

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex  
HCO BULLETIN OF 13 FEBRUARY 1972

Remimeo  
Dianetic Course  
Class VIII Course  
Auditors  
C/Ses  
Tech & Qual  
Dianetic Counseling Groups

***URGENT – IMPORTANT***

**R3R CHANGES**

The following changes in R3R are now in effect:

**R3R FLOW ONE COMMAND**

The Flow One command is now made NON-permissive as it was too permissive and could have a pc running some other flow than Flow One.

FLOW ONE is now “**Locate an incident of another causing you...** (somatic, feeling or item assessed.)” Going earlier: “Is there an earlier incident of another causing you... (item)?”

Flow Two and Three commands remain as stated on HCOB 8 Mar 71 Precision Dianetics.

**NARRATIVE R3R**

As stated in HCOB 2 Apr 69 revised 14 May 69 “Dianetic Assists” a narrative item is often run to run out the physically painful experience the person has just undergone, accident, illness, operation or emotional shock. This erases the “psychic trauma” and speeds healing to a remarkable degree.

The commands for Narrative R3R are:

FLOW ONE: “Locate the time when you had/were... (brief statement of incident.)”

FLOW TWO: “Locate a time you caused another to have/to be...(incident.)”

FLOW THREE: “Locate a time others caused others to have/to be...(incident.)”

For Secondaries it would be:

FLOW ONE: “Locate the time when you lost a/your... (item).”

FLOW TWO: “Locate a time you caused another to lose a...(item).”

FLOW THREE: “Locate a time others caused others to lose a...(item).”

**Always run narrative incidents *triple* flow as above.**

### **CHANGE OF R3R PROCEDURE – COMMANDS THREE AND FIVE**

Telling a pc to move to an approximate date he has just given moves him wrong. Example: PC, “80 trillion years.” (But it is 80,279,364,971 years.)

The pc will go wrong on the track if the auditor says “Move to 80 trillion years.” This is handled by the following changes:

STEP THREE is now this **exact** command, “**Move to that incident.**”

STEP FIVE is now this **exact** command, “**Move to the beginning of that incident.**”

The rest of R3R Procedure 1-9 stays exactly as already stated in the HCOBs. The only commands changed are STEP THREE and STEP FIVE as per this bulletin.

However, realize that the pc must give a date. **This is what turns on the picture** in many cases, so Step Two is not altered.

And DURATION always turns on the picture. If it's omitted, the pc might run black or no-picture. This (duration) solved pcs who ran black – no picture. So Steps Four and Seven are not altered.

The ONLY steps changed are Steps Three and Five per this HCOB.

### **DIANETIC DRILLS TR 101-104 AND 109, 110, 117, 118**

The commands as given in this HCOB are the **only** changes effecting the above mentioned Drills. Do these drills with the changes made by this HCOB.

Compiled from the notes of  
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