

Issue  
175  
MAJOR

*Ability*<sup>®</sup>

# *RELEASES*

THIS ISSUE CONTAINS AN  
ARTICLE BY L. RON HUBBARD  
OF IMPORTANCE TO YOU:

**STATES OF BEING  
ATTAINED BY  
PROCESSING**

**COURSES CONGRESSES  
BOOKS**

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## PRECLEAR WHO HAVE BEEN AUDITED BEFORE

Any preclear who has been audited before must first be checked out for former release.

If the preclear is found to have attained Release in former auditing, the preclear then, is audited in the Hubbard Guidance Center to a complete rehabilitation of this state.

## PRECLEAR WHO HAVE NEVER BEEN AUDITED BEFORE

People who have never been audited before are audited in the Hubbard Guidance Center.

If at any time in such auditing, the state of First Stage Release is attained, the next Level of auditing will be run.

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# STATES OF BEING ATTAINED BY PROCESSING

## Types of Releases

The states of Release differ in that one is more stable than another.

The Reactive Mind (known also as the R6 Bank) can only be audited out by someone who is trained up to Class VI. When the Reactive Mind is fully audited out (erased completely), one has a Clear.

When a Clear has been refamiliarized with his capabilities, you have an Operating Thetan (an O. T.).

A Release, then, is pulled OUT of his Reactive Mind.

A Clear has fully erased his Reactive Mind.

An Operating Thetan is one who is Cause over Matter, Energy, Space and Time and is not in a body.

The degree and relative permanence of being pulled out of the Reactive Mind determines the state of Release.

There are numerous things that can pull one back into the Reactive Mind.

These are: (1) Locks, (2) Secondaries, (3) Engrams, (4) The Whole Time Track.

### LOCKS

By reducing locks, as in Levels 0 to 1V, we then remove the ability of locks to pull the being back into his R6 Bank.

Locks are mental image pictures of non-painful, but disturbing experiences the person has experienced. They depend for their force on secondaries and engrams.

Thus, one who has had his locks reduced is a RELEASE, Grade 0-1V (Grade 0 - Communications Release, Grade 1 - Problems Release, Grade 2 - Relief Release, Grade 3 - Freedom Release, Grade 4 - Ability Release.)

## SECONDARIES AND ENGRAMS

When a being has had the secondaries and engrams reduced, he is far less likely to be pulled into the Reactive Mind than if he has just had their locks reduced.

Secondaries are mental image pictures containing misemotion (grief, anger, apathy, etc.,). They contain no pain. They are moments of shock and stress and depend for their force on underlying engrams.

Engrams are mental image pictures of pain and unconsciousness the person has experienced.

When these are reduced, one has a 5th Grade Release.

(POWER RELEASE)

## THE WHOLE TRACK

Bits and pieces of the whole track remain after the locks, secondaries and engrams are reduced. These bits inhibit the being from recovering knowledge.

The Whole Track is the moment to moment record of a person's existence in this Universe in picture and impression form.

When these bits are cleaned up, a being is a 6th Grade Release ( WHOLE TRACK RELEASE)

## EXTERIOR

If a being has reached a Grade of Release, and has also become exterior to his body in the process, we simply add "O.T" to the stage of Release. It is secondary in importance to the fact of being a Release. As soon as the being seeks to exert his "O.T" powers, he tends to restimulate his R6 Bank and so goes back into his body.

## PROCESSES

Many processes, all below Class V, make Grade 0-1V Release. We have been making them for 15 years. When audited on low level grades after being released by them, the person goes into his secondaries and engrams. He can be fished back out again by modern technology and can easily regain the state of Grades 0-1VRelease.

Power Processes alone can be run on a Grade 0-1V Release. These vanquish the secondaries and engrams. This requires very expert Class VII auditors, as it is touchy work. These make a 5th Grade Release.

In doing the earlier Power Processes, the preclear often attains Grade 0, 1, 2, 3, or 4 Release or Grade 0, 1, 2, 3 or 4, Release O. T. Only doing all the basic Power Processes (including one called Pr Pr 6) make a V Grade Release.

Certain Advanced Power Processes make a Va Grade Release. These mainly recover knowledge and smooth out one's understanding of the awareness of the environment, achieved by V Grade Release.

#### CLEAR - THE R6 BANK

When a being has been trained up to Class VI and has been given the materials of the basic Reactive Mind to audit out, (they took years to find and are too complex to be tackled without training and the actual patterns) he can then attain the state of Clear.

The Reactive Mind is composed of significances and masses as old as the Universe itself and is the basic cause of the decline of the individual. Each person has his own basic bank, but they are all exactly alike. The materials are quite useless and inhibiting.

A Clear is not under the great stress of this bank and so can be free. He uses his own basic purposes, and is, for the first time, wholly himself.

#### OPERATING THETAN

This state of being is attained by drills and familiarity after the state of Clear has been obtained.

A real O. T. has no Reactive Bank, is cause over Matter, Energy, Space, Time and Thought, and is completely free.

#### SUMMARY

This HCO Bulletin contains a brief description of each of the States of Being one can recover by processing. This is the first time they have ever been isolated and crisply defined. These are all the states there are except for homo sapiens and animal and we know too much about those already.

# READ DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH

BY L. RON HUBBARD

This book gives a further description of Locks, Secondaries, Engrams and Releases (called Clears when the book was written in 1950).

Dianetics is the beginning level of Scientology. This book is the basic text of any Scientology student and needs to be thoroughly studied.

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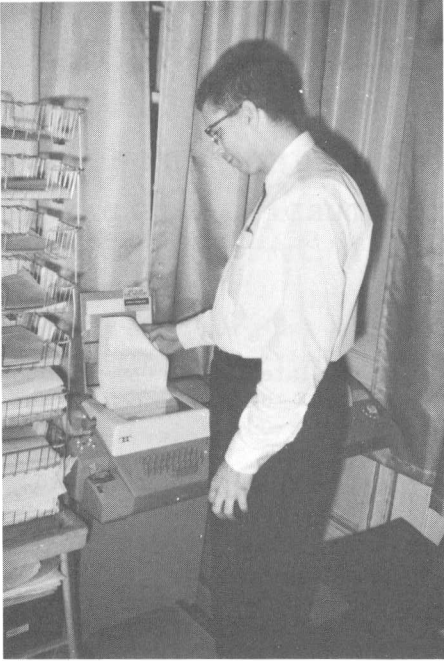
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LRH Communicator, Bonnie Turner, receives telex message that the first two Class VII auditors in the world are being sent to exactly duplicate Saint Hill's Tech and Qual Divisions in Washington, D. C.

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Left to right: Acting Organization Executive Secretary, John H. Higginbotham, Jr., HAA Class IV; Acting HCO Executive Secretary Donna Fisk Reeve, HSS Class VI; Acting Technical Secretary Carolie Jean (Candy) Lambright, HGA Class VII; Acting Qualifications Secretary Esther Mangold, HGA Class VII. John and Donna are congratulating Candy and Esther for their attainment of Class VII at a staff meeting in Washington, D. C.





Candy gives HGC Auditor Calvin Drennen, HAA Class IV, a check-out on the latest HCO Bulletin. Cal is our first auditor to rehabilitate a pc on all Grades of Release, 0 through IV.

HCO Area Secretary Natalie Fisher, HCA, Honorary Provisional Class VI, takes a telex message from Director of Processing Pem Wall, HSS Class VI. Pem is answering a technical query from Twin Cities.



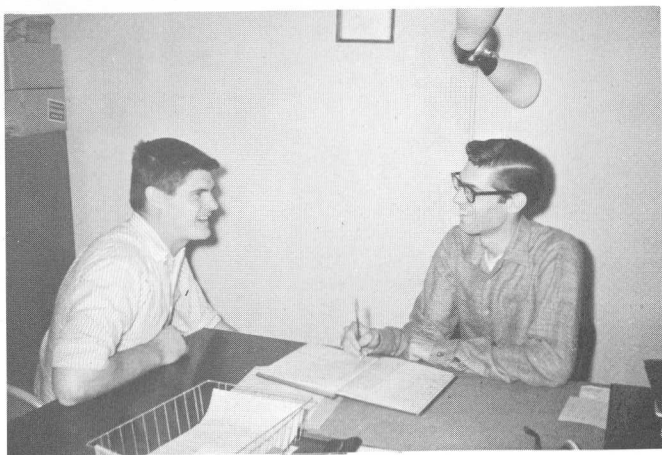
Esther presents Release certificate and pin to Mary Lou De Vries, a student on the HRS Theory course. Looking on is Salisbury B. B. Filbert, who released Mary Lou in doing his auditing requirements for Classification at Level 0.

Foundation Receptionist and Registrar Kitty Napolitano, HPA Class III, shows Mary Lou the all-time best seller, DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH.



Marie and Jack Perrin do a Practical drill for their HPA Classification course.

Director of Training Fred Payer, HSS Class VI, interviews HCA student Brian Page. Brian will be an HGC auditor when he completes his training.





Acting HCO  
Dissemination  
Secretary Sheila  
Aldrich, HSS  
Class VI, is doing  
Ability magazine  
make-up.

Acting Distribu-  
tion Secretary Joe  
Breeden, HAA  
Class IV (Saint  
Hill) interviews  
Dan Gilham, HAA  
about becoming a  
Field Staff Mem-  
ber. Dan is cur-  
rently in the Founda-  
tion Academy  
HAA Classifica-  
tion course.



# DUE TO EXPANSION

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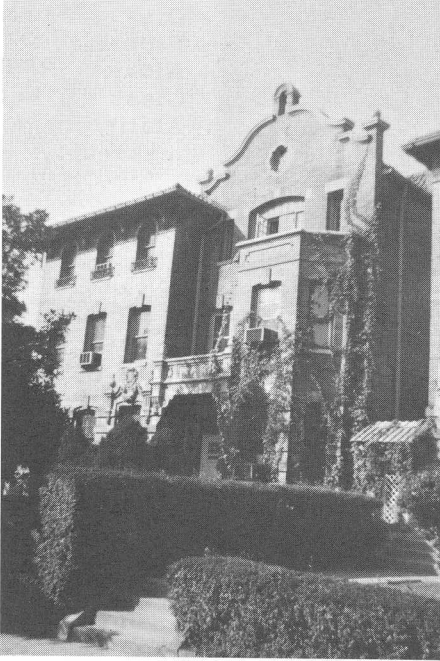
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offices. The building in  
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Studying - Data Assimilation
- Reel 2 - A Summary of Study  
Study - Gradients and Nomenclature
- Reel 3 - Study - Evaluation of Information  
Study and Education
- Reel 4 - Review of Study  
Gradients

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Sussex, England.

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