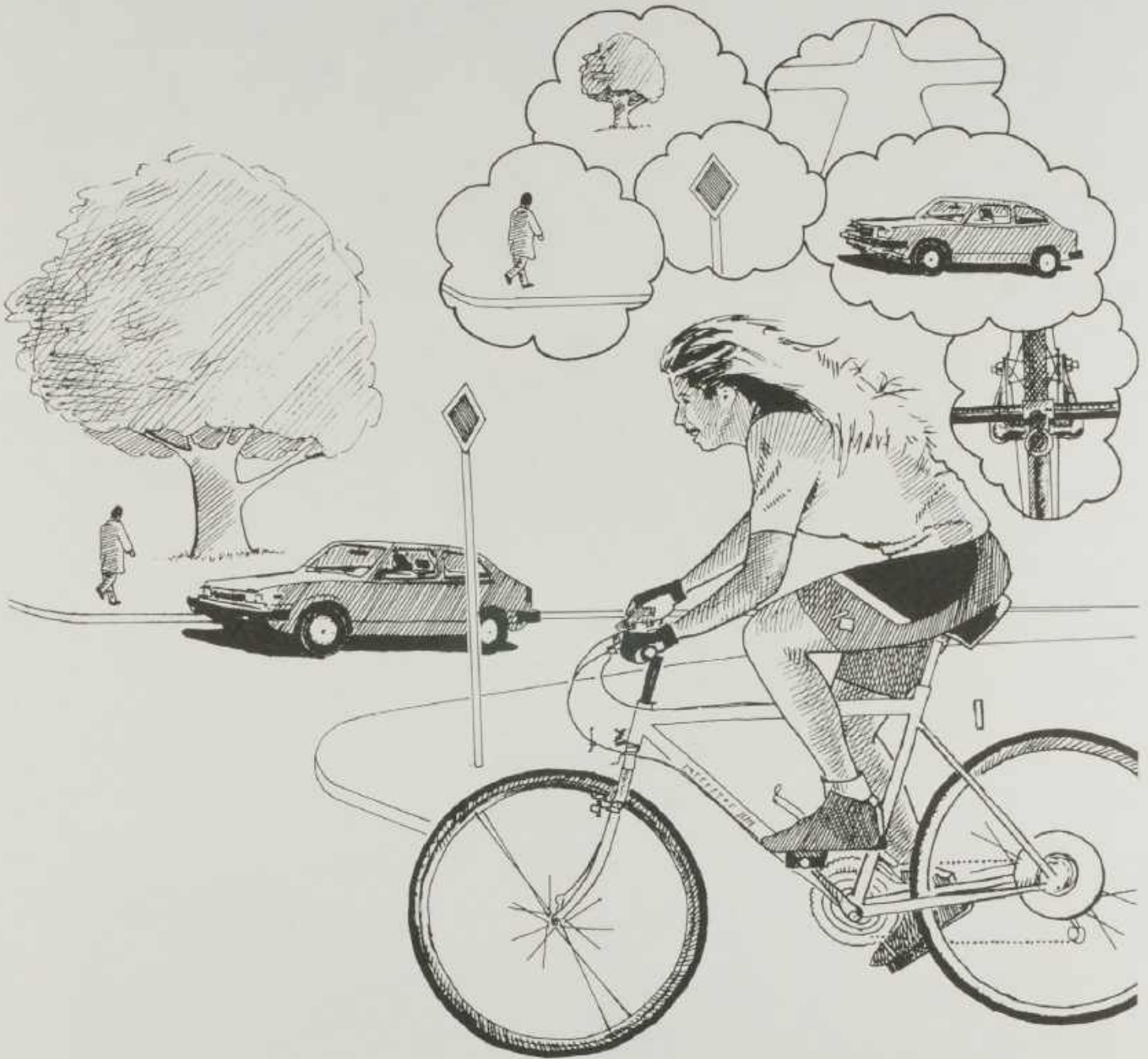


THE MIND

THE *MIND* IS A COMMUNICATION AND CONTROL SYSTEM BETWEEN THE THETAN AND THE PHYSICAL UNIVERSE. IT IS *NOT* THE BRAIN.

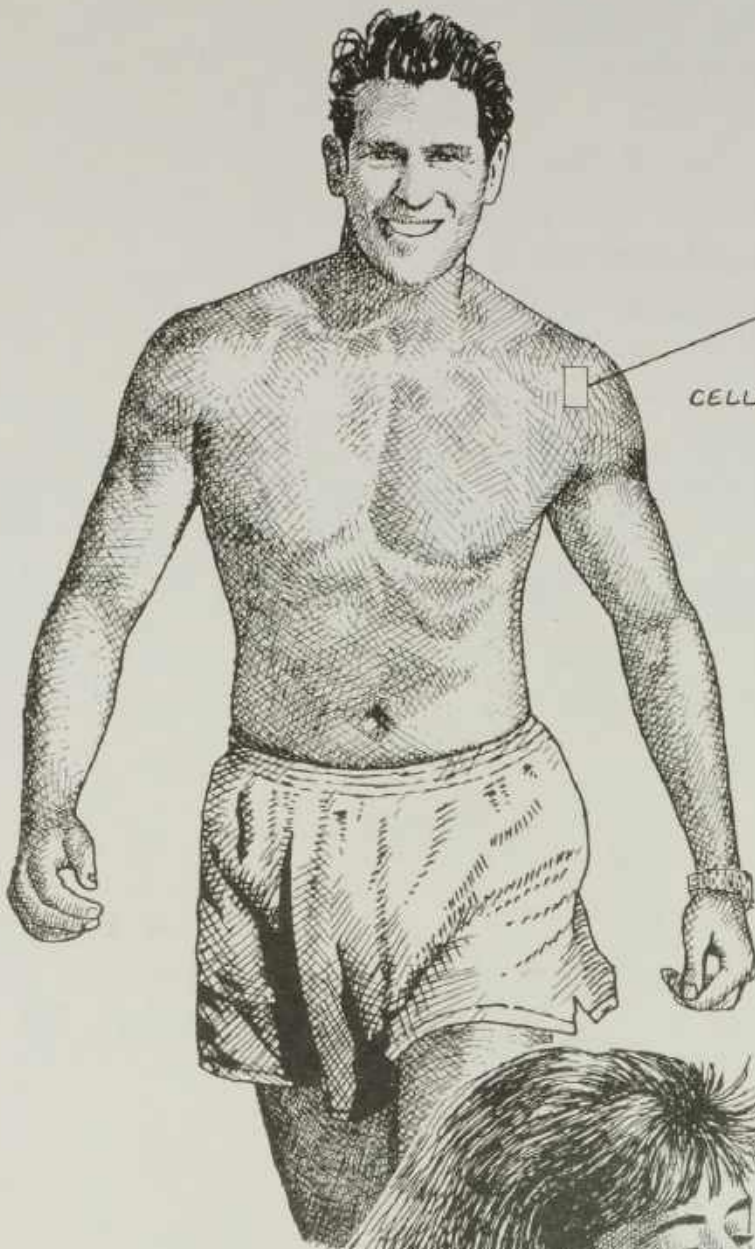


THE MIND IS THE ACCUMULATED RECORDINGS OF THOUGHTS, CONCLUSIONS, DECISIONS, OBSERVATIONS AND PERCEPTIONS OF A THETAN THROUGHOUT HIS ENTIRE EXISTENCE. THE THETAN CAN AND DOES USE THE MIND IN HANDLING LIFE AND THE PHYSICAL UNIVERSE.



THE BODY

THE BODY IS THE ORGANIZED PHYSICAL COMPOSITION OR SUBSTANCE OF AN ANIMAL OR MAN, WHETHER LIVING OR DEAD.



CELLS



THE BODY IS THE THETAN'S COMMUNICATION CENTER. IT IS A PHYSICAL OBJECT.

IT IS NOT THE BEING HIMSELF.

THESE THREE PARTS OF MAN—THE THETAN, THE MIND AND THE BODY—ARE EACH ONE DIFFERENT STUDIES, BUT THEY INFLUENCE EACH OTHER MARKEDLY AND CONTINUALLY. OF THE THREE, THE SENIOR ENTITY IS THE THETAN, FOR WITHOUT THE THETAN THERE WOULD BE NO MIND OR ANIMATION IN THE BODY, WHILE WITHOUT A BODY OR A MIND THERE IS STILL ANIMATION AND LIFE IN THE THETAN.



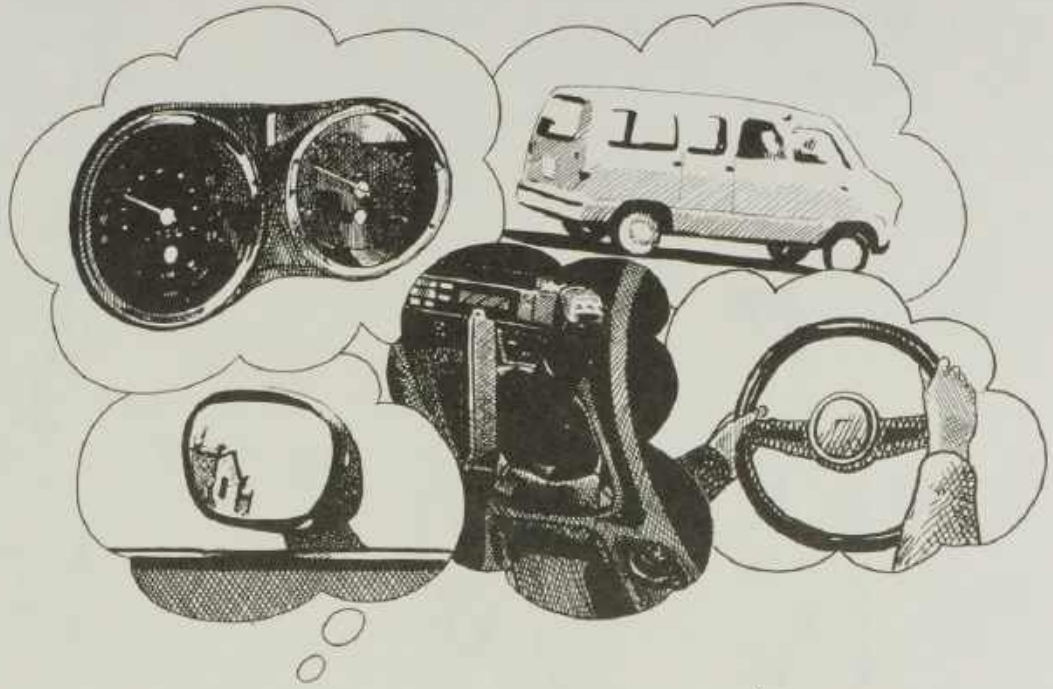
THE THETAN IS
THE PERSON
YOU ARE YOU,
IN A BODY.

THE GOAL OF SCIENTOLOGY

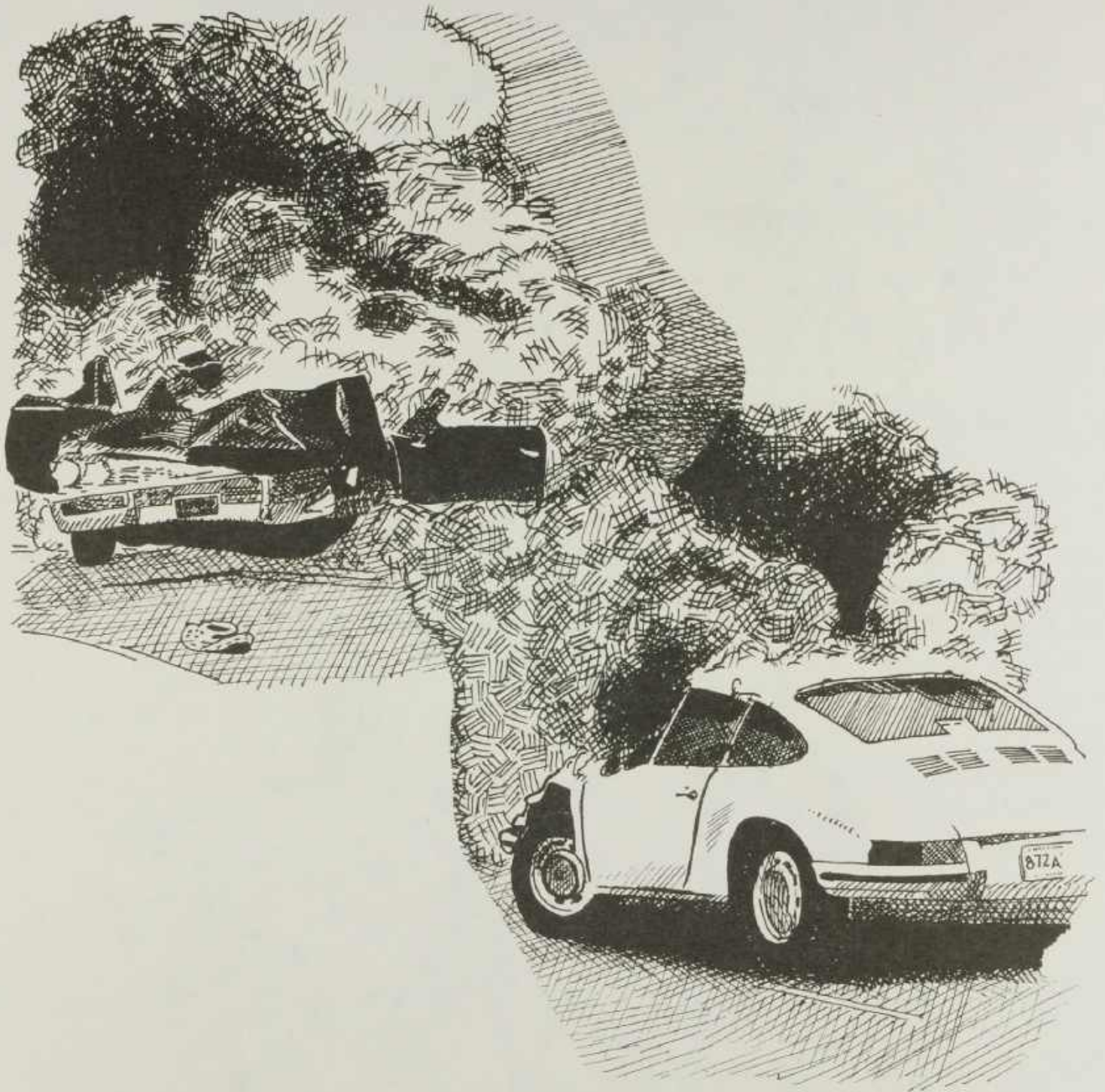
THE GOAL OF SCIENTOLOGY IS MAKING THE INDIVIDUAL CAPABLE OF LIVING A BETTER LIFE IN HIS OWN ESTIMATION AND WITH HIS FELLOWS, AND THE PLAYING OF A BETTER GAME.



SUCCESS IN LIFE IS DIRECTLY
PROPORTIONAL TO THE STATE OF
OPERATION OF THE MIND. IF ONE
IS ABLE TO WORK OUT CORRECT
SOLUTIONS QUICKLY, HE
SURVIVES WELL.

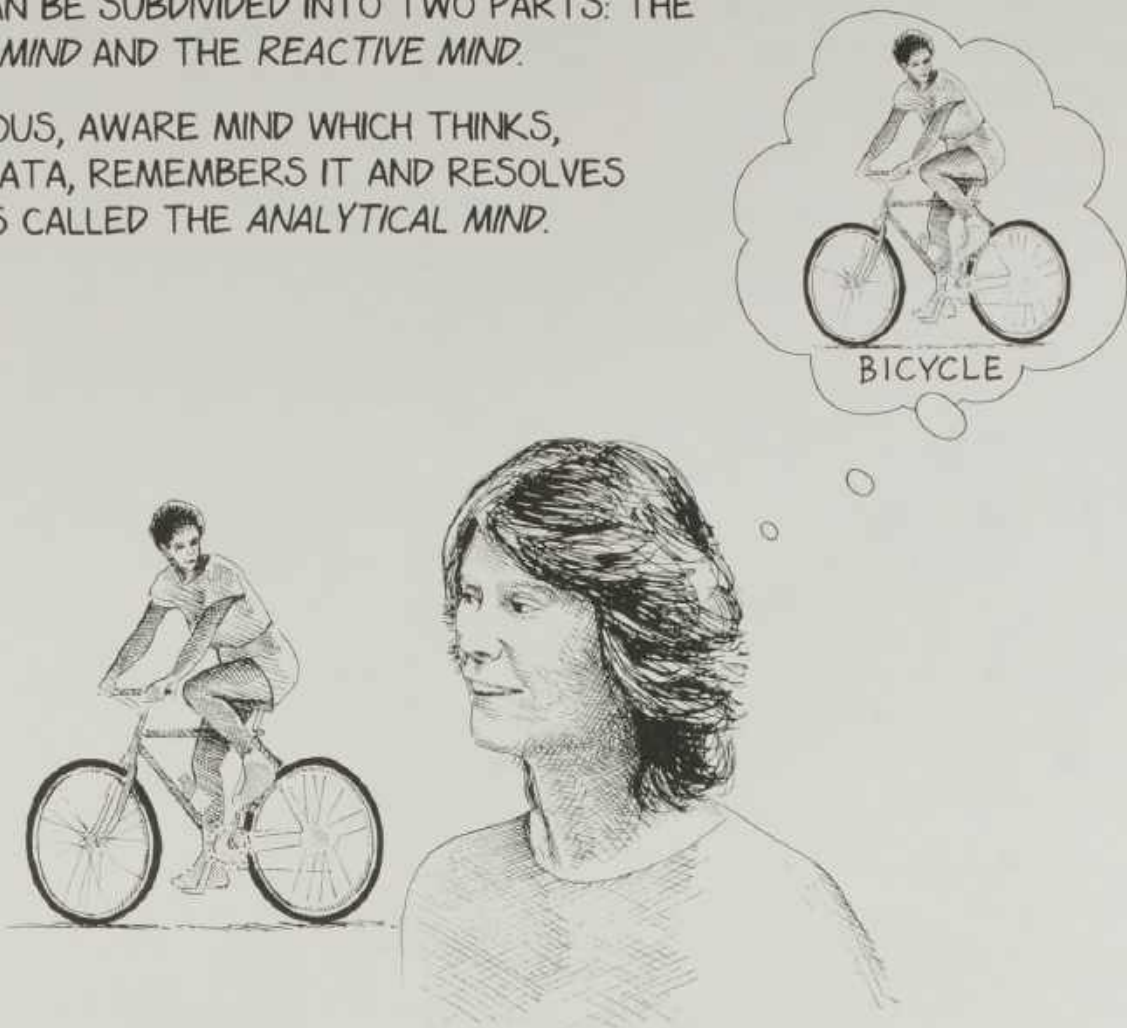


IF ONE COMES UP WITH WRONG
ANSWERS, HIS SURVIVAL IS
QUESTIONABLE AT BEST.

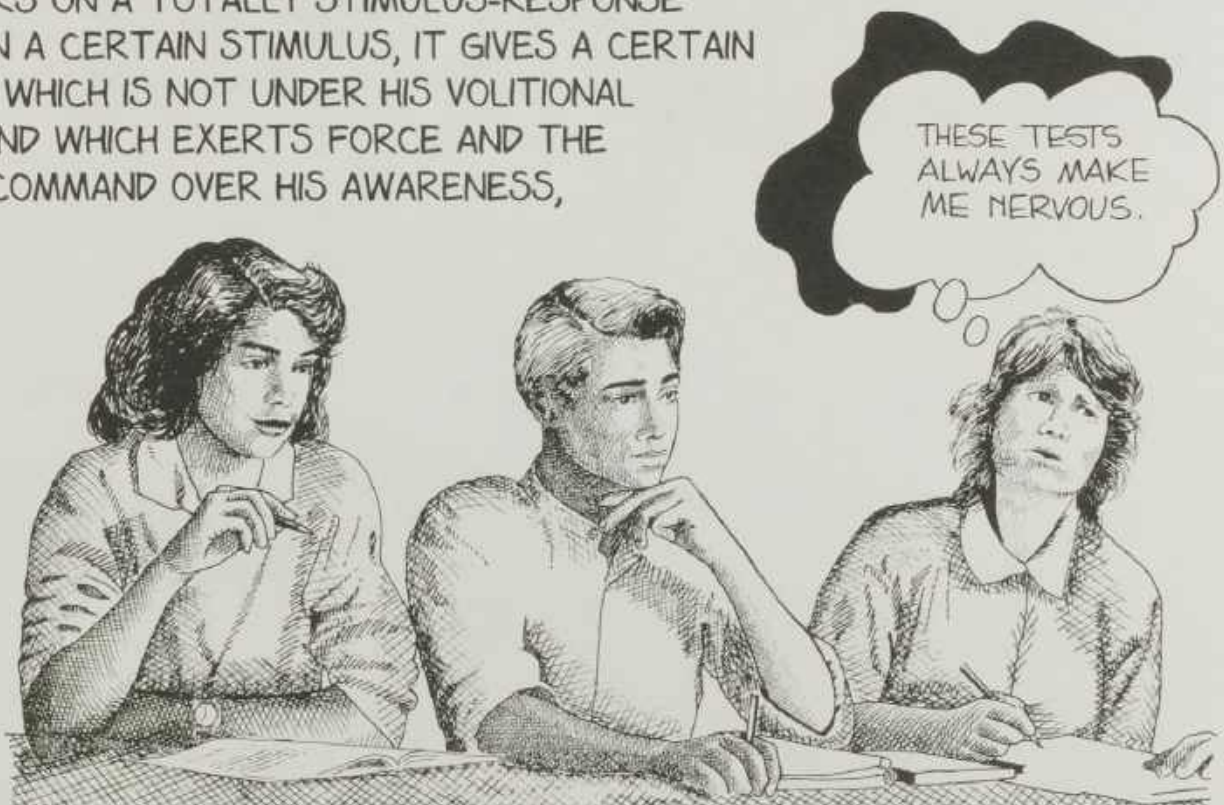


THE MIND CAN BE SUBDIVIDED INTO TWO PARTS: THE ANALYTICAL MIND AND THE REACTIVE MIND.

THE CONSCIOUS, AWARE MIND WHICH THINKS, OBSERVES DATA, REMEMBERS IT AND RESOLVES PROBLEMS IS CALLED THE ANALYTICAL MIND.



THE REACTIVE MIND IS THE PORTION OF A PERSON'S MIND WHICH WORKS ON A TOTALLY STIMULUS-RESPONSE BASIS (GIVEN A CERTAIN STIMULUS, IT GIVES A CERTAIN RESPONSE), WHICH IS NOT UNDER HIS VOLITIONAL CONTROL, AND WHICH EXERTS FORCE AND THE POWER OF COMMAND OVER HIS AWARENESS, PURPOSES, THOUGHTS, BODY AND ACTIONS.



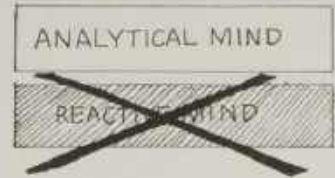
IT IS THE REACTIVE MIND WHICH
CAUSES A PERSON'S FEARS,
ANXIETIES AND INSECURITIES,
AND WHICH KEEPS A PERSON
FROM WINNING IN LIFE.



IN SCIENTOLOGY, A TECHNOLOGY HAS BEEN
DEVELOPED TO HELP A PERSON RELEASE HIMSELF
FROM THE ADVERSE EFFECTS OF THE REACTIVE
MIND. APPLICATION OF THIS TECHNOLOGY TO AN
INDIVIDUAL BY A SCIENTOLOGY MINISTER IS CALLED
AUDITING.



A PERSON WHO NO LONGER HAS HIS OWN REACTIVE MIND IS CALLED A CLEAR. THE STATE OF CLEAR IS ACHIEVED THROUGH AUDITING.



A PERSON RECEIVING SCIENTOLOGY COUNSELING IS CALLED A PRECLEAR—FROM PRE-CLEAR, A PERSON NOT YET CLEAR. A PRECLEAR IS A PERSON WHO, THROUGH AUDITING, IS FINDING OUT MORE ABOUT HIMSELF AND LIFE.



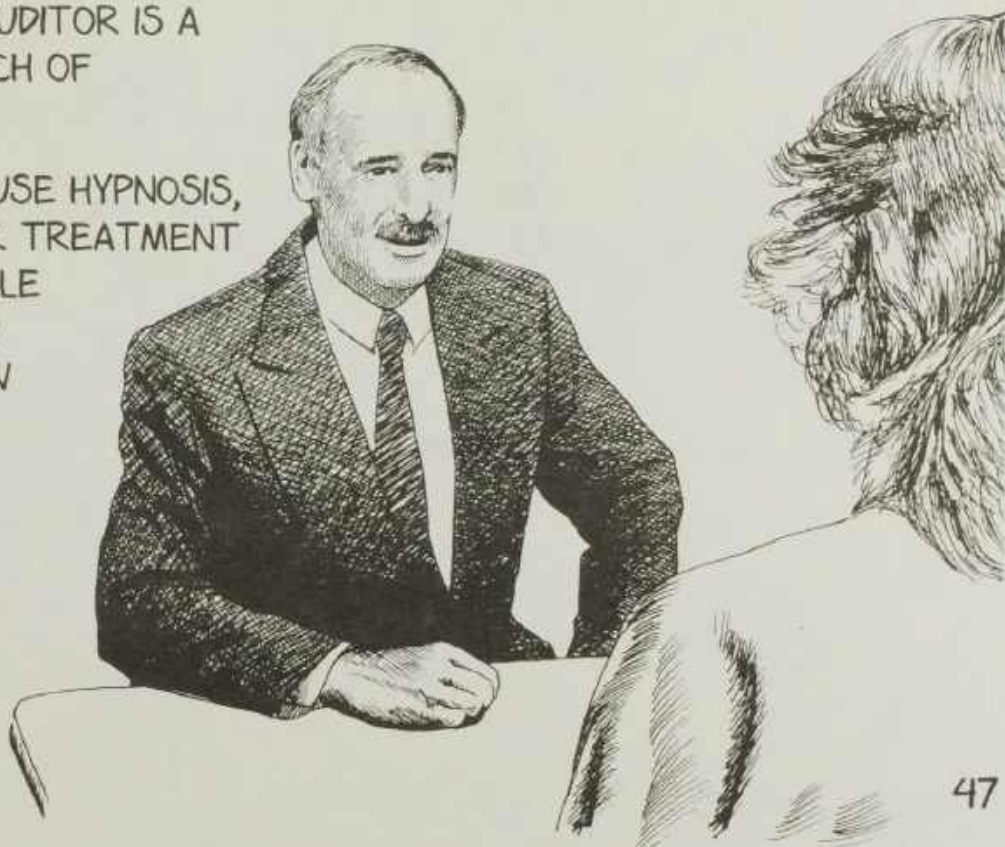
SCIENTOLOGY AUDITING

THE EXACT DEFINITION OF AUDITING IS: THE ACTION OF ASKING A PRECLEAR A QUESTION (WHICH HE CAN UNDERSTAND AND ANSWER), GETTING AN ANSWER TO THAT QUESTION AND ACKNOWLEDGING HIM FOR THAT ANSWER.



A PERSON TRAINED AND QUALIFIED IN APPLYING SCIENTOLOGY PROCEDURES TO INDIVIDUALS FOR THEIR BETTERMENT IS CALLED AN AUDITOR. AUDITOR MEANS ONE WHO LISTENS. AN AUDITOR IS A MINISTER OF THE CHURCH OF SCIENTOLOGY.

AN AUDITOR DOES NOT USE HYPNOSIS, PSYCHOANALYSIS, SHOCK TREATMENT OR ANY OLD, UNWORKABLE "THERAPIES." HE USES A PROPER COMMUNICATION CYCLE.



THE NEW RESTAURANT DOWN THE STREET IS EXCELLENT.



A COMMUNICATION CYCLE IS A COMPLETED COMMUNICATION. THIS INCLUDES THE ORIGINATION OF THE COMMUNICATION . . .

THE NEW RESTAURANT DOWN THE STREET IS EXCELLENT.

. . . RECEIPT OF THE COMMUNICATION . . .



... AND ANSWER OR ACKNOWLEDGMENT
OF THE COMMUNICATION.

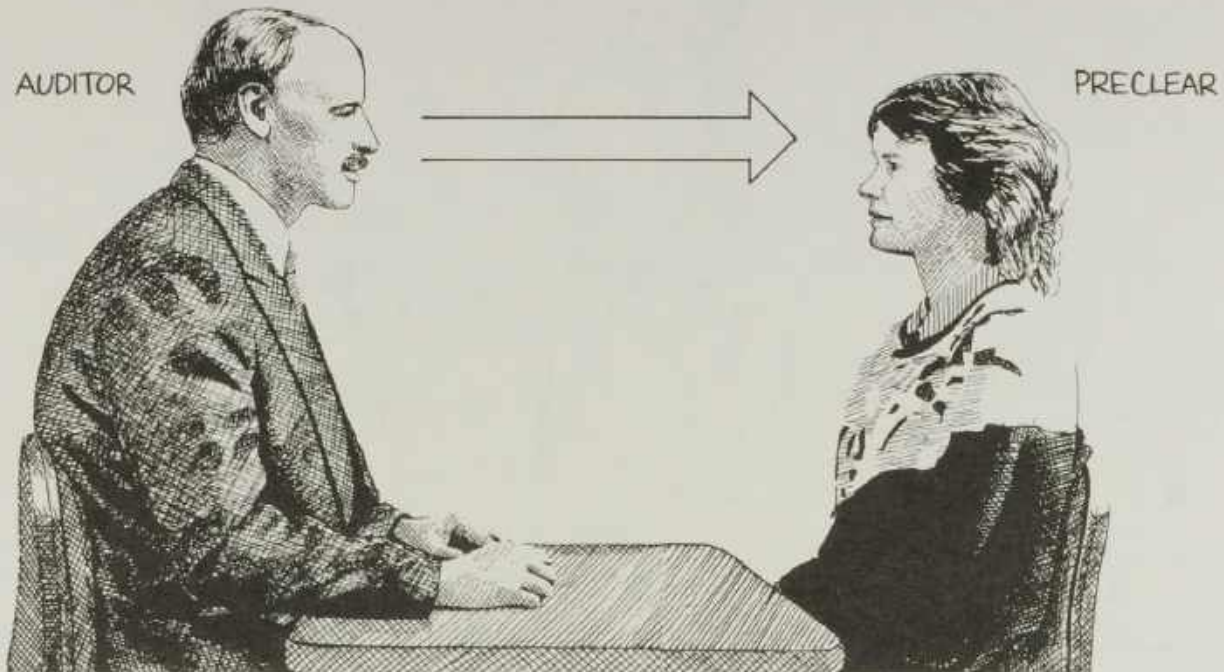


A COMMUNICATION CYCLE CONSISTS OF CAUSE,
DISTANCE, EFFECT, WITH INTENTION, ATTENTION,
DUPLICATION AND UNDERSTANDING.

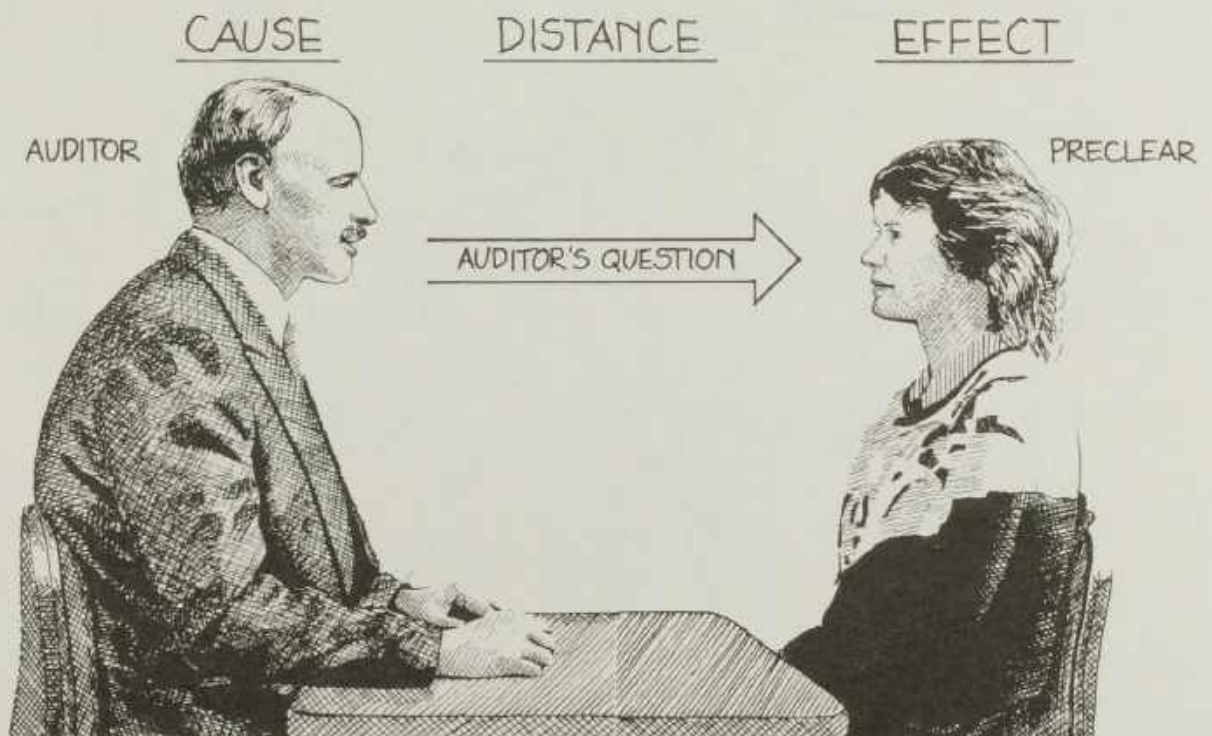


IN AUDITING, THE COMMUNICATION CYCLE IN USE IS AS FOLLOWS:

1. THE AUDITOR CHECKS TO ENSURE THE PRECLEAR IS READY TO RECEIVE THE AUDITING COMMAND.



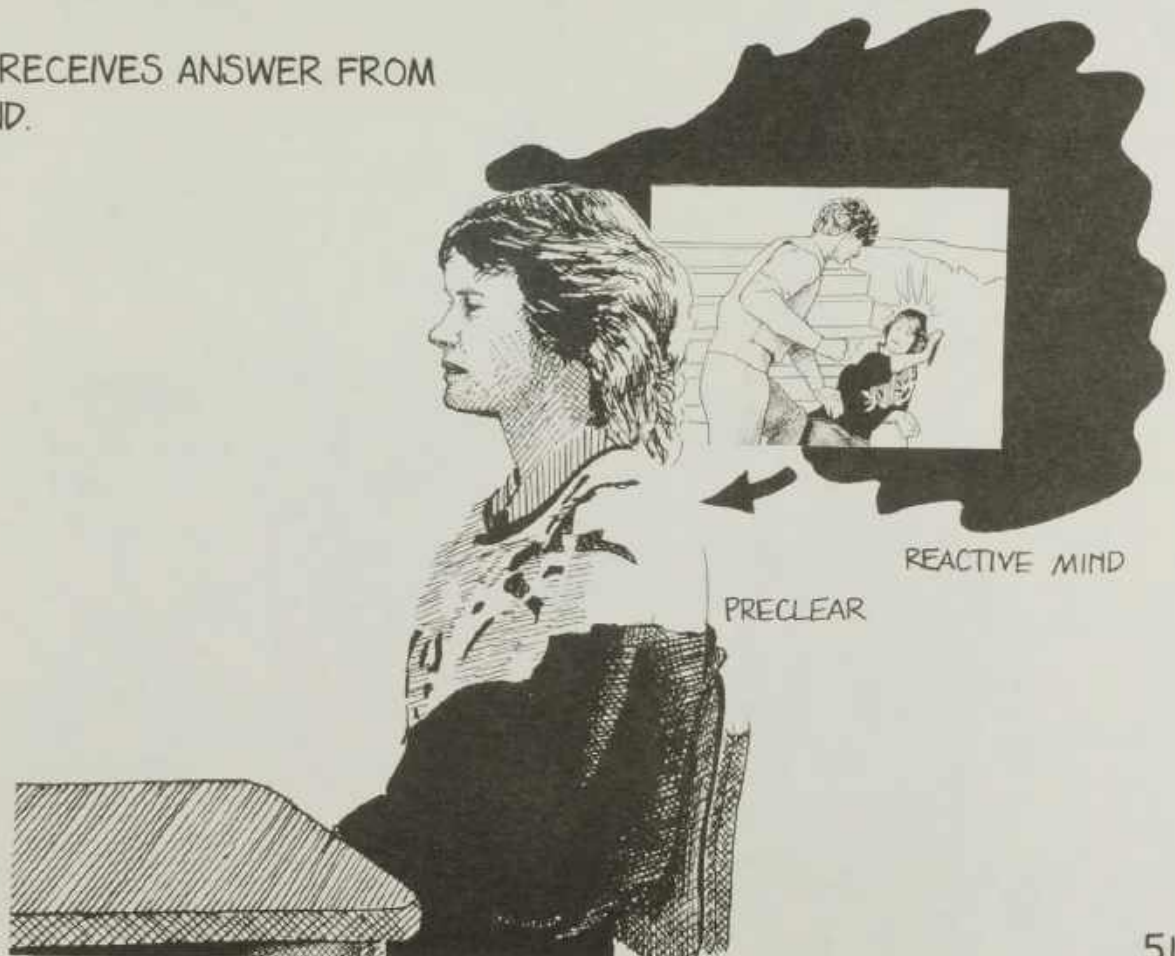
2. THE AUDITOR GIVES THE QUESTION OR COMMAND TO THE PRECLEAR (CAUSE-DISTANCE-EFFECT).



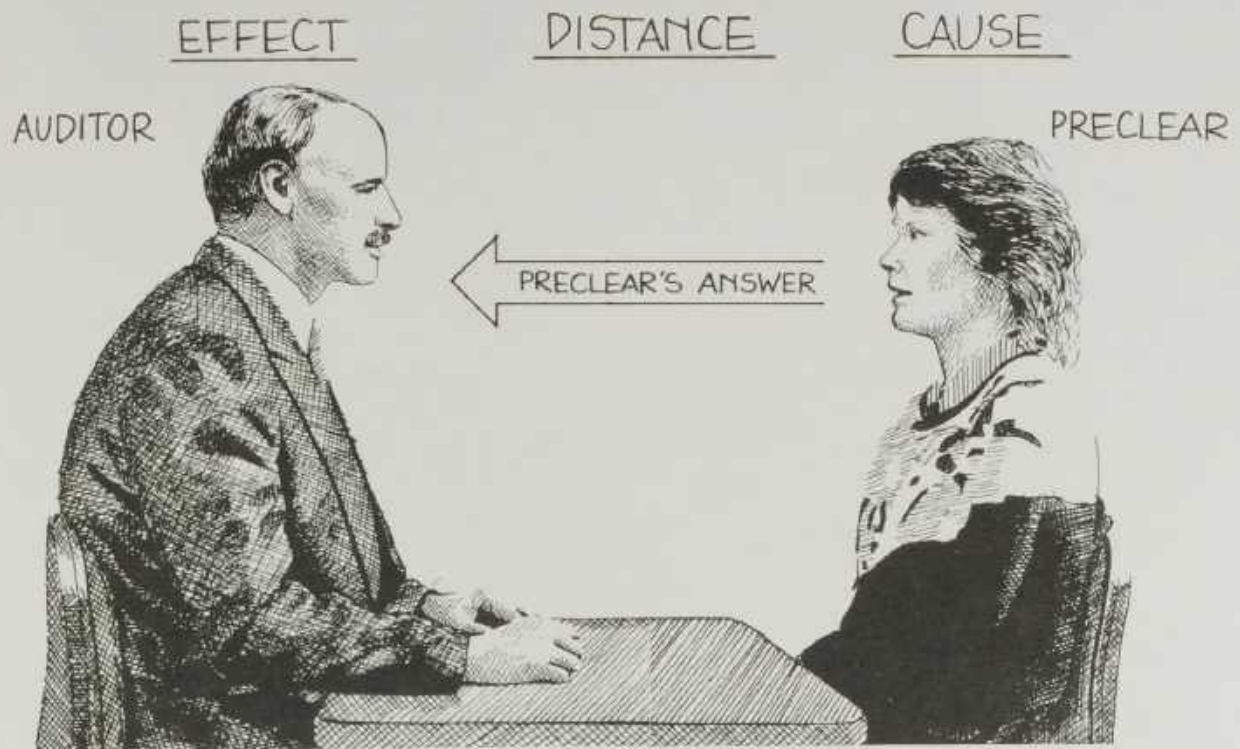
3. PRECLEAR LOOKS TO HIS REACTIVE MIND FOR ANSWER.



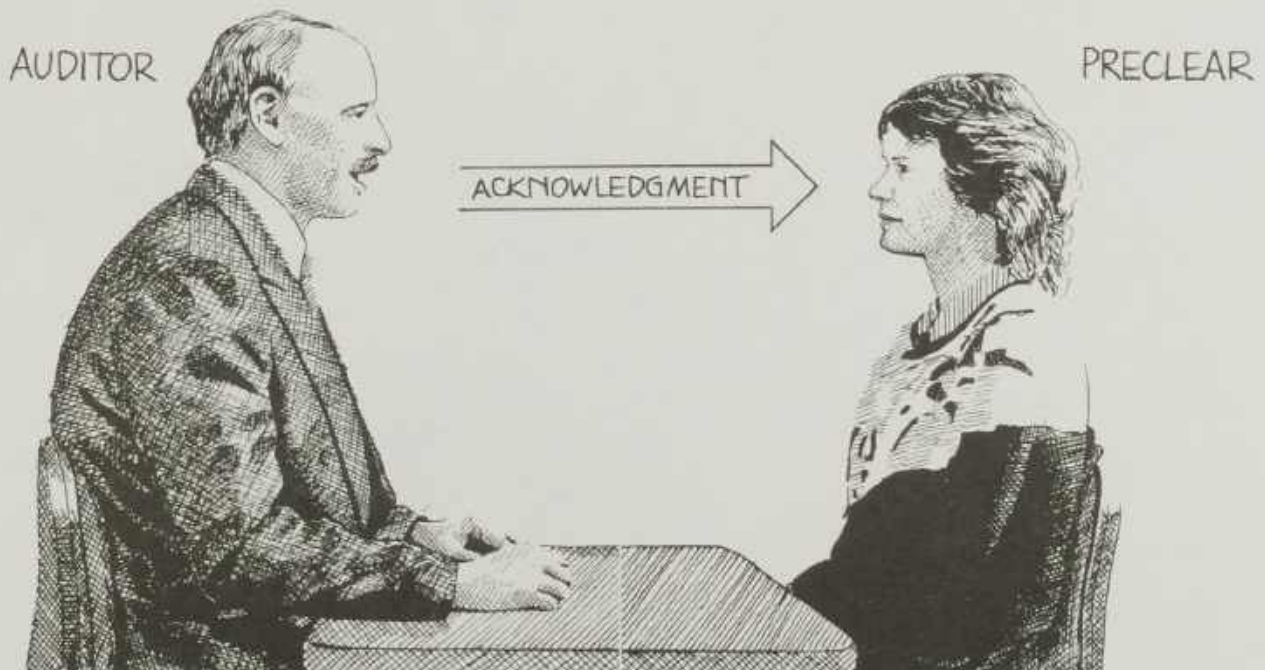
4. PRECLEAR RECEIVES ANSWER FROM REACTIVE MIND.



5. PRECLEAR GIVES ANSWER TO AUDITOR
(CAUSE-DISTANCE-EFFECT).

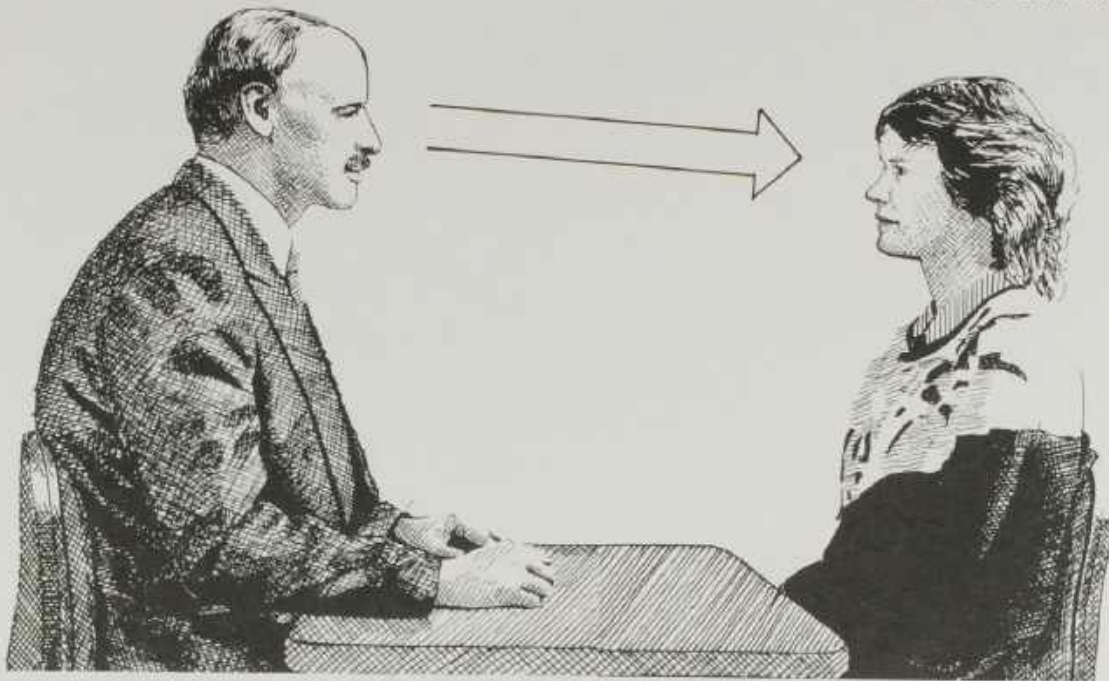


6. AUDITOR ACKNOWLEDGES PRECLEAR.



7. AUDITOR SEES THAT THE PRECLEAR RECEIVED THE ACKNOWLEDGMENT.

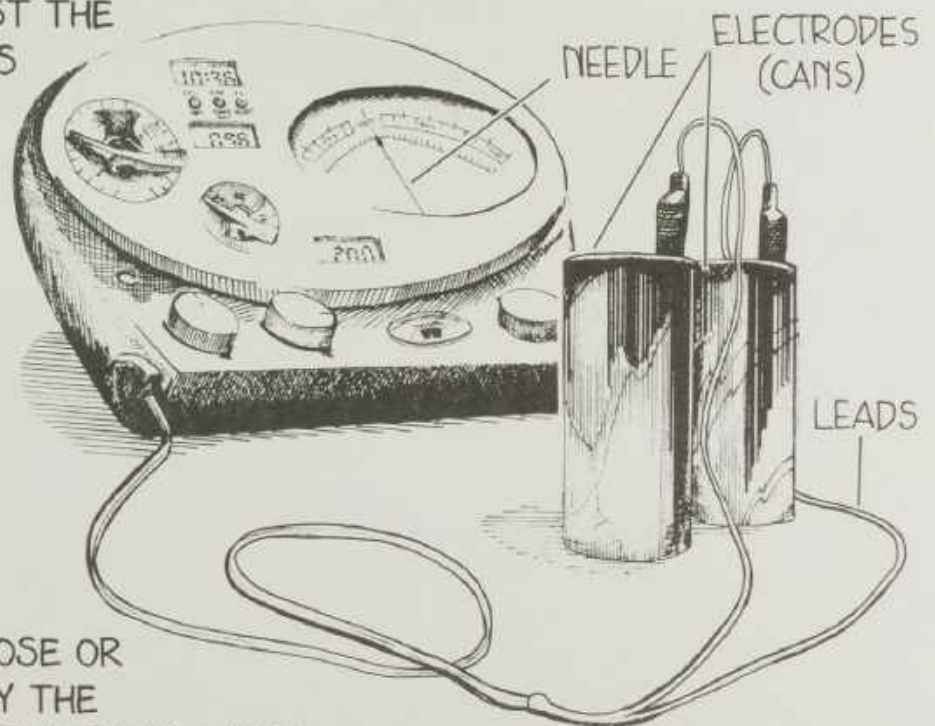
THEN THE AUDITOR WOULD START A NEW COMMUNICATION CYCLE BEGINNING WITH (1).



THE E-METER

IN MOST SCIENTOLOGY AUDITING, THE AUDITOR ALSO USES AN ELECTRONIC DEVICE TO ASSIST THE PRECLEAR IN LOCATING AREAS OF SPIRITUAL DISTRESS OR TRAVAIL. IT IS CALLED AN ELECTROPSYCHOMETER, OR E-METER. THE E-METER MEASURES THE MENTAL STATE OR CHANGE OF STATE OF A PERSON.

THE E-METER IS A RELIGIOUS ARTIFACT AND CAN ONLY BE USED BY SCIENTOLOGY MINISTERS OR MINISTERS IN TRAINING. IT DOES NOT DIAGNOSE OR CURE ANYTHING. IT IS USED BY THE AUDITOR TO HELP LOCATE SPECIFICALLY WHAT SHOULD BE ADDRESSED IN AUDITING.



WHEN THE E-METER IS OPERATING AND A PERSON IS HOLDING THE ELECTRODES (CANS), A TINY, CONSTANT FLOW OF ELECTRICAL ENERGY IS PASSED DOWN THE WIRES OF THE E-METER LEADS, THROUGH THE PRECLEAR AND BACK UP INTO THE E-METER.

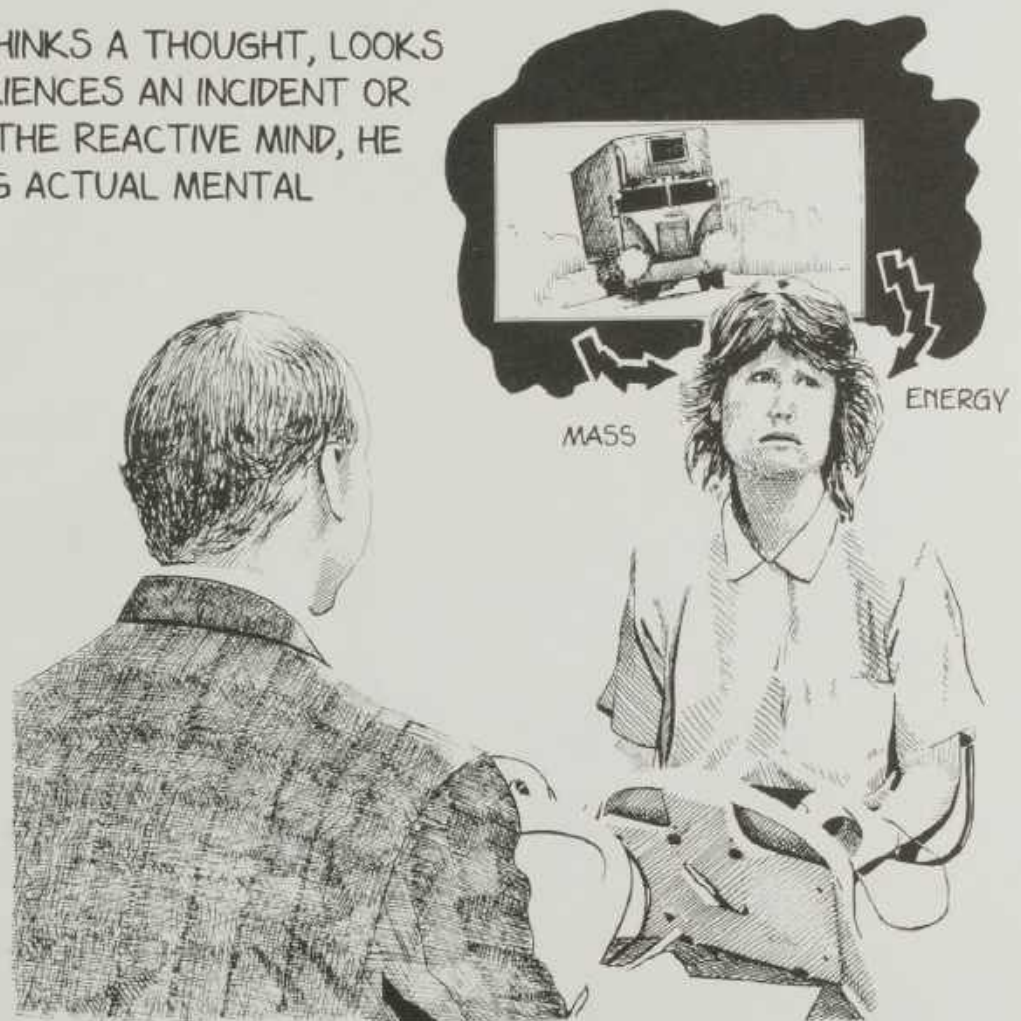




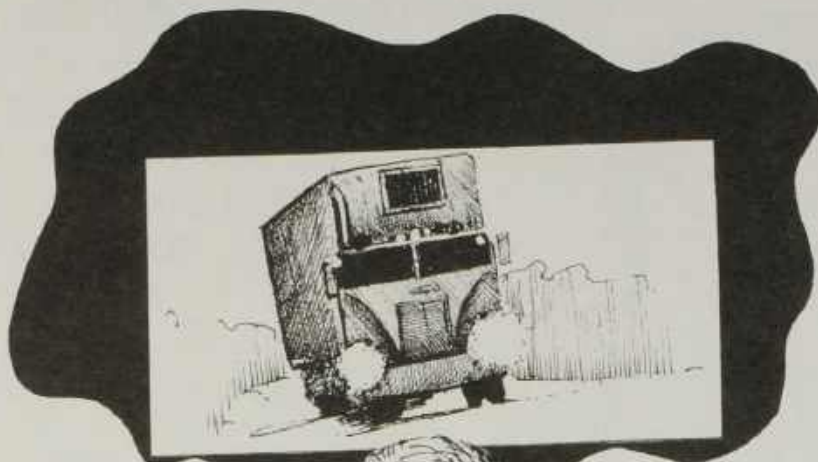
THERE ARE QUANTITIES OF ENERGY IN THE PICTURES IN THE MIND. HARMFUL ENERGY OR FORCE ACCUMULATED AND STORED IN THE MIND, RESULTING FROM THE CONFLICTS AND UNPLEASANT EXPERIENCES THAT A PERSON HAS HAD, IS CALLED CHARGE.

THE PICTURES IN THE MIND ALSO HAVE MASS—THEY HAVE A VERY TINY AMOUNT OF WEIGHT; THEY HAVE SIZE AND SHAPE.

WHEN THE PRECLEAR THINKS A THOUGHT, LOOKS AT A PICTURE, REEXPERIENCES AN INCIDENT OR SHIFTS SOME PART OF THE REACTIVE MIND, HE IS MOVING AND CHANGING ACTUAL MENTAL MASS AND ENERGY.



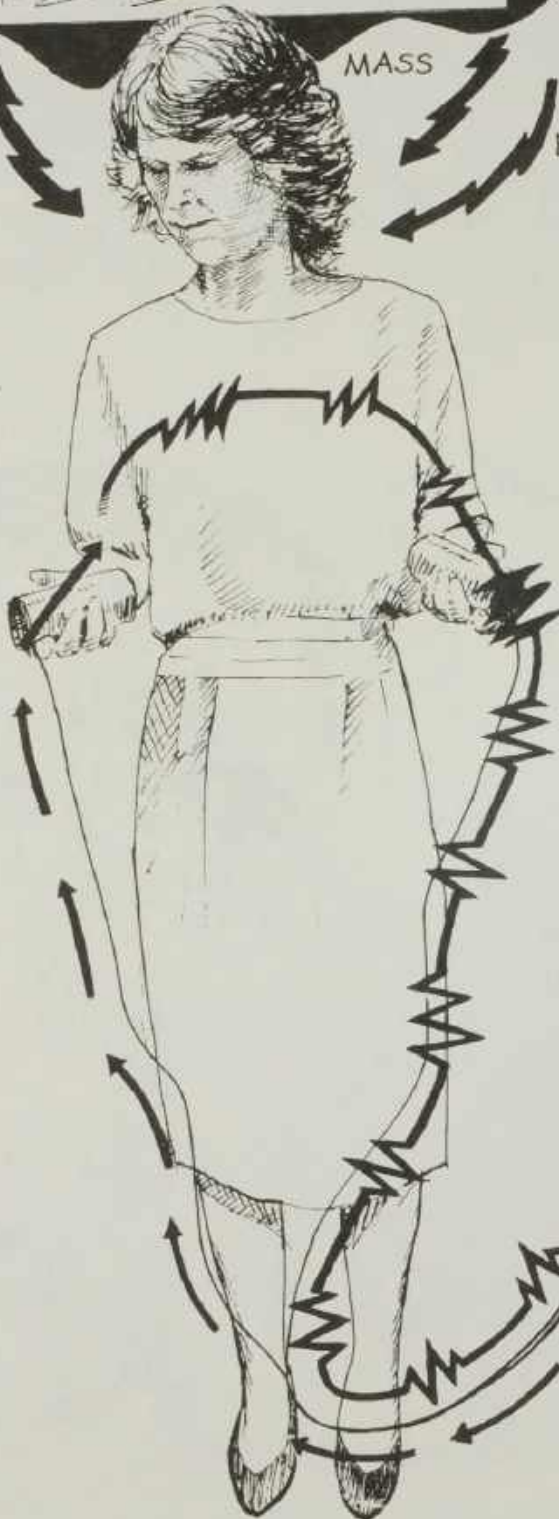
THESE CHANGES IN THE PRECLEAR'S MIND INFLUENCE THE TINY FLOW OF ELECTRICAL ENERGY GENERATED BY THE E-METER, CAUSING THE NEEDLE TO MOVE. THE NEEDLE REACTIONS ON THE E-METER TELL THE AUDITOR WHERE THE CHARGE LIES AND WHAT TO HANDLE.



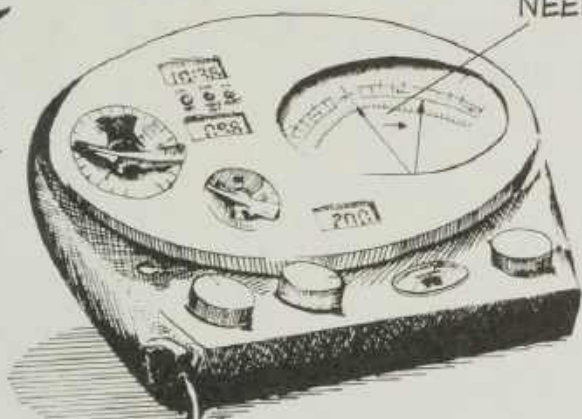
MASS

ENERGY

ENERGY



NEEDLE



THE SESSION

THE PRECISE PERIOD OF TIME DURING WHICH AN AUDITOR AUDITS A PRECLEAR IS CALLED A *SESSION*. A SESSION IS CONDUCTED IN A QUIET PLACE WHERE IT WILL NOT BE DISTURBED. THE AUDITOR AND THE PRECLEAR ARE SEATED ACROSS A TABLE FROM ONE ANOTHER, WITH THE E-METER SET UP FACING THE AUDITOR.

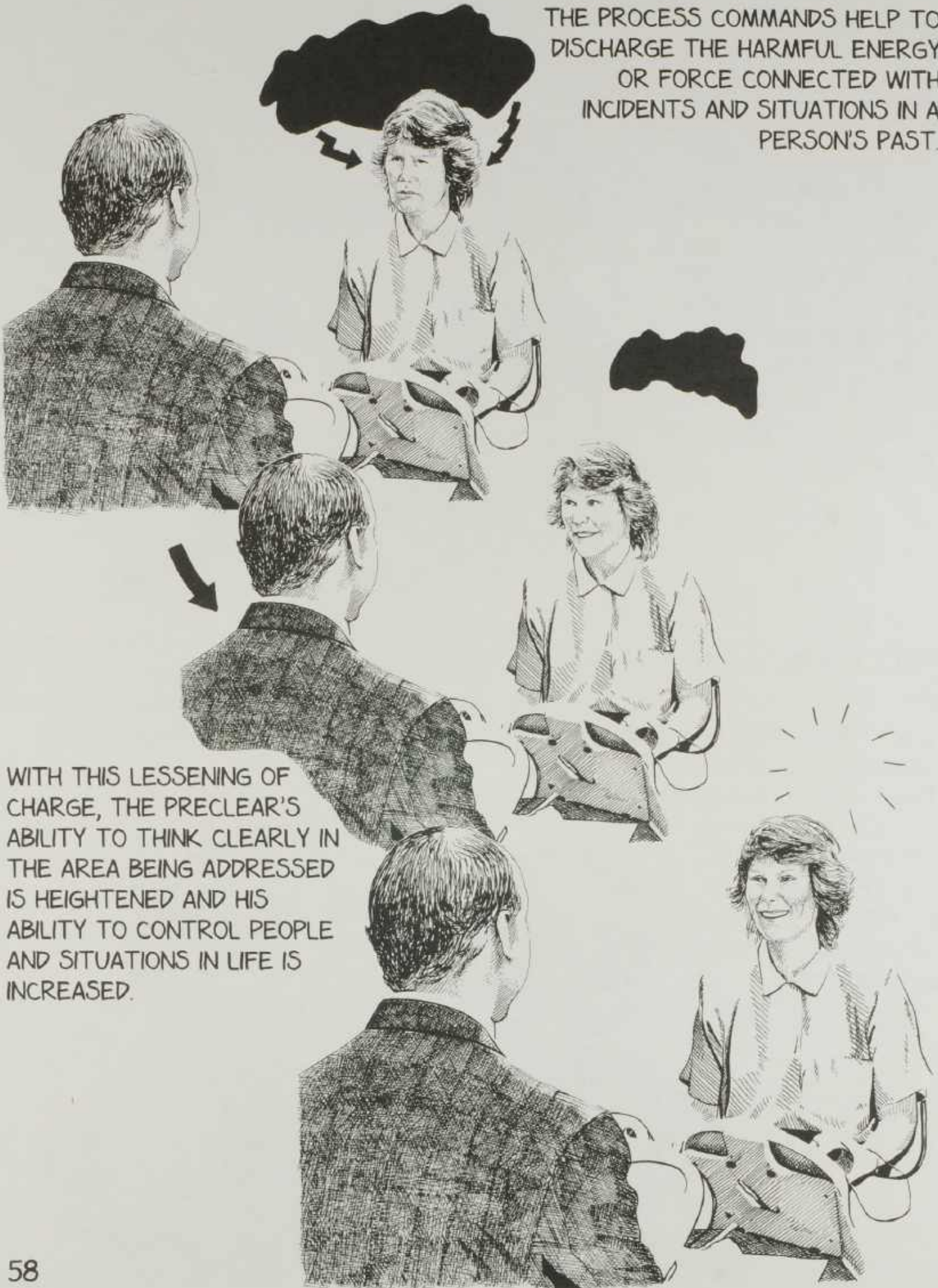


PROCESSES

SCIENTOLOGY AUDITING IS DONE USING *PROCESSES*—SETS OF QUESTIONS ASKED OR COMMANDS GIVEN BY AN AUDITOR TO HELP THE PRECLEAR FIND OUT THINGS ABOUT HIMSELF OR LIFE AND TO IMPROVE HIS CONDITION.



THE PROCESS COMMANDS HELP TO DISCHARGE THE HARMFUL ENERGY OR FORCE CONNECTED WITH INCIDENTS AND SITUATIONS IN A PERSON'S PAST.



WITH THIS LESSENING OF CHARGE, THE PRECLEAR'S ABILITY TO THINK CLEARLY IN THE AREA BEING ADDRESSED IS HEIGHTENED AND HIS ABILITY TO CONTROL PEOPLE AND SITUATIONS IN LIFE IS INCREASED.

AS THE DISCHARGING OF HARMFUL MENTAL ENERGY FREES UP THE PRECLEAR'S THINKING, HE DISCOVERS THINGS ABOUT HIMSELF AND HIS LIFE. SUCH A DISCOVERY IS CALLED, IN SCIEN-TOLOGY, A *COGNITION*. A *COGNITION* IS SOMETHING A PERSON HAS "COME TO REALIZE." IT'S A "WHAT DO YOU KNOW? I . . ." STATEMENT.

I JUST REALIZED WHY I'VE ALWAYS BEEN AFRAID TO TALK TO PEOPLE! I HAD THIS CONCERN ABOUT...



A *COGNITION* IS A NEW REALIZATION OF LIFE. IT RESULTS IN A HIGHER DEGREE OF AWARENESS AND CONSEQUENTLY A GREATER ABILITY TO SUCCEED WITH ONE'S ENDEAVORS IN LIFE.

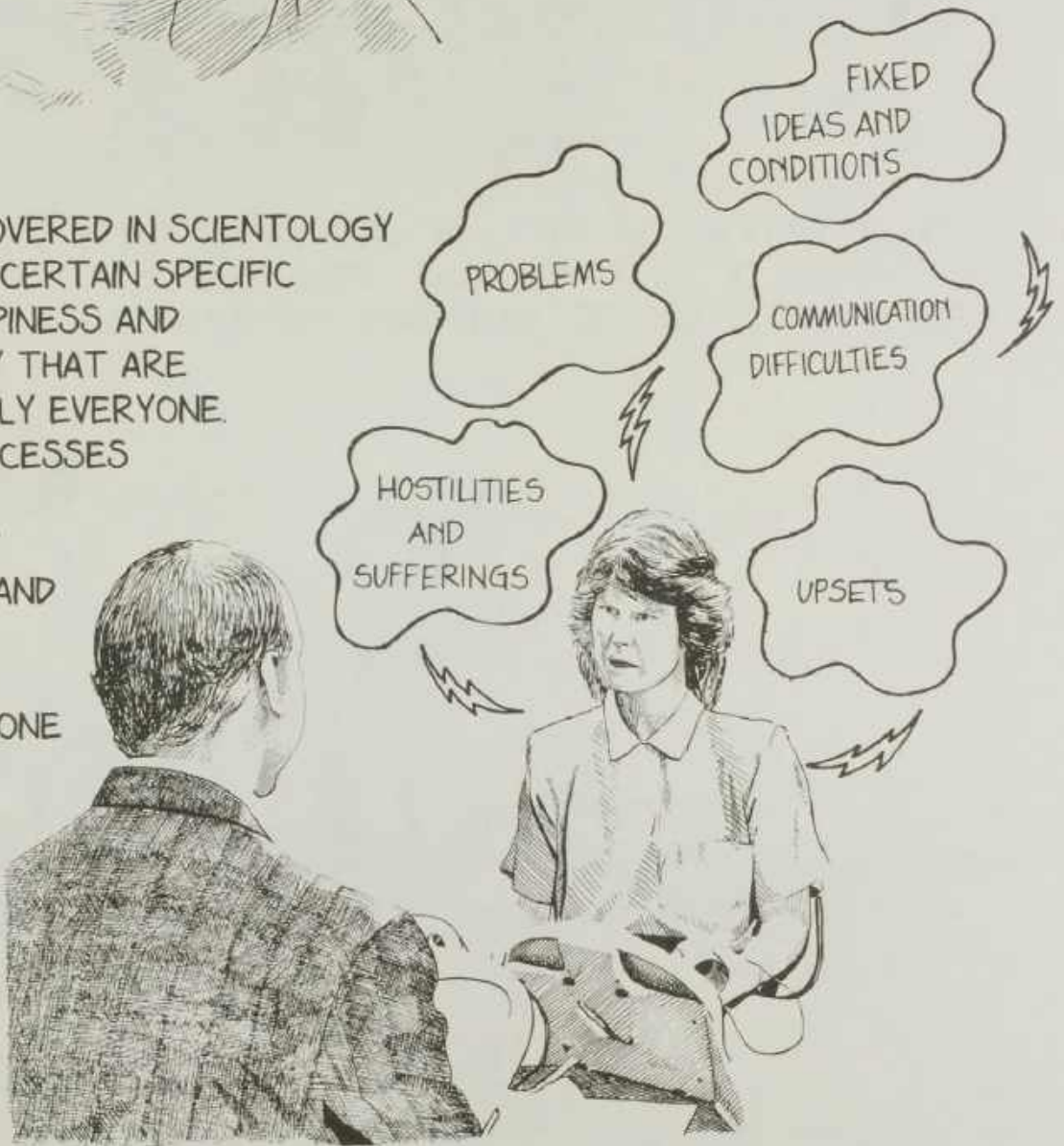




A SCIENTOLOGY PROCESS IS COMPLETE WHEN THE PRECLEAR IS VERY HAPPY, HAS HAD A COGNITION AND HAS SEPARATED FROM SOME PART OF HIS OR HER REACTIVE MIND.

A SEPARATION FROM THE REACTIVE MIND TO A GREATER OR LESSER DEGREE IS CALLED A RELEASE.

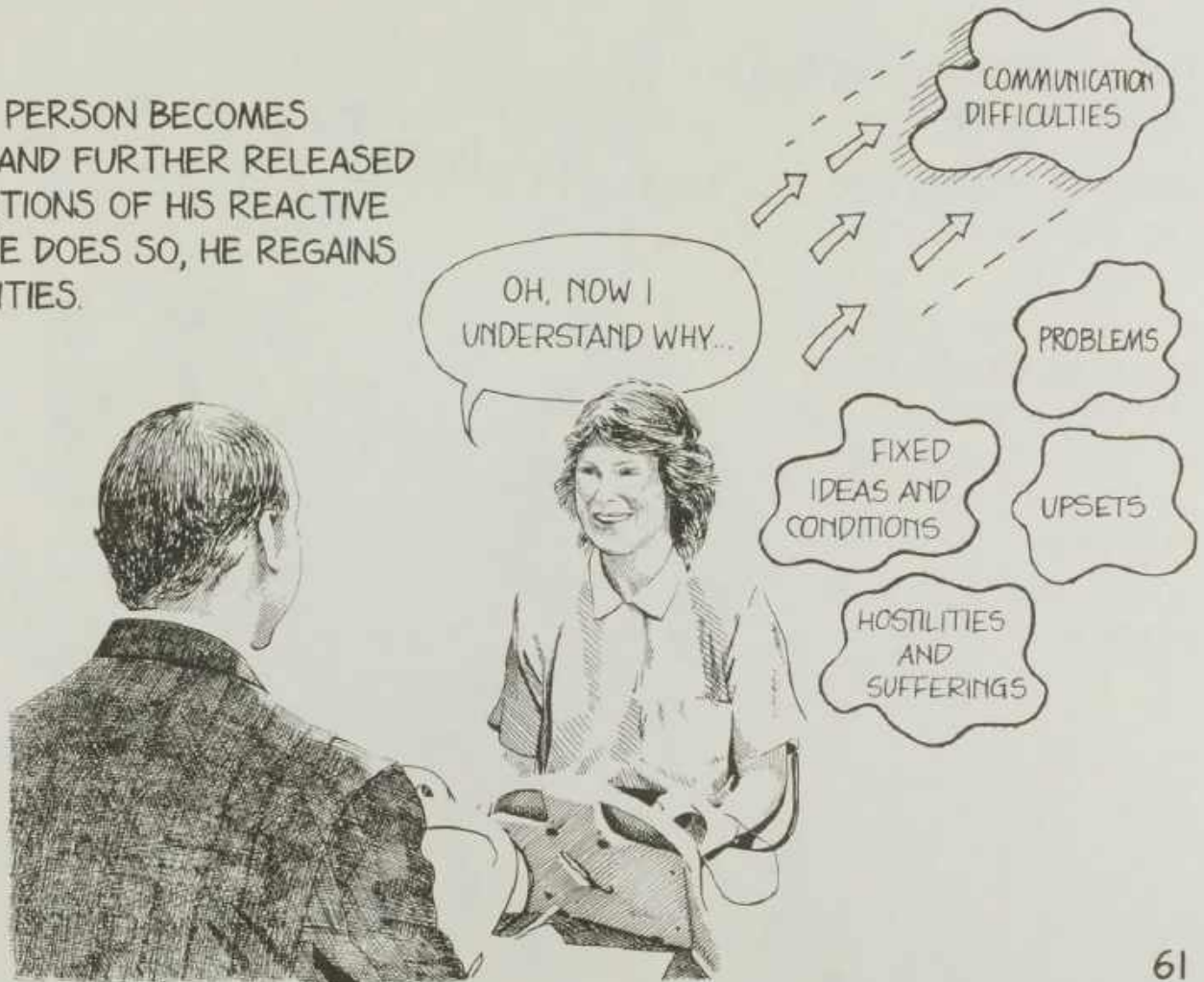
IT HAS BEEN DISCOVERED IN SCIENTOLOGY THAT THERE ARE CERTAIN SPECIFIC BARRIERS TO HAPPINESS AND INCREASED ABILITY THAT ARE COMMON TO NEARLY EVERYONE. THE AUDITING PROCESSES OF SCIENTOLOGY ADDRESS EACH OF THESE BARRIERS AND ENABLE THE INDIVIDUAL TO OVERCOME THEM ONE AT A TIME.



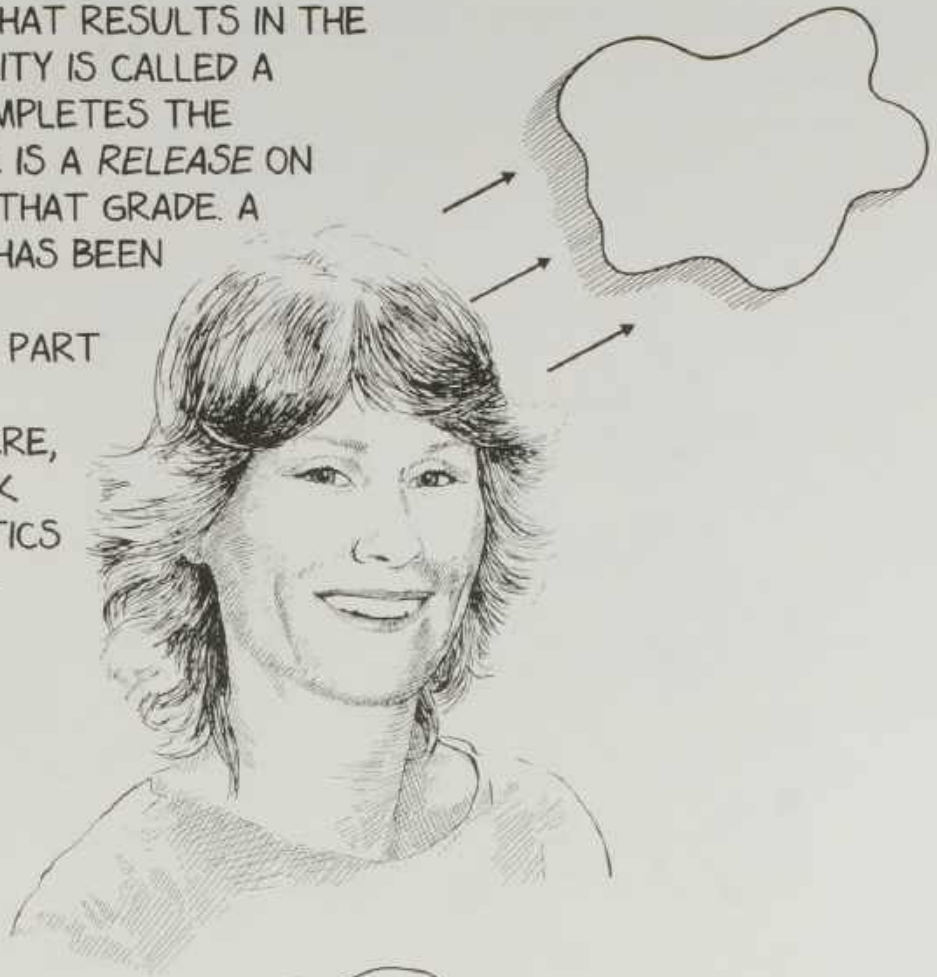
BY FOLLOWING AN ORDERLY PROGRESSION OF PROCESSES . . .



. . . THE PERSON BECOMES FURTHER AND FURTHER RELEASED FROM PORTIONS OF HIS REACTIVE MIND. AS HE DOES SO, HE REGAINS MANY ABILITIES.



EACH SET OF PROCESSES THAT RESULTS IN THE ATTAINMENT OF A NEW ABILITY IS CALLED A GRADE. WHEN A PERSON COMPLETES THE PROCESSES OF A GRADE, HE IS A RELEASE ON THE SUBJECT COVERED BY THAT GRADE. A RELEASE IS SOMEONE WHO HAS BEEN ABLE TO BACK OUT OF OR SEPARATE HIMSELF FROM A PART OF HIS REACTIVE MIND. THE REACTIVE MIND IS STILL THERE, BUT THE PERSON ISN'T SUNK INTO IT WITH ALL ITS SOMATICS (PHYSICAL PAINS OR DISCOMFORTS) AND DEPRESSIONS.

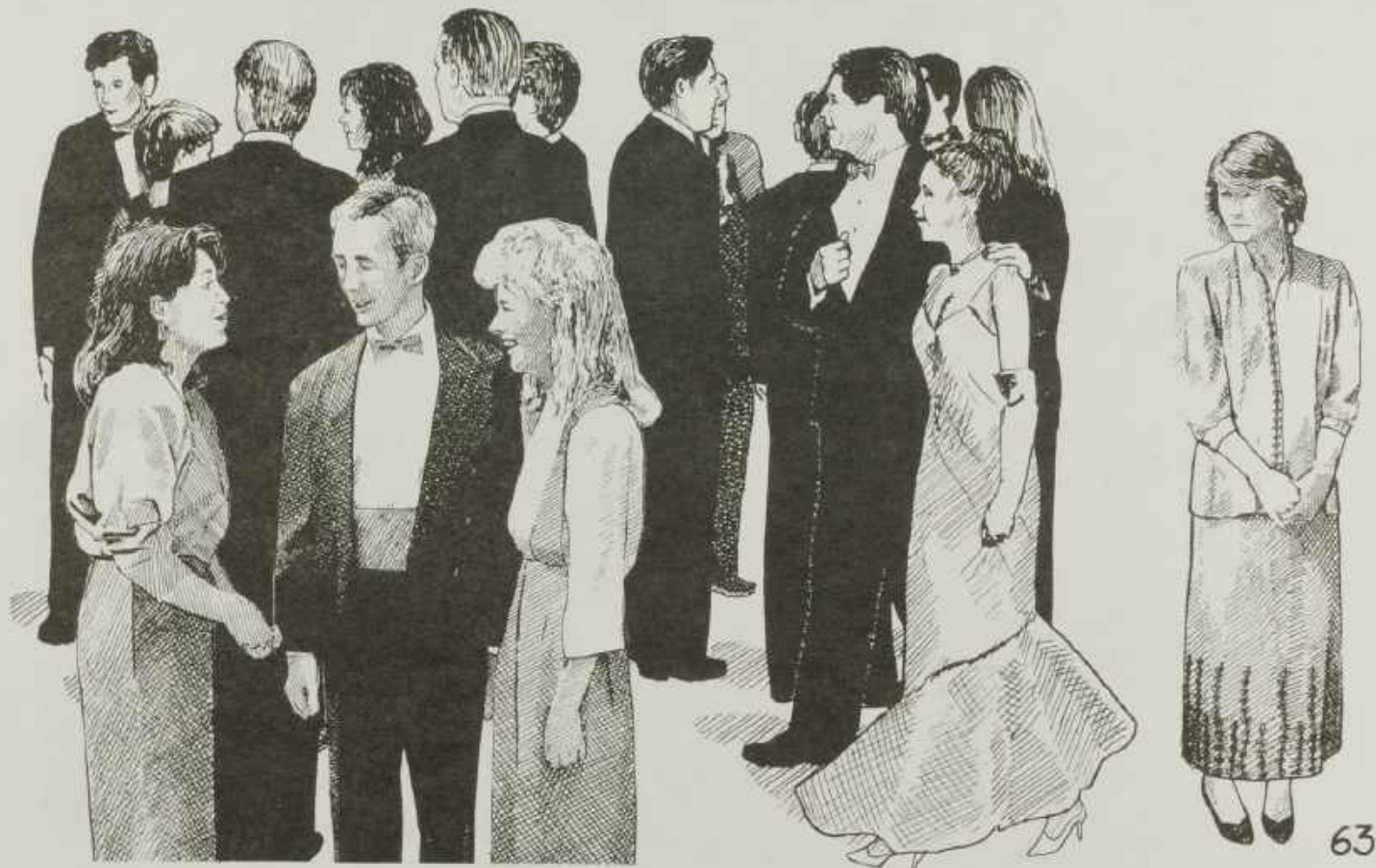
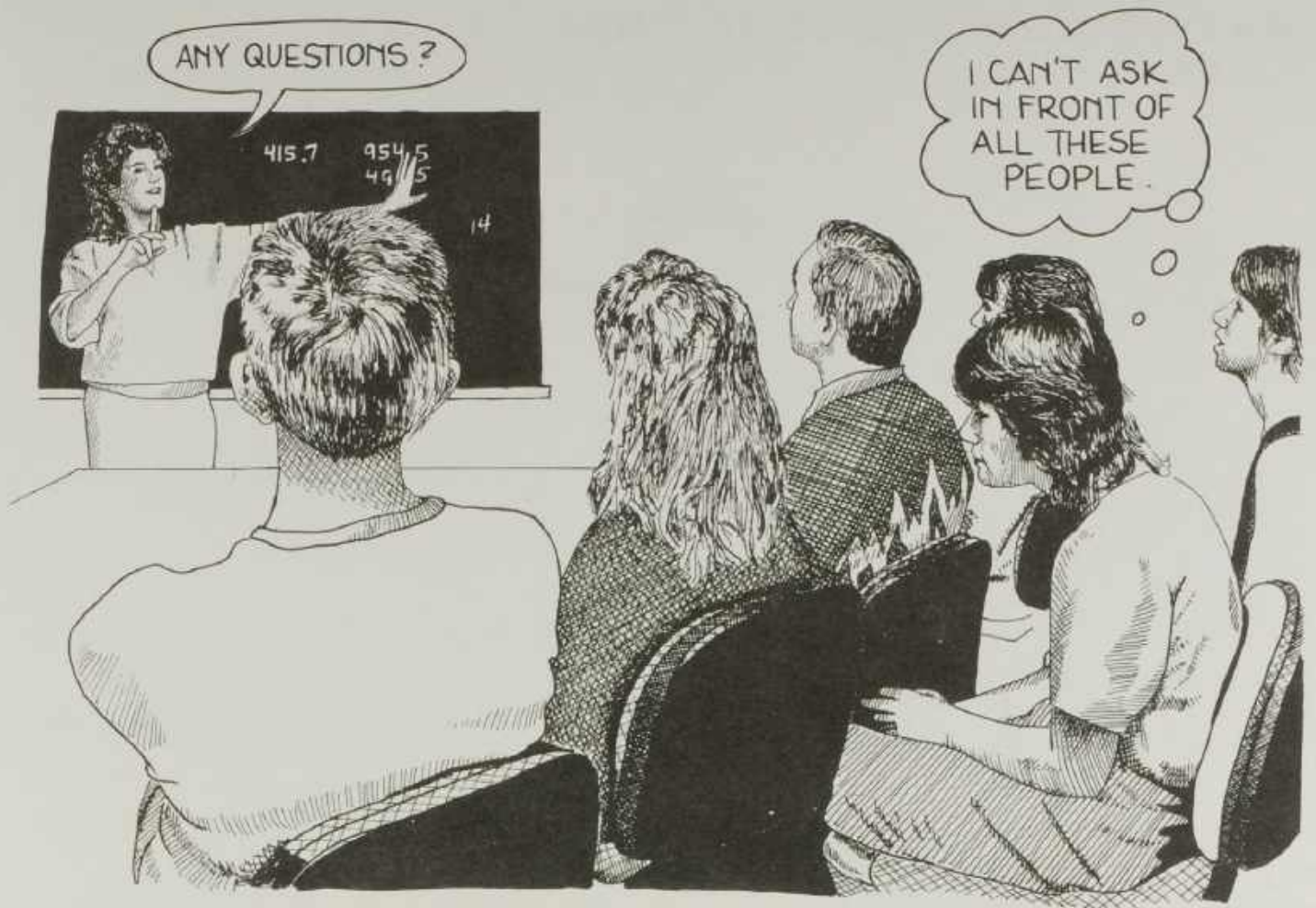


THE SCIENTOLOGY GRADES FOLLOW A SET SEQUENCE.

GRADE 0 COVERS COMMUNICATION—THE BARRIERS PEOPLE RUN INTO IN TRYING TO GET THEIR IDEAS ACROSS, INHIBITIONS ON COMMUNICATING ABOUT CERTAIN SUBJECTS AND ANY RESISTANCE ONE MIGHT HAVE TO RECEIVING COMMUNICATION FROM OTHERS.

WHY DO I HAVE TO LISTEN TO THIS?





WHEN A PERSON COMPLETES THE PROCESSES
OF GRADE 0



COMMUNICATION
DIFFICULTIES

. . . . THE PERSON IS A COMMUNICATIONS RELEASE, AND
HAS THE ABILITY TO COMMUNICATE FREELY WITH
ANYONE ON ANY SUBJECT.



GRADE 1 DEALS WITH PROBLEMS. A PROBLEM IS A CONFLICT ARISING FROM TWO OPPOSING INTENTIONS.





WHEN A PERSON COMPLETES THE PROCESSES OF
GRADE 1 . . .



PROBLEMS

. . . THAT PERSON
IS A PROBLEMS
RELEASE, WITH THE
ABILITY TO
RECOGNIZE THE
SOURCE OF
PROBLEMS AND
MAKE THEM
VANISH.



JOHN IS SO HAPPY
IN HIS NEW JOB. AND
THE RENT TURNED
OUT NOT TO BE A
PROBLEM AT ALL.

GRADE II ADDRESSES THE CONTRASURVIVAL THINGS THAT ONE HAS DONE TO OTHERS AND THINGS THAT OTHERS HAVE DONE TO HIM OR HER.





UPON COMPLETION OF THE PROCESSES OF
GRADE II



HOSTILITIES
AND
SUFFERINGS

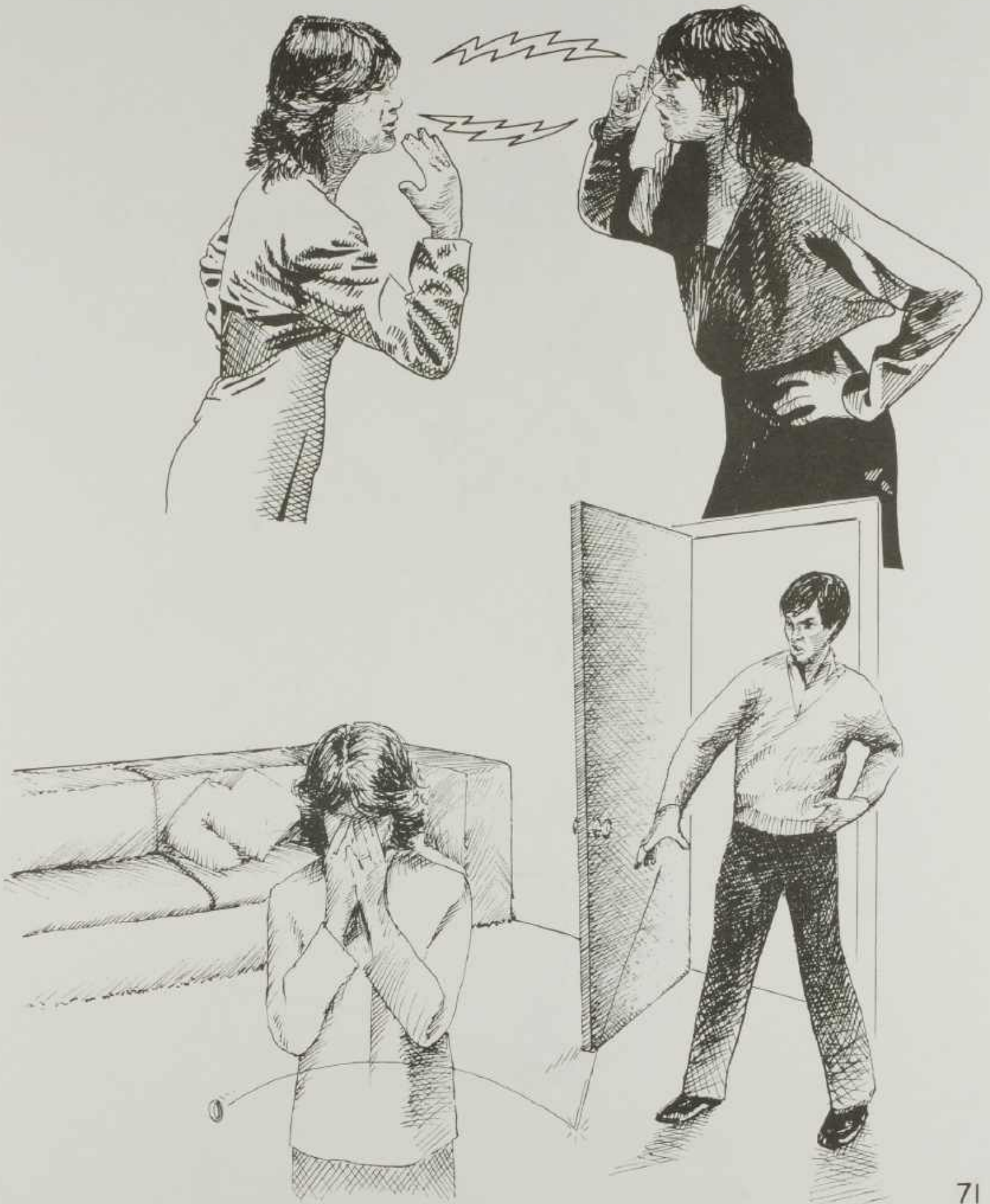
. . . . A PERSON HAS ACHIEVED RELIEF
RELEASE—RELIEF FROM THE HOSTILITIES AND
SUFFERINGS OF LIFE.



NICE DRESS.!

THANKS DEAR,
I BOUGHT IT
WITH MY OWN
SAVINGS.

GRADE III HANDLES UPSETS THAT ONE HAS HAD
IN THE PAST.





COMPLETING THE PROCESSES OF
GRADE III . . .



. . . MAKES THE PERSON A FREEDOM RELEASE. THE
PERSON IS FREED FROM UPSETS OF THE PAST AND
HAS GAINED THE ABILITY TO FACE THE FUTURE.



GRADE IV DEALS WITH FIXED IDEAS AND CONDITIONS IN LIFE THAT ARE HOLDING ONE DOWN.





YOU'LL NEVER MAKE IT AS A SALES PERSON. NOBODY WANTS TO BUY FROM A WOMAN.



EVERYONE IS MEAN TO ME.



WHEN THE PROCESSES OF GRADE IV HAVE BEEN COMPLETED . . .



... THE PERSON IS AN ABILITY RELEASE WHO HAS MOVED OUT OF FIXED CONDITIONS INTO ABILITY TO DO NEW THINGS, AND IS ABLE TO FACE LIFE WITHOUT NEED TO JUSTIFY HIS OWN ACTIONS OR DEFEND HIMSELF FROM OTHERS.



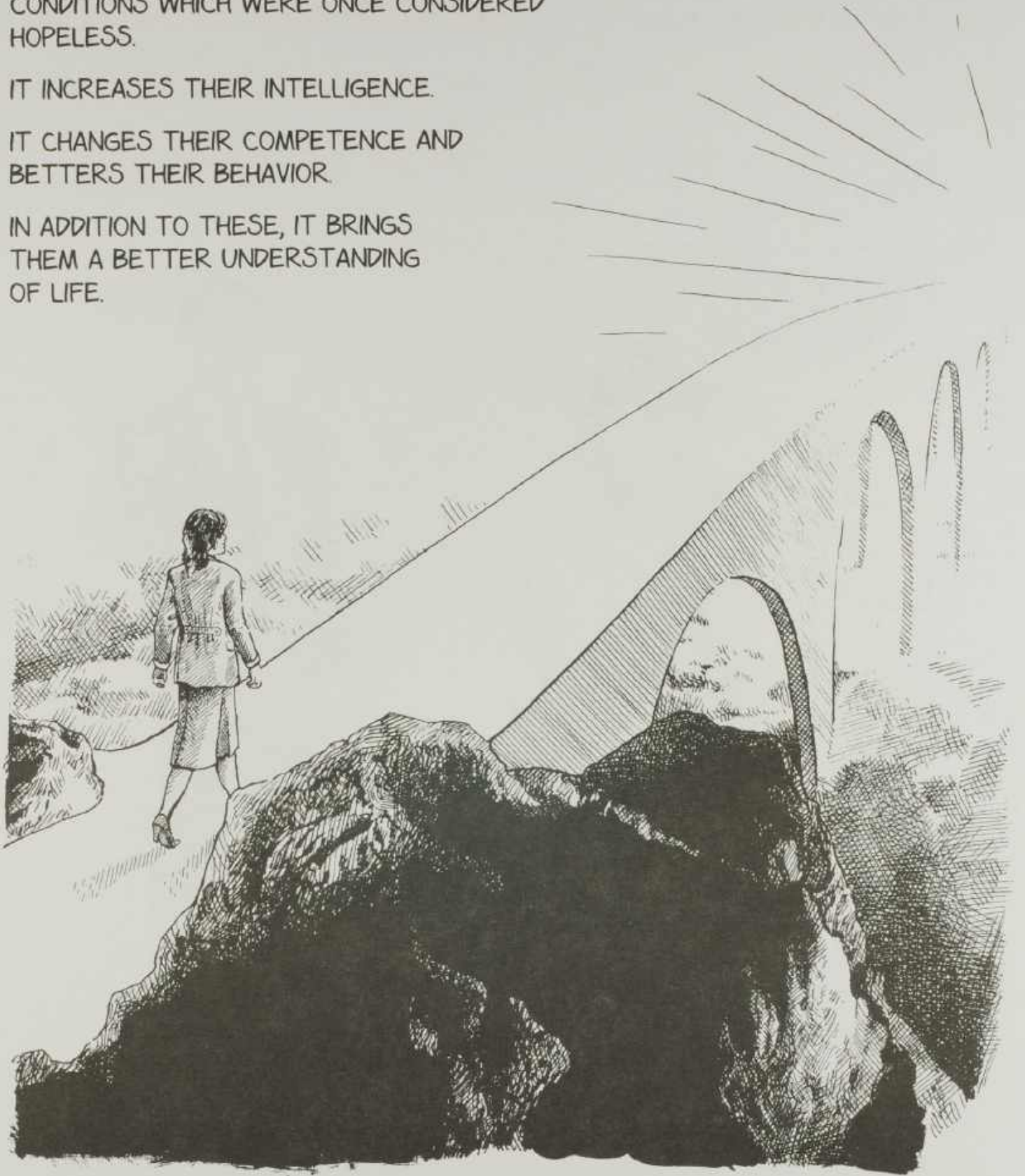
SCIENTOLOGY DOES THINGS FOR PEOPLE WHERE
NOTHING HAS BEEN DONE BEFORE.

IT RESTORES PEOPLE'S ABILITY TO HANDLE
CONDITIONS WHICH WERE ONCE CONSIDERED
HOPELESS.

IT INCREASES THEIR INTELLIGENCE.

IT CHANGES THEIR COMPETENCE AND
BETTERS THEIR BEHAVIOR.

IN ADDITION TO THESE, IT BRINGS
THEM A BETTER UNDERSTANDING
OF LIFE.



WITH SCIENTOLOGY, IT IS FINALLY POSSIBLE
TO ACHIEVE THE GOAL MAN HAS HAD FOR
MANY THOUSANDS OF YEARS: TO KNOW
ONESELF.



SCIENTOLOGY CONTAINS NEW, WORKABLE
ANSWERS TO SOME OF MAN'S OLDEST PROBLEMS.
IT IS AVAILABLE TO YOU.

FIND OUT MORE ABOUT SCIENTOLOGY.

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books by L. Ron Hubbard

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*Call this toll-free number 7 days a week
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ABOUT THE AUTHOR

L. Ron Hubbard is one of the most acclaimed and widely read authors of all time, primarily because his works express a firsthand knowledge of the nature of man—knowledge gained not from standing on the sidelines but through lifelong experience with people from all walks of life.

As Ron said, “One doesn’t learn about life by sitting in an ivory tower, thinking about it. One learns about life by being part of it.” And that is how he lived.

He began his quest for knowledge on the nature of man at a very early age. When he was eight years old he was already well on his way to being a seasoned traveler. His adventures included voyages to China, Japan and other points in the Orient and South Pacific, covering a quarter of a million miles by the age of nineteen. In the course of his travels he became closely acquainted with twenty-one different races and cultures all over the world.

In the fall of 1930, Ron pursued his studies of mathematics and engineering, enrolling at George Washington University where he was also a member of one of the first American classes on nuclear physics. He realized that neither the East nor the West contained the full answer to the problems of existence. Despite all of mankind’s advances in the physical sciences, a *workable* technology of the mind and life had never been developed. The mental “technologies” which did exist, psychology

and psychiatry, were actually barbaric, false subjects—no more workable than the methods of jungle witch doctors. Ron shouldered the responsibility of filling this gap in the knowledge of mankind.

He financed his early research through fiction writing. He became one of the most highly demanded authors in the golden age of popular adventure and science fiction writing during the 1930s and 1940s, interrupted only by his service in the US Navy during World War II.

Partially disabled at the war's end, Ron applied what he had learned from his researches. He made breakthroughs and developed techniques which made it possible for him to recover from his injuries and help others to regain their health. It was during this time that the basic tenets of Dianetics technology were codified.

In late 1947, he wrote a manuscript detailing his discoveries. It was not published at that time, but circulated amongst Ron's friends, who copied it and passed it on to others. (This manuscript was formally published in 1951 as *Dianetics: The Original Thesis* and later republished as *The Dynamics of Life*.) The interest generated by this manuscript prompted a flood of requests for more information on the subject.

Ron provided all his discoveries to the American Psychiatric Association and the American Medical Association. Despite the fact that his work would have benefited them and society immensely, they ignored his research and continued on with their archaic activities.

Meanwhile, the steadily increasing flow of letters asking for further information and

requesting that he detail more applications of his new subject resulted in Ron spending all his time answering letters. He decided to write and publish a comprehensive text on the subject—*Dianetics: The Modern Science of Mental Health*.

With the release of *Dianetics* on 9 May 1950, a complete handbook for the application of Ron's new technology was broadly available for the first time. Public interest spread like wildfire. The book shot to the top of the *New York Times* bestseller list and remained there week after week. More than 750 Dianetics study groups sprang up within a few months of its publication.

Ron's work did not stop with the success of *Dianetics* but accelerated, with new discoveries and breakthroughs a constant, normal occurrence. In his further research he discovered the very nature of life itself and its exact relationship to this universe. These discoveries led to his development of Scientology, the first workable technology for the improvement of conditions in any aspect of life. Scientology encompasses techniques which can help increase a person's success in his own personal relationships, at his work and in his day-to-day activities.

Through the 1960s, 70s and into the 80s, he continued his research and writing, amassing an enormous volume of material totaling over 60 million words—recorded in books, manuscripts and taped lectures. Today these works are studied and applied daily in hundreds of Scientology churches, missions and organizations around the world.

With his research fully completed and codified, L. Ron Hubbard departed his body on 24 January 1986.

Ron's work opened a wide bridge to understanding and freedom for mankind. Through his efforts, there now exists a totally workable technology with which people can help each other improve their lives and succeed in achieving their goals.

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TIRED OF THE OLD ANSWERS?

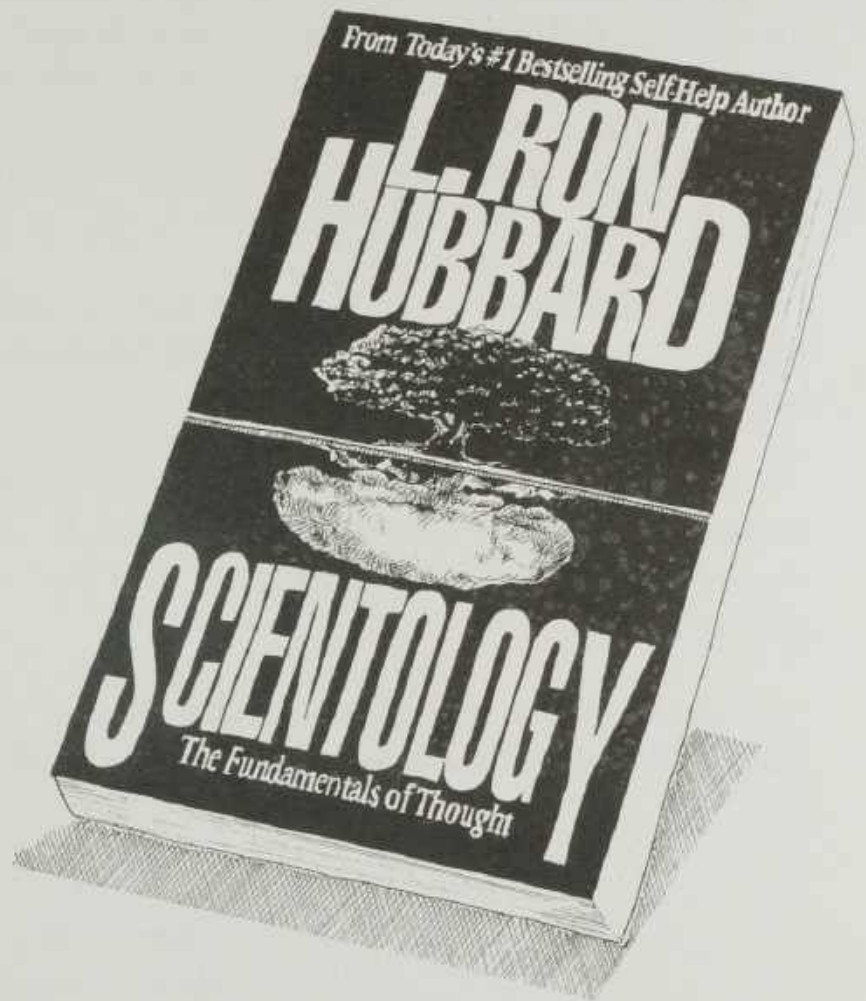
WE CAN PUT A MAN ON THE MOON, OR MAKE COMPUTERS THE SIZE OF A BRIEFCASE, YET WE CAN'T SOLVE DRUG ADDICTION, BROKEN HOMES, LONELINESS, CRIME AND WAR. THE OLD SOLUTIONS HAVEN'T WORKED.

BELIEVE IN YOURSELF. IT'S YOUR LIFE. IT'S YOUR WORLD. YOU CAN MAKE IT BETTER. READ THE BOOK THAT GIVES YOU REAL KNOWLEDGE ABOUT HOW LIFE WORKS AND HOW TO IMPROVE IT: *SCIENTOLOGY: THE FUNDAMENTALS OF THOUGHT* BY BESTSELLING AUTHOR L. RON HUBBARD.

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BY L. RON HUBBARD

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**"I AM ALWAYS HAPPY TO HEAR
FROM MY READERS."**

L. RON HUBBARD

These were the words of L. Ron Hubbard, who was always very interested in hearing from his friends and readers. He made a point of staying in communication with everyone he came in contact with over his fifty-year career as a professional writer, and he had thousands of fans and friends that he corresponded with all over the world.

The publishers of L. Ron Hubbard's works wish to continue this tradition and welcome letters and comments from you, his readers, both old and new.

Additionally, the publishers will be happy to send you information on anything you would like to know about Ron, his extraordinary life and accomplishments and the vast number of books he has written.

Any message addressed to the Author's Affairs Director at Bridge Publications will be given prompt and full attention.

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