

*The*

**Technical Bulletins**

*of*

**Dianetics and Scientology**

*by*

**L. Ron Hubbard**

FOUNDER OF DIANETICS AND SCIENTOLOGY

**SPECIAL RUNDOWNS**

**Volume**

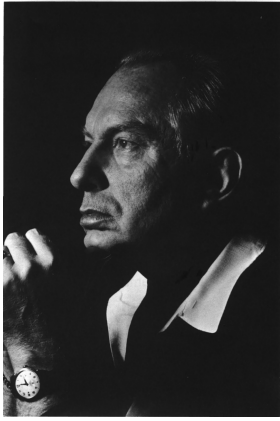
**XV**

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*I will not always be here on guard.  
The stars twinkle in the Milky Way  
And the wind sighs for songs  
Across the empty fields of a planet  
A Galaxy away.*

*You won't always be here.  
But before you go,  
Whisper this to your sons  
And their sons —  
"The work was free.  
Keep it so."*

**L. RON HUBBARD**



**L. Ron Hubbard**

*Founder of Dianetics and Scientology*

## TABLE OF CONTENTS

<b>Editors Note</b> .....	1
<b>The “L” Rundowns</b> .....	2
Purpose Of The L Rundowns.....	3
Setup .....	3
Method 6 .....	3
References To L Rundowns .....	4
L Rundown Chronological.....	4
The Fabulous L10 .....	7
Prerequisites.....	7
Assessment Method .....	7
L10 EP .....	7
History Of L10.....	7
Psychosis, More About .....	8
L Rundowns - Handling Of Evil Intentions .....	9
Running Intentions.....	12
<b>L 10</b> .....	13
Class X Checksheet.....	14
L 10 Checklist Of Rundown Steps.....	25
L 10 Full Program .....	26
L 10 Program Assessment Theory .....	33
Program Assessment Chart .....	34
Program Assessment Handling Sheet .....	35
Considerations Rundown .....	44
“No Overts” Cases .....	45
The Character Of Man .....	47
The Overt-Motivator Sequence.....	47
The Confessional Procedure .....	49
L10 Repowered O/W Commands .....	49
Justification.....	51
Lessening The Size Of An Overt .....	52
LTA (Low Tone Arm) Omissions Assessment.....	53
LTA (Low Tone Arm) Nouns Assessment .....	55
Extracted Items Handling.....	56
Purpose S&Ds .....	57
Motivator Assessment.....	59
Overt Assessment.....	62
Others To Others Assessment .....	65
Self To Self Assessment .....	68
Multiple Flow Evil Purpose Rundown .....	71

First Dynamic Nouns .....	72
Second Dynamic Overts Assessment.....	73
Second Dynamic Motivator Assessment .....	74
Sex As A Solution.....	75
Second Dynamic Nouns.....	76
Greatest Overt L&N.....	77
Third Dynamic Overts Assessment.....	78
Third Dynamic Motivator Assessment .....	80
Third Dynamic Others To Others Assessment.....	82
Third Dynamic Self To Self Assessment .....	83
Enemy Rundown.....	83
Third Dynamic Nouns.....	83
Fourth Dynamic Overts Assessment.....	85
Fourth Dynamic Nouns .....	86
Mest/Life Assessment.....	87
Connections Assessment.....	88
Basic Dynamic Rundown.....	89
Lie Rundown.....	90
Seventh Dynamic Assessment .....	91
Seventh Dynamic Nouns.....	92
Eighth Dynamic Assessment .....	93
Eighth Dynamic Nouns .....	94
Result Assessment .....	95
Repair Assessment .....	98
<b>L 11 .....</b>	<b>100</b>
Introduction.....	101
L 11 Theory.....	102
L 11 Program .....	103
High And Low TA Breakthrough .....	104
Hi-Lo TA Assessment Rules.....	108
Low TA Assessing .....	109
37R Procedure Summary .....	110
Justification.....	115
C/S Instruction For Justification Step .....	116
L 11 Expanded .....	118
<b>L 12 .....</b>	<b>119</b>
Extroversion Rundown Program.....	120
Repair Assessment For Date/Locates.....	122
L 12 Identities Assessment .....	123
Beams Theory .....	131
Beam Rundown.....	132

L 12 Repair Assessment.....	134
<b>The New Vitality Rundown.....</b>	<b>135</b>
Theory Of The Rundown .....	136
Two-Way Communication Techniques .....	136
Two Way Comming Traits .....	137
Other Two Way Comms .....	137
End Phenomena .....	137
Notes On Programming .....	138
<b>The Bright Think R/D.....</b>	<b>139</b>
Revivification.....	140
NED For OTs Series 21 - Revivication .....	141
The Bright Think Rundown .....	143
<b>Super Power .....</b>	<b>152</b>
Introduction To Super Power.....	153
The Condition Below Confusion .....	154
8th Dynamic Processes .....	155
Ethics Repair List.....	158
The Eighth Dynamic Viewpoint .....	163
The Actual Super Power Process .....	164
<b>OT Objectives.....</b>	<b>165</b>



## **EDITORS NOTE**

The materials presented in the volume relate to case actions which are primarily delivered by the Flag Land Base of the Church of Scientology. Security within this organisation is very high and until now very little of the original bulletins has been liberated from this organisation.

The contents of this volume represent the best possible reconstruction of materials relating to many of the case actions performed by the above organization. They have been sourced from the memories of people who were trained and operated there and where any original relevant materials exist outside the Church, these are also included.

Until such time as the original bulletins become available, these materials must be accepted and used 'as-is'. No warranty is given or implied by the provision of this volume. Users accept that they apply these materials as presented at their own risk.

If the original bulletins should become available at a future date then a revision of this volume will be issued which incorporates those bulletins.

The Editor





# THE “L” RUNDOWNS

## **INTRODUCTION**

The L's were developed as a result of research into the levels above OT VIII. The success of the L's is startling. These rundowns can handle things that are handled nowhere else. The breakthrough which exists here technically is so strong that it actually cuts through the normal protective mechanisms of the mind. It came actually from the OT Grades. It answers the question - Why does an OT restrain himself and cease to behave as an OT?

Each rundown is designed to terminatedly handle a specific area of a person's case. The L's are not grades in themselves but incredible boosters. The basic tech comes from research into increasing OT powers. They're a special class of rundown; they increase a person's power and effectiveness. Part of the discovery was that this tech could be used lower down on the Bridge to get people up it faster - very much faster. The L's address the basics of a thetan's case directly. They undercut the reactive mind and handle those factors which suppress the capacity to actually Do, Be and Have. They remove those things that can make a person less himself and far less powerful and causative as a thetan. These rundowns are designed to find and erase the basic counter intentions along one's dynamics. They stabilize a case.

The L's require an expert to run them. The auditor's TRs have to be perfect and there is no room for flubs. So don't audit these rundowns on a pc or preOT until your auditing is flawless.

### **PURPOSE OF THE L RUNDOWNS**

The Ls are intended to handle out-valence and evil purpose cases. We are handling main areas of resistiveness that are stopping the person from expanding. On L10 we handle the main valences that make him restrain his havingness. On L11 we handle evil purposes that keep him from acting. On L12 we stabilize his certainty of being himself. The 3 Ls roughly divide into Have (L10), Do (L11), and Be (L12).

Our main targets are valences and Evil Purposes. We will gradually make the person realize that they are not him and thereby free him from them. The Ls are tailored to the individual. Every pc might not need all the steps, some pcs need extra steps. Particularly L10 doesn't have a fixed program, but contains a number of different possible ways of getting items.

### **SETUP**

In all the "L" Rundowns (L10, L11, and L12) the pc or preOT is fully set up first with a C/S 53 and GF40 expanded if needed.

### **METHOD 6**

The L type of assessment is Method 6.

Method 6 is addressed directly to the thetan, not to the bank. The auditor looks directly at the pc and says the question or item. That bypasses bank protective mechanisms.

A question is asked as a question, going up in the end as in regular assessment TRs. However, on most of the L Rundowns we are assessing in a declarative manner. Declarative is when one goes down in pitch rather than up at the end. Going through a list of possible valences we would declare each one directly to the pc with full intention. We are not asking, we are looking for a reaction on that item.

Earlier M6 was done in an accusative manner. That was later revised to be a declarative manner.

## **REFERENCES TO L RUNDOWNS**

ACCELERATION PROCESS, this was an experimental rundown run in 1970-1971. It consisted of running down prior ARC breaks preceding engrams; it was superseded by L-10 and Expanded Dianetics. Mentioned in HCOB 21 Dec 69, Solo Auditing and R6EW. (LRH Def. Notes)

CLASS X, an advanced Scn course available only on Flag. It teaches L-10 OT, an upper level rundown whose basic tech comes from research into increasing OT powers. (CG&AC 75)

CLASS XI, an advanced Scn Course, available to Sea Org auditors only and is taught on Flag. It teaches L-11, the New Life Rundown and L-11X, the New Life Expansion Rundown. (CG&AC 75)

CLASS XII, an advanced Scn course available to Sea Org auditors only and is taught on Flag. It teaches L-12, the Flag OT executive Rundown. (CG&AC 75)

L-10, there are now three L-10s: L-10S for "short," L-10M for "medium," for those not yet OT, and L-10-OT for those on OT grades III or above. (LRH OODs Command Item, 17 May 71)

L-10M, the Flag OT Executive Rundown, delivers OT capability to executives being trained on Flag. The technical name of it is "L-10M." (HCOB 8 Jun 71 II) [Now called L-12 per CG&AC 75.]

L-10-OT, an upper level rundown whose basic tech comes from research into increasing OT powers. (CG&AC 75)

L-12, the Flag OT Executive Rundown. (CG&AC 75) See also L-10M .

## **L RUNDOWN CHRONOLOGICAL**

HCOB 27 Sept 1966 The Anti Social Personality

Psychosis Research Cases October 1971 to March 1972 (source of L 10)

HCOB 28 Nov 1970 Psychosis

HCOB 28 Dec 1970 L10 Result Assessment

HCOB 18 Jan 1971 L10 1 Motivator List

HCOB 19 Jan 1971 L10 2 Overt List

HCOB 20 Jan 1971 L10 Others To Others

HCOB 22 Jan 1971 The Fabulous L-10

HCOB 1 Feb 1971 L10 2D 1 and 2

HCOB 7 Feb 1971 L10 G Group Approach L10

HCOB 8 Feb 1971 L10 PA (Program Assessment) Handling Sheet

HCOB 25 Mar 1971 How to Extract Items for O/Ws from L10 W/S

HCOB 25 Mar 1971 L10 Prerequisites

HCOB 25 Mar 1971 Re: Auditing Requisite of Auditors Auditing L10

HCOB 27 Mar 1971 Considerations Rundown

HCOB 10 May 1971 F/N Style

HCOB 11 May 1971R Evil Lives

HCOB 11 May 1971 L10 Slows

HCOB 3 June 1971 C/S Series 37R High and Low TA Breakthrough

Tape Recording 7 June 1971 Briefing to Class 10's AND C/S's

Tape Recording 12 June 1971 Welcome to the Flag Intern Course

HCOB 15 June 1971 C/S Series 37R Addition Hi-Lo TA Assessment Rules

HCOB 16 June 1971 R C/S Series 37R Addition 2R Low TA Assessing

HCOB 17 June 1971 The L9S Rundown

HCOB 17 June 1971 See HCOB 9 May 1977 Psychosis, More about

HCOB 22 June 1971 End Phenomena of L10S

HCOB 25 June 1971 Major L10 Errors

HCOB 25 June 1971 L10 General Notes

HCOB 26 June 1971 C/S Series 37R Addition 3

HCOB 26 June 1971R Full Lie Rundown

HCOB 26 June 1971 The Connections List

HCOB 27 June 1971 MEST RD Lists

HCOB 27 June 1971 L10 RA (Results Assessment) Handling Sheet

HCOB 27 June 1971R L10 Checklist

HCOB 3 July 1971 Auditing by List (mentions Method 6)

HCOB 17 July 1971 C/S Series 51 Out Of Valence

HCOB 19 July 1971 C/S Series 52 Internes

HCOB 2 Aug 1971 The State of Clear and OT

HCOB 13 Aug 1971 L10 Training Prerequisites

HCOB 14 Sept 1971 Two Way Comm C/Ses for L10

HCOB 14 Sept 1971 L10 Program Assessment

HCOB 15 Sept 1971 Evil Purpose Multiple C/S

HCOB 15 Sept 1971 Greatest O/M (Overt/Motivator) RD C/S

HCOB 15 Sept 1971 Special C/S for L10 RA (Results Assessment) 33

HCOB 15 Sept 1971 Enemy R/D Multiple C/S

HCOB 17 Sept 1971 L10 Repowered O/W Commands

HCOB 17 Sept 1971 Data for Class X

HCOB 18 Sept 1971 Evil Purpose General

HCOB 18 Sept 1971 L10 Style Assessment

HCOPL 23 Oct 1971 Class X Checksheet

HCOB 23 Oct 1971 L10 Drills

HCOB 30 Nov 1971 L10 LTA (Low Tone Arm) Omission List

XDN Tape 1 - 30 March 1972 Expanded Dianetics

HCOB 31 March 1972 Expanded Dianetics Series 1 (first issue)

1 April 1972 Exp Dianetics Case B program started

2 April 1972 Exp Dianetics Case D program started

HCOB 2 April 1972 Exp Dianetics Series 3 L3 EXD Exp Dianetics Repair List

HCOB 3 April 1972 Exp Dianetics Series 2 Clearing Lists and R3R



XDN Tape 2 - 7 April 1972 Expanded Dianetics and Word Clearing

XDN Tape 3 - 7 April 1972 Auditor Administration

XDN Tape 4 - 7 April 1972 Illness Breakthrough

10 April 1972 Exp Dianetics Case C program started

14 April 1972 Exp Dianetics Case A program started

HCOB 15 April 1972 Expanded Dianetics Series 1R (reissued)

HCOB 20 April 1972 Exp Dianetics Series 4 Suppressed PCs and PTS Tech

HCOB 24 April 1972 Exp Dianetics Series 5 PTS Interviews

HCOPL 3 May 1972 Ethics and Executives (Exec. Series 12)

HCOB 10 May 1972 Robotism

HCOB 14 Feb 1975 L10 Prerequisites

HCOB 10 Aug 1976 R/Ses, What They Mean

HCOB 9 May 1977 Psychosis, More about (Excerpted from HCOB 17 June 1971)

HCOB 15 Nov 1978 Dating and Locating

## **THE FABULOUS L10**

L10 Rundown consists of a series of 23 different actions which address the reasons one withholds oneself or restrains oneself from action; fully handling these factors can increase a person's reach and power and free the individual into a whole new realm of ability and activity.

L10 is designed to handle the things a thetan uses to restrain himself. The person regains his ability and power to do those things he intends to do and as a result he feels more at cause than ever before. L10 is an action that really releases a person's power on the third and fourth dynamic. It takes off the stops that hold a person back on these dynamics.

L10 will boost the individual's confront and responsibility level and consequently raise his doingness level. The alternative name for L10 is The Cause Rundown

### **PREREQUISITES**

L10 is not restricted to only those who have completed OT III.

The only prerequisites to L10 are a complete Expanded Grades and NED Drug R/D. It may not be done in the Non-interference Zone between Grade VI R6EW and OTIII. It may be done after Grade Va, after OT III or after any individual OT level above OT III.

### **ASSESSMENT METHOD**

All assessing is done Method 6, the L10 method of assessing a list. You look at the pc or preOT and give him directly every item or question on the list. (Tape recording 7106C12)

### **L10 EP**

Freedom from self-restraint. A person's reach (havingness) is increased.

### **HISTORY OF L10**

In 1970 LRH tested an experimental process called "Acceleration" which consisted of running down prior ARC breaks preceding engrams.

During the period of late 1970 to early 1971, a pilot project called the "PTS Project" was undertaken under the direct supervision of LRH.

The result was a set of case actions which, if done standardly, could result in the release of a thetans' full potential. These actions were later known as the "L Rundowns".

For further study of the research line, one should consult the Psychosis Research Cases which were done in late 1970 to early 1971. These case histories should be read and understood as they provide the basis of L10.

### **METHOD 6 ASSESSMENT**

The L 10 method of assessing a prepared assessment is called Method 6. You look at the pc and ask him directly every question on the assessment. The reference to this is tape recording 7106C12 of 6 June 1971.

Read the line of the assessment while looking at the pc or read it to yourself and then say it while looking at the pc. The read will occur as an instant read as with Method 3 or 5 or more likely as the pc begins to respond to the assessment line or question. If a read or blow down occurs at either of these points, take up the line or question. If no read or blown down occurs, go to the next line or question.

The R-factor to the pc is: When I say the item (or assessment line) to you please respond with what ever comes to mind first.

Method 6 is NOT barking or shouting the item or line of an assessment at the pc. One says the item or line of an assessment to the pc in a normal inquisitive tone of voice.

### **PSYCHOSIS, MORE ABOUT**

All aberration is to a greater or lesser degree nonsurvival.

To be rid of major aberrations is to have a new life.

To understand this one must understand the most severe aberration which is psychosis.

The actual basis of all psychosis is motive. It is NOT competence or incompetence.

Below all psychotic conduct lies an evil purpose.

Because psychiatry and psychology did not have this single technical fact they defined psychosis as "incompetence," had the wrong target and so could not and never did understand psychosis and were thereby led into atrocities such as shocks and brain surgery. A true psychotic can be brilliant or stupid, competent or incompetent. It is his general motive or purpose that determines whether or not he is insane or sane. Famous psychotics like Napoleon, Ivan the Terrible, Stalin and Hitler were all quite brilliant yet wound up destroying everything in sight including their own people. They had a destructive basic purpose. Every psychotic has one. It is usually covert, hidden, but in full play against his unsuspecting friends.

The sole difference in motive is whether it is destructive or constructive.

Everyone has a basic purpose. The psychotic has a destructive one.

The test of a personality then, is whether the result of a person's activity is destructive or constructive.

Man is basically good. When he finds he is being too destructive he recognizes he is bad for others and seeks to leave. He will also try to become less powerful, ill or to kill himself.

The progress of psychosis then begins with a belief something is evil. This is followed with an effort to stop it. This stop becomes general. A basic purpose is then formed which contains an evil intent.

The being then goes on from disaster to disaster, seeking overtly or covertly to destroy everything around him.

At a guess about 15% to 25% of living human beings are psychotic and bring covert disaster to those around them and themselves.

The evil purpose is expressed by committing harmful acts and withholding them.

Ordinary overt/withhold processes, as in Grade II Expanded, can handle this condition providing the person can be audited and providing the evil purpose is also brought to view.

About 1/3rd of the psychotics handled in this way recover their sanity fully and lead constructive decent lives. Two-thirds are either so far gone or irresponsible hard to audit that they improve but are of little use.

Those already subjected to the brutalities of psychiatric "treatment" or psychological "counseling" are the most difficult.

Those who have been on drugs, particularly LSD 25 as developed by psychiatry "so their nurses would be able to experience what being insane feels like" around 1950, are very difficult cases.

## **L RUNDOWNS - HANDLING OF EVIL INTENTIONS**

According to theory, an R/S signifies overt acts and an underlying evil purpose.

The evil purpose precedes the overt acts and thus in order to fully blow the charge on the overt acts it is necessary to locate the evil purpose and get the charge off it. Sometimes it is necessary to get off the later overt acts and withholds in order to unburden the underlying purpose enough so that it can be found.

An evil purpose may simply pop into view or the pc will spot what it is when asked for it or it can be listed for. Finding an evil purpose is quite easy if there is one available to be found. (Some auditors or pcs may have had difficulty in the past in trying to find evil purposes. This is mentioned because a common reason for such difficulty was trying to find evil purposes when none existed.)

Often it is only necessary to find what the evil purpose is in order to discharge it. Sometimes the evil purpose needs to be date/located. A relatively unknown datum is

that an evil purpose is preceded by out ruds, usually heavy ARC breaks. If an evil purpose doesn't blow on date/locate, flying the prior out ruds, will blow it.

In earlier rundowns the subject of R/Ses and evil purposes became overly complicated and confused due to out tech and misapplication of tech. There are several reasons for this which should be covered here. To start with, many persons were accused of being evil or of having evil or hidden motives. Next, heavy emphasis on sec checking and on incorrect "justice" actions often resulted in persons being falsely accused of having "R/Sed" or of "having evil purposes." The practice of culling pc folders for statements that had previously R/Sed and then trying to "turn the R/S back on" or using these statements to list from to find an evil purpose very often led to pcs trying to find a non-existent evil purpose or being convinced that they must have an evil purpose. (Using culled statements from a pc folder has the liability that the statement and subject are probably no longer charged. Yet much sec checking and expanded dianetics was based on using such statements.)

The charge in such instances was on the buttons of invalidation, evaluation, accusation and wrong indications. Yet the BPC on those buttons was subject to another misinterpretation - it made it appear that because there was BPC, there must be overts or evil intentions. Pcs and auditors could easily assume that because it was so hard to find these evil intentions, they must be very hard to find and very hidden. But an evil purpose, like any other item in the bank, if it exists and is available to be run can be easily found and run!

Some BTs and clusters have an evil purpose which needs to be confronted and discharged before it can respond to the valence technique. Sometimes the BT blows on recognizing its evil purpose. If not, one then does the valence technique as usual.

### **PAST "R/S HANDLING"**

This method is not recommended. It is mentioned here so that you know of it. It consists of culling "R/S statements" from the pc's folders, then using these statements to try to "turn the R/S back on," find the BT/cluster that it read on and then find that BT/cluster's evil purpose.

There are several liabilities to this. The original "R/S" notation may be false because the auditor didn't know what an R/S looked like or had a faulty meter, faulty leads or the pc was wearing rings. The "R/S statement" may no longer be charged because whatever charge there was (and any BT/cluster) blew during the session in which the statement was made or in a subsequent session. (Much experience with the attempted use of "culled R/S statements" and "culled evil purposes" in sec checking and expanded dianetics has shown that such statements usually are not charged and at best result in protest or boredom on the pc's part.) Another point is that due to the high degree of suggestibility of BTs and clusters, the suggestion that these statements are charged and are connected to evil purposes can cause BTs/clusters to mock up wrong items. Finally, the method of culling these past statements and attempting to use them was not done during the original research of this level, nor were the research preOT's past folders consulted (nor were those folders available). So it "culling folders" is a purely theoretical, untested method. It had very poor results later when used on other preOTs.

Others may argue that not having all the pc's past folders and not culling them and using those statements is "not standard" and that "R/Ses could be missed." When using culled statements and past folders is what is actually non-standard!

### THE HANDLINGS

1. A) 2WC for areas of the preOT's life that he or she has difficulty with or that the preOT would like to be able to handle better or that the preOT feels hostile or antagonistic towards. Note charged areas.
- B) "On \_\_\_\_\_ (the reading area/subject) is there a BT or cluster with a (an): \_\_\_\_\_"
  - a) withhold?
  - b) overt?
  - c) missed withhold?
  - d) service facsimile?
  - e) harmful intention?
  - f) failed evil purpose?
  - g) evil purpose?
  - h) undisclosed impulse?
  - i) missed evil intention?
  - j) succumb postulate?
  - k) something missed?

Indicate the item if a purpose.

2. Start by doing an assessment of subjects belonging to the various dynamics. The auditor should add any specific subjects relating to the preOT. The following assessment is given as an example:

Preface with: Difficulty with \_\_\_\_\_ and assess method 5.

self  
person's name  
an identity  
sex  
perversion  
women  
men  
children  
wife  
husband  
relationships  
marriage  
friends  
associates  
colleagues  
bosses  
juniors  
groups

associations  
enemies  
mankind  
peoples  
government  
war  
trade  
business  
plants  
insects  
animals  
living things  
bodies  
matter  
energy  
space  
time  
physical universe  
planets  
galaxy  
the environment  
spirits  
beings  
entities  
ghosts  
priests  
religions  
the church  
beliefs  
god  
gods  
esthetics  
art  
spiritual phenomena  
spiritual power

B) Handle as given in B) above.

3. If an R/S turns on during an OT III or above session, one would normally simply continue the action one was doing. If the BT/cluster doesn't respond to the valence technique, ask if it has an evil purpose. You might have to pull overts or withholds until it can spot the evil purpose. If the evil purpose doesn't readily come off, have the preOT ask the BT/cluster "What evil purpose have you had?" (L & N). Then either the BT or cluster will blow or you return to valence technique.
  
4. You can date/locate clusters, checking for an earlier mutual incident and date/locating that and so on down to basic. Then handle any remaining BTs with the valence technique. A malevolent BT/cluster will usually need its evil purpose found before date/locating can be done.

In handling these subjects and areas above remember that man is basically good and that will help to avoid errors of the past!

## RUNNING INTENTIONS

For Preclears, intentions are run R3R. Check interest first to make sure it hasn't already blown because it was an LFBF F/N item from listing. If OK to run, clear and check for a read:

"Is there an incident containing the intention to \_\_\_\_\_?"

If it reads ask:

"Locate an incident containing the intention to \_\_\_\_\_?"

Now run 2-9, A-D of R3R to determine which flow the PC has found. If you have to go earlier, which you almost always will, state the flow in the "earlier" command:

"Is there an earlier incident where you took the intention to \_\_\_\_\_?"

This is if the Preclear had landed himself in Flow 1 on the first command. If the Preclear has landed in a Flow 2, 3 or 0, give the earlier command for that flow. Run this to Basic, VGI's, Cog, F/N and Postulate. Now check Flow 2 for a read and run it if it reads. Follow up with Flow 3 and 0.

F1        Locate an incident where you took the intention to \_\_\_\_\_.

EF1       Is there an earlier incident when you took the intention to \_\_\_\_\_?

F2        Locate an incident when you caused another to take the intention of \_\_\_\_\_.

EF2       Is there an earlier incident when you caused another to take the intention of \_\_\_\_\_?

F3        Locate an incident when another caused another or others to take the intention of \_\_\_\_\_.

EF3       Is there an earlier incident when another caused another or others to take the intention of \_\_\_\_\_?

F0        Locate an incident that caused you to have the intention of \_\_\_\_\_ toward yourself.

EF0       Is there an earlier incident that caused you to have the intention of \_\_\_\_\_ toward yourself?

or

F0        Locate an incident where you caused yourself to have the intention of \_\_\_\_\_ towards yourself.



EFO Is there an earlier incident when you caused yourself to have the intention of \_\_\_\_\_ towards yourself?

All these Flows are checked for reads and if reading are run R3R to F/N, VGI's, Cognition, Postulate and Erasure. This should handle the intention. If not, do an L4 on the original intention list and then an L3 on the R3R.



# L 10

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

HCO POLICY LETTER OF 23 OCTOBER 1971

Flag Only  
Class X Only

Only a full Class X  
may type or run off  
L-10 lists or materials

**CLASS X CHECKSHEET**

**FOR L-10 (EXPORT)**

**C O N F I D E N T I A L**

NAME: \_\_\_\_\_ DATE \_\_\_\_\_ STARTED:  
\_\_\_\_\_

ORG: \_\_\_\_\_ DATE \_\_\_\_\_  
COMPLETED: \_\_\_\_\_

This course may be taught only in an official Org which is qualified and specifically authorized to teach it.

Pre-requisite is successful completion and Internship of all levels up to and including Class IX.

Full completion of this checksheet including the auditing requirements entitles the student to the award of Class X Certificate.

Note: Students must be twinned in pairs. They remain twins for course study, Method 2 Word Clearing and for co-audit of the L-10 processes to L10 completion.

The skills of a Class X Auditor lie in flubless TRs, Two Way Comm, Metering, Comm Cycle, understanding and application of the Overt Motivator Sequence, and perfect assessments. Therefore this checksheet specifically covers these aspects before the student begin the L-10 section itself. Other actions required in setting up a pc for L-10 are fully covered in previous levels and are not part of this course.

This checksheet must be done in sequence, star-rated once through except Sections 7 & 8 (the actual L-10 materials) which are zero rated once through both sections and then word cleared Method 2 then star-rated.

\_\_\_\_\_

CLASS X CHECKSHEET - SECTION ONE - GENERAL

1. HCOPL 15 June 1970 Keeping Scientology Working \_\_\_\_\_
2. HCOPL 16 Apr 1965 The Hidden Data Line \_\_\_\_\_
3. HCOPL 19 Apr 1965 Ethics Training & Processing Regulations \_\_\_\_\_
4. HCOPL 27 May 1965 Processing \_\_\_\_\_
5. HCOPL 22 Nov 1967 Out Tech \_\_\_\_\_
6. HCOPL 23 July 1969 Auditor Assignment Policies \_\_\_\_\_
7. HCOPL 4 Feb 1970 PC Application for Major Actions \_\_\_\_\_
8. HCOB 4 Feb 1970 PC Application for Major Actions \_\_\_\_\_
9. HCOB 28 Apr 1971 Okays to Audit in HGCs \_\_\_\_\_
10. HCOPL 31 May 1968 Auditors \_\_\_\_\_
11. HCOPL 14 Oct 1968 The Auditors Code \_\_\_\_\_
12. HCOPL 2 Nov 1968 Additions to Auditors Code \_\_\_\_\_

CLASS X CHECKSHEET - SECTION TWO  
ETHICS AND LEGAL

1. HCOPL 1 July 1965 Ethics Chits \_\_\_\_\_
2. HCOPL 5 Apr 1965 The Basis of Insanity \_\_\_\_\_
3. HCOPL 7 Aug 1965 Suppressive Person, Main Characteristics \_\_\_\_\_
4. HCOB 28 Jan 1966 S&D Data, How a Suppressive Becomes One \_\_\_\_\_
5. HCOPL 1 Oct 1967 Uses of Orgs \_\_\_\_\_
6. HCOPL 27 Oct 1964 Policies on Physical Healing, Insanity and Potential Trouble Sources \_\_\_\_\_
7. HCOPL 26 Oct 1970 Institutional and Shock Cases Posting of Bonds \_\_\_\_\_
8. HCOPL 16 May 1970 Institutional and Shock Cases Petitions from \_\_\_\_\_
9. HCOPL 14 Dec 1970 Institutional and Shock Cases Petitions from Legal \_\_\_\_\_
10. HCOPL 12 July 1971 Parent or Guardian Assent Forms \_\_\_\_\_

CLASS X CHECKSHEET - SECTION THREE  
COMM - ITSA - TRs

- |     |                     |             |  |       |
|-----|---------------------|-------------|--|-------|
| 1.  | HCOB                | 23 May 1971 | The Magic of the Comm Cycle                                | _____ |
| 2.  | HCOB                | 23 May 1971 | The Two Parts of Auditing                                  | _____ |
| 3.  | HCOB                | 23 May 1971 | The Three Important Communication Lines                    | _____ |
| 4.  | Demonstrate in Clay |             | (a) Itsa   | _____ |
|     |                     |             | (b) The Itsa Maker Line                                    | _____ |
| 5.  | HCOB                | 23 May 1971 | Comm Cycles Within the Auditing Cycle                      | _____ |
| 6.  | HCOB                | 14 Aug 1963 | Lecture Graphs   | _____ |
| 7.  | HCOB                | 5 Nov 1965  | Lecture Graphs   | _____ |
| 8.  | HCOB                | 23 May 1971 | The Communication Cycle in Auditing                        | _____ |
| 9.  | Demonstrate in Clay |             | (a) Communication  | _____ |
|     |                     |             | (b) The Auditing Comm Cycle                                | _____ |
| 10. | HCOB                | 23 May 1971 | Auditor Failure to Understand                              | _____ |
| 11. | Demonstrate in Clay |             | (a) The Mechanisms of Invalidation                         | _____ |
|     |                     |             | (b) The Mechanics of Evaluation                            | _____ |
| 12. | HCOB                | 23 May 1971 | Premature Acknowledgements                                 | _____ |
| 13. | HCOB                | 5 Feb 1966  | Letting the PC Itsa  | _____ |
| 14. | Demonstrate in Clay |             | (a) What happens if the auditor lets the pc talk on and on | _____ |
|     |                     |             | (b) Premature Acknowledgement and what causes it           | _____ |
| 15. | HCOB                | 23 May 1971 | Comm Cycle Additives                                       | _____ |
| 16. | HCOB                | 23 May 1971 | Recognition of Rightness of the Being                      | _____ |
| 17. | HCOB                | 8 Mar 1962  | The Bad Auditor  | _____ |
| 18. | HCOB                | 12 Feb 1966 | The Dangerous Auditor                                      | _____ |
| 19. | HCOB                | 4 Aug 1963  | E-Meter Errors: Comm Cycle Error                           | _____ |
| 20. | HCOB                | 1 Oct 1963  | How to Get Tone Arm Action                                 | _____ |

- |     |                     |              |                                       |       |
|-----|---------------------|--------------|---------------------------------------|-------|
| 21. | HCOB                | 8 Oct 1963   | How to Get TA, Analysing Auditing     | _____ |
| 22. | HCOB                | 25 Nov 1963  | Dirty Needle                          | _____ |
| 23. | HCOB                | 3 Aug 1965   | Auditing Goofs, Blowdown Interruption | _____ |
| 24. | Demonstrate in Clay |              | (a) What makes the TA move            | _____ |
|     |                     |              | (b) What causes a dirty needle        | _____ |
| 25. | HCOB                | 25 June 1970 | Fishing a Realization                 | _____ |
| 26. | HCOB                | 10 July 1970 | 2-Way Comm - A Class III Action       | _____ |
| 27. | HCOB                | 3 July 1970  | C/Sing 2 Way Comm                     | _____ |
| 28. | HCOB                | 6 Nov 1964   | Styles of Auditing                    | _____ |
| 29. | HCOB                | 30 Apr 1969  | Auditor Trust                         | _____ |

TAPES

- |     |                     |              |                                   |       |
|-----|---------------------|--------------|-----------------------------------|-------|
| 1.  | 27 July 1954        |              | Two Way Comm and the PTP          | _____ |
| 2.  | 6 Oct 1954          |              | Two Way Comm                      | _____ |
| 3.  | 22 Oct 1954         |              | Two Way Comm                      | _____ |
| 4.  | 1 Nov 1954          |              | Two Way Comm                      | _____ |
| 5.  | 29 Nov 1954         | Two Way Comm | _____                             | _____ |
| 6.  | 14 Aug 1963         |              | Auditing Tips                     | _____ |
| 7.  | 15 Aug 1963         |              | The Tone Arm                      | _____ |
| 8.  | 20 Aug 1963         |              | The Itsa Line                     | _____ |
| 9.  | 21 Aug 1963         |              | The Itsa Line                     | _____ |
| 10. | 16 Oct 1963         |              | The Itsa Maker Line               | _____ |
| 11. | Demonstrate in Clay |              | (a) The Mechanics of Two Way Comm | _____ |
|     |                     |              | (b) Over restimulation            | _____ |
|     |                     |              | (c) Under restimulation           | _____ |

TRs

- |    |      |              |                            |       |
|----|------|--------------|----------------------------|-------|
| 1. | HCOB | 17 Apr 1961  | Training Drills Modernized | _____ |
| 2. | HCOB | 16 June 1971 | Rapid Tr - 2               | _____ |

3. HCOB 7 May 1968 Upper Indoc TRs \_\_\_\_\_
4. HCOB 16 Nov 1965 Commands for Upper Indoc TRs \_\_\_\_\_
5. HCOB 12 Jan 1959 Tone of Voice - Acknowledgement \_\_\_\_\_
6. HCOB 26 Apr 1971 TRs and Cognitions \_\_\_\_\_
7. HCOB 20 Feb 1970 Floating Needles and End Phenomena \_\_\_\_\_

TRs - PRACTICAL

- |              |       |        |       |
|--------------|-------|--------|-------|
| TR - 0       | _____ | TR - 4 | _____ |
| TR - 1       | _____ | TR - 6 | _____ |
| TR - 2       | _____ | TR - 7 | _____ |
| TR - 2 RAPID | _____ | TR - 8 | _____ |
| TR - 3       | _____ | TR - 9 | _____ |

CLASS X CHECKSHEET - SECTION FOUR  
RESPONSIBILITY AND THE O/M SEQUENCE

1. HCOB 1 Nov 1968 Overt - Motivator Definitions \_\_\_\_\_
2. Demonstrate in Clay (a) An Overt \_\_\_\_\_  
 (b) A Motivator \_\_\_\_\_
3. HCOB 18 Dec 1957 Psychosis, Neurosis, and Psychiatrists \_\_\_\_\_
4. HCOB 17 May 1958 Beingness Again \_\_\_\_\_
5. HCOB 17 Dec 1958 Basic Postulate of Overt Motivator Sequence \_\_\_\_\_
6. HCOB 7 May 1959 New Process theory \_\_\_\_\_
7. HCOB 23 Dec 1959 Responsibility \_\_\_\_\_
8. HCOB 21 Jan 1960 Justification \_\_\_\_\_
9. Demonstrate in Clay (a) Withhold \_\_\_\_\_  
 (b) The Overt Motivator Sequence \_\_\_\_\_  
 (c) The Mechanics of Justification \_\_\_\_\_



10.	HCOB 4 Feb 1960	Theory of Responsibility Processing	_____
11.	HCOB 4 Feb 1960	Overt Manifestations on a Low Toned Case	_____
12.	HCOB 18 Feb 1960	How to Run O/W and Responsibility	_____
13.	Demonstrate in Clay	(a) Responsibility	_____
		(b) Why a thetan restrains himself	_____
		(c) How O/W works	_____
14.	HCOB 25 Feb 1960	Scientology Can Have a Group Win	_____
15.	HCOB 9 June 1960	The Basic Assumptions	_____
16.	Demonstrate in Clay	(a) The mechanics of Out - of - Valence	_____
17.	HCOB 13 Aug 1962	Rockslams and Dirty Needles	_____
18.	HCOB 7 Dec 1964	PTPs, Overts and ARC Breaks	_____
19.	HCOB 4 Apr 1965	ARC Breaks and Missed Withholds	_____
20.	HCOB 29 Sept 1965	The Continuous Overt Act	_____
21.	HCOB 30 June 1967	Evidences of an Aberrated Area	_____
22.	HCOB 6 June 1969	Prediction and Consequences	_____
23.	HCOB 31 Dec 1959	Blow offs	_____
24.	HCOB 31 Jan 1970	Withhold, Other Peoples	_____

TAPES

1.	6001C01	SMC - 1	Opening Lecture	_____
2.	6001C01	SMC - 2	Responsibility	_____
3.	6001C01	SMC - 3	Overts and Withholds	_____
4.	6001C02	SMC - 4	A 3rd Dynamic in Scientology	_____
5.	6001C02	SMC - 5	Marriage	_____
6.	6001C02	SMC - 6	Group Processing	_____
7.	6001C03	SMC - 7	Zones of Control, Responsibility	_____
8.	6001C03	SMC - 8	Create and Confront	_____

- |     |   |         |   |       |
|-----|---|---------|---|-------|
| 9.  | 6001C03   | SMC - 9 | Your Case                                 | _____ |
| 10. | 6102C09   |         | Illness, Insanity and Axiom 2             | _____ |
| 11. | 6102C10   |         | Procedure, Duplication and What People Do | _____ |
| 12. | 6102C16   |         | Machinery and Games Thetans Play          | _____ |
| 13. | Write and essay on relationship of O/W sequence to Insanity, Valences and Cause Level |         |   | _____ |

CLASS X CHECKSHEET - SECTION FIVE  
PC OBNOSIS

- |     |  |  |   |       |
|-----|--|--|---|-------|
| 1.  | HCOB 26 Oct 1970   |  | Obnosis and the Tone Scale                    | _____ |
| 2.  | HCOB 19 June 1970  |  | C/S Series No. 8<br>Chart of Human Evaluation | _____ |
| 3.  | Chart  |  | Chart of Human Evaluation                     | _____ |
| 4.  | HCOB 18 Sept 1971  |  | Scales  | _____ |
| 5.  | HCOB 25 Sept 1971  |  | Tone Scale in Full                            | _____ |
| 6.  | HCOB 29 July 1964  |  | Good Indicators at Lower Levels               | _____ |
| 7.  | HCOB 26 Apr 1969   |  | Bad Indicators                                | _____ |
| 8.  | HCOB 28 Feb 1959   |  | Analysis of Cases                             | _____ |
| 9.  | Demonstrate in Clay  |  | How auditing affects Tone Level               | _____ |
| 10. | Drill: Walk around the Org. Observe and talk briefly to 10 people individually. Spot their tone levels and note down their mannerisms and characteristics by which you ascertained their levels. |  |   |       |

CLASS X CHECKSHEET - SECTION SIX  
METERING

- |    |                      |  |                          |       |
|----|----------------------|--|--------------------------|-------|
| 1. | E - Meter Essentials |  | Section F, The Needle    | _____ |
| 2. | HCOB 14 Jan 1963     |  | Rings Causing Rock Slams | _____ |
| 3. | HCOB 21 Jan 1964     |  | Breath and Body Action   | _____ |
| 4. | HCOB 5 Oct 1968      |  | ARC Break Needle         | _____ |
| 5. | HCOB 7 Oct 1968      |  | ARC Break Needle         | _____ |

- |     |                   |                         |       |
|-----|-------------------|-------------------------|-------|
| 6.  | HCOB 28 Feb 1971  | Meter Reading Items     | _____ |
| 7.  | HCOB 14 Mar 1971  | F/N Everything          | _____ |
| 8.  | HCOB 23 May 1971  | Metering                | _____ |
| 9.  | HCOB 24 Oct 1971  | False TA                | _____ |
| 10. | HCOB 10 Dec 1965  | E-Meter Coaching        | _____ |
| 11. | HCOB 16 June 1971 | Advanced E-Meter Drills | _____ |

E-METER DRILLS (per Book of E Meter Drills)

- |             |       |             |       |
|-------------|-------|-------------|-------|
| EM Drill 11 | _____ | EM Drill 12 | _____ |
| EM Drill 13 | _____ | EM Drill 14 | _____ |
| EM Drill 15 | _____ | EM Drill 16 | _____ |
| EM Drill 17 | _____ | EM Drill 18 | _____ |
| EM Drill 19 | _____ | EM Drill 20 | _____ |
| EM Drill 21 | _____ | EM Drill 23 | _____ |
| EM Drill 24 | _____ | EM Drill 27 | _____ |

Advanced E Meter Drill No. 2 (Per HCOB 16 June 1971) \_\_\_\_\_

CLASS X CHECKSHEET - SECTION SEVEN  
L - 10 ITSELF

- |    |                   |  |       |
|----|-------------------|--|-------|
| 1. | HCOB 22 Jan 1971  | The Fabulous L-10                                  | _____ |
| 2. | HCOB 25 Mar 1971  | Re: Auditing Requisite of Auditors<br>Auditing L10 | _____ |
| 3. | HCOB 13 Aug 1971  | L10 Training Prerequisites                         | _____ |
| 4. | HCOB 19 July 1971 | C/S Series 52 Internes                             | _____ |
| 5. | HCOB 25 Mar 1971  | L10 Prerequisites.<br>Setting Up a Pc for L10s     | _____ |
| 6. | HCOB 27 Sept 1966 | The Anti Social Personality                        | _____ |
| 7. | HCOB 28 Nov 1970  | Psychosis  | _____ |
| 8. | HCOB 17 Sept 1971 | Data for Class X                                   | _____ |

9.	HCOB 17 July 1971	C/S Series 51 Out Of Valence	_____
10.	Demonstrate in Clay	(a) Psychosis	_____
		(b) The Anti Social Personality	_____
		(c) How an SP Becomes One	_____
11.	HCOB 10 May 1971	F/N Style	_____
12.	Demonstrate in Clay	(a) What Stops an F/N	_____
		(b) What Happens if Each Item is Not Taken to F/N in L10	_____
13.	HCOB 18 Sept 1971	L10 Style Assessment	_____
14.	Demonstrate in Clay	(a) L10 Style assessment	_____
15.	HCOB 11 May 1971	L10 Slows	_____
16.	Demonstrate in Clay	(a) The effect of L10 on an improperly set up case	_____
		(b) The effect of slow TR-2 in L10	_____
		(c) The mechanics of a lie	_____
		(d) The effect of auditing over an evil life	_____
17.	HCOB 25 June 1971	Major L10 Errors	_____
18.	HCOB 25 June 1971	L10 General Notes	_____
19.	HCOB 25 Mar 1971	How to Extract Items for O/Ws from L10 W/S	_____
20.	HCOB 17 Sept 1971	L10 Repowered O/W Commands	_____
21.	HCOB 11 May 1971R	Evil Lives	_____
22.	HCOB 22 Sept 1966	Clear and OT	_____
23.	HCOB 2 Aug 1971	The State of Clear and OT	_____
24.	HCOB 22 June 1971	End Phenomena of L10s	_____
25.	WORD CLEARING	Word Clear Method 2 on all HCOBs in this Section	_____
26.	Demonstrate in Clay	(a) What is achieved by L10	_____

NOTE: The student should have completed his own L10 as a case before proceeding with section eight.

CLASS X CHECKSHEET - SECTION EIGHT  
L10 RUNDOWN

( The materials of this section constitute the “L10 Pack” one of which is issued for each Pc.)

- |     |                    |                            |       |
|-----|--------------------|----------------------------|-------|
| 1.  | HCOB 27 June 1971R | L10 Checklist              | _____ |
| 2.  |                    | Important Note             | _____ |
| 3.  |                    | Instruction Sheet          | _____ |
| 4.  |                    | Applicant for L10 Form     | _____ |
| 5.  |                    | Auditor C/S Attest Form    | _____ |
| 6.  | HCOB 27 Mar 1971   | Considerations Rundown     | _____ |
| 7.  | HCOB 14 Sept 1971  | Two Way Comm C/Ses for L10 | _____ |
| 8.  | HCOB 26 June 1971R | Full Lie Rundown           | _____ |
| 9.  | HCOB 14 Sept 1971  | L10 Program Assessment     | _____ |
| 10. | HCOB 8 Feb 1971    | L10 PA Handling Sheet      | _____ |
| 11. | HCOB 18 Jan 1971   | L10 1 Motivator List       | _____ |
| 12. | HCOB 19 Jan 1971   | L10 2 Overt List           | _____ |
| 13. | HCOB 18 Sept 1971  | E/Purpose General          | _____ |
| 14. | HCOB 20 Jan 1971   | L10 Others To Others       | _____ |
| 15. | HCOB 30 Nov 1971   | L10 LTA Omission List      | _____ |
| 16. | HCOB 15 Sept 1971  | E/Purpose Multiple C/S     | _____ |
| 17. | HCOB 15 Sept 1971  | Greatest O/M RD C/S        | _____ |
| 18. | HCOB 15 Sept 1971  | Enemy R/D Multiple C/S     | _____ |
| 19. | HCOB 1 Feb 1971    | L10 2D 1 and 2             | _____ |
| 20. | HCOB 7 Feb 1971    | L10 G Group Approach L10   | _____ |
| 21. | HCOB 27 June 1971  | MEST RD Lists              | _____ |
| 22. | HCOB 27 June 1971  | MEST RD Lists              | _____ |

- 23. HCOB 28 Dec 1970 L10 Result Assessment \_\_\_\_\_
- 24. HCOB 27 June 1971 L10 RA Handling Sheet \_\_\_\_\_
- 25. HCOB 15 Sept 1971 Special C/S for L10 RA 33 \_\_\_\_\_
- 26. HCOB 26 June 1971 The Connections List \_\_\_\_\_
- 27. Final Instructions \_\_\_\_\_
- 28. Word Clear Method 2 on the materials of this section \_\_\_\_\_

DRILLS: (Per HCOB 23 Oct 1971 L10 Drills)

- 1. TR X-1 (a) 2W/C \_\_\_\_\_ (b) \_\_\_\_\_
- 2. TR X-2 (a) L10 Style Assessment \_\_\_\_\_ (b) \_\_\_\_\_
- 3. TR X-3 (a) 6W O/W \_\_\_\_\_ (b) \_\_\_\_\_
- 4. TR X-4 (a) Consideration R/D \_\_\_\_\_ (b) \_\_\_\_\_
- 5. TR X-5 (a) Lie R/D \_\_\_\_\_ (b) \_\_\_\_\_
- 6. TR X-6 (a) L10 PA \_\_\_\_\_ (b) \_\_\_\_\_
- 7. TR X-7 (a) L10 Lists \_\_\_\_\_ (b) \_\_\_\_\_
- 8. TR X-8 (a) L10 LTA \_\_\_\_\_ (b) \_\_\_\_\_
- 9. TR X-9 (a) L10 2D 2 \_\_\_\_\_ (b) \_\_\_\_\_
- 10. TR X-10 (a) E/Purp \_\_\_\_\_ (b) \_\_\_\_\_
- 11. TR X-11 (a) E/Purp Mul \_\_\_\_\_ (b) \_\_\_\_\_
- 12. TR X-12 (a) Enemy R/D \_\_\_\_\_ (b) \_\_\_\_\_
- 13. TR X-13 (a) Great O/M \_\_\_\_\_ (b) \_\_\_\_\_
- 14. TR X-14 (a) Life R/D \_\_\_\_\_ (b) \_\_\_\_\_
- 15. TR X-15 (a) MEST R/D \_\_\_\_\_ (b) \_\_\_\_\_
- 16. TR X-16 (a) Connections R/D \_\_\_\_\_ (b) \_\_\_\_\_
- 17. TR X-17 (a) E/Purp Mul \_\_\_\_\_ (b) L10 RA \_\_\_\_\_

CLASS X CHECKSHEET - SECTION NINE  
C/SING CLASS X

A thorough knowledge of all the materials of this course is essential to the C/Sing of L10. In addition, the following are relevant.

1. HCOB 23 Aug 1971      Auditors Rights      \_\_\_\_\_
2. HCOB 16 June 1970      What the C/S is Doing      \_\_\_\_\_
3. HCOB 19 June 1970      Chart of Human Evaluation      \_\_\_\_\_
4. HCOB 3 July 1970      C/Sing 2W/C      \_\_\_\_\_
5. HCOB 21 Aug 1970      Session Grading      \_\_\_\_\_
6. HCOB 26 Aug 1970      Session Grading      \_\_\_\_\_
7. HCOB 8 Oct 1970      Persistent F/N      \_\_\_\_\_
8. HCOB 28 Nov 1970      Psychosis      \_\_\_\_\_
9. HCOB 28 Feb 1971      Metering Reading Items      \_\_\_\_\_
10. HCOB 6 Mar 1971      Long C/Ses      \_\_\_\_\_
11. HCOB 31 Mar 1971      Programming & Misprogramming      \_\_\_\_\_
12. HCOB 26 May 1971      Mixing Major Actions      \_\_\_\_\_
13. HCOB 21 Oct 1971      Intensive Programs      \_\_\_\_\_
14. HCOB 9 June 1971      Complete Cycles      \_\_\_\_\_
15. HCOB 19 June 1971      C/S Rules      \_\_\_\_\_
16. HCOB 19 June 1971      Declares      \_\_\_\_\_
17. HCOB 20 June 1971      The Supreme Test of a C/S      \_\_\_\_\_
18. HCOB 17 July 1971      Out of Valence      \_\_\_\_\_
19. HCOB 29 Mar 1970      Auditing and Ethics      \_\_\_\_\_

I attest that I have completed the above checksheet and that I understand and can apply the materials:

\_\_\_\_\_  
(Student)

\_\_\_\_\_  
(Supervisor)

Student has passed L10 written exam 100%

---

(Student Examiner)

L. RON HUBBARD  
Founder

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## L 10 CHECKLIST OF RUNDOWN STEPS

- 0. Clear auditor. \_\_\_\_\_
- 00. C/S 53. \_\_\_\_\_
- 000. R-factor on procedure. \_\_\_\_\_
- 01. Program Assessment. \_\_\_\_\_
- 02. Considerations Rundown. \_\_\_\_\_
- 03. Consideration General. \_\_\_\_\_
- 04. "No Overters" Case Handling. \_\_\_\_\_
- 05. The Character of Man. \_\_\_\_\_
- 06. Lessening the Size of an Overt. \_\_\_\_\_
- 07. LTA Omissions Assessment. \_\_\_\_\_
- 07a. LTA Omissions Nouns. \_\_\_\_\_
- 08. Extracted Items Handling. \_\_\_\_\_
- 09. Purpose S&D. \_\_\_\_\_
- 10. Motivator Assessment. \_\_\_\_\_
- 11. Overt Assessment. \_\_\_\_\_
- 12. Flow 3 Assessment. \_\_\_\_\_
- 13. Flow 0 Assessment. \_\_\_\_\_
- 14. Multiple Evil Purpose Rundown. \_\_\_\_\_
- 15. First Dynamic Nouns. \_\_\_\_\_
- 16. Second Dynamic Assessment 2D-1. \_\_\_\_\_
- 17. Second Dynamic Assessment 2D-2. \_\_\_\_\_
- 18. Sex as a Solution. \_\_\_\_\_
- 19. Second Dynamic Nouns. \_\_\_\_\_
- 20. Greatest Overt. \_\_\_\_\_
- 21. Third Dynamic Assessment 3D-1. \_\_\_\_\_
- 22. Third Dynamic Assessment 3D-2. \_\_\_\_\_
- 23. Third Dynamic Assessment 3D-3. \_\_\_\_\_
- 24. Third Dynamic Assessment 3D-0. \_\_\_\_\_
- 25. Enemy Rundown. \_\_\_\_\_
- 26. Third Dynamic Nouns. \_\_\_\_\_
- 27. Four Dynamic Assessment. \_\_\_\_\_
- 28. Fourth Dynamic Nouns. \_\_\_\_\_
- 29. MEST/Life Assessment. \_\_\_\_\_
- 30. Connections Assessment. \_\_\_\_\_
- 31. Basic Dynamic Rundown. \_\_\_\_\_
- 32. Lie Rundown. \_\_\_\_\_
- 33. Seventh Dynamic Assessment. \_\_\_\_\_
- 34. Seventh Dynamic Nouns. \_\_\_\_\_
- 35. Eighth Dyanamic Assessment. \_\_\_\_\_
- 36. Eight Dynamic Nouns. \_\_\_\_\_
- 37. Result Assessment. \_\_\_\_\_

## L 10 FULL PROGRAM

### STEP 0. CLEAR AUDITOR

Clear the auditor: "Look at me; who am I?" - repetitively to EP.

### STEP 00. C/S 53

R-factor: "We need to make sure you're all set up for this, so we'll assess a C/S 53 and take it to EP."

Assess C/S 53 and handle.

If a C/S 53 is not done, at least, be sure that the preclear's or preOT's ruds are in before beginning Step 01.

### STEP 01. PROGRAM ASSESSMENT

R-factor on the procedure: I am going to ask you each question. You may respond to the question and talk as long as you wish. The question is only taken up further if it reads and you are interested in the subject.

Ask the 1st question on the Program Assessment (Method 6, looking at the pc) with good impingement. Allow the pc to itsa while watching for reads on the meter.

If there is a read or reads while the pc talks about the first statement (enforcing communication on you), do the quad 2 w/c questions from the Program Assessment Handling Sheet.

If this is a hot area and you are doing the rundown on a PreOT or pc who can handle L&N, clear and list the L&N question (W/W would enforce communication on another?). List to one item and if it is a terminal, do the following procedure:

1. What does a \_\_\_\_\_ do?
2. What does a \_\_\_\_\_ withhold?

This unburdens the item so that now the intention can be listed.

L&N: What would be the basic intention of a \_\_\_\_\_?

If the intention is good:

2WC: What progress have you made on the intention \_\_\_\_\_?

If the intention is evil or destructive:

For Pcs:

Run the intention R3R Quad per the Expanded Dianetics instructions for running intentions.

For PreOTs:

Check for ownership: Yours, a BTs, A Clusters, anothers?

Yours: Quad Recalls or D/L

If the intention turns out to be also a righteous computation (ser fac item), one could first run:

1. What does \_\_\_\_\_ get a person into?
  2. What does \_\_\_\_\_ get a person out of?
  3. How does \_\_\_\_\_ help a person to win?
  4. How does \_\_\_\_\_ make others lose?
  5. How does \_\_\_\_\_ help a person to be powerful?
  6. How does \_\_\_\_\_ make others weak?
  7. What is right about \_\_\_\_\_?
  8. How could you use \_\_\_\_\_ to make others wrong?
- etc.

(If it turns out to be just a righteous comp and not an ev purp, one could just do the RC process.)

BT: Run the BTs intention chain to EP to a blow. If no blow, then Inc II/Inc I or NOTs handling to a blow if needed.

Cluster: Assess the Type of Incident Assessment to get the incident that formed the intention, date it, locate and run it if necessary earlier similar to a blow. If no blow, then standard OT III or NOTs cluster handling to a blow.

If another's: Locate who it is and handle as a BT above.

Now ask the next question on the Program Assessment and repeat the above procedure.

## STEP 02. CONSIDERATIONS RUNDOWN

Ask pc: "What considerations have you had concerning \_\_\_\_\_?" 2 WC to F/N.  
If no F/N: "Is there an earlier time when you had considerations about \_\_\_\_\_?"

Take up each question of the Considerations Assessment and handle as above.

## STEP 03. CONSIDERATIONS GENERAL

Ask pc: "Are there any other considerations that you have had and were unable to express?" "Any other considerations that you haven't mentioned?"

Clean up any out ruds as they show up.

#### STEP 04. "NO OVERTS" CASE HANDLING

Ref: HCO Bulletin of 22 OCTOBER 1970 Issue II "NO OVERTS" CASES

Occasionally you run into a case that "has never committed any overts." Such a person might, for example, never seem to have anything on F2. The proper way to do a Return (Progress) on this is GRADIENT SCALES, discussion of what a harmful act would be, who could be harmed. You'll find a kooky fixed idea like "thetans cannot be hurt" or "overts are their own fault," etc.

Thoroughly clear the word "harm."

2 w/c "How do you feel about the subject of harm?" to F/N (E/S if needed) and "What would harm somebody?" or "What would be a harmful act?"

Also 2 w/c "Who could be harmed?" If any out ruds show up, handle to F/N. The above 2 w/c questions can act as L&N questions. So handle by getting the item or correct with an Short L4.

#### STEP 05. THE CHARACTER OF MAN

Thoroughly clear the word "character."

2 w/c "Tell me about the character of Man" (to F/N)

#### STEP 06. LESSENING THE SIZE OF AN OVERT

Thoroughly clear the word "overt."

Have pc read "Justifications" bulletin and then 2wc "Tell me about lessening the size of an overt."

#### STEP 07. LTA (LOW TONE ARM) OMISSIONS ASSESSMENT

Thoroughly clear the word "consequences."

Ask each question on the list and when the pc has answered it ask: "What were the consequences of that?"

#### STEP 07A. LTA OMISSIONS NOUNS

#### STEP 08. EXTRACTED ITEMS HANDLING

If a person or thing keeps coming up as an item on the above assessments, do Quad Ruds and Overts on that person or thing. Then run "Can't Have/Enforced Have" (4 Flows) on it. Also the following 6 way O/W can be used:

1. Recall something\_\_\_\_\_has done to you?
2. Recall something you have done to\_\_\_\_\_?

3. Recall something\_\_\_\_\_has done to another or others?
4. Recall something another or others have done to\_\_\_\_\_?
5. Recall something\_\_\_\_\_has done to himself/herself?
6. Recall something you have done to yourself because of\_\_\_\_\_?

This step is repeated at the end of any step whenever you have accumulated more than 6 terminals on the L10 Extracted Items List.

#### STEP 09. PURPOSE S&D

#### STEP 10. MOTIVATOR ASSESSMENT

Ask each question on the Motivator Assessment M6 (if reading take it E/S to F/N).

Repeat Step 08 above.

#### STEP 11. OVERT ASSESSMENT

Ask each question on the Overt Assessment M6 and if reading follow with: “Did you intend that?” or “Was it intentional/done intentionally?”

Get off justifications with the question “How did you justify it?”

Repeat Step 08 above.

#### STEP 12. FLOW 3 ASSESSMENT

Ask each question M6 on the 10-3 List (Flow 3)

Repeat Step 08 above.

#### STEP 13. FLOW 0 ASSESSMENT

Ask each question M6 on the 10-0 List (Flow 0) M6 and when appropriate ask: “Did you intend that?” or “Was it intentional/done intentionally?”

Get off justifications with the question “How did you justify it?”

Repeat Step 08 above.

#### STEP 14. MULTIPLE FLOW EVIL PURPOSE RUNDOWN

L&N Flow 1: “What evil purpose has another had toward you?”

L & N Flow 2: “What evil purpose have you had towards others?”

L & N Flow 3: “What evil purpose have others had towards others?”

L & N Flow 0: “What evil purpose have you had towards yourself?”

Handle the evil purpose as in Step 01 above.

#### STEP 15. FIRST DYNAMIC NOUNS

#### STEP 16. SECOND DYNAMIC MOTIVATOR ASSESSMENT 2D-1

Ask each question M6 on List 2 D-1 and when the pc has answered add: “Who would make you feel guilty for that?”

Repeat Step 08 above.

#### STEP 17. SECOND DYNAMIC OVERTS ASSESSMENT 2D-2

Ask each question M6 on List 2 D-2.

Repeat Step 08 above.

#### STEP 18. SEX AS A SOLUTION

L&N Who/what would regard sex as a solution?

List to one item and if it is a terminal, do the following procedure:

1. What does a \_\_\_\_\_ do?
2. What does a \_\_\_\_\_ withhold?

This unburdens the item so that now the intention can be listed.

L&N: What would be the basic intention of a \_\_\_\_\_?

If intention is good:

2WC: What progress have you made on the intention \_\_\_\_\_?

If the intention is evil or destructive:

For Pcs:

Run the intention R3R Quad per the Expanded Dianetics instructions for running intentions.

For PreOTs:

Check for ownership: Yours, a BTs, A Clusters, others?

Yours: Quad Recalls or D/L

If the intention turns out to be also a righteous computation (ser fac item), one could first run:

1. What does \_\_\_\_\_ get a person into?
  2. What does \_\_\_\_\_ get a person out of?
  3. How does \_\_\_\_\_ help a person to win?
  4. How does \_\_\_\_\_ make others lose?
  5. How does \_\_\_\_\_ help a person to be powerful?
  6. How does \_\_\_\_\_ make others weak?
  7. What is right about \_\_\_\_\_?
  8. How could you use \_\_\_\_\_ to make others wrong?
- etc.

(If it turns out to be just a righteous comp and not an ev purp, one could just do the RC process.)

BT: Run the BTs intention chain to EP to a blow. If no blow, then Inc II/Inc I or NOTs handling to a blow if needed.

Cluster: Assess the Type of Incident Assessment to get the incident that formed the intention, date it, locate and run it if necessary earlier similar to a blow. If no blow, then standard OT III or NOTs cluster handling to a blow.

If another's: Locate who it is and handle as a BT above.

#### STEP 19. SECOND DYNAMIC NOUNS

#### STEP 20. GREATEST OVERT L&N

L&N Flow 1: "What is the greatest overt committed against you on the Whole Track?"

L&N Flow 2: "What is the greatest overt you committed against another on the Whole Track?"

L&N Flow 3: "What is the greatest overt another has committed against another or others on the Whole Track?"

L&N Flow 0: "What is the greatest overt you committed against yourself on the Whole Track?"

#### STEP 21. THIRD DYNAMIC MOTIVATOR ASSESSMENT 3D-1

Repeat Step 08 above.

#### STEP 22. THIRD DYNAMIC OVERTS ASSESSMENT 3D-2

Repeat Step 08 above.

### STEP 23. THIRD DYNAMIC FLOW 3 ASSESSMENT 3D-3

Repeat Step 08 above.

### STEP 24. THIRD DYNAMIC FLOW 0 ASSESSMENT 3D-0

Repeat Step 08 above.

### STEP 25. ENEMY RUNDOWN

L&N Flow 1: “Who/What has regarded you as an enemy?”

L&N Flow 2: “Who/What have you regarded as an enemy?”

L&N Flow 3: “Who/What have others regarded as an enemy?”

L&N Flow 0: “Who/What would be an enemy to himself/herself?”

Do the 6 way O/W process from Step 01 above on any item found.

### STEP 26. THIRD DYNAMIC NOUNS

### STEP 27. FOURTH DYNAMIC ASSESSMENT

Repeat Step 08 above.

### STEP 28. FOURTH DYNAMIC NOUNS

Repeat Step 08 above.

### STEP 29. MEST/LIFE ASSESSMENT

1) Assess MEST/Life Assessment

2) On each reading Item run O/W:

a) What have you done to\_\_\_\_?

b) What have you withheld from\_\_\_\_?

### STEP 30. CONNECTIONS ASSESSMENT

Ask each question on the Connections Assessment and handle.

### STEP 31. BASIC DYNAMIC RUNDOWN



L&N for each dynamic:

Who or what (W/W) represents the (Dynamic)?

or

W/W would represent the (Dynamic)?

For example:

W/W represents the first dynamic? LF

Item: an engineer LFBD F/N

L&N: What would be the basic intention/purpose of a (an)\_\_\_\_\_?

Handle this intention/purpose per the directions in Step 01.

Repeat for all the other dynamics.

#### STEP 32. LIE RUNDOWN

- 1) L&N “What was the greatest lie you told on the Whole Track?”
- 2) D/L to blow
- 3) 2 w/c the lie found quad flow to EP.

#### STEP 33. SEVENTH DYNAMIC ASSESSMENT

Repeat Step 08 above.

#### STEP 34. SEVENTH DYNAMIC NOUNS

Repeat Step 08 above.

#### STEP 35. EIGHTH DYNAMIC ASSESSMENT

Repeat Step 08 above.

#### STEP 36. EIGHTH DYNAMIC NOUNS

Repeat Step 08 above.

#### STEP 37. RESULT ASSESSMENT

Ask each question on the results assessment and handle.

## L 10 PROGRAM ASSESSMENT THEORY

Reference: The Psychosis Research Cases

Program Assessment: This is an assessment which seeks out the enforcements, restraints and suppressions of overts and purposes.

The W/H type flows plotted out are:

- Enforced Comm 4 ways
- Enforced W/H 4 ways
- Inadvertent W/H 4 ways
- W/Hs 4 ways

Thus there would be several purpose flows done very roughly off the cuff:

- Enforced W/H of purpose 4 ways
- Enforcing purpose as an overt 4 ways
- Unwanted purpose 4 ways
- Unwanted (must do) purpose 4 ways
- Withheld secret (evil) purpose

Many years ago an enforcing cause in some psychos detected by LRH.

The Enforced Comm makes a withhold on the receiving end and is the EXACT point where withholds match up with ARC Brks (Enforced Comm is an ARC break).

The possibility is that some of these psychosis cases trigger off on another flow than withholds. Possibly they invert and begin to enforce withholds on others. Then when we list or do assessment lists we are listing one step too high, i.e., withhold when it's a dramatized withhold being enforced.

Anyway this is a theory where we don't achieve total result from assessment lists. Maybe this gives us a new set of assessments. We could have one for groups. Maybe one for enforced W/Hs. (See sample chart on next page.)

## PROGRAM ASSESSMENT CHART

### COMMUNICATION

#### ENFORCEMENT (overt)

ENFORCED COMM (F1)

Enforcing comm on you

ENFORCED W/H OF COMM (F1)

Enforcing secrecy on you

OVERT COMM(F2)

Making others listen

WITHHELD COMM(F2)

Promising not to tell

RESTRAINED COMM (as EvPurp)

Telling lies

#### SUPPRESSION (Motivator)

Enforced confession from you

Enforced silence on you

Making others withhold

Keeping secrets

Withholding vital information

### PURPOSES

#### ENFORCEMENT (overt)

ENFORCED PURPOSE (F1)

Doing things you didn't want to

ENFORCED W/H OF PURP (F1)

Forced to give up

OVERT PURPOSE (F2)

Destroying purposes

WITHHELD PURPOSE (F2)

Prevented from complying

RESTRAINED PURP (as EvPurp)

Becoming someone else

#### SUPPRESSION (Motivator)

Abandoned purpose

Obstructed

Suppressing the purposes of others

Punished for following orders

Failed evil purpose

## PROGRAM ASSESSMENT HANDLING SHEET

1. Enforcing communication on you?

2WC

F1. Has anyone ever enforced communication on you?

F2. Have you ever enforced communication on another or others?

F3. Has someone ever enforced communication on another or others?

F0. Have you ever caused yourself to have an enforced communication?

L&N: W/W would enforce communication on another?

### LISTING AND NULLING STEPS

Here is an example for first L&N question:

“W/W would enforce communication on another?”

1. What does a\_\_\_\_\_do?

2. What does a\_\_\_\_\_withhold?

This unburdens the item so that now the intention can be listed.

What would be the basic intention of a\_\_\_\_\_?

If intention is good:

2WC: What progress have you made on the intention\_\_\_\_\_?

If the intention is evil or destructive:

For Pcs:

Run the intention R3RA Quad per the XDN instructions for running intentions.

For PreOTs:

Check for ownership: Yours, a BTs, A Clusters, others?

Yours: Quad Recalls or D/L

If the intention turns out to be also a righteous computation (ser fac item), one could first run:

1. What does\_\_\_\_\_get a person into?

2. What does\_\_\_\_\_get a person out of?

3. How does\_\_\_\_\_help a person to win?

4. How does\_\_\_\_\_make others lose?

5. How does\_\_\_\_\_help a person to be powerful?

6. How does \_\_\_\_\_ make others weak?
  7. What is right about \_\_\_\_\_?
  8. How could you use \_\_\_\_\_ to make others wrong?
- etc.

(If it turns out to be just a righteous computation and not an ev purp, one could just do the RC process.)

BT: Run the BTs intention chain to EP to a blow. If no blow, then Inc II/Inc I or NOTs handling to a blow if needed.

Cluster: Assess the Type of Incident assessment to get the incident that formed the intention, date it, locate and run it if necessary earlier similar to a blow. If no blow, then standard OT III or NOTs cluster handling to a blow.

If another's: Locate who it is and handle as a BT above.

2. Forcing you to accept an idea?

2WC

- F1. Has anyone ever forced you to accept an idea?
- F2. Have you ever forced another or others to accept an idea?
- F3. Have others ever enforced another or others to accept an idea?
- F0. Have you ever forced yourself to accept an idea?

L&N: W/W would force another to accept an idea?

3. Enforcing a confession from you?

2WC

- F1. Has anyone ever enforced a confession form you?
- F2. Have you ever enforced a confession from another or others?
- F3. Have others ever enforced a confession from another or others?
- F0. Have you ever forced yourself to confess something?

L&N: W/W would enforce a confession from another?

4. Enforcing secrecy on you?

2WC

- F1. Has anyone ever enforced secrecy on you?
- F2. Have you ever enforced secrecy on another or others?
- F3. Have others ever enforced secrecy on another or others?
- F0. Have you ever enforced secrecy on yourself?

L&N: W/W would enforce secrecy on another?

5. Enforcing silence on you?

2WC

- F1. Has anyone ever enforced silence on you?
- F2. Have you ever enforced silence on another or others?
- F3. Have others ever enforced silence on another or others?
- F0. Have you ever enforced silence on yourself?

L&N: W/W would enforce silence on another?

- 6. Being told you have to keep quiet?

2WC

- F1. Has anyone ever told you to keep quiet?
- F2. Have you ever told anyone to keep quiet?
- F3. Has another told another or others to keep quiet?
- F0. Have you ever decided to keep quiet?

L&N: W/W would tell another to keep quiet?

- 7. Making others listen?

2WC

- F1. Has anyone ever made you listen?
- F2. Have you ever made another listen?
- F3. Has another made another or others listen?
- F0. Have you ever made yourself to listen?

L&N: W/W would make another listen?

- 8. Making others withhold?

2WC

- F1. Has another ever made you withhold?
- F2. Have you ever made another withhold?
- F3. Has another made another or others withhold?
- F0. Have you ever forced yourself to withhold?

L&N: W/W would make others withhold?

- 9. Others forcing their viewpoint on you?

2WC

- F1. Has another forced his or her viewpoint on you?
- F2. Have you forced your viewpoint on another?
- F3. Has another forced his or her viewpoint on another?
- F0. Have you forced a viewpoint on yourself?

L&N: W/W would force a viewpoint on another?

10. Promising not to tell?

2WC

- F1. Has anyone ever made you promise not to tell?
- F2. Have you ever made another or others promise not to tell?
- F3. Have others ever made another or others promise not to tell?
- F0. Have you ever made yourself promise not to tell?

L&N: W/W would make another promise not to tell?

11. Keeping secrets?

2WC

- F1. Have you ever kept a secret?
- F2. Have you ever made another keep a secret?
- F3. Do you suspect that another has made another or others keep a secret?
- F0. Have you ever decided to keep something secret?

L&N: W/W would have to keep a secret?

12. Telling lies?

2WC

- F1. Has anyone ever told you a lie?
- F2. Have you ever told another or others a lie?
- F3. Have others ever told another or others a lie?
- F0. Have you ever told a lie to yourself?

L&N: W/W would tell a lie?

13. Others won't listen?

2WC

- F1. Has another refused to listen to you?
- F2. Have you refused to listen to another?
- F3. Has another refused to listen to another or others?
- F0. Have you refused to listen to yourself?

L&N: W/W would refuse to listen?

14. Your communication was cut?

2WC

- F1. Has your communication been cut?
- F2. Have you cut another's communication?
- F3. Has another cut another's or other's communication?
- F0. Have you allowed your own communication to be cut?

L&N: W/W would cut someone's communication?

15. Withholding vital information?

2WC

- F1. Have you withheld vital information from another or others?
- F2. Has another withheld vital information from you?
- F3. Has another withheld vital information from another or others?
- F0. Have you withheld vital information from yourself?

L&N: W/W would withhold vital information?

16. Having to do things you didn't want to do?

2WC

- F1. Has anyone caused you to do something that you didn't want to do?
- F2. Have you caused another or others to do something that they didn't want to do?
- F3. Have others caused another or others to do something they didn't want to do?
- F0. Have you caused yourself to do something you didn't want to do?

L&N: W/W would make another do something they didn't want to do?

17. Forced to abandon a purpose?

2WC

- F1. Has anyone forced you to abandon a purpose?
- F2. Have you forced another or others to abandon a purpose?
- F3. Have others forced another or others to abandon a purpose?
- F0. Have you forced yourself to abandon a purpose?

L&N: W/W would make another abandon a purpose?

18. Failing to carry out a destructive impulse?

2WC

- F1. Have failed to carry out a destructive impulse?
  - F2. Has another failed to carry out a destructive impulse?
  - F3. Have others failed to carry out a destructive impulse?
  - F0. Have you failed to carry out a destructive impulse against yourself?
- L&N: W/W would fail to carry out a destructive impulse?

19. Being forced to give up?

2WC

- F1. Has anyone forced you to give up?
- F2. Have you forced another or others to give up?
- F3. Have others forced another or others to give up?



F0. Have you forced yourself to give up?

L&N: W/W would force another to give up?

20. Being stopped or obstructed?

2WC

F1. Has anyone caused you to be stopped or obstructed?

F2. Have you another or others to be stopped or obstructed?

F3. Have others caused another or others to be stopped or obstructed?

F0. Have you stopped or obstructed yourself?

L&N: W/W would stop or obstruct another?

21. Destroying purposes?

2WC

F1. Has anyone destroyed your purposes?

F2. Have you destroyed another's or others' purposes?

F3. Have others destroyed another's or others' purposes?

F0. Have you destroyed your own purposes?

L&N: W/W would destroy another's purposes?

22. Suppressing purposes of others?

2WC

F1. Has anyone suppressed your purposes?

F2. Have you suppressed another's or others' purposes?

F3. Have others suppressed another's or others' purposes?

F0. Have you suppressed your own purposes?

L&N: W/W would suppress another's purposes?

23. Prevented from complying?

2WC

F1. Has anyone prevented you from complying?

F2. Have you prevented another or others from complying?

F3. Have others prevented another or others from complying?

F0. Have you prevented yourself from complying?

L&N: W/W would prevent another from complying?

24. Withholding destructive ideas?

2WC

F1. Have you withheld destructive ideas?

F2. Has another withheld destructive ideas?

- F3. Have others withheld destructive ideas?
- F0. Have you caused yourself to withhold destructive?

L&N: W/W would have to withhold destructive ideas?

25. Withholding destructive acts?

2WC

- F1. Have you withheld destructive acts?
- F2. Has another withheld destructive acts?
- F3. Have others withheld destructive acts?
- F0. Have you withheld destructive acts from yourself?

L&N: W/W would have to withhold destructive acts?

26. Being punished for following orders?

2WC

- F1. Has anyone punished you for following orders?
- F2. Have you punished another or others for following orders?
- F3. Have others punished another or others for following orders?
- F0. Have you punished yourself for following orders?

L&N: W/W would punish another for following orders?

27. Resisting doing something?

2WC

- F1. Have you resist doing something?
- F2. Has another resisted doing something?
- F3. Have others resist doing something?
- F0. Have you resist doing something to yourself?

L&N: W/W would resist doing something?

28. Pretending to be someone else?

2WC

- F1. Have pretended to be someone else?
- F2. Has another pretended to be someone else?
- F3. Have others pretended to be someone else?
- F0. Have you caused yourself to pretend to be someone else?

L&N: W/W would pretend to be someone else?

29. Accepting unwanted things?

2WC

- F1. Has anyone caused you to accept unwanted things?
- F2. Have you caused another or others to accept unwanted things?
- F3. Have others caused another or others to accept unwanted things?
- F0. Have you caused yourself to accept unwanted things?

L&N: W/W would make another accept unwanted things?

or

L&N: W/W would accept unwanted things?

- 30. Being punished for disagreeing with someone?

2WC

- F1. Have been punished for disagreeing with someone?
- F2. Have you punished another for disagreeing with you?
- F3. Has another punished another or others for disagreeing with someone?
- F0. Have you punished yourself for disagreeing with someone?

L&N: W/W would punish another for disagreeing?

- 31. Agreeing with someone verbally but disagreeing mentally?

2WC

- F1. Have you agreed with someone verbally but disagreed mentally?
- F2. Do you think another has agreed with you verbally but disagreed mentally?
- F3. Has another agree with another verbally but disagreed mentally?
- F0. Have you agreed with yourself verbally but disagreed mentally?

L&N: W/W would agreed with someone verbally but disagree mentally?

- 32. Being falsely accused?

2WC

- F1. Has anyone falsely accused you?
- F2. Have you falsely accused another or others?
- F3. Have others falsely accused another or others?
- F0. Have you falsely accused yourself?

L&N: W/W would falsely accuse another?

- 33. Seeking revenge?

2WC

- F1. Has anyone sought revenge on you?
- F2. Have you sought revenge on another or others?
- F3. Have others sought revenge on another or others?
- F0. Have you sought revenge on yourself?

L&N: W/W would seek revenge?

34. Being forced into something?

2WC

- F1. Have you been forced into something?
- F2. Have you ever forced another into something?
- F3. Has another forced another or others into something?
- F0. Have you ever forced yourself into something?

L&N: W/W would forced another into something?

35. Being made to move away from a place you wanted to stay in?

2WC

- F1. Have you ever been made to move away from a place you wanted to stay in?
- F2. Have you ever made another move away from a place he or she wanted to stay in?
- F3. Has another made another or others move away from a place another or others wanted to stay in?
- F0. Have you ever made yourself move away from a place you wanted to stay in?

L&N: W/W would make another move away from a place he or she wanted to stay in?

36. Someone's idea about you incorrect?

- F1. Has someone's idea about you been incorrect?
- F2. Has your idea about someone ever been incorrect?
- F3. Has another idea about another or others ever been incorrect?
- F0. Has your idea about yourself ever been incorrect?

L&N: W/W would have incorrect ideas about others?

37. Overts on others?

2WC

- F1. Has another committed overts against you?
- F2. Have you committed overts?
- F3. Has another committed overts against another or others?
- F0. Have you committed overts against yourself?

L&N: W/W would commit overts on others?

38. Withholds from others?

2WC

- F1. Do you have withholds from others?
- F2. Do you thinks others might have withholds from you?

- F3. Do others have withholds from others?
- F0. Are you withholding something from yourself?

L&N: W/W would have withholds from others?

39. Something unbelievable?

2WC

- F1. Have you seen or heard something unbelievable?
- F2. Have you told another something that was unbelievable?
- F3. Has another told another or others something unbelievable?
- F0. Have you made something unbelievable?

L&N: W/W would tell others something that was unbelievable?

40. Wanting to get even?

2WC

- F1. Are you wanting to get even with someone?
- F2. Is another wanting to get even with you?
- F3. Is another wanting to get even with another or others?
- F0. Have you caused yourself to want to get even?

L&N: W/W would want to get even?

41. Being forced to tell the truth?

2WC

- F1. Have you ever been forced to tell the truth?
- F2. Have you ever forced another to tell the truth?
- F3. Has another forced another or others to tell the truth?
- F0. Have you forced yourself to tell the truth?

L&N: W/W would force someone to tell the truth?

42. Suppressing purposes?

2WC

- F1. Have your purposes been suppressed?
- F2. Have you suppressed the purposes of another or others?
- F3. Have others suppressed the purposes of another or others?
- F0. Have you caused your own purposes to be suppressed?

L&N: W/W would suppress another's purposes?

43. Destroying purposes?

2WC

- F1. Have your purposes been destroyed?
- F2. Have you destroyed the purposes of another or others?
- F3. Have others destroyed the purposes of another or others?
- F0. Have you caused your own purposes to be destroyed?

L&N: W/W would destroy another's purposes?

Using the first 43 statements as an example of how to quad the 2WC and the L&N question, one can construct the rest from these examples.

## CONSIDERATIONS RUNDOWN

Ask: "What considerations have you had about \_\_\_\_\_?" "Is there an earlier time that you've had considerations about \_\_\_\_\_?" for each item. Only reading items are taken earlier.

Yourself	_____	Your name	_____
Your body	_____	Your life	_____
Your possessions	_____	Your spouse	_____
Your children	_____	Your family	_____
Women	_____	Men	_____
Groups	_____	Friends	_____
Allies	_____	Opponents	_____
People	_____	Mankind	_____
Matter	_____	Energy	_____
Space	_____	Time	_____
Locations	_____	Forms	_____
Objects	_____	Places	_____
Barriers	_____	Freedom	_____
Ridges	_____	Machinery	_____
The environment	_____	This planet	_____
The physical universe	_____	Flows	_____
Outflow	_____	Inflow	_____
Mest	_____	Enmest	_____
Theta	_____	Entheta	_____
Thought	_____	Understanding	_____
Knowingness	_____	Ideals	_____
Principles	_____	Morals	_____
Ethics	_____	Aesthetics	_____
Life	_____	Thetans	_____
Operating thetans	_____	Bodies	_____
Minds	_____	The analytical mind	_____
The reactive mind	_____	Banks	_____
Release	_____	Erasure	_____
Clears	_____	Pre-OTs	_____
Auditors	_____	Auditing	_____
Rudiments	_____	ARC breaks	_____
Problems	_____	Missed withholds	_____
Overts	_____	Motivators	_____
Dianetics	_____	Scientology	_____
Gains	_____	Floating needles	_____
Key-ins	_____	Key-outs	_____
Facsimiles	_____	Mock-ups	_____
Rollercoaster	_____	PTS	_____
Somatics	_____	Psychosomatic	_____
Engrams	_____	Valences	_____
Identities	_____	Pain	_____
Sensations	_____	Perceptions	_____
Games	_____	Postulates	_____
Goals	_____	Beingness	_____
Viewpoints	_____	Creativity	_____
Creation	_____	God	_____

Infinity \_\_\_\_\_

General:

Ask: "Are there any other considerations you've had that you haven't mentioned?"



HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

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Issue II

Remimeo  
Class II

**“NO OVERTS” CASES**

Occasionally you run into a case that “has never committed any overts.” Such a person might, for example, never seem to have anything on F2.

The proper way to do a Return (Progress) on this is GRADIENT SCALES, discussion of what a harmful act would be, who could be harmed.

An HC Out-point session should be done first if it’s really bad.

You’ll find a kooky fixed idea like “thetans cannot be hurt” or “overts are their own fault,” etc.

Versions, very light of A-R-C-U, notably agreements crack this sort of thing.

Ron, in mid-1970, developed some additional processes to handle the type of case that “has never done anything bad.”

Some appropriate C/Ses are listed here for use on this type of case.

For someone achieving minimal results, or with a generally fat Review folder:

1. Fly all Ruds.
2. List to a BD F/N item - “What shouldn’t be known?”

For someone responding to routine overt pulling (due to, say, natter or no gain) with “no overts,” “no withholds,” “I wouldn’t expect anything to happen from it...,” etc.:

1. Assess GF 40. Include O/R.
2. Two-way comm the points that read (except Ruds that read as out).

Try to phrase the Two-way comm to get his attitude towards the subject that reads rather than do the Class VIII remedy.

Don’t use “you,” use “anyone,” “others,” “another” as he hasn’t great reality on himself and it would sound accusative.

Followed later by:

1. Discuss why overts are necessary.

A pc with RSeS doesn't really run right. His F/Ns collapse at Exams. This pc can be listed on "What would be an overt?" to BD F/N item. Then next session, the item found can be run Quad Recall and Quad R3R.

This last list question can miss a withhold, so check for such if there are unexpected BIs at Exam after the listing session (as well as for wrong items).

For someone with fixated attention on an individual (e.g. tends to natter about that person for session after session):

1. Fly a Rud if no F/N.
2. List by L&N - Who or what in your past does \_\_\_\_\_ remind you of?
3. What did you do to (item found)?  
What did you withhold from (item found)?

Also there is:

1. Fly a Rud if no F/N.
2. List "Give me an example of an overt" to BD F/N item.

Followed by:

1. Fly a Rud if no F/N.
2. Run (on item found on "Give me an example of an overt"):

Quad Recalls  
Quad R3R

Another C/S is:

1. Fly a Rud if no F/N.
2. Assess Help, Failed Help, Refused Help, Prevented Help.
3. On result: Quad Recalls, Quad R3R.

Extracted from LRH C/Sed Folders  
by D/CS-4  
for  
L. RON HUBBARD  
FOUNDER

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## **THE CHARACTER OF MAN**

Man is basically good. This is obvious. For when he begins to do evil he seeks to destroy his memory in order to change and seeks to destroy his body. He seeks to check his evil impulses by inhibiting his own skill and strength.

He can act in a very evil fashion but his basic nature then makes it mandatory that he lessens himself in many ways.

The towering “strength” of a madman is a rarity and is compensated by efforts at self-destruction.

Man’s mortality, his “one life” fixation, all stem from his efforts to check himself, obliterate his memory in a fruitless effort to change his conduct and his self-destructive habits and impulses and losses of skills and abilities.

As this rationale proves out completely in processing and fits all cases observed, we have for the first time proof of his actual nature.

As only around 20% are insane, and as those who previously worked in the mental field were themselves mainly insane, Man as a whole has been assigned an evil repute. Governments, where such personalities exist, listen to the opinion of the insane and apply the characteristic of 20% to the entire hundred percent.

This gives an 80% wrong diagnosis. Which is why mental science itself was destructive when used by states.

## **EVIL PURPOSES**

The evil purpose or the destructive intention is the fuel which powers the Overt-Motivator Sequence. A person will dramatize his evil purposes by committing overt.

Behind the evil purpose is a severe ARC Break where the person could not fight back physically. He could only fight back by forming an evil purpose and has been attacking and fighting back with the evil purpose ever since.

The ARC Break is the why behind the evil purpose. Find the ARC Break and the evil purpose as-is and is no longer dramatized with overt against imagined enemies.

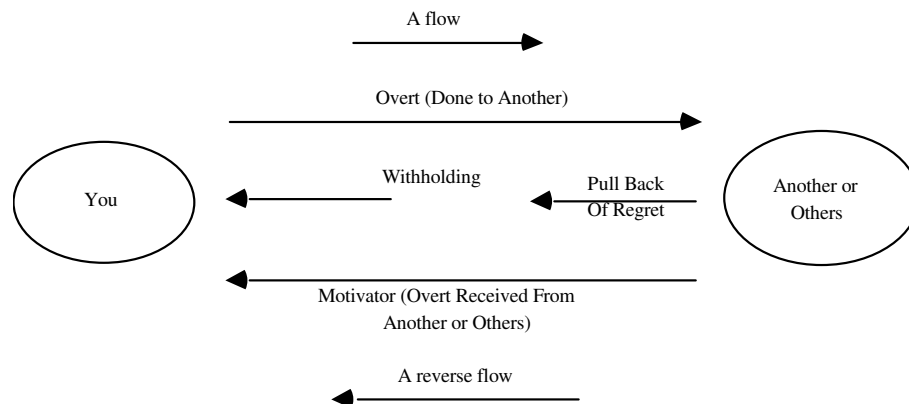
## THE OVERT-MOTIVATOR SEQUENCE

An overt is an act or deed that you have done to another that is not all right by some standard of conduct. It could be wrong because it breaks some moral code that you have consciously or unconsciously agreed to. It could also just be something that harms another or others in some way. It is a misdeed or wrong-doing often done to solve a problem. An overt can also be something that you have failed to do when you should have.

Sometimes an overt is kept secret or withheld because it is dangerous to one's survival to reveal it. This is almost always the case when the overt is a violation of some moral code that one has agreed to, knowingly or unknowingly. A withhold always comes after an overt. First the overt is done and then it is withheld to protect one's survival.

A motivator is the reverse of the above. It is an overt that another or others have done to you. It is called a motivator because it motivates further overts in the other direction toward another or others. For example, a man breaks up with his girlfriend and she is heartbroken; he has committed an overt and will feel some regret at having done this. Now he will consciously or unconsciously, usually unconsciously, pull in a motivator by seeking out a woman who will break *his* heart. This happens because his slight or great regret will cause him to reactively seek out the reverse flow of an overt toward himself. He will surely find a woman to do him in emotionally. Even across a crowded room, he will sense her presence and seek her out; she is the perfect woman to break his heart. Now that he has received the motivator, he will seek out a partner who is open to receiving overts from him. This sequence can continue over and over and that is why it is called the overt-motivator sequence. A sequence is a following of one thing after another; it is a related or continuous series.

The overt-motivator sequence is based on flows. The overt is a flow toward another or others and the motivator is a flow from another or others towards oneself.



There are two reasons why a person cannot just commit overts freely and not receive motivators in return:

1. After an overt is committed, there is always, to some degree a feeling of regret or guilt. This is because we, as beings, are basically good. This regret or guilt causes a pull-back, restraining or withholding flow to some

degree. This is what creates the motivator flow in the other direction toward oneself.

2. There is a natural balance-seeking mechanism in life. Life seeks a balance. In the case of flows, this means that what flows in one direction must eventually, sooner or later, flow in the opposite direction. Flows must eventually balance. This is a simple law of nature which also applies to human interactions. What flows out must flow in.

These are the basic reasons that perpetuate the overt-motivator sequence. It is just natural law.

There is one problem in this attempt to achieve a balance of flows. The motivator flow never really results in a balance because now the receiver of the motivator feels wronged or hurt and feels justified in committing yet another overt against another or others, not necessarily against the same person or persons. Having done so, now he will pull in another motivator that leads to another overt, on and on with no end. This is the mechanism that causes so much suffering in our human existence.

Can anything be done about this seemingly unending cycle of suffering, of hurting and being hurt? There is a simple answer and it is nothing new. The technique which gives relief from the overt-motivator sequence has been used for hundreds and possibly thousands of years in the history of humankind. The answer lies in the simple act of confession, a confession to another person of the overts that one has done. This is then followed by a proclamation of forgiveness. The act of confession and forgiveness is like pouring water on the raging fire of the overt-motivator sequence. It is the process that finally allows the person to cease pulling in motivators.

The confession of one's misdeeds, secret destructive acts, overts and withholds, must be done in a safe space to a person who poses no threat to the person doing the confessing. There must be no threat of exposure, blame or punishment in any way. The act of confessing is done in total secrecy. There is never any demand that the person tell any of his or her confession outside of the confessional. Also the confession of misdeeds must be received by a person who is non-judgmental and is bound by a code of ethics to never reveal to anyone what has been said in a confessional. Such a person is the Auditor who is bound by the Auditor Code. The pertinent parts of the code are:

- 1) I promise to not evaluate for the Preclear in session or tell him/her what he/she should think about his/her case.
- 2) I promise to not invalidate the Preclear's case or gains in or out of session.
- 14) I promise to grant beingness to the Preclear.
- 22) I promise never to use the secrets of a Preclear divulged in session for punishment or personal gain.

## **THE CONFSSIONAL PROCEDURE**

The confessional procedure is a simple one. The auditor uses a list of a hundred or so questions which ask for specific overts such as: Have you ever done anything that others consider to be immoral? The question is asked and it must read on the E-Meter. All the details are gotten on each reading question. Some of the details might include:

1. What was actually done?
2. When was it done?
3. Where was it done?
4. Who else was involved?
5. Who should have known about this?
6. Who nearly found out?
7. Is that all?
8. Is there more?

The following question is very often the one which frees the person from the overt. That question is: How have you justified it? In other words: Why was it ok in your mind to do what you did? The question is repeated over and over until all justifications are released. At this point the overt is released and the needle on the E-Meter floats. The overt and its damaging effects on the person are gone forever.

If the overt does not clear at this point, one must ask for an earlier similar. For example: On question #1 "Have you neglected your own survival?" the earlier similar command would be, "Is there an earlier similar time you neglected your own survival?"

### **L10 REPOWERED O/W COMMANDS**

The L10 repowered 6 way command for O/W is:

1. Recall something\_\_\_\_\_has done to you?
2. Recall something you have done to\_\_\_\_\_?
3. Recall something\_\_\_\_\_has done to another or others?
4. Recall something another or others have done to\_\_\_\_\_?
5. Recall something\_\_\_\_\_has done to himself/herself?
6. Recall something you have done to yourself because of\_\_\_\_\_?

This is the lowest gradient of O/W command for two reasons:

1. It directs the Pc to recall.
2. It uses only the in-ARC form of O/W which is "done" and not the out of ARC form which is "withhold."

The process is run as a bracket, i.e., 123456, 123456, etc. This is easier than running each command to EP with preclears who easily run out of answer on a single repetitive command before the EP is reached.

All in all the above command is the easiest O/W command for the L10 type of case to run.

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 21 JANUARY AD10

Fran Hldrs  
HCO Secs  
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HCO and HASI Staffs

**JUSTIFICATION**

When a person has committed an overt act and then withholds it, he or she usually employs the social mechanism of justification.

We have all heard people attempt to justify their actions and all of us have known instinctively that justification was tantamount to a confession of guilt. But not until now have we understood the exact mechanism behind justification.

Short of Scientology Auditing there was no means by which a person could relieve himself of consciousness of having done an overt act except to try to *lessen the overt*.

Some churches used a mechanism of confession. This was a limited effort to relieve a person of the pressure of his overt acts. Later the mechanism of confession was employed as a kind of blackmail by which increased contribution could be obtained from the person confessing. Factually this is a limited mechanism to such an extent that it can be extremely dangerous. Religious confession does not carry with it any real stress of responsibility for the individual but on the contrary seeks to lay responsibility at the door of the Divinity—a sort of blasphemy in itself. I have no axe to grind here with religion. Religion as religion is fairly natural. But psychotherapy must be in itself a completed fact or, as we all know, it can become a dangerous fact. That's why we flatten engrams and processes. Confession to be non-dangerous and effective must be accompanied by a full acceptance of responsibility. All overt acts are the product of irresponsibility on one or more of the dynamics.

Withholds are a sort of overt act in themselves but have a different source. Oddly enough we have just proven conclusively that man is basically good—a fact which flies in the teeth of old religious beliefs that man is basically evil. Man is good to such an extent that when he realizes he is being very dangerous and in error he seeks to minimize his power and if that doesn't work and he still finds himself committing overt acts he then seeks to dispose of himself either by leaving or by getting caught and executed. Without this computation Police would be powerless to detect crime—the criminal always assists himself to be caught. Why Police punish the caught criminal is the mystery. The caught criminal wants to be rendered less harmful to the society and wants rehabilitation. Well, if this is true then why does he not unburden himself? The fact is this: unburdening is considered by him to be an overt act. People withhold overt acts because they conceive that telling them would be another overt act. It is as though Thetans are trying to absorb and hold out of sight all the evil of the world. This is wrong-headed, by withholding overt acts these are kept afloat in the universe and are themselves as withholds entirely the cause of continued evil. Man is basically good but he could not attain expression of this until now. Nobody but the individual could die for his own sins—to arrange things otherwise was to keep man in chains.



In view of these mechanisms, when the burden became too great man was driven to another mechanism—the effort to lessen the size and pressure of the overt. He or she could only do this by attempting to reduce the size and repute of the terminal. Hence, not-ness. Hence when a man or a woman has done an overt act there usually follows an effort to reduce the goodness or importance of the target of the overt. Hence the husband who betrays his wife must then state that the wife was no good in some way. Thus the wife who betrayed her husband had to reduce the husband to reduce the overt. This works on all dynamics. In this light most criticism is justification of having done an overt.

This does not say that all things are right and that no criticism anywhere is ever merited. Man is not happy. He is faced with total destruction unless we toughen up our postulates. And the overt act mechanism is simply a sordid game condition man has slipped into without knowing where he was going. So there are rightnesses and wrongnesses in conduct and society and life at large, but random, carping criticism when not borne out in fact is only an effort to reduce the size of the target of the overt so that one can live (he hopes) with the overt. Of course to criticise unjustly and lower repute is itself an overt act and so this mechanism is not in fact workable.

Here we have the source of the dwindling spiral. One commits overt acts unwittingly. He seeks to justify them by finding fault or displacing blame. This leads him into further overts against the same terminals which leads to a degradation of himself and sometimes those terminals.

Scientologists have been completely right in objecting to the idea of punishment. Punishment is just another worsening of the overt sequence and degrades the punisher. But people who are guilty of overts demand punishment. They use it to help restrain themselves from (they hope) further violation of the dynamics. It is the victim who demands punishment and it is a wrong-headed society that awards it. People get right down and beg to be executed. And when you don't oblige, the woman scorned is sweet-tempered by comparison. I ought to know—I have more people try to elect me an executioner than you would care to imagine. And many a preclear who sits down in your pc chair for a session is there just to be executed and when you insist on making such a pc better, why you've had it, for they start on this desire for execution as a new overt chain and seek to justify it by telling people you're a bad auditor.

When you hear scathing and brutal criticism of someone which sounds just a bit strained, know that you have your eye on overts against that criticised person and next chance you get pull the overts and remove just that much evil from the world.

And remember, by and by, that if you make your pc write these overts and withholds down and sign them and send them off to me he'll be less reluctant to hold on to the shreds of them—it makes for a further blow of overts and less blow of pc. And always run responsibility on a pc when he unloads a lot of overts or just one.

We have our hands here on the mechanism that makes this a crazy universe so let's go for broke on it and play it all the way out.

L. RON HUBBARD

LRH :js.rd

## **LESSENING THE SIZE OF AN OVERT**

Thoroughly clear the word “overt.”

Ask the preclear to read the bulletin “Justifications” and then

2wc “Tell me about lessening the size of an overt.”

## LTA (LOW TONE ARM) OMISSIONS ASSESSMENT

Assess Method 6.

After each answer ask the question: "What were the consequences of that?"

01. Have you ever felt helpless?
02. Have you ever felt there was nothing you could do about something?
03. Have things seemed too overwhelming to handle?
04. Has it seemed that there was so much that needed to be done that there was no point in doing anything?
05. Do you procrastinate?
06. Have you ever had to stand by and watch another suffer?
07. Do you know anybody who was weak and helpless?
08. Do you know anybody who was at total effect?
09. Have you ever felt that you were a failure?
10. Has your life ever seemed hopeless?
11. Have you ever contemplated suicide?
12. Have you ever felt that death or suicide was the only solution?
13. Have you ever felt that you just didn't know what was the right thing to do?
14. Do you wish things were different?
15. Are you afraid to make any changes?
16. Have you ever worried about others making changes?
17. Have you ever felt there was just no way to turn?
18. Have you ever felt totally exhausted?
19. Do things seem tiring? Have they ever?
20. Have you ever yearned for the past?
21. Have you ever felt homesick?
22. Are there some things that you have regretted?
23. Is there anything that others do that you wouldn't dream of doing?
24. Tell me some bad things that you haven't done.
25. Was there a time when restraining yourself from action was correct?
26. Do others cause needless upset and suffering?
27. Have you ever felt that there was so much suffering and misery in the world that you shouldn't contribute more to it?
28. Have you had to watch another committing averts?
29. Have you cautioned others?
30. Have you ever put off doing something that you felt you really shouldn't have put off?
31. Is there anything that bothers you so much that you feel you should be doing something about it?
32. Are there things that you worry about?
33. Do you ever think that it is better to suffer?
34. Has it ever been to your advantage to have waited rather than act immediately?
35. Has anyone overwhelmed you?
36. Do you know of anybody who has overwhelmed somebody else?
37. Do you feel that you may have overwhelmed somebody else?
38. Do you ever feel that you are waiting to have something happen?
39. Do you ever feel that time is passing you by?
40. Do you feel too old to do what you want to do?
41. Did you ever feel too young to do what you wanted to do?

42. Is there something that happened after which you felt you could never be the same again?
43. Tell me some things that you protest about.
44. Is there something that makes you feel sad?
45. Is there any type of situation that makes you feel nervous or apprehensive?
46. Do you ever feel fearful about things?
47. Does the thought of something terrify you?
48. Are there some things that you used to feel strongly about but now no longer care about?
49. Do you feel that somebody uses you?
50. Have you ever felt exploited?
51. Has anyone taken unfair advantage over you?
52. Is there someone you know whose averts are outrageously bad?
53. Are you hoping that somebody's averts will catch up with him or her?
54. Do you know of anybody that you think deserves to get their own back?
55. Have you had to do something covertly?
56. Do you prefer to operate behind the scenes rather than overtly?
57. Are you wanted anywhere?
58. Do you ever feel that somebody is after you?
59. Have any of these questions reminded you of something that you have done?
60. Have any of these questions reminded you of something that you have withheld?
61. Have you ever told part of a withhold but not the rest?
62. Have you ever thought of one overt or withhold and then told the auditor something else?
63. Have you ever felt that it wasn't safe to tell something in a session?
64. Is there something that is too embarrassing to talk about?
65. Is there anything that you feel would be too humiliating to discuss?
66. Is there anything that would make you feel less if you told it?
67. Are there any averts that you are proud of?
68. Is there something that you would like to tell me about?
69. Tell me your ideas about your case and difficulties.
70. Tell me your ideas about rightnesses about yourself and your plus points.

## LTA (LOW TONE ARM) NOUNS ASSESSMENT

1. The list of words below is called Method 6 to the pc or preOT; on each the pc gives back an automatic response or comment.
2. Get considerations about each reading item that reads either instantly when you say the word or when the pc responds or comments. Look for service facs computations and evil purposes, ways he is resisting the item. If the pc or preOT gives an evil purpose or service fac computation, handle it per the instructions given in step 01 of the L 10 FULL PROGRAM bulletin.

### ALTERNATE HANDLING

If, for example, the auditor says PUNISH and the pc responses with: "It would be necessary on a naughty child," one could put together an L&N question incorporating the assessment word and the response.

"Who or What would find it necessary to punish a naughty child?"

"A Brave Dog"

The terminal is then handled per L-type handling as in Step 01 of the L 10 FULL PROGRAM bulletin.

### LTA NOUNS ASSESSMENT

Degrade	Punish	Obliterate	Avenge	Flagellate
Spy	Peep	Demoralize	Embalm	Electrocute
Abominate	Secrete	Despoil	Revolt	Bully
Manipulate	Leach	Mutilate	Excoriate	Con
Prey	Debunk	Kill	Torture	Pillage
Annihilate	Subvert	Seduce	Exhaust	Restrain
Immobilize	Entrap	Enthrall	Extinguish	Ensnare
Trick	Envelop	Benumb	Tantalize	Enslave
Assassinate	Nullify	Explode	Injure	Infect
Feast	Program	Tyrannize	Hoard	Terrorize
Castrate	Pander	Drain	Secrete	Interrogate
Dissect	Defoliate	Molest	Pervert	Cannibalize
Deflower	Decimate	Hypnotize	Dessert	Attack
Sting	Warp	Horrify	Obliterate	Dismember
Cheat	Conquer	Devastate	Implode	Mutilate
Undermine	Hassle	Torment	Disgust	Offend
Vivisect	Vanquish	Prostitute	Defame	Fornicate
Slander	Deviate	Profane	Imprison	Charm
Renege	Starve	Sack	Impoverish	Blind
Deface	Depose	Expel	Desecrate	Exploit
Ravage	Tear	Impale	Distort	Retard
Restrain	Abuse	Belittle	Lie	Hunt
Invade	Sacrifice	Sodomize	Scavenge	Execute
Begrime	Plagiarize	Wallow	Immolate	Indulge
Engorge	Expunge	Confuse	Savor	Gloat

Arrogate	Remove	Distrust	Sympathize	Indoctrinate
Randomize	Overwhelm	Supplant	Negate	Grasp
Pillory	Habituate	Loaf	Inflame	Cripple
Gobble	Vilify	Brutalize	Propagandize	Incinerate
Provoke	Vandalize	Suborn	Deceive	Destabilize
Conceal	Pollute	Sacrifice	Bugger	

## EXTRACTED ITEMS HANDLING

If a person or thing keeps coming up as an item on the above assessments, do Quad Ruds and Overts on that person or thing. Then run “Can’t Have/Enforced Have” (4 Flows) on it. Also the following 6 way O/W can be used:

1. Recall something\_\_\_\_\_has done to you?
2. Recall something you have done to\_\_\_\_\_?
3. Recall something\_\_\_\_\_has done to another or others?
4. Recall something another or others have done to\_\_\_\_\_?
5. Recall something\_\_\_\_\_has done to himself/herself?
6. Recall something you have done to yourself because of\_\_\_\_\_?

This step is repeated at the end of any step whenever you have accumulated more than 6 terminals on the L10 Extracted Items List.

## PURPOSE S&Ds

Clear the following two questions to see which one reads the best:

1. What are you trying to do?
2. What have you tried to do?

List and null to an LFBD F/N item with the one that reads best.

When you have the item for “What are you trying to do” or “What have you tried to do,” you fit it into the S & D Questions below. Test these questions for largest read and then list for an LFBD F/N item. While clearing these questions, if you get a good, clear, distinct read, go ahead and List and Null from that question even if you haven’t finished clearing all the questions.

W/W has made you fail at\_\_\_\_\_?

W/W has attempted to stop you from\_\_\_\_\_?

W/W has unmocked your purpose to\_\_\_\_\_?

W/W has tried to unmock your purpose to\_\_\_\_\_?

W/W has suppressed your purpose to\_\_\_\_\_?

W/W has prevented your\_\_\_\_\_?

W/W would oppose\_\_\_\_\_?

W/W has opposed\_\_\_\_\_?

**CAUTION:** The question must make sense and be answerable. Don’t change the wording of the item. Change the question into a sensible one.

*Example:*

1. What are you trying to do? SF
2. What have you tried to do? LF

On listing you find as the purpose:

Ride horses LFBD F/N

Now you find that the question “W/W has made you fail at riding horses?” reads best. List and null this question to an LFBD F/N item. You now have the person who has suppressed the Preclear’s purpose to ride horses.

If the Preclear gives an evil or destructive purpose, don’t list it in the W/W question. For example, if the Preclear give you the purpose item “killing horses,” you will not get a Suppressive Person from listing “W/W has made you fail at killing



horses?” You will most likely get a Social Personality. The best handling is to run the destructive purpose R3R Quad to erasure.

### **PURPOSE OF THE PURPOSE S&D**

The whole attempt of this S & D is to find the person or thing that has blunted the purpose of the Pc.

The Purpose S & D is from earlier research and is very magical on Artists. It has the liability of having to be done sensibly, being a sort of goals assessment plus an S & D. Sometimes the goals assessment (“What are you trying to do”) is magical enough to produce a floating needle. If so, don’t ever go past it to the second question that finds who or what has suppressed the Preclear in his pursue of the goal.

All these S & Ds do not set aside the standard S & D Types W, S and U. “Type U” is the basic S & D. They are for use mainly when the Pc has had a long repair history or a bad Ethics history, or is insane or suppressive. But using them does not evaluate the Pc as down tone. They give rather magical effects on anyone.

## MOTIVATOR ASSESSMENT

01. Do things look hopeless?
02. Is life grim?
03. Are people mean to each other?
04. Has the future ever looked black?
05. Has anyone betrayed you?
06. Do you feel you deserved what happened to you?
07. Do you know anyone who is really nasty?
08. Have your feelings been hurt?
09. Has life been unfair?
10. Do you feel that you have had bad luck?
11. Have you been treated unkindly?
12. Do you have any enemies?
13. Is there someone who doesn't like you?
14. Have you been treated badly?
15. Has anyone talked about you behind your back?
16. Has anyone ever lied to you?
17. Has anyone ever lied about you?
18. Has anyone ever played a dirty trick on you?
19. Do you feel trapped?
20. Tell me some things that are unfair.
21. Do you feel that someone has taken advantage of you?
22. Has anyone profited as a result of your labors?
23. Have you had to work against obstacles?
24. Are there any stops in your life?
25. Are there any barriers to your goals?
26. Has anyone thwarted you?
27. Are there some things that you have had to give up?
28. Have you ever had to go without things that you wanted?
29. Has anyone done something really rotten to you?
30. Have you been misled?
31. Has anyone led you astray?
32. Has anyone persuaded you to do bad things?
33. Have you been robbed?
34. Has anyone borrowed money from you and not paid it back?
35. Has anyone misused your possessions?
36. Have you ever felt that you have been used by others?
37. Do you feel that you have been exploited?
38. Do you feel that you have been taken for granted?
39. Is there anyone who didn't acknowledge you?
40. Have you ever felt that somebody didn't recognize you for what you were?
41. Has anyone made less of you?
42. Is there somebody who made you wrong?
43. Is there somebody who wouldn't let you have anything?
44. Did anyone run a can't have on you?
45. Were you prevented from doing certain things until you grew up?
46. Have you been told that you weren't old enough to do something?
47. Has anyone implied or said that you were too old?
48. Has anyone excluded you?
49. Have you been kicked out?
50. Did anyone beat you physically?

51. Has anyone hit you or pushed you around?
52. Has anyone been impolite to you?
53. Have you been called names?
54. Have you been forced to do something that you didn't want to do?
55. Have you been made to sign a contract or agreement that you didn't want to?
56. Have you been forced to sign anything against your will?
57. Do you feel that you have been forced to agree to anything?
58. Is there somebody who dominated you?
59. Is there somebody who is trying to get even with you?
60. Do you suspect that somebody wants to get rid of you?
61. Do you know of anybody that hates you?
62. Has anyone usurped your authority?
63. Is there somebody who has undermined you?
64. Is there somebody who wants to destroy you?
65. Has somebody tried to destroy you?
66. Has somebody tried to control you through your emotions?
67. Has somebody tried to control your mind?
68. Has anyone tried to possess you?
69. Have you ever been captured?
70. Have you ever been imprisoned?
71. Have you ever been convicted?
72. Have you ever been sent to jail?
73. Have you been mistreated?
74. Has anyone coerced you into doing bad things?
75. Has anyone ever hypnotized you?
76. Have you been implanted with bad purposes?
77. Has anyone drugged you?
78. Is there anything that happened after which you were never the same again?
79. Have you ever been wounded?
80. Have you been scarred for life?
81. Has anyone ever tried to destroy your memory?
82. Did anyone insist that there were certain things that you must forget?
83. Did anyone ever force you to keep your mouth shut?
84. Have you been threatened with consequences if you talked?
85. Have you been punished for revealing a secret?
86. Have you ever told somebody something in confidence and then been betrayed?
87. Has life ever seemed unreal?
88. Has anything that happened to you seemed unbelievable?
89. Is there anything that happened to you that is too incredible for anyone to believe?
90. Have you been outraged?
91. Were you ever driven to desperation?
92. Were you ever driven to suicide?
93. Have you ever experienced things being so bad that you just wanted to forget?
94. Have you ever experienced anything so bad that you knew you couldn't live through it?
95. Have things ever seemed so bad that you just wanted oblivion?
96. Have you ever wished that you didn't exist?
97. Have you ever tried to take your own life?
98. Have you ever wished that you could go unconscious?
99. Have things gotten so tough that you decided to quit?
100. Have you ever given up?
101. Have things gotten so bad that you felt completely stopped?

102. Have you ever felt that somebody had you thwarted?
103. Have you ever felt dirty?
104. Did anyone or anything make you feel slimy or unclean?
105. Did anyone ruin you for life?
106. Did anyone or anything ruin you forever?
107. Did anyone ever do anything to you that was so bad that you felt you would never recover from it?
108. Were your hopes and aspirations shattered?
109. Is there somebody who dampened your enthusiasm?
110. Do you know somebody who keeps picking on little faults?
111. Have you been criticized?
112. Have you been attacked?
113. Have you ever been accused of things you haven't done?
114. Were you falsely found guilty?
115. Have your intentions been misinterpreted?
116. Has anyone given you false reasons for things?
117. Do you know someone who made it hard for you to talk?
118. Is there something that you don't want to ever have happen to you again?
119. Has anyone sucked you into their viewpoint?
120. Is there somebody that you felt dirty after associating with?
121. Has anyone convinced you that you were wrong?
122. Is there somebody that you had to resist going into agreement with?
123. Is there anybody who seemed to have a strange power over you?
124. Did somebody scream and yell at you?
125. Were you punished?
126. Have you been hunted?
127. Are you wanted anywhere?
128. Has anyone made life miserable for you?
129. Has anyone cast a spell over you?
130. Have you ever been tortured?
131. Did anyone cause you stress?
132. Did somebody nag you a lot?
133. Have you ever been shocked?
134. Have you been startled so severely that you wondered what was happening?
135. Do you feel that you have been abused?
136. Has anyone scorned you?
137. Has anyone taken unfair advantage over you?
138. Do things seem hopeless?
139. Have you ever been harmed?
140. Do you like flowers?
141. Is there anything that you feel uncomfortable about?
142. How do you feel you have been treated?

## OVERT ASSESSMENT

After each appropriate answer ask the question: "Did you intend that?" or "Was it intentional?"

01. Is there anything that you feel guilty about?
02. Have you done anything wrong?
03. Have you ever harmed anybody?
04. Have you taken an unfair advantage over somebody?
05. Have you ever convinced anyone that something they wanted to do was impossible?
06. Have you made anyone feel hopeless?
07. Have you ever betrayed anyone's trust in you?
08. Is there something you've done that you are restraining yourself from ever doing again?
09. Have you ever shocked or startled somebody?
10. Have you ever nagged anybody?
11. Did anyone deserve what you did to them?
12. Have you done something to somebody that they didn't deserve?
13. Have you worried somebody?
14. Have you upset somebody?
15. Is there somebody that you feel you didn't do enough to?
16. Is there anyone that you've tried to get revenge on?
17. Have you ever tortured anybody?
18. Have you ever really wanted to do anybody in?
19. Have you ever hunted anybody?
20. Have you ever murdered anyone? or tried to?
21. Have you made somebody's life miserable?
22. Have you punished somebody?
23. Have you ever screamed or yelled at somebody?
24. Have you hit somebody?
25. Have you tried to control somebody?
26. How have you tried to stop another?
27. Is there any overt that you feel you should have committed?
28. Do you feel you have been too lenient?
29. Have you enforced your opinion on somebody?
30. Have you convinced somebody that he or she was wrong? How?
31. Have you made anyone feel that he or she was no good?
32. Have you been mean to others?
33. Have you done anything that was cruel?
34. Have you had to be hard on somebody for their own good?
35. Is there somebody that you tried to dominate? How?
36. Is there something that you have had to restrain yourself from doing?
37. Have you prevented another from talking?
38. Have you cut somebody's comm?
39. Have you lied to somebody?
40. Have you attacked somebody?
41. Do you feel you have been unjust?
42. Is there any time when you thought that you had been too weak?
43. Have you ever accused somebody of something they didn't do?
44. Have you ever pronounced somebody guilty?
45. Is there somebody you have criticized to others?

46. Have you talked about somebody behind their back?
47. Have you invalidated somebody?
48. Is there somebody you have wanted to destroy?
49. Have you tried to destroy somebody?
50. Is there somebody you would like to teach a lesson to?
51. Is there somebody you would like to harm?
52. Is there somebody who deserves to suffer a little?
53. Do you know anyone that you consider yourself too good for?
54. Is there something you could do that would really show them?
55. Have you ever had to point out somebody's faults?
56. Have you ever beaten somebody up?
57. Do you think that you might have killed somebody?
58. Have you ever shattered somebody's hopes and aspirations?
59. Have you ever blunted somebody's goal?
60. Is there any overt that you have committed that you feel you will never be able to make up for?
61. Have you ever stopped another? or tried to?
62. Have you betrayed anybody?
63. Have you ever been too mean to anybody?
64. Have you hurt somebody that you loved?
65. Have you rejected anybody that you loved?
66. Have you failed to thank or acknowledge somebody who helped you?
67. Have you ever made somebody give up?
68. Have you ever destroyed another's hopes?
69. Have you ever made another go unconscious?
70. Have you ever drugged anybody?
71. Have you ever hypnotized somebody?
72. Have you ever implanted another?
73. Is there somebody that you led astray?
74. Have you ever rendered another unconscious and then told them to do bad things?
75. Have you ever tried to control another's mind?
76. Have you ever tried to destroy another's mind?
77. Have you ever tried to totally wipe out another being?
78. Have you ever been negligent of somebody you were looking after?
79. Have you wounded anybody?
80. Have you ever mistreated anybody?
81. Have you ever destroyed another's possessions?
82. Have you ever tried to wipe out another's memory?
83. Have you ever punished somebody for telling something?
84. Have you ever forced another to keep a secret?
85. Have you ever passed on something that somebody told you confidentially?
86. Have you ever forced another to keep their mouth shut?
87. Have you ever prevented another from revealing something?
88. Have you ever coerced another into doing bad things?
89. Have you ever put somebody to sleep and then done bad things to them?
90. Have you ever jailed somebody?
91. Have you ever trapped another?
92. Have you ever scarred another's body?
93. Have you ever dismembered somebody?
94. Have you ever disfigured somebody?
95. Have you ever tried to possess or control another?
96. Have you ever undermined another's position?

97. Have you ever undermined another's authority?
98. Have you ever destroyed another's morals?
99. Have you ever destroyed another's mind?
100. Have you ever destroyed another's memory?
101. Have you ever run a can't have on somebody?
102. Have you ever forced another into a contract or agreement?
103. Is there somebody that you really hate?
104. Is there somebody that you used to hate?
105. Have you ever tried to get rid of somebody?
106. Have you ever been rude or discourteous?
107. Have you ever dominated somebody else?
108. Is there somebody you think would be better off dead?
109. Is there somebody you should have gotten rid of?
110. Do you know of anybody who got too powerful?
111. Is there somebody whose opinions you sought to invalidate?
112. Have you ever forced somebody to do something against their will?
113. Have you ever ridiculed another?
114. Have you ever held another up to contempt?
115. Have you ever made someone feel unwanted?
116. Is there some temptation you haven't been able to resist?
117. Is there a time when you were too good?
118. Is there somebody whom you neglected?
119. Is there somebody who deserved everything they got?
120. Is there somebody who deserved more than you did to them?
121. Is there somebody whom you prevented from doing things that they wanted to do?
122. Is there somebody whom you took for granted?
123. Have you ever failed to keep your exchange in with others?
124. Have you ever stolen anything?
125. Have you ever borrowed another's possessions and not returned them?
126. Have you ever failed to repay a loan?
127. Have you ever taken advantage of somebody?
128. Is there somebody whom you exploited?
129. Is there somebody whom you tried to make less of?
130. Have you ever disappointed somebody?
131. Have you ever tried to get even?
132. Is there some overt you haven't committed but should have?
133. Have you ever treated somebody badly?
134. Have you ever hurt somebody's feelings?
135. Is there anyone that you tricked?
136. Is there somebody whom you feel guilty around?
137. How do you think you have erred?
138. Do you think that you are evil in any way?
139. Is there anything that you have done that we haven't covered?
140. Tell me your opinion of yourself now.

## OTHERS TO OTHERS ASSESSMENT

01. Are others mean to others?
02. Have you observed anyone being cruel to someone?
03. Is suffering necessary?
04. Do you know anyone who harmed others?
05. What do you think others do that is wrong?
06. Has someone taken unfair advantage of another?
07. Do you know somebody who makes others feel hopeless?
08. Has somebody betrayed another's trust in them?
09. Has somebody ridiculed others?
10. Do you know somebody who nagged others?
11. Is there somebody who made another's life hell?
12. Do you know somebody who upset others?
13. Have you felt you should intervene when somebody was doing something to somebody else?
14. Did somebody deserve what others did to them?
15. Do you know somebody who should be restrained from committing averts on others?
16. Do you know somebody who was sadistic?
17. Do you know somebody who made others feel guilty?
18. Do you know somebody who worried others?
19. Is there somebody who specialized in upsetting others?
20. Do you know somebody who was always talking about their upsets with others?
21. Do you know somebody who committed a lot of averts?
22. Do you know somebody who wanted to do others in?
23. Do you know anybody who wanted to make others suffer?
24. Is there somebody who hates others intensely?
25. Do you know anyone who wanted vengeance?
26. Do you know somebody that others tried to get revenge on?
27. Have you ever witnessed another torturing another?
28. Have others ever hunted anybody?
29. Have you ever seen a friend or loved one made to suffer?
30. Have you seen somebody butchering others?
31. Have you ever witnessed a murder?
32. Is there anybody who made somebody else really miserable?
33. Do you know of anybody who punished others?
34. Have you ever seen somebody scream and yell at others?
35. Have you heard of something that somebody did to others that you thought was really bad?
36. Have you seen somebody being beaten?
37. Have you ever seen a whipping?
38. Have you witnessed an execution?
39. Have you witnessed a lynching?
40. How have others tried to control others?
41. Have you seen somebody who was under somebody else's control?
42. Have you seen someone who was under somebody else's influence?
43. Have others tried to control others' minds? How?
44. Have you ever seen someone enslaving others?
45. Do you know anybody who tried to stop things?
46. Is there any overt that others have done to others that you feel very strongly about?



47. Do you think that someone was too lenient with others?
48. Is there somebody who was always enforcing their opinions on others?
49. Do you know anyone who could convince others that they were wrong?
50. Is there someone who convinced others that they were no good?
51. Do you know anyone who was really mean to others?
52. Have you known someone you would describe as really cruel?
53. Do you know someone who was hard on others for their own good?
54. Do you know someone who enjoyed making others suffer?
55. Do you know somebody whom others considered very dominating?
56. Have you seen someone restraining themselves from doing bad?
57. Do you know somebody who made others do bad things?
58. Do you know somebody who forced others to commit overts?
59. Is there somebody who cut others' communication lines?
60. Have you seen somebody lying to another?
61. Do you know of any injustices others have inflicted on others?
62. Is there somebody who attacked others?
63. Do you know of anybody that you consider was too weak in their handling of others?
64. Do you know of anybody that others falsely accused?
65. Do you know of an innocent person being found guilty?
66. Is there somebody who criticized others?
67. When have you read or heard of others being criticized?
68. Do you know of anybody who gossiped about others behind their backs?
69. Do you know of anyone who invalidated others?
70. Do you know of an instance of others destroying another or others?
71. Do you know of an example of others teaching someone a lesson?
72. Is there somebody who made others suffer?
73. Do you know of an example of others ostracizing somebody?
74. Do you know of anybody who was made an outcast?
75. Is there somebody that others considered fault finding?
76. Do you know of anybody that was beaten up?
77. Is there somebody you think might have murdered somebody?
78. Is there anybody who shattered others' hopes and aspirations?
79. Is there any overt that others have never forgiven others for?
80. Do you know of anybody who was too mean to others?
81. Have you ever heard of someone hurting somebody they loved?
82. Do you know of anyone who rejected others' help?
83. Is there somebody who could never accept help from anyone?
84. Do you know of anyone who never appreciated or thanked others?
85. Do you know of an instance when somebody made another give up or quit?
86. Do you know of somebody destroying another's hopes?
87. Do you know of someone or something making somebody go unconscious?
88. Have you ever seen somebody being drugged?
89. Have you seen somebody hypnotizing another?
90. Do you know of anybody trying to implant another?
91. Have you ever observed others implanting others?
92. Do you know of anybody who led someone astray?
93. Is there anyone who made another do wrong or evil?
94. Do you know of an instance of somebody making another unconscious and then telling them to do bad things?
95. Have you ever observed another trying to destroy somebody's will?
96. Have you ever observed another trying to destroy another's mind?
97. Do you know of any instance of anyone driving another mad?

98. Have you seen somebody trying to wipe out another?
99. Do you know of anyone who was negligent of someone they should have been taking care of?
100. Have you witnessed another being wounded?
101. Have you seen somebody being mistreated?
102. Have you seen somebody destroying another's possessions?
103. Do you know of an instance of others trying to wipe out another's memory?
104. Have you seen somebody punished for telling the truth?
105. Do you know of an instance of others making somebody keep something secret?
106. Do you know of anybody who broke another's confidence?
107. Have you seen or heard of somebody who forced others to forced others to keep their mouths shut?
108. Is there anybody who forced others to do bad or evil things?
109. Do you know of an instance of somebody putting somebody to sleep and then telling them to do bad things?
110. Do you know somebody who was jailed?
111. Have you seen another being trapped?
112. Do you know of anybody who was scarred?
113. Have you ever seen somebody being dismembered?
114. Do you know of somebody who was disfigured?
115. Do you know of anybody who tried to possess another person?
116. Have you ever witnessed somebody being undermined?
117. Do you know of anybody who was seduced by another?
118. Do you know anybody who seduced others?
119. Have you ever seen somebody running a can't have on others?
120. Do you know of anybody who forced others into contracts or agreements?
121. Do you know somebody who really hated others?
122. Do you know anybody who was rude or discourteous to others?
123. Do you know anyone who dominated others?
124. Is there somebody whom others thought that would be better off dead?
125. Is there any time when others tried to get rid of somebody?
126. Is there anyone that others thought had gotten too powerful?
127. Is there anyone you knew of who invalidated others' opinions?
128. Have you ever observed somebody being forced to do something?
129. Have you ever observed somebody being tricked into something?
130. When have others ridiculed others?
131. Have you seen somebody being scorned?
132. Do you know somebody whom another made feel unwanted?
133. Do you know anybody who couldn't resist temptation?
134. Do you know somebody who is too good?
135. Do you know somebody who is too meek and mild?
136. Do you know of somebody who excluded others?
137. Do you know of anybody who thought that people deserved to be harmed?
138. Do you know anyone who was a criminal?
139. Have you observed somebody stealing from others?
140. Do you know of anybody who committed crimes?
141. Do you know of anybody who took advantage of others?
142. Do you know of anybody who exploited others?
143. Is there somebody who made less of others?
144. Is there anybody who disappointed others?
145. Do you know anybody who was trying to get even?
146. Do you know anyone who had a chip on their shoulder?
147. Is there somebody who was really bitter about life?

148. Is there somebody who didn't commit an overt but should have?
149. Do you know anyone who you think treated others badly?
150. How do you think people get into committing averts?
151. Is there somebody who thinks that others are evil?
152. Is there somebody whom others considered to be really evil?
153. Is there anything that others have done to others that we haven't covered?
154. Have any of these questions reminded you of any withhold of yours?
155. Have any of these questions reminded you of anything you have done?

## SELF TO SELF ASSESSMENT

Intentions question, where appropriate, ask: "Did you intend \_\_\_\_\_?"

1. Have you been too hard on yourself?
2. Have you been mean to yourself?
3. Have you made yourself suffer?
4. Do you think it is better to suffer?
5. Have you harmed yourself?
6. Have you made yourself feel hopeless?
7. Have you ever let yourself down?
8. Have you exposed yourself to ridicule?
9. Have you made your life hell?
10. Have you felt that you should stay upset about something?
11. Do you feel that you are undeserving?
12. Have you restrained yourself?
13. Have you made yourself feel guilty?
14. Have you worried yourself?
15. Have you made yourself worry about things?
16. Have you not permitted yourself to enjoy something?
17. Have you tried not to want something too much?
18. Have you tried not to let yourself have things you wanted?
19. Have you tried not to want things?
20. Have you limited your goals?
21. Is there anything that you have not allowed yourself to have?
22. Have you held yourself back from doing something you wanted to do?
23. Is there anything that you have prevented yourself from being?
24. Do you feel that you are stopping yourself in any way? (If so, How? Why?)
25. Have you cautioned yourself?
26. Have you put yourself last?
27. Have you made anyone else wrong for taking care of themselves?
28. Have you made anyone else wrong for having things?
29. Have you inhibited yourself?
30. Have you invalidated yourself?
31. Do you ever make less of yourself to others?
32. Do you ever make less of yourself to yourself?
33. Do you feel that you are unimportant?
34. Have you put others or the group before your own interests?
35. Have you agreed with someone who was critical of you?
36. Have you felt that you were nothing?
37. Have you made yourself overly important?
38. Have you been arrogant?
39. Have you been selfish?
40. Have you been lazy?
41. Have you neglected others' best interests?
42. Have you ever hated yourself?
43. Have you ever despised yourself?
44. Have you ever been greedy?
45. Have you ever tried to grab everything for yourself?
46. Have you exaggerated your own importance?
47. Have you felt that you had too many possessions?
48. Have you felt that you had too much money?

49. Have you felt that you took too much of something for yourself?
50. Have you been told or taught that you shouldn't watch out for your own interests?
51. Have you been told or taught that you shouldn't watch out for other's interests?
52. Do you feel that you are holding yourself back?
53. Have you ever really wanted to be like somebody else?
54. Have you idolized anyone?
55. Have you tried to model your life after someone else?
56. Have you felt that someone else was far more important than you?
57. Have you felt that you stressed your own importance too much?
58. Have you punished yourself for doing wrong?
59. Have you tried to be humble?
60. Have you neglected your health?
61. Have you neglected your own happiness?
62. Have you tried to abstain from pleasure?
63. Have you tried not to enjoy yourself too much?
64. Have you tried to dampen your own enthusiasm about something?
65. Have you damaged your body?
66. Have you inflicted pain on yourself?
67. Have you tried to hypnotize yourself?
68. Have you implanted yourself?
69. Have you tried to destroy your mind?
70. Have you tried to destroy your memory?
71. Have you tried to wipe out your personality?
72. Have you tried force a different beingness on yourself?
73. Have you tried to change your ways?
74. Have you tried to change your personality?
75. Are there things that you don't like about yourself?
76. Is there some way in which you have made yourself miserable?
77. Do you have any doubts about yourself?
78. Do you lack confidence in yourself?
79. Have you tried to extinguish yourself?
80. Have you felt that the world or others would be better off without you?
81. Have you decided to leave so that you wouldn't cause any more harm?
82. Have you become addicted to drugs or alcohol?
83. Have you made nothing out of yourself?
84. Have you blamed yourself for another's faults?
85. Have you tried to take responsibility for things you didn't cause?
86. Have you taken the credit for others actions?
87. Have you failed to stand up for your own rights?
88. Have you worked yourself too hard?
89. Have you let yourself be lazy?
90. Have you let others get away with taking advantage over you?
91. Have you agreed to things you didn't want to?
92. Have you agreed to something that was to your own detriment?
93. Have you agreed that you were no good?
94. Have you agreed that you were harmful or evil?
95. Have you invalidated your own opinions?
96. Have you invalidated your own knowingness?
97. Have you invalidated your own beingness?
98. Have you invalidated the success of your actions?
99. Have you invalidated your ability to be able to do things?
100. Have you permitted someone else to dominate you?

101. Have you forced yourself to do something against your will?
102. Have you forced yourself to do something against your own better judgment?
103. Have you ever made yourself feel better?
104. Have you ever made yourself regret something you did?
105. Have you made yourself confess to things that you didn't do?
106. Have you felt that you must be really evil?
107. Have you postulated something bad would happen to you?
108. Have you ever mocked up a bad future for yourself?
109. Have you allowed somebody else to adversely effect your opinions of yourself?
110. Have you agreed to try to change your ways?
111. Have you agreed to something harmful?
112. Have you agreed that you should limit yourself?
113. Have you agreed that you should have a bank?
114. Have you agreed that you shouldn't be mobile?
115. Have you agreed that you shouldn't know too much?
116. Have you agreed that you shouldn't remember?
117. Have you agreed that you shouldn't form habits?
118. Have you agreed that you should have a stimulus-response mind?
119. Have you agreed that you should learn by experience?
120. Have you agreed that you should be punished for your misdeeds?
121. Have you agreed that you shouldn't create something?
122. Have you agreed that you should create something?
123. Have you agreed that you shouldn't change your mind?
124. Have you agreed that you shouldn't change your agreements?
125. How do you feel about yourself?
126. How would you like to be?
127. Tell me some things you would like to do?
128. Tell me some things you would like to have?
129. Is there something you would like to postulate for your future?
130. Is there any reason why you shouldn't be free?
131. How do your ideas about yourself compare to what they were before?

## MULTIPLE FLOW EVIL PURPOSE RUNDOWN

L&N Flow 1: “What evil purpose has another had toward you?”

L & N Flow 2: “What evil purpose have you had towards others?”

L & N Flow 3: “What evil purpose have others had towards others?”

L & N Flow 0: “What evil purpose have you had towards yourself?”

### LISTING AND NULLING STEPS

Here is an example for first L&N question:

“W/W would enforce communication on another?”

1. What does a \_\_\_\_\_ do?
2. What does a \_\_\_\_\_ withhold?

This unburdens the item so that now the intention can be listed.

What would be the basic intention of a \_\_\_\_\_?

For Pcs:

Run the intention R3RA Quad per the XDN instructions for running intentions.

For PreOTs:

Check for ownership: Yours, a BTs, A Clusters, others?

Yours: Quad Recalls or D/L

If the intention turns out to be also a righteous computation (ser fac item), one could first run:

1. What does \_\_\_\_\_ get a person into?
  2. What does \_\_\_\_\_ get a person out of?
  3. How does \_\_\_\_\_ help a person to win?
  4. How does \_\_\_\_\_ make others lose?
  5. How does \_\_\_\_\_ help a person to be powerful?
  6. How does \_\_\_\_\_ make others weak?
  7. What is right about \_\_\_\_\_?
  8. How could you use \_\_\_\_\_ to make others wrong?
- etc.

BT: Run the BTs intention chain to EP to a blow. If no blow, then Inc II/Inc I or NOTs handling to a blow if needed.

Cluster: Assess the Type of Incident assessment to get the incident that formed the intention, date it, locate and run it if necessary earlier similar to a blow. If no blow, then standard OT III or NOTs cluster handling to a blow.

If another's: Locate who it is and handle as a BT above.



## FIRST DYNAMIC NOUNS

1. The list of words below is called Method 6 to the pc or preOT; on each the pc gives back an automatic response or comment.
2. Get considerations about each reading item that reads either instantly when you say the word or when the pc responds or comments. Look for service facs computations and evil purposes, ways he is resisting the item. If the pc or preOT gives an evil purpose or service fac computation, handle it per the instructions given in step 01 of the L 10 FULL PROGRAM bulletin.

## ALTERNATE HANDLING

If, for example, the auditor says CAREER and the pc responses with: "That is for sure something I'll never have," one could put together an L&N question incorporating the assessment word and the response.

"Who or What would never have a career?"

"A sad broken down loser"

The terminal is then handled per L-type handling as in Step 01 of the L 10 FULL PROGRAM bulletin.

## FIRST DYNAMIC NOUNS ASSESSMENT

thetan	individuality	identity	mental machinery
a mind	a skill	tool	clothing
career	identification	human body parts	brain
body	cells	car	house
food	meals	vehicle	decorations
certificates	diplomas	body organs	viewpoints
a habit	appetite	ego	urge to survive as
individual			
learning	hobby	medicine	self improvement
study	book	ornament	grooming
personal hygiene	self expression	health	product
GE		job	paycheck

## SECOND DYNAMIC OVERTS ASSESSMENT

After each valid answer, ask: "Who would make you guilty about that?"

1. Have you ever been unfaithful to somebody?
2. Have you ever broken somebody's heart?
3. Have you ever raped somebody?
4. Have you ever used somebody sexually?
5. Have you ever led somebody on sexually?
6. Have you ever used sex with somebody to obtain favors?
7. Have you ever seduced somebody?
8. Have you ever withheld sex from somebody?
9. Have you ever invalidated somebody sexually?
10. Has sex with you been boring to somebody?
11. Has somebody ever bragged about sexual experiences with you?
12. Have you ever lied to somebody about your sexual past?
13. Have you ever made somebody feel degraded about a sexual experience?
14. Have you ever persuaded somebody to engage in a sexual activity when they didn't want to?
15. Have you ever degraded somebody sexually?
16. Have you ever drugged somebody for sexual purposes?
17. Have you ever flirted with somebody when they didn't want you to?
18. Have you ever embarrassed somebody sexually?
19. Have you ever made somebody day dream about you sexually?
20. Have you ever told somebody that sex was bad?
21. Have you ever pretended to enjoy sex with somebody?
22. Were you mean to somebody as a child?
23. Did you perform a sexual action with somebody as a child?
24. Were you mean to a child?
25. Did anyone have sexual withholds from you?
26. Were you mean to your brothers or sisters?
27. Have you ever rejected somebody sexually?
28. Have you ever bothered or disturbed somebody when you were a child?
29. Have you ever been involved in pornography?
30. Have you ever engaged in sexually perverted conduct?
31. Have you ever used hypnotism to obtain sex?
32. Have you ever been involved in an orgy?
33. Have you ever experimented sexually?
34. Do you have any withholds from your sexual partner?
35. Have you ever paid for sex?
36. Have you ever been paid for sex?
37. Have you ever made anyone ashamed about their sexual feelings?
38. Have you ever had sex with a member of your family?
39. Have you ever toyed with someone's affections?
40. Have you ever forced someone to have sex with you?
41. Have you ever wished that sex was different or better than it was?
42. Have you ever performed an abortion?
43. Have you ever used a minor for sexual purposes?
44. Have you ever been guilty of child abuse?
45. Have you ever been disrespectful to your parents?
46. Have you ever been cruel to your spouse?
47. Have you ever been cruel to a child?

48. Have you ever favored one child over another?
49. Have you ever spoiled a child?
50. Have you ever mishandled a child?
51. Have you ever neglected a child?
52. Do you have any other omissions on children?
53. How do you feel about children?
54. Do you have any omissions on children that we haven't covered here?
55. Is there anything about the subject of sex that you feel guilty about?
56. Do you have any sexual omissions that you haven't gotten off?

## SECOND DYNAMIC MOTIVATOR ASSESSMENT

1. Has somebody embarrassed you sexually?
2. Has sex with someone been boring to you?
3. Has somebody persuaded you to engage in a sexual activity when you didn't want to?
4. Have you ever felt degraded about a sexual experience?
5. Has somebody seduced you?
6. Has somebody used sex with you to obtain favors?
7. Has somebody led you on sexually?
8. Has somebody withheld sex from you?
9. Has somebody invalidated you sexually?
10. Have you ever been heartbroken?
11. Have you ever bragged about your sexual experiences?
12. Has somebody lied to you about their sexual past?
13. Has somebody used you sexually?
14. Have you ever been raped?
15. Has somebody degraded you sexually?
16. Has somebody drugged you for sexual purposes?
17. Has somebody flirted with you when you didn't want them to?
18. Has somebody been unfaithful to you?
19. Have you ever day dreamed about someone sexually?
20. Has somebody told you that sex was bad?
21. Has somebody pretended to enjoy sex with you?
22. Was somebody mean to you as a child?
23. Did anyone perform a sexual action with you as a child?
24. Were your parents mean to you?
25. Did you have any sexual withholds from your parents?
26. Were your brothers or sisters mean to you?
27. Has somebody rejected you sexually?
28. Have children ever bothered or disturbed you?
29. Did someone try to abort you?
30. Did someone want an abortion when you didn't?
31. Were you ever neglected as a child?
32. Were you ever abused as a child?
33. Did you ever hate your parents?
34. Has a sexual partner been cruel to you?
35. Was anyone cruel to you as a child?
36. Was another child favored over you?
37. Were you spoiled as a child?
38. Did you feel that a brother or sister was spoiled?
39. Were you mishandled as a child?
40. As a child did you ever destroy your toys to get even?
41. As a child did you ever destroy another's possessions out of revenge?
42. Have you been forced sexually?
43. Have you been implanted with sexual compulsions?
44. Have you been implanted with sexual inhibitions?
45. Have you been implanted that sex was evil?
46. Have you been implanted with sexual pictures?
47. Have you been given any false data about sex?
48. Do you feel the affect of anything about sex?
49. Do you have any opinions about sex that you find horrid to express?

50. Is there anything about sex that you have a withhold about?

## SEX AS A SOLUTION

L&N: “Who/what would regard sex as a solution?”

List to one item and if it is a terminal, do the following procedure:

1. What does a\_\_\_\_\_do?
2. What does a\_\_\_\_\_withhold?

This unburdens the item so that now the intention can be listed.

L&N: What would be the basic intention of a\_\_\_\_\_?

If intention is good:

2WC: What progress have you made on the intention\_\_\_\_\_?

If the intention is evil or destructive:

For Pcs:

Run the intention R3R Quad per the Expanded Dianetics instructions for running intentions.

For PreOTs:

Check for ownership: Yours, a BTs, A Clusters, anothers?

Yours: Quad Recalls or D/L

If the intention turns out to be also a righteous computation (ser fac item), one could first run:

1. What does\_\_\_\_\_get a person into?
2. What does\_\_\_\_\_get a person out of?
3. How does\_\_\_\_\_help a person to win?
4. How does\_\_\_\_\_make others lose?
5. How does\_\_\_\_\_help a person to be powerful?
6. How does\_\_\_\_\_make others weak?
7. What is right about\_\_\_\_\_?
8. How could you use\_\_\_\_\_to make others wrong?  
etc.

BT: Run the BTs intention chain to EP to a blow. If no blow, then Inc II/Inc I or NOTs handling to a blow if needed.

Cluster: Assess the Type of Incident Assessment to get the incident that formed the intention, date it, locate and run it if necessary earlier similar to a blow. If no blow, then standard OT III or NOTs cluster handling to a blow.

If another's: Locate who it is and handle as a BT above.

## SECOND DYNAMIC NOUNS

1. The list of words below is called Method 6 to the pc or preOT; on each the pc gives back an automatic response or comment.
2. Get considerations about each reading item that reads either instantly when you say the word or when the pc responds or comments. Look for service facs computations and evil purposes, ways he is resisting the item. If the pc or preOT gives an evil purpose or service fac computation, handle it per the instructions given in step 01 of the L 10 FULL PROGRAM bulletin.

### ALTERNATE HANDLING

If, for example, the auditor says CHILD and the pc responds with: "That is for sure something I would never want to have.", one could put together an L&N question incorporating the assessment word and the response.

"Who or What would for sure never want to have a child?"

"A poor homeless person"

The terminal is then handled per L-type handling as in Step 01 of the L 10 FULL PROGRAM bulletin.

### SECOND DYNAMIC NOUNS ASSESSMENT

food preparation	duplication	child	sex
genital	penis	vagina	sperm
ovum	semen	conception	childhood
mother	farther	matriarch	patriarch
son	daughter	intercourse	family
home	desire	virility	impotence
a marriage	seduction	urge to procreate	sexual pleasure
sexual sensation	courting	femininity	masculinity
pregnancy	birth	babies	breasts
contraceptives	homosexuality	bisexuality	sexual practices
rape	promiscuity	VD	relatives
family ties	incest	mother's milk	abortion
prenatal	influence	mating	nurturing
menstruation	infatuation	sexual love	sibling



## GREATEST OVERT L&N

L&N Flow 1: “What is the greatest overt ever committed against you on the Whole Track?”

L&N Flow 2: “What is the greatest overt you have ever committed on the Whole Track?”

L&N Flow 3: “What is the greatest overt ever that another has committed against another or others on the Whole Track?”

L&N Flow 0: “What is the greatest overt ever that you committed against yourself on the Whole Track?”

List by laws of listing and nulling but be sure to get a BD item, which F/Ns, the question. The list may be rather long.

Now run (despite F/N) “What ARC break occurred just before that?” Use ARCU and CDEI. Desist on each flow at the first F/N, Cog, VGIs.

### THIRD DYNAMIC OVERTS ASSESSMENT

1. Have you ever been disloyal to your group?
2. Have you ever mistreated another group member?
3. Have you ever betrayed your group?
4. Have you ever taken unfair advantage of your position in a group?
5. Have you put your own interests above those of your group?
6. Have you ever required another group member to sacrifice himself for the group?
7. Have you ever invalidated a group?
8. Have you invalidated a group's purposes?
9. Have you upset a group with your disagreements?
10. Have you ever walked out on a group?
11. Are you against any group?
12. Is there any group that you hate?
13. Have you thrown someone out of a group?
14. Have you expelled anyone from a group?
15. Have you third parted someone to the rest of the group?
16. Have you created dissension within a group?
17. Do you feel there is any group that you owe anything to?
18. Have you forced anyone to join a group?
19. Have you upset a group?
20. Have you left a group just to make them wrong?
21. Have you ever thrown a group off its true purposes?
22. Have you declared war on a gang?
23. Have you ever created a gang?
24. Have you committed overt acts as part of a gang?
25. Do you belong to a gang?
26. Have you ever let your team down?
27. Have you made your team ashamed of you?
28. Have you failed to support your team?
29. Have you been mean to a team member?
30. Have you failed to support your school?
31. Have you been against your school?
32. Have you caused trouble at a school?
33. Do you have any overt acts on your school?
34. Have you ever created a secret society?
35. Have you ever caused trouble as a member of a secret society?
36. Have you ever harmed a secret society?
37. Have you ever pledged your allegiance to a secret society?
38. Have you ever harmed a club?
39. Have you ever failed to contribute to a club?
40. Have you ever been a bad representative of an association?
41. Have you ever tried to get more out of an association than you put in?
42. Have you been a bad member of a church?
43. Have you violated the mores of a church?
44. Did you commit secret sins?
45. Have you disturbed the other members of your church?
46. Did you do anything that would have made your church ashamed of you?
47. Have you ever lied about your connection with a church?
46. Have you ever abandoned a church that you felt you owed your allegiance to?
45. Have you ever harmed a religion?

50. Have you ever harmed your race?
51. Have you done anything that your race would be ashamed of?
52. Have you declared war an another race?
53. Have you ever been a bad example of your race?
54. Have you ever betrayed your country?
55. Have you ever failed to support your country?
56. Have you harmed your country?
57. Have you invaded another country?
58. Have you destroyed another country?
59. Have you been mean to your friends?
60. Have you troubled a friend?
61. Have you ever stated an agreement that you didn't mean?
62. Have you ever pretended to be in agreement when you weren't?
63. Have you ever broken an agreement just because it didn't suit you?
64. Have you ever been disloyal?
65. Have you committed any overts because of your duty or loyalty to a group?
66. Have you ever withheld your support?
67. Have you ever supported something that was an overt?
68. Have you ever betrayed an agreement?
69. Have you ever continued an agreement after you no longer agreed?
70. Is there anything that you have done to a group that we haven't covered here?

### THIRD DYNAMIC MOTIVATOR ASSESSMENT

1. Has a group been mean to you?
2. Have you been mistreated by a group?
3. Has a group betrayed your trust?
4. Has a group taken unfair advantage over you?
5. Has a group tried to interfere with your personal life?
6. Have you been required to sacrifice yourself for a group?
7. Have you been involved with a group that considered itself the only true group?
8. Have you belonged to a group that misrepresented its goals or purposes?
9. Have you ever felt overwhelmed by disagreements from a group?
10. Is there any group that is against you?
11. Has a group rejected you?
12. Have you been thrown out of a group?
13. Is there any group that hates you?
14. Is there any group that has betrayed you?
15. Have you belonged to a group that had internal disagreements?
16. Have you been upset by a group?
17. Have you known a group that tricked its members?
18. Is there any group that you feel hung up in?
19. Have you belonged to a gang?
20. Has a gang ever damaged your property?
21. Has a gang ever robbed you?
22. Has a gang ever terrorized your loved one's?
23. Has a rival gang ever threatened your group?
24. Have you suffered from the actions of a gang?
25. Has your team ever let you down?
26. Has your team ever disowned you?
27. Has a team that you were part of demanded too much of you?
28. Have you felt ashamed of belonging to a team?
29. Has your school been unpleasant?
30. Have you wanted to go to a different school?
31. Have you been expelled from a school?
32. Have you wanted to leave a school?
33. Have you had disagreements with a school?
34. Have you been mistreated at a school?
35. Have you belonged to a secret society?
36. Have you been in fear of a secret society?
37. Have you been harmed by a secret society?
33. Have you belonged to a club that you had disagreements with?
39. Have you belonged to a club that wanted too much?
40. Have you belonged to a club that you didn't want to be part of?
41. Have you belonged to an association that you no longer wanted to be part of?
42. Have you belonged to an association that was bad for your reputation?
43. Have you belonged to an association that expected too much from you?
44. Have you belonged to a church that was bad or evil?
45. Have you belonged to a church that was suppressive?
46. Have you belonged to a church that restricted your freedom?
47. Have you belonged to a church that made false promises?
48. Have you been part of a church that committed overt on others?
49. Have you belonged to a church that individuated from society?
50. Have you belonged to a church that you wanted to leave?

51. Have you belonged to a church that you were ashamed of?
52. Has a church or religion harmed you?
53. Have you ever been ashamed of your race?
54. Have you been ashamed of your color?
55. Have you wanted to belong to a different race?
56. Have you felt that your race was inferior to you?
57. Have you been handicapped because of your race?
58. Have you been ashamed of your country?
59. Have you felt at a disadvantage because of your country?
60. Has another country made war on yours?
61. Has another country ruined your country?
62. Has your country been invaded?
63. Has your country made you feel separate from humanity?
64. Do you have any motivators from your country?
65. Do you have any motivators from your group?
66. Do you not like your friends?
67. Is there anything that you wish you hadn't agreed with?
68. Has your duty or loyalty been used against you?
69. Have you felt that you had to be part of a group that you no longer agreed with?
70. Have you ever regretted your allegiance?
71. Has a group ever made you feel inferior?
72. Is there any group that you regret having been part of?
73. Does a group owe you anything?
74. Do you feel the effect of any group?
75. Is there anything that a group has done to you that we haven't covered?

### THIRD DYNAMIC OTHERS TO OTHERS ASSESSMENT

1. Do you know of a group that was disloyal to its members?
2. Is there any group that mistreated its members?
3. Is there any group that attacked other groups?
4. Is there any group that betrayed mankind?
5. Has a group tried to control its members?
6. Has a group betrayed its members?
7. Do you belong to any group that is contra-survival?
8. Do you belong to a group that hates people?
9. Is there any group that is against things generally?
10. Is there any group that seeks to hold its members through fear or force?
11. Is there any group that should be destroyed?
12. Do groups commit overts?
13. Are groups wrong?
14. Has a group ever withheld its true purposes?
15. Does any group do any good?
16. Should a group be helped?
17. Has a gang ever committed atrocities?
18. Have you ever witnessed a gang committing overts?
19. Is a team a bad thing to be part of?
20. Has a team been harmful to its members?
21. Has a team committed overts on another team?
22. Do schools commit overts?
23. Do you have any opinions about secret societies?
24. Has a secret society been harmful?
25. Do churches commit overts?
26. Has a church ever controlled its congregation?
27. Has a church betrayed its congregation?
28. Has a church duped its membership?
29. Has a church made false promises?
30. Has a church betrayed people?
31. Has a church attacked other churches or religions?
32. Has a church done anything harmful?
33. Is there any race that shouldn't exist?
34. Is there any race that committed overts on other races?
35. Is there anything wrong with different races?
36. How could a race be harmful?
37. How have others sought to trap others?
38. Have there been any truly evil groups?
39. Has a group sought to hold people to agreements that were no longer valid?
40. Are there any agreements that should be changed?
41. Do you have any considerations about how groups should conduct themselves?

### THIRD DYNAMIC SELF TO SELF ASSESSMENT

1. Has a group been harmful to itself?
2. Has a group betrayed itself?
3. Are there any overts that you think a group committed on its members?
4. Has a group been disloyal to itself?
5. Is there any group that destroyed itself?
6. Is there any group that invalidates its own goals?
7. Is there any group that fights its members?
8. Is there any school that has harmed itself?
9. Is there any race that has harmed itself?
10. Is there any country that has been harmful to itself?
11. Is there any nation that was self-destructive?
12. Is there any church that destroyed itself?
13. Is there any religion that destroyed itself?
14. Is there any church or religion that destroyed its members?
15. Is there any church or religion that harmed its members?
16. Is there any agreement that is self-destructive?
17. Is there any way that groups harm themselves that we haven't covered here ?

## **ENEMY RUNDOWN**

L&N Flow 1: “Who/What has regarded you as an enemy?”

L&N Flow 2: “Who/What have you regarded as an enemy?”

L&N Flow 3: “Who/What have others regarded as an enemy?”

L&N Flow 0: “Who/What would be an enemy to himself/herself?”

Do the 6 way O/W process on any item found.



### THIRD DYNAMIC NOUNS

1. The list of words below is called Method 6 to the pc or preOT; on each the pc gives back an automatic response or comment.
2. Get considerations about each reading item that reads either instantly when you say the word or when the pc responds or comments. Look for service facs computations and evil purposes, ways he is resisting the item. If the pc or preOT gives an evil purpose or service fac computation, handle it per the instructions given in step 01 of the L 10 FULL PROGRAM bulletin.

### ALTERNATE HANDLING

If, for example, the auditor says POLICE and the pc responses with: "I am so afraid of police.", one could put together an L&N question incorporating the assessment word and the response.

"Who or What would be afraid of the police?"

"A desperate criminal!"

The terminal is then handled per L-type handling as in Step 01 of the L 10 FULL PROGRAM bulletin.

### THIRD DYNAMIC NOUNS ASSESSMENT

club	flag	insignia	meeting place
uniform	rank	the state	members
membership	law	rules	corporation
agreement	team	a race	team mates
constitution	constituency	politics	leaders
followers	morals	commandments	policy
admin	organization	org board	orders
school	education	exchange	military
police	prison	criminal	mores
language	urge to join	war	government
democracy	tyranny	aristocracy	collective

## FOURTH DYNAMIC OVERTS ASSESSMENT

1. Have you ever treated a member of your species like an animal?
- 1a. Have you ever treated a member of your species like a machine?
2. Have you ever made territory uninhabitable?
3. Have you ever resigned from the human race?
4. Have you ever pretended to be a human being?
5. Have you ever done anything to keep mankind from uniting?
6. Have you ever tried to exterminate a species?
7. Have you ever pretended to be a member of a different species?
8. Have you ever denied a species a place to live?
9. Have you ever prevented a species from reproducing?
10. Have you ever perverted the purpose of a species?
11. Have you ever kept your own species ignorant?
12. Have you ever eaten a member of your own species?
13. Have you tried to start a war among your own species?
14. Is there anything you've done to a species that would be unsafe for you to reveal?

## FOURTH DYNAMIC NOUNS

1. The list of words below is called Method 6 to the pc or preOT; on each the pc gives back an automatic response or comment.
2. Get considerations about each reading item that reads either instantly when you say the word or when the pc responds or comments. Look for service fac computations and evil purposes, ways he is resisting the item. If the pc or preOT gives an evil purpose or service fac computation, handle it per the instructions given in step 01 of the L 10 FULL PROGRAM bulletin.

### ALTERNATE HANDLING

If, for example, the auditor says ECOLOGY and the pc responds with: "I hate recycling cans.", one could put together an L&N question incorporating the assessment word and the response.

"Who or What would hate recycling cans?"

"A person with no future"

The terminal is then handled per L-type handling as in Step 01 of the L 10 FULL PROGRAM bulletin.

### FOURTH DYNAMIC NOUNS ASSESSMENT

commerce	human species	ecology	development of space
space travel	world travel	genocide	exploration
human race	brotherhood	united nations	world organization
world trade	confederations	world citizenship	league of nations
esperanto	world health	world treaties	international
human rights	world systems	world communication	urge to act in concert
free trade	global contract	world government	human dignity
common man	agreements		

## MEST/LIFE ASSESSMENT

Run each charged item on:

“What have you done to \_\_\_\_?”

“What have you omitted regarding \_\_\_\_?”

1. Matter
2. Energy
3. Space
4. Time
5. Location
6. Form
7. Objects
8. Motion
9. Land
10. Sea
11. Rivers
12. The environment
13. This planet
14. Planets
15. The sun
16. Stars
17. The physical universe
18. Theta
19. Entheta
20. Thought
21. Ideals
22. Principles
23. Ethics
24. Aesthetics
25. Thetans
26. Life
27. God
28. Creativity
29. Creation
30. Infinity

## CONNECTIONS ASSESSMENT

1. Is there anyone you will have to handle when you return home?
2. Is there anyone you have to handle at work?
3. Is there anyone in your life who is a problem to you?
4. Is there anyone in your life who makes problems for you?
5. Is there anyone in your life who makes trouble for others?
6. Is there someone in your life by whom you judge your case gain?
7. Is there a situation that you have to handle in the future?
8. Is there a situation that you don't have to handle yet?
9. Has this auditing been a solution to a problem?
10. Is there some problem that you are hoping this auditing will solve?
11. Do you know anyone that you are embarrassed about being connected with?
12. Is there anyone that you are connected to that you think could become a problem to you?
13. Is there some person that you are hoping you won't run into?
14. Is there somebody that you would rather not have to confront again?
15. Does anything in the future concern or worry you?
16. Is there something from the past that you hope will never occur again?

## BASIC DYNAMIC RUNDOWN

L&N for each dynamic:

Who or what (W/W) represents the (Dynamic)?

or

W/W would represent the (Dynamic)?

For example:

W/W represents the first dynamic? LF

Item: an engineer LFBD F/N

L&N: What would be the basic intention/purpose of a (an)\_\_\_\_\_?

Handle this intention/purpose per the directions in Step 01 of The L 10 Full Program.

Repeat for all the other dynamics.

## LIE RUNDOWN

- 1) L&N “What was the greatest lie you told on the Whole Track?”
- 2) D/L to blow
- 3) 2 w/c the lie found quad flow to EP.

## SEVENTH DYNAMIC ASSESSMENT

1. Have you ever denied the existence of Beings?
2. Have you ever made people believe they weren't Beings?
3. Have you ever persuaded others some thoughts are bad?
4. Have you ever made a Being believe he was evil?
5. Have you ever made another forget?
6. Have you ever forced a beingness on another?
7. Have you ever made another believe he was somewhere else?
8. Have you ever made another believe he was in a different time?
9. Have you ever made another believe he was someone else?
10. Have you ever confused another's memory?
11. Have you ever persuaded another there were things he must resist?
12. Have you ever prevented another from perceiving?
13. Have you ever prevented another from being something?
14. Have you ever convinced another his postulates didn't work?
15. Have you ever made another experience something he didn't wish to?
16. Have you ever convinced another that he was weak?
17. Have you ever convinced another that he was incompetent?
18. Have you ever convinced another that he was insane?
19. Have you ever convinced another that he was stupid?
20. Have you ever convinced another that he was dishonorable?
21. Have you ever driven another insane?
22. Have you ever enslaved another?



## SEVENTH DYNAMIC NOUNS

1. The list of words below is called Method 6 to the pc or preOT; on each the pc gives back an automatic response or comment.
2. Get considerations about each reading item that reads either instantly when you say the word or when the pc responds or comments. Look for service facs computations and evil purposes, ways he is resisting the item. If the pc or preOT gives an evil purpose or service fac computation, handle it per the instructions given in step 01 of the L 10 FULL PROGRAM bulletin.

### ALTERNATE HANDLING

If, for example, the auditor says GHOST and the pc responds with: "I'm afraid of ghosts.", one could put together an L&N question incorporating the assessment word and the response.

"Who or What would be afraid of ghosts?"

"A frightened person"

The terminal is then handled per L-type handling as in Step 01 of the L 10 FULL PROGRAM bulletin.

### SEVENTH DYNAMIC NOUNS ASSESSMENT

aesthetic wave	value	ghost	spirit
art object	beauty	the occult	magic
voodoo	mediums	masters	symmetry
logic	creative urge	sublimation	ambiguity
poetry	theory	idea	theta
OT	virtue	architecture	literature
essay	writing	imagination	mathematics
evil	courage	goodness	purity
own universe	astral body	ectoplasm	telepathy
telekinesis	metaphysics	ethics	justice
philosophy	immortality	freedom	free will
nobility	style	urge to create	

## EIGHTH DYNAMIC ASSESSMENT

1. Have you ever doubted the truth of your religion?
2. Have you ever desecrated a holy place?
- 2a. Have you ever desecrated a sacred object?
3. Have you ever disobeyed God's commandments?
4. Have you ever failed to perform your religious duties?
5. Have you ever neglected an opportunity to save a sinner?
6. Have you ever been disrespectful to a holy person?
7. Have you ever compromised your religious convictions?
8. Have you ever attacked a religion?
9. Have you ever tolerated a bad religion?
10. Have you ever perverted a religion?
11. Have you thought evil thoughts?
12. Have you ever concealed (denied) your religion?
13. Have you ever changed your religion?
14. Have you ever committed a sin?
15. Have you ever convinced others that some things are unknowable?
16. Have you ever convinced another that there were effects he couldn't create?
17. Have you ever convinced another there were places he couldn't be?
18. Have you ever convinced another that there were Beings with whom he couldn't communicate?
19. Have you ever convinced another that some things cannot be communicated?
20. Have you ever convinced another there were places he couldn't leave?
21. Have you ever persuaded another that he never created anything?
22. Have you ever made another irresponsible?

## EIGHTH DYNAMIC NOUNS

1. The list of words below is called Method 6 to the pc or preOT; on each the pc gives back an automatic response or comment.
2. Get considerations about each reading item that reads either instantly when you say the word or when the pc responds or comments. Look for service facs computations and evil purposes, ways he is resisting the item. If the pc or preOT gives an evil purpose or service fac computation, handle it per the instructions given in step 01 of the L 10 FULL PROGRAM bulletin.

### ALTERNATE HANDLING

If, for example, the auditor says PRIEST and the pc responds with: "I'd never want to be one of those.", one could put together an L&N question incorporating the assessment word and the response.

"Who or What would never want to be a priest?"

"Someone who had stolen from a church"

The terminal is then handled per L-type handling as in Step 01 of the L 10 FULL PROGRAM bulletin.

### EIGHTH DYNAMIC NOUNS ASSESSMENT

religion	worship	goddesses	profanity
priest	guru	avatar	sacrifice
omnipotence	omnipresence	gods	deity
divinity	sublime essence	immanence	radiance
grace	infinite potential	hymn	blasphemy
demon	transcendence	church	prayer
religious practice	rites	absolute	co-existence of
static			
basic truth	as-isness	miracles	divine healing
faith	belief	idols	sacred texts
gospels	sutras	parables	urge to ultimate
truth			
self transcendence	sacred teachings	heaven	hell
devil	angel	paradise	wrath of God
godlike states			

## RESULT ASSESSMENT

This is an assessment for a case that gets into a long grind without relief toward program end. It seeks out things that might have been missed.

1. *Did we slide over something you didn't want mentioned?* \_\_\_\_\_  
(Pull it and go e/s if needed)
2. *Would we do something bad to you if we found out?* \_\_\_\_\_  
(Clean it up with e/s if needed)
3. *Have you given me things that were done by somebody else?* \_\_\_\_\_  
(Clean it up to F/N; if OT III do an LDN)
4. *Are you expecting something magical to happen?* \_\_\_\_\_  
(Phrase it as an item, do Who/What, O/W and get the intention as in Step 01 of the L 10 Full Program)
5. *Are you still wanted somewhere?* \_\_\_\_\_  
(Clean it up and pull the overt)
6. *Are you punishing yourself?* \_\_\_\_\_  
(Find out How? Why? and e/s if needed)
7. *Were all these things done by somebody else?* \_\_\_\_\_  
(LX List or OT III if pc is in that band)
8. *Do you ever invalidate yourself?* \_\_\_\_\_  
(2 w/c e/s to the first time and get the prior confusion)
- 9-1. *Are you trying to prevent others from committing overt on you?* \_\_\_\_\_  
(Find out what overt and 2 w/c e/s if needed)
- 9-2. *Are you trying to prevent yourself from committing overt?* \_\_\_\_\_  
(Find out what overt and 2 w/c e/s if needed)
- 9-3. *Are others trying to prevent others from committing overt on them?* \_\_\_\_\_  
(Find out what overt and 2 w/c e/s if needed)
- 9-0. *Are you trying to prevent yourself from committing overt on yourself?* \_\_\_\_\_  
(Find out what overt and 2 w/c e/s if needed)
10. *Do you think it would be bad to have a win?* \_\_\_\_\_  
(2 w/c and find out why, run the why in the service fac brackets)
11. *Are you trying to protect your reputation?* \_\_\_\_\_  
(2 w/c to find the thing the pc has done that he won't discuss)
12. *Have you not understood what we are trying to do?* \_\_\_\_\_  
(2 w/c and find any ARC breaks)
13. *Has nothing you have tried done any good?* \_\_\_\_\_

(2 w/c e/s to other failures)

14. *Have you done anything that would make you feel that you should punish yourself?* \_\_\_\_\_  
(Find out what he has done and handle as a withhold)
15. *Do you think you deserve a good result?* \_\_\_\_\_  
(Who/What would deserve a good result?, O/W and get the intention as in Step 01 of the L 10 Full Program)
16. *Was all this done on someone else?* \_\_\_\_\_  
(LX Lists or OT III LDN if pc in that band)
17. *Do you feel that change is bad?* \_\_\_\_\_  
(Find out why and handle the answer as a service fac)
18. *Has something just gone on and on?* \_\_\_\_\_  
(Find out what and rehab)
19. *Do you feel you have been criticized?* \_\_\_\_\_  
(2 w/c and clean any ARC breaks)
20. *Should the group be protected from anything?* \_\_\_\_\_  
(Find out why and pull any overts)
21. *Have you ever criticized others?* \_\_\_\_\_  
(2 w/c and find the overt behind the criticism)
22. *Have committed overts during the rundown?* \_\_\_\_\_  
or  
*Have you done something bad during your auditing?* \_\_\_\_\_  
(Pull the overt)
23. *Are you critical of yourself?* \_\_\_\_\_  
(2 w/c to the first time and find the prior confusion)
24. *Do feel it would be better to continue to suffer?* \_\_\_\_\_  
(Find out why and handle as a service fac)
25. *Would enemies be made right if you changed?* \_\_\_\_\_  
(Find who these enemies are and put in the ruds)
26. *Is getting no case gain an overt?* \_\_\_\_\_  
(2 w/c e/s and Did you intend it?)
27. *Do you think you should be punished forever?* \_\_\_\_\_  
(Find out why and handle as a service fac)
28. *Are you afraid that you'll just go home and it will all be the same?* \_\_\_\_\_  
(Find out why he feels this way and handle as a service fac)
29. *Are you withholding a case gain?* \_\_\_\_\_  
(L&N: W/W would withhold a case gain?, O/W and get the intention as in Step 01 of the L 10 Full Program)

30. *Do you have a safe assumption about life?* \_\_\_\_\_  
(2 w/c to find the safe assumption and then run it in the service fac brackets)
31. *Would something bad happen if you changed?* \_\_\_\_\_  
(2 w/c to get the fixed ideas and run those in the service fac bracket)
32. *Are proud of some attitude that you hold?* \_\_\_\_\_  
(Find out what it is and run in the service fac brackets)
33. *Are you pinned down by some earlier life?* \_\_\_\_\_  
(D/L the life and get the overt committed in that life?)
34. *Are trying to leave someplace?* \_\_\_\_\_  
(Find out where he is trying to leave and get the reasons)
35. *Has someone invalidated your gains?* \_\_\_\_\_  
(2 w/c to find out who, indicate that it is suppressive to do this and do the PTS Rundown steps on that person)
36. *Do you have a stuck picture?* \_\_\_\_\_  
(Do the Dianetic Stuck Picture Remedy)
37. *Are you waiting for something to happen?* \_\_\_\_\_  
(Hidden standard, W/W & O/W and intention of terminal)
38. *Has something gone on too long?* \_\_\_\_\_  
(Rehab and program for 37R if needed)
39. *Has something gone on and on?* \_\_\_\_\_  
(Rehab and program for 37R if needed)
40. *Is change bad?* \_\_\_\_\_  
(Find out why and handle as a service fac)
41. *Should other people be protected from something?* \_\_\_\_\_  
(Find out what and handle)
42. *Did we miss answers you had on an earlier assessment?* \_\_\_\_\_  
(Find out what and handle)
43. *Are you getting even for something?* \_\_\_\_\_  
(Get the motivator, then overts and W/Hs on it and then the ARC Break.)
44. *Are you protecting your auditor?* \_\_\_\_\_  
(2 w/c to find what the withhold is.)
45. *Would it make somebody right if you won?* \_\_\_\_\_  
(2 w/c who.)

46. *Are all wins overts?* \_\_\_\_\_  
(2 w/c)
47. *Did we pass a flat point?* \_\_\_\_\_  
(Rehab)
48. *Is something else wrong?* \_\_\_\_\_  
(2 w/c)
49. *Was nothing wrong in the first place?* \_\_\_\_\_  
(Indicate)

## REPAIR ASSESSMENT

This repair assessment can be used on any part of the L 10 Rundown to correct any errors, debug any bogs or repair any of the steps or rundowns. Handling steps are not given with each line on the list since it is assumed that at this level the auditor will know the correct and standard handling of each and every line. The list can be assessed method 3 or method 5, depending on the situation. The auditor can switch to more specialized repair assessments such as the L4, etc. as needed.

1. Did you go exterior? \_\_\_\_\_
2. Is there an out int? \_\_\_\_\_
3. Interiorized into something? \_\_\_\_\_
4. Is there an out list? \_\_\_\_\_
5. Has there been an error in listing? \_\_\_\_\_
6. Have we found a wrong item? \_\_\_\_\_
- 6A. Was it not your item? \_\_\_\_\_
7. Has a list been overlisted? \_\_\_\_\_
8. Has there been a wrong indication? \_\_\_\_\_
9. Have we found a wrong outpoint? \_\_\_\_\_
10. Have we found a wrong area? \_\_\_\_\_
11. Have we found a wrong location? \_\_\_\_\_
12. Have we found a wrong date? \_\_\_\_\_
13. Was there a misownership of an item? \_\_\_\_\_
14. Have we overrun an item? \_\_\_\_\_
15. Have you been cleared over an ARC break? \_\_\_\_\_
16. Have you been cleared over a problem? \_\_\_\_\_
17. Have you been cleared over a withhold? \_\_\_\_\_
18. Was there a withhold that kept coming up? \_\_\_\_\_
19. Is there an undisclosed overt? \_\_\_\_\_
20. Was it not your overt? \_\_\_\_\_



21. Do you have a similar overt of your own? \_\_\_\_\_
22. Has a destructive impulse been missed? \_\_\_\_\_
23. Has something been overrun? \_\_\_\_\_
24. Have we gone past a big win? \_\_\_\_\_
25. Has something been left unflat? \_\_\_\_\_
26. Has anything been cut short? \_\_\_\_\_
27. Was there a misunderstood? \_\_\_\_\_
28. Did something distract you? \_\_\_\_\_
29. Were you distracted by the auditor? \_\_\_\_\_
30. Has something flattened out of session? \_\_\_\_\_
31. Were there awareness changes out of session? \_\_\_\_\_
32. Did you cognite out of session? \_\_\_\_\_
33. Did you have a loss of gain? \_\_\_\_\_
34. Has someone enturbulated you? \_\_\_\_\_
35. Is there an incomplete cognition? \_\_\_\_\_
36. Is there an dianetic error? (For a pc) \_\_\_\_\_
37. Is there a BT or cluster in restim? (For a preOT) \_\_\_\_\_
38. Was there a misownership of charge? \_\_\_\_\_
39. Has there been a misconception? \_\_\_\_\_
40. Was something not fully understood? \_\_\_\_\_
41. You didn't believe it? \_\_\_\_\_
42. You weren't sure? \_\_\_\_\_
43. Are waiting for something to happen? \_\_\_\_\_
44. Were you thinking of something else? \_\_\_\_\_
45. Has anything been missed? \_\_\_\_\_
46. Is something else wrong? \_\_\_\_\_
47. Has there been an unnecessary action? \_\_\_\_\_

48. Was the real reason missed?

\_\_\_\_\_

49. Was there nothing wrong in the first place?

\_\_\_\_\_



# L 11

## INTRODUCTION

L11, The New Life Rundown or later called The New Viewpoint Rundown was developed to give a person a new life. This means it can handle that part of an individual's case which stops him from really living. It handles the major source of aberration upon which attention is fixed, blasting apart that major personal stumbling block.

The EP of L11 is a New Life.

**PREREQUISITES:** L11 (formerly L9S) is not restricted to only those who have completed OT III. The only prerequisites to L11 are a complete Drug R/D and Expanded Grades. It may not be done in the Non-interference Zone between Grade VI, R6EW and OT III.

In all the "L" Rundowns (L10, L11, and L12) the PC or PreOT is fully set up first with a C/S 53 and GF40 expanded if needed.

This rundown was originally developed to resolve extreme cases of psychosis or people in psychotic breaks. The first step in such a case would be rest, food, even a mild sedative to get the person destimulated enough to audit.

The first auditing actions undertaken might be only a GF or C/S 53 to further cool it off, then the rundown goes for blood. CS Series 37R is assessed and handled per the issues. While the EP (stated) is an F/Ning flows assessment, if there were to be a big cognition on the subject of continuing or something to do with that, which showed it no longer to be problem or real particular lack of interest in going further with it, it would be considered to be complete. 37R seems to have a marked influence on TA position and has been known to help resolve chronic low TAs.

Following 37R, the person is given a copy of HCOB 21 Jan 1960, JUSTIFICATION and asked to read it and write an essay on how it has applied (or may have applied) to their life. This is a restimulative action and helps to open up the case even further.

At this point, the PC is asked for an IMPLANT TO HARM which is then Date/Located and should result in blows. Following this, General O/W is run. If the person is stuck in some psychosis, an evil purpose will probably blow into view. If a purpose doesn't blow into view, the O/W is to be run to a general EP.

If no evil purpose comes off in O/W, you would then L&N for it. The following actions are routinely undertaken with evil purposes encountered at this level and above: It is Date/Located to blows, then a 2WC - WHAT PROGRESS HAVE YOU MADE IN ATTAINING THAT PURPOSE? (or a variant of this) is done to blow off further considerations and free the purpose up to leave. These are the routine steps of L 11, NEW VIEWPOINT.

In a later HCOB called C/SING FLAG RUNDOWNS, an expanded step was added which is: a) L 10 PROGRAM ASSESSMENT and L 10 RESULTS ASSESSMENT and then b) Date/Locate to blows of each of the 37R items. This completes L11, New Viewpoint, as a rundown.

While other organisations sell this as a minimum of two intensives to complete, it is a fairly short action which averages less than half an intensive. It is an excellent setup for L 10, CAUSE, and in the HCOB called C/SING FLAG RUNDOWNS it is given as the first of these rundowns. Arbitrarily, in that issue, the sequence given is: NEW VIEWPOINT (L11), EXTROVERSION (L12), CAUSE (L10); although each has its own results and can be done separately from the others. These rundowns are a lot of fun to do and produces great pc changes.

## **L 11 THEORY**

- a. Man is basically good.
- b. That when faced with doing evil, Man restrains himself and limits or lowers his power/cause level.
- c. That long ago on the whole track, evil persons (originally said to be “psychs”) implanted people with evil purposes. Such an implant is referred to in this rundown as an “Implant to Harm,” as these implants embedded commands to do something harmful.
- d. That when an Implant to Harm gets keyed in, the person has the choice of dramatizing it (ie. committing the harmful act), or suppressing the dramatisation (and himself). But in any event, because the person has an impulse to do something evil or harmful, he tends to consider himself harmful or evil and thus tends to restrain himself generally.
- e. If the person dramatizes the Implant to Harm, he commits overts and becomes more susceptible to the implant being restimulated and dramatised again in the future.
- f. Subsequently, the person will probably form an evil purpose of his own and commit overts as a result. These overts form a chain on the evil purpose. There is usually one such evil purpose and chain of overts on any case, or one major one (most dramatised).
- g. Although the person formed that evil purpose himself and is committing the overts in order to try to accomplish it, he still tries to restrain himself from doing it (as he is basically good).

## **RESULT**

As the beginnings of what is handled on this rundown are early on the track and there is considerable restraint imposed on the being by himself from committing overts or from dramatizing an evil purpose/impulse, there is considerable gain to be had in a relatively short period of auditing hours.

Having a “New Life” or a “New Viewpoint” describes the result.

The usual time of this rundown is less than 12 1/2 hours.

## **PREREQUISITES**

Grade IV Expanded and not in need of a Drug Rundown. (It can be done on pcs lower than that, but it takes much longer and it is better if the pc is a Grade IV or above.)





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HCO BULLETIN OF 3 JUNE 1971

Remimeo  
VIII Checksheet  
All VIIIs  
Class IX  
Dept 10s  
All C/Ses

***C/S Series 37R***

REVISED

(C/S Series 37, HCOB 19 May 71 and C/S Series 37  
Addition, HCOB 21 May 71, have been cancelled  
and are not for use. They are replaced by this  
HCOB, C/S Series 37R.)

**MUST BE CHECKED OUT \*RATE  
AND IN CLAY BEFORE USE!**

**HIGH AND LOW TA BREAKTHROUGH**

High and Low TAs have been a longtime puzzle and stumbling block to Auditors.

The usual definition of OVERRUN is “gone on too long” or “happened too often”. This causes high TAs to occur.

In examining a few failures on using “overrun”, I have found that underlying this there is a more basic principle.

When a thetan believes something is “overrun” or “has gone on too long” or “was done too often” he is expressing only a symptom of another mechanism.

The truth is A THETAN CAN DO ANYTHING FOREVER.

To Audit “overruns” is auditing toward an untruth. Thus if carried on as a process it is really an out of ARC Process.

That which makes a thetan *believe* something can be overrun is the EFFORT TO STOP or THE EFFORT TO STOP HIM.

The effort to stop something, when generalized, becomes a “stop everything” and IS the entrance point of insanity. This has been known since 1967. But I did not earlier connect it with the OVERRUN phenomenon.

When a thetan has a long chain of efforts to stop or a chain of efforts to stop him (mixed up with protest, of course, and shame, blame and regret and other human emotion and reaction) he accumulates ridges. These make mass.

This mass makes the high TA.

In truth it is not possible to kill a thetan, so therefore any effort to stop a thetan would only have partial success. So the chain is also full of INCOMPLETES.

An incomplete cycle of action causes ARC Breaks.

Thus an OVERRUN is full of MASS and ARC Breaks!

As you possibly recall from the material of about 1955 the one process you must not run on a pc is “Look out of here and find something you can go out of ARC with.” This sends him into a dwindling spiral.

The common denominators of a bank are OUT OF ARC and STOP!

Thus if too long a list of “What has been Overrun” is required to obtain the first BD F/N item the listing action may very well restimulate much more bank than can easily be handled on some pcs.

As these are *also* the pcs with very high TA, if one lists for overrun and runs much too long a list to get his first BD F/N item, the pc can be heavily restimulated.

Listing errors or upsets can make this, then, too uncomfortable a proceeding for a pc and should NOT now be done. And if it doesn’t work on some pcs in the hands of some auditors, it must therefore be cancelled. Any recommendation on VIII Course to do it is cancelled.

The theory is correct as given on the VIII Course. There, a *few* items were intended. But now some very long lists have come up on some pcs which made the pc uncomfortable and were hard for the auditor to handle. Thus the BD F/N item overrun list must not be done.

CONTINUE is then the Reverse Action to overrun. Continue equals Survival.

The REVERSE to overrun therefore can be run as a process, to wit, “What would you be permitted to continue?” or “What could be Continued?” This however would not be very successful. Thus the listing action is recommended as the process to use.

## LISTS

SEVEN Lists can be done on Overrun itself by using the in-ARC Approach.

- Assess
- A. Self to another
  - B. Another to self
  - C. Others to others
  - D. Others to self
  - E. Self to self
  - F. Another to others
  - G. Others to another

Ordinarily the biggest read or any read has located a flow that will run and will be most real to the pc. But this is not true in handling overruns. The most stopped or rising read is where he's really hung. To get a TA down list the most stopped read or the *rise* of the read or the item that raised the TA when called. This is ONLY true of Overruns.

The list questions for the above are:

- If A stopped: "What could you continue to do to another?"
- If B stopped: "What could another continue to do to you?"
- If C stopped: "What could others continue to do to others?"
- If D stopped: "What could others continue to do to you?"
- If E stopped: "What could you continue to do to yourself?"
- If F stopped: "What could another continue to do to others?"
- If G stopped: "What could others continue to do to another?"

The "Most stopped read" would be one that really froze the needle or caused it to rise or caused the TA to RISE such as 3.5 to 3.6.

The lists would be listed to a BD F/N item, Cog, VGIs. Actually the list could be listed forever. But the pc will get an item he likes and that F/Ns. He is then given his item. One does NOT null such lists unless one has really goofed.

ALL the lists A, B, C, D, E, F and G can be listed. To get a TA DOWN you list the flow that sends the TA UP. Then reassess for the next that sends the TA up, etc.

## LOW TA

The same exact thing causes LOW TAs. The flow could be said to have overwhelmed the pc.

Exactly how you read the list for Low TA will be given in another HCOB after further tests are made. In theory it would go lower on assessment.

Please note that OUT TRs on the part of auditors is the most frequent cause of low TAs. TR 1 that drives the pc out through the back of his head can cause a low (below 2.0) TA on a lot of pcs.

## END PHENOMENA

The End Phenomena, the "EP" of a TA HANDLING RUNDOWN would be all lists assessed or listed to F/N and the pc's needle doing a persistent continual F/N for *days*. This means an F/N, wide, that nothing can kill.

## DEPT 10

The Department of Special Cases should have auditors who can do this rundown by the book and with perfect results. It is really a Dept 10 technique.

## FLOWS NOTE

There are about seven flow directions that can be used or listed. (1) Self to another, (2) Another to self, (3) Others to others, (4) Self to others, (5) Others to self, (6) Another to others, (7) Others to another.

“Flow” is an electronic flow in a direction. In Phoenix, Arizona, in 1952 an “Oscilloscope” (has a face like a radar, shows wave patterns and directions) was once hooked up to an E-Meter movement and showed that a mental flow will flow just so long in one direction. By reversing the repetitive commands when the left-right directional flow slowed, the flow turned around and flowed right-left then slowed, etc. So actual electrical flow occurs in response to the directional command (like “self to another”). Also it jams up when run too long on an average human because his mind has “overruns” in it already.

“Ridges” and masses come about from a conflict of flows opposing or being pulled back as in withholds.

High TAs are caused by two or more flows opposing thus making a mass or ridge.

Low TAs are caused by overwhelm by flows.

The thetan thinks of them as overruns and so quits on a subject or wishes he could.

This is why the TA behaves as it does on life and certain subjects.

There is no real reason why a flow can't go on forever in one direction unless a thetan tries to stop it. Then it ridges and makes mass which then reads on a TA.

## AUDITOR QUALIFICATIONS

An Auditor must be a master at Listing and Nulling in order to touch such Actions as these lists. To foul up on listing on an already fouled-up pc is quite out-tech !

An auditor's TRs should have been passed the Hard Way.

His metering must be excellent and flawless.

His command and use of the Auditor's Code must be complete.

He should himself have had case gain.

He must have a full checkout on this HCO B and be able to do it in clay.

And as I say, he must know the subject of Listing and Nulling so well, he can always list smoothly to a BD F/N item with never a quiver.

## INTERIORIZATION RUNDOWN

This HCO B does not change the Interiorization Rundown in theory or in practice.

It does however give this procedure.

1. On a high or low TA pc check for Exteriorization in auditing.
2. If pc has gone Ext in Auditing make *sure* he has not had an Ext-Int RD earlier before giving him another.
3. If an earlier Int RD exists repair, complete or rehab it. Often an Int RD is itself overrun. An L3B on it will show what is wrong with the earlier one. Some poor High TA pcs have had 2 or 3 Ext-Int RDs! All run past the EP.

Some Ext-Int RDs went totally flat on the secondaries! Or on the recalls. All else was overrun.

4. If no earlier Ext-Int RD was done, then do one.
5. If the check of the Ext-Int RD situation shows it not to be the reason, or was the reason but the TA goes high or low days later, then DO THIS TA HANDLING RD.

As pc high and low TAs have been blocking auditing for a lot of auditors this discovery and its remedy is Delightful news!

L. RON HUBBARD  
Founder

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HCO BULLETIN OF 15 JUNE 1971

Remimeo

*C/S Series 37R*  
*Addition*

**HI-LO TA ASSESSMENT RULES**

In assessing and listing the Continue process it is VITAL to continue to assess the seven flows and list until the entire list widely F/Ns.

There can be more than seven lists taken from the seven flows.

One finds a rise or blow up item, does a list on it, then reassesses ALL seven flows, finds the next most rising item, lists then and assesses ALL seven flows and finds the next most stopped or rising item and lists that. One just keeps this up.

Eventually on assessing the seven flows you can only get a stopped needle. Then a slowed or killed F/N. One uses these for lists. Sometimes toward the last they blow on indication and cog.

The end of it all is the auditor assessing the seven flows without being able to disturb a wide wide persistent F/N.

THAT is the EP of the 37R process. There is no other EP. If not done to that EP the 37R process is incomplete.

**CLEARING FLOWS**

The idea of *flows* should be cleared with the pc before assessment is done.

One can do this by getting the pc to draw them.

Don't confuse the pc with this clearing and make sure he is not confused before assessing the seven flows.

**REPEATED ASSMT**

One can take a sheet of paper lengthwise and write the seven flows along the left edge with lines to the right. By putting in dividing vertical lines one then has 10 or 12 assessments laid out ready to do.

**LOW TA**

Unless one does a THOROUGH JOB to the 37R End Phenomena on a low TA case the TA will continue to go low in future sessions.

A low TA takes more times through the assessments and listing than a high TA.

**CRAMMING**

Auditors who can't do this well must be fully crammed on reading a needle and TA on stops, rises and blow *ups*.

The result, if properly done, is invariably good.

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Issue IV

(Corrected and Reissued)

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*C/S Series 37R*

*Addition 2R*

**LOW TA ASSESSING**

If after an apparent EP of a wide F/N on the last assessment, the pc then has a low TA at the Examiner or subsequently has a low TA, one must NOT start a new program as the existing one (37R) is incomplete.

The correct C/S for an apparent 37R EP which then went sour would be

1. L4B Method 3 and handle.
2. Ask if there is another flow not yet touched. Note its read as it is described and list it.
3. Reassess the existing and the additional flows for any slightest slow or choke and list it.

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Should there still be trouble with low or high TA subsequently, it lies in the area of overts and withholds which blow loose on the Continue process. This is true because overts and withholds add up to stopping something which is discontinuance.

The next process (when all possible thoroughness has been taken with 37R yet trouble of high or low TA persists) has not yet been released.

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Founder

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## 37R PROCEDURE SUMMARY

Ref: 3 June 1971 High and Low TA Breakthrough (C/S Series 37R)  
15 June 1971 Hi-Lo TA Assessment Rules (C/S Series 37R  
Addition)  
16 June 1971R Low TA Assessing (C/S Series 37R Addition 2R)

In assessing the flows and listing the “continue” questions it is vital to continue to assess the eight flows and list until the entire assessment of flows widely F/Ns.

Each list can be listed more than once which means there can be more than eight lists taken from the eight flows.

One finds a rise or blow up item, does a list on it, then assesses ALL eight flows, finds the next most rising item, lists it and then re-assesses all eight flows and finds the next most stopped or rising item and lists that. One just keeps this up, assess and list, over and over.

Eventually, on assessing the eight flows you can only get a stopped needle. Then a slowed or killed F/N. One uses these for lists. Sometimes toward the last they blow on indication and cog.

The end of it all is the Auditor assessing the eight flows without being able to disturb a wide wide persistent F/N.

THAT is the EP of the 37R process. There is no other EP. If not done to that EP the 37R process is incomplete.

### CLEARING FLOWS

The idea of flows should be cleared with the Pc before assessment is done.

One can do this by getting the Pc to draw them.

Don't confuse the Pc with this clearing and make sure he is not confused before assessing the eight flows.

The Pc may have no idea of flows. So before assessing the first time one must clear “flows.” The Pc must understand that these words like “self to another” mean a flow from himself to any other, etc.

While clearing the word “flow” and “flows” watch your meter as you may get your first blow UP of the Tone Arm.

### ASSESSMENT FORM

An assessment form can be printed or one can take a sheet of paper lengthwise and write the eight flows along the left edge with lines to the right. By putting in dividing vertical lines one then has 10 or 12 assessments laid out ready to do.

## LOW TONE ARM

Unless one does a THOROUGH JOB to the 37R End Phenomena on a low Tone Arm case, the Tone Arm will continue to go low in future sessions.

A low Tone Arm takes more times through the assessments and listing than a high Tone Arm.

If, after an apparent EP of a wide F/N on the last assessment, the Pc then has a low Tone Arm at the Examiner or subsequently has a low Tone Arm, one must NOT start a new program as the existing one (37R) is incomplete.

The correct C/S for an apparent 37R EP which went sour would be:

1. L4 Method 3 and handle.
2. Ask if there is another flow not yet touched. Note its read as it is described and list it.
3. Reassess the existing and the additional flows for any slightest slow or choke and list it.

Should there still be trouble with low or high Tone Arm subsequently, it lies in the area of overts and withholds which blow loose on the Continue lists. This is true because overts and withholds add up to stopping something which is discontinuance.

## ASSESSING LOW TONE ARMS

LOW TONE ARMS ALSO ASSESS ON RISE JUST LIKE HIGH TONE ARMS.

There is no difference of procedure except that a low Tone Arm can blow UP to 2.0+ and F/N.

Thus one can't say using 37R on a low Tone Arm case, "List to a BD F/N item" as it may be a Blow UP F/N item.

The Tone Arm may be at 1.8 in listing and when the F/N item goes on the list, the Tone Arm will blow UP to 2.0 or 2.1 and F/N.

Further if the F/N promptly dies, and the Tone Arm falls, one lists further until one blows up, the F/N continues and the Pc is pleased with the item.

Assessment on low Tone Arms is done on RISE for the item listed or a Blow UP, just as in the case of high Tone Arms.

When you list a "low Tone Arm's" falling flow (in assessing the eight flows) and use it for the Continue list the Pc can get very unhappy and will get even more overwhelmed.

Thus low Tone Arm or high Tone Arm, list the eight flows for rise or blow UP and list the one that rose most. This is true of the first and every other flows assessment.

Realize this blow UP rule only applies to 37R and the Continue list and is not used in any other listing.

37R works very well on low Tone Arms.

### CRAMMING

Auditors who can't do this well must be fully crammed on reading a needle and Tone Arm stops, rises and blow ups.

The result, if properly done, is invariably good.

### LISTING PROCEDURE

37R is a very beefy process.

37R works on anyone, regardless of Tone Arm or state of case. It should not be used only on bad off cases. It work on both the worst and the best.

In doing 37R the items are sometimes very heavy and it takes the Pc a bit to accept them. Therefore when one gets a BD F/N item, one asks "Is \_\_\_\_\_ your item?" If he says yes, indicate it to him by saying "\_\_\_\_\_ is your item." The meter should give a fall and the F/N widen.

If the Pc says it is NOT his item, ask the question again and continue to list. The Pc will put the item back on the list usually for it was his item. But he has to list further to realize it.

He can also fail to put it back on the list and if so and he is getting restless in listing, give him the BD F/N item again and he'll buy it.

A very big item that alters the Pc's whole concept of things with big cogs and lots of itsa is a good place to stop a session. 37R doesn't all have to be done in one session. When you begin a new list before the last item is discharged the Pc can get a bit overwhelmed. This is a "nice" point, not a vital one.

Also the big item will often cause the next assessment to be a bit hard as the Pc's attention remains tied up in it for awhile.

If after 37R the Pc's Tone Arm goes up or down again out of the normal 2.0 to 3.0 Tone the action is to do an L4 in general on 37R. It usually picks up the cognition and confirms rather than corrects. The L4 reads on wrong item. The Auditor says which one. Pc gives it. Quite usually it's a right item Pc hasn't cogged on.

After the L4, one can again run 37R. However, a better action is to:

1. Fly all ruds.

2. Continue with Preclear's Program.

## RUDIMENTS

When rudiments are out during 37R a Pc can feel strange. Of course with a high or low Tone Arm you can't get the ruds in.

So you can do a list of 37R and as this will F/N on the meter, you can get in all rudiments.

## ASSESS SLOWLY

By reading a flow and waiting a moment, you give the Tone Arm time to rise.

You can assess too rapidly and find that the Tone Arm has gone up; but which of the last items did it go up on? By proceeding a little more slowly you will be sure.

## STEPS 37R

1. Clear the word "flow."
2. Clear the idea of flow (watch meter) for each flow A to H so the Pc has no misunderstandings.
3. Assess the flows sheet. Take the biggest Blow UP or speed rise (if no big Blow UP).
4. Mark it on the flow assessment sheet and worksheets.
5. Fit it into the question on a separate listing sheet.

What could\_\_\_\_\_continue to do to\_\_\_\_\_?

## THE L&N QUESTION MUST READ!

6. Ask the question of the Pc.
7. Get the Pc to give you items.
8. Write the items down while watching the meter. Mark needle reads or BDs. Put down Tone Arm readings regularly on the list.
9. Get the first item that Blows down (or up for low Tone Arm's) and F/Ns.
10. Ask the Pc if\_\_\_\_\_is his item.
11. If the Pc says yes, say, "\_\_\_\_\_is your item."

Circle it on the listing sheet and mark the F/N and "Ind" for indicated to the Pc. If the Pc says no, continue to list. Pc will put item back on the list, at which time do 10 and 11 above. The Pc will accept it. If he goes on and

begins to protest, give him the first BD F/N item and do 11 and 12. He will accept it.

12. Mark the item and Tone Arm and any itsa on the item or cogs on the worksheets.

Don't do this process without:

- (a) Checking out on C/S Series 37R.
- (b) Doing 1 hour confront and 1 hour reach and withdraw on your meter.
- (c) Dummy Clearing the 12 steps above with no Pc but all the paper and tools until it is a faultless action.
- (d) Having smooth, perfect CEs.
- (e) Following the Auditor's Code.

Don't call the Pc's attention to the meter with comments or stares or looks of horror or edginess or fumbles.

#### SPECIAL 37R

The various flows of Auditor to Pc can be run and indeed an assessment of subjects or dynamics can be assessed by rise and then flow patterned as in "Auditor-Pc" below.

This Special 37R is mentioned here but will be laid out in full for other subjects in another issue.

Pcs who have protest on Clearing can be done in this way.

The flows are:

Auditor to Pc

Pc to Auditor  
Auditors to Pc

Pc to Auditors

Pc to Self

Auditor to Self

Aside from the list change, "Auditor-Pc" is done as in general 37R.



HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 21 JANUARY AD10

Fran Hldrs  
HCO Secs  
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**JUSTIFICATION**

When a person has committed an overt act and then withholds it, he or she usually employs the social mechanism of justification.

We have all heard people attempt to justify their actions and all of us have known instinctively that justification was tantamount to a confession of guilt. But not until now have we understood the exact mechanism behind justification.

Short of Scientology Auditing there was no means by which a person could relieve himself of consciousness of having done an overt act except to try to *lessen the overt*.

Some churches used a mechanism of confession. This was a limited effort to relieve a person of the pressure of his overt acts. Later the mechanism of confession was employed as a kind of blackmail by which increased contribution could be obtained from the person confessing. Factually this is a limited mechanism to such an extent that it can be extremely dangerous. Religious confession does not carry with it any real stress of responsibility for the individual but on the contrary seeks to lay responsibility at the door of the Divinity—a sort of blasphemy in itself. I have no axe to grind here with religion. Religion as religion is fairly natural. But psychotherapy must be in itself a completed fact or, as we all know, it can become a dangerous fact. That's why we flatten engrams and processes. Confession to be non-dangerous and effective must be accompanied by a full acceptance of responsibility. All overt acts are the product of irresponsibility on one or more of the dynamics.

Withholds are a sort of overt act in themselves but have a different source. Oddly enough we have just proven conclusively that man is basically good—a fact which flies in the teeth of old religious beliefs that man is basically evil. Man is good to such an extent that when he realizes he is being very dangerous and in error he seeks to minimize his power and if that doesn't work and he still finds himself committing overt acts he then seeks to dispose of himself either by leaving or by getting caught and executed. Without this computation Police would be powerless to detect crime—the criminal always assists himself to be caught. Why Police punish the caught criminal is the mystery. The caught criminal wants to be rendered less harmful to the society and wants rehabilitation. Well, if this is true then why does he not unburden himself? The fact is this: unburdening is considered by him to be an overt act. People withhold overt acts because they conceive that telling them would be another overt act. It is as though Thetans are trying to absorb and hold out of sight all the evil of the world. This is wrong-headed, by withholding overt acts these are kept afloat in the universe and are themselves as withholds entirely the cause of continued evil. Man is basically good but he could not attain expression of this until now. Nobody but the individual could die for his own sins—to arrange things otherwise was to keep man in chains.

In view of these mechanisms, when the burden became too great man was driven to another mechanism—the effort to lessen the size and pressure of the overt. He or she could only do this by attempting to reduce the size and repute of the terminal. Hence, not-ness. Hence when a man or a woman has done an overt act there usually follows an effort to reduce the goodness or importance of the target of the overt. Hence the husband who betrays his wife must then state that the wife was no good in some way. Thus the wife who betrayed her husband had to reduce the husband to reduce the overt. This works on all dynamics. In this light most criticism is justification of having done an overt.

This does not say that all things are right and that no criticism anywhere is ever merited. Man is not happy. He is faced with total destruction unless we toughen up our postulates. And the overt act mechanism is simply a sordid game condition man has slipped into without knowing where he was going. So there are rightnesses and wrongnesses in conduct and society and life at large, but random, carping criticism when not borne out in fact is only an effort to reduce the size of the target of the overt so that one can live (he hopes) with the overt. Of course to criticise unjustly and lower repute is itself an overt act and so this mechanism is not in fact workable.

Here we have the source of the dwindling spiral. One commits overt acts unwittingly. He seeks to justify them by finding fault or displacing blame. This leads him into further overts against the same terminals which leads to a degradation of himself and sometimes those terminals.

Scientists have been completely right in objecting to the idea of punishment. Punishment is just another worsening of the overt sequence and degrades the punisher. But people who are guilty of overts demand punishment. They use it to help restrain themselves from (they hope) further violation of the dynamics. It is the victim who demands punishment and it is a wrong-headed society that awards it. People get right down and beg to be executed. And when you don't oblige, the woman scorned is sweet-tempered by comparison. I ought to know—I have more people try to elect me an executioner than you would care to imagine. And many a preclear who sits down in your pc chair for a session is there just to be executed and when you insist on making such a pc better, why you've had it, for they start on this desire for execution as a new overt chain and seek to justify it by telling people you're a bad auditor.

When you hear scathing and brutal criticism of someone which sounds just a bit strained, know that you have your eye on overts against that criticised person and next chance you get pull the overts and remove just that much evil from the world.

And remember, by and by, that if you make your pc write these overts and withholds down and sign them and send them off to me he'll be less reluctant to hold on to the shreds of them—it makes for a further blow of overts and less blow of pc. And always run responsibility on a pc when he unloads a lot of overts or just one.

We have our hands here on the mechanism that makes this a crazy universe so let's go for broke on it and play it all the way out.

L. RON HUBBARD

LRH :js.rd



**C/S INSTRUCTION FOR JUSTIFICATION STEP**

1. R-Fac: This is a standard step for all pcs on this rundown.
2. Please read HCOB 21 Jan AD10, JUSTIFICATION.
3. Clear the word “justification” - not just the limited meaning of justifying O/Ws, but the full sense of the word.
3. Then write an essay on how it applies to your life.
4. Turn the essay in.

## IMPLANT “TO HARM”

At this point, the PC is asked for an IMPLANT TO HARM which is then Date/Located and should result in blows.

Following this, General O/W is run.

If the person is stuck in some psychosis, an evil purpose will probably blow into view. If a purpose doesn't blow into view, the O/W is to be run to a general EP.

If no evil purpose comes off in O/W, you would then L&N for it.

The following actions are routinely undertaken with evil purposes encountered at this level and above:

- a. It is Date/Located to blows.
- b. 2w/c - “What progress have you made in attaining that purpose?” (or a variant of this) is done to blow off further considerations and free the purpose up to leave.

These are the routine steps of L 11, NEW VIEWPOINT.

## L 11 EXPANDED

### PROGRAM NOTES

R/F: Tell the PC they can respond to the question and will be asked if interested in L&N.

- a. Ask the PC the 1st question of the Program Assessment Method 6.
- b. Let the PC it's as he/she wishes (watch out for item on F1 L&N).
- c. Now ask if PC is interested in looking at this further.
- d. If so: Clear Flow 1 question. If it reads on clearing, ask the question L&N.
- e. If not: check question. Use Sup and Inv as needed.
- f. Do above on each flow to EP. Now ask the next question and repeat the above steps.

If PC has had Results Assessment on L 10 and it needs correction, this can be done at this point.

Date/Locate 37R items. Cull folder for items that need to be Date/Located.  
(This is not always needed.)

Attest and Success Story.



# L 12

## EXTROVERSION RUNDOWN PROGRAM

### STEP 1 PRELIMINARY - REPAIR OF PAST DATE/LOCATES

- a. Any Date/Locate not fully blown (can use the assessment steps).
- b. Anything Dated but not Located (can use the assessment steps).
- c. Has there been any Dating/Locating of SOMATICS? PRESSURE AREAS? or UPSETS? not fully blown (can use the assessment steps). Redate/Relocate. (On OT III and above, Inc II's/I's)
- d. Any cluster D/L but not fully blown.
- e. Any cluster not fully handled.
- f. Any cluster preOT had trouble with.
- g. Any cluster only partially gone.

On these steps assess for type (Impact, Electrical, Shock, Vacuum, Fall, Injury, Lightening, Explosion, Operation, Collision, Psychiatric, Surgical, Smash, Violence, Implant, Fight, Fire, etc.) then get the scene (some content), Date/Locate it, then Inc II's/Inc I's.

### STEP 1 - L 12 - DATE/LOCATING OF PRESSURE AREAS

Date/locate the following:

- a. Pressures.
- b. Pressure areas.
- c. Too full feeling.
- d. Heavy feeling.
- e. Tight feeling.
- f. Numb feeling.
- g. Any feelings that are natural and should be there.

(On an OT III and above: Type, scene, D/L, II's/I's.)

### STEP 2 PRELIMINARY - PREVIOUSLY FOUND IDENTITIES

- a. Identities in past auditing (clear first).
- b. Item O/W:

If it is a BT it will blow.

If it is a cluster (TA up on listing, agonising somatics, pressures, trouble), Type, Scene, D/L, II's/I's.

If it is his own this lifetime identity, D/L it.

If it is his own past life identity, L&N for basic purpose, then D/L it.

## STEP 2 - L12 - PAST IDENTITIES

- a. Assess the group on the Past Identities Assessment
- b. L&N “W/W past identity was \_\_\_\_?”
- c. Item O/W to a blow (or handling in step 2 (b) above if other than a single BT.)

## STEP 3 - L 12 (for Pre-OTs ONLY) - BEAMS HANDLING

- a. Verify old S&Ds (or L&N for new ones.)
- b. Clear BEAM and the related actions.
- c. “Was there a member of your family that you instinctively disliked?”
- d. “Were you ever married to somebody \_\_\_\_?”
- e. Whatever else you can find. eg: Friends, Other Family, Co-workers, etc.
- f.
  1. Look around the body - find the beam (where it hits the Pre-OT from the terminal found.)
  2. Describe it.
  3. Smooth it out (the edges).
  4. Nullify it (trace it back to the end until it vanishes).

Do these steps on each beam you find.
- g. Two Way Comm (by flows) of beaming others; others beaming others; self beaming self.)

## REPAIR ASSESSMENT FOR DATE/LOCATES

### DATING

1. Wrong Date? \_\_\_\_\_
2. Incompletely Dated? \_\_\_\_\_
3. Implant Date? \_\_\_\_\_
4. Some part of the date was incorrect? \_\_\_\_\_
5. Already Blown? \_\_\_\_\_
6. What was correct for one was incorrect for the rest? \_\_\_\_\_

### LOCATING

1. Is some part of the location wrong? \_\_\_\_\_
2. Wrong Direction? \_\_\_\_\_
3. Wrong Distance? \_\_\_\_\_
4. Incompletely Located? \_\_\_\_\_
5. Already Blown? \_\_\_\_\_
6. What was correct for one was incorrect for the rest? \_\_\_\_\_



## L 12 IDENTITIES ASSESSMENT

### 01. GOOD

Good	_____	Right	_____
Virtuous	_____	Moral	_____
Nice	_____	Kind	_____
Ethical	_____	Polite	_____

### 02. BAD

Bad	_____	Wicked	_____
Naughty	_____	Sinful	_____
Unethical	_____	Immoral	_____
Unkind	_____	Impolite	_____

### 03. SANE

Sane	_____	Rational	_____
Sensible	_____	Logical	_____
Analytical	_____	Reasonable	_____
Lucid	_____	Clear minded	_____

### 04. INSANE

Insane	_____	Irrational	_____
Not sensible	_____	Illogical	_____
Reactive	_____	Unreasonable	_____
Crazy	_____	Foolish	_____

### 05. STABLE

Stable	_____	Reliable	_____
Sturdy	_____	Dependable	_____
Uninfluenced	_____	Unmovable	_____
Sure	_____	Certain	_____

### 06. UNSTABLE

Unstable	_____	Unreliable	_____
Weak	_____	Undependable	_____
Easily influenced	_____	Swayable	_____
Unsure	_____	Uncertain	_____

### 07. CALM

Calm	_____	Cool	_____
Collected	_____	Not dispersed	_____
Fast thinking	_____	Clear thinking	_____
Aware	_____	Concentrating	_____

08. DISPERSED

Dispersed	_____	Rattled	_____
Confused	_____	Ruffled	_____
Slow thinking	_____	Unaware	_____
Scattered	_____	Unsettled	_____

09. HAPPY

Happy	_____	Cheerful	_____
Glad	_____	Contented	_____
Cheery	_____	Euphoric	_____
Merry	_____	Light hearted	_____

10. DEPRESSED

Depressed	_____	Unhappy	_____
Cheerless	_____	Discontented	_____
Sad	_____	Disappointed	_____
Heavy hearted	_____	Upset	_____

11. COMPOSED

Composed	_____	Together	_____
Calm	_____	Peaceful	_____
Contented	_____	Unastonished	_____
Satisfied	_____	Comfortable	_____

12. NERVOUS

Nervous	_____	Distracted	_____
Unsettled	_____	Peaceless	_____
Not contented	_____	Astonished	_____
Surprised	_____	Dissatisfied	_____
Uncomfortable	_____	Turbulent	_____

13. CERTAIN

Certain	_____	Guaranteed	_____
Sure	_____	Assured	_____
Positive	_____	Definite	_____
Firm	_____	Decisive	_____

14. UNCERTAIN

Uncertain	_____	Questioning	_____
Unsure	_____	Doubting	_____
Impositive	_____	Indefinite	_____
Wavering	_____	Indecisive	_____

15. ACTIVE

Active	_____	On the go	_____
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In motion	_____	In action	_____
Lively	_____	Energetic	_____
Vigorous	_____	Mobile	_____
16. INACTIVE			
Inactive	_____	Stopped	_____
Slow	_____	Lazy	_____
Sluggish	_____	Lethargic	_____
Lacking energy	_____	Immobile	_____
17. AGGRESSIVE			
Aggressive	_____	Attacking	_____
Warlike	_____	Antagonistic	_____
Outgoing	_____	Overt	_____
Enterprising	_____	Causative	_____
18. INHIBITED			
Inhibited	_____	Defending	_____
Retreating	_____	Defeated	_____
Withdrawing	_____	Covert	_____
Restrained	_____	Holding back	_____
19. RESPONSIBLE			
Responsible	_____	Causing	_____
Causative	_____	Caring	_____
Open	_____	Willing	_____
Trustworthy	_____	Reliable	_____
20. IRRESPONSIBLE			
Irresponsible	_____	Uncausing	_____
At effect	_____	Uncaring	_____
Unwilling	_____	Negligent	_____
Untrustworthy	_____	Unreliable	_____
21. CAUSATIVE			
Causative	_____	Doing	_____
Influential	_____	Powerful	_____
Making things happen	_____	Dynamic	_____
Effective	_____	Strong	_____
22. UNCAUSING			
Uncausing	_____	Doing nothing	_____
Uninfluential	_____	Weak	_____
Feeble	_____	Powerless	_____
Ineffective	_____	Useless	_____

23. PRAISING

Praising	_____	Validating	_____
Respectful	_____	Granting beingness	_____
Worshipping	_____	Observant	_____
Factual	_____	Acknowledging	_____

24. CRITICAL

Critical	_____	Nagging	_____
Condemning	_____	Disrespectful	_____
Fault finding	_____	Unobservant	_____
Disparaging	_____	Berating	_____

25. APPRECIATIVE

Appreciative	_____	Warm	_____
Friendly	_____	Sympathetic	_____
Loving	_____	Grateful	_____
Kind	_____	Tolerant	_____

26. UNAPPRECIATIVE

Unappreciative	_____	Cold	_____
Unfriendly	_____	Cruel	_____
Unloving	_____	Ungrateful	_____
Unkind	_____	Intolerant	_____

27. COMMUNICATIVE

Communicative	_____	Outgoing	_____
Friendly	_____	Sociable	_____
Talkative	_____	Outspoken	_____
Forward	_____	Unreserved	_____

28. WITHDRAWN

Withdrawn	_____	Introverted	_____
Unfriendly	_____	Unsociable	_____
Shy	_____	Retiring	_____
Reserved	_____	Embarrassed	_____

29. IMMORTAL

Immortal	_____	Surviving	_____
Enduring	_____	Lasting	_____
Undying	_____	Ageless	_____
Timeless	_____	Living forever	_____

30. MORTAL

Mortal	_____	Dead	_____
Dying	_____	Growing old	_____
Aging	_____	Tiring	_____

Wearing out	_____	Expiring	_____
31. RIGHT			
Right	_____	Correct	_____
Accurate	_____	Infallible	_____
Faultless	_____	Perfect	_____
Precise	_____	Exact	_____
32. WRONG			
Wrong	_____	Mistaken	_____
Inaccurate	_____	Making mistakes	_____
Faulty	_____	Imperfect	_____
Erroneous	_____	Blundering	_____
33. OWNING EVERYTHING			
Owning everything	_____	Possessing	_____
Rich	_____	Having	_____
Taking	_____	Greedy	_____
Seizing	_____	Grasping	_____
34. OWNING NOTHING			
Owning nothing	_____	Deprived	_____
Poor	_____	Couldn't have	_____
Giving	_____	Losing	_____
Wanting	_____	Bereft	_____
35. EVERYONE			
Everyone	_____	All encompassing	_____
Embracing	_____	Permeating	_____
Reaching out	_____	Everywhere	_____
Always	_____	Infinite	_____
36. NOBODY			
Nobody	_____	Nothing	_____
Very little	_____	Retreated	_____
Shrunk	_____	Nowhere	_____
Never	_____	Tiny	_____
37. TRUTHFUL			
Truthful	_____	Faithful	_____
Trustworthy	_____	Honest	_____
Honorable	_____	Decent	_____
Loyal	_____	Steadfast	_____
38. LYING			
Lying	_____	Faithless	_____

Dishonest	_____	Treacherous	_____
Untrustworthy	_____	Deceitful	_____
Disloyal	_____	Unscrupulous	_____
39. REAL			
Real	_____	Actual	_____
Factual	_____	Authentic	_____
Down to Earth	_____	Realistic	_____
Genuine	_____	Sincere	_____
40. HALLUCINATING			
Hallucinating	_____	Unreal	_____
Dreaming	_____	Imagining	_____
False	_____	Illusory	_____
Psychotic	_____	Disassociated	_____
41. BELIEVING			
Believing	_____	Trusting	_____
Accepting	_____	Dependent	_____
Convinced	_____	Swayed	_____
Unquestioning	_____	Gullible	_____
42. SKEPTICAL			
Skeptical	_____	Distrustful	_____
Suspicious	_____	Questioning	_____
Doubting	_____	Dubious	_____
Discrediting	_____	Challenging	_____
43. EXISTING			
Existing	_____	Substantial	_____
Solid	_____	Unshakable	_____
Definite	_____	Firm	_____
Self confident	_____	Sturdy	_____
44. NON EXISTENT			
Non existent	_____	Insubstantial	_____
Tenuous	_____	Flimsy	_____
A non-entity	_____	Shaken	_____
Annihilated	_____	Wiped out	_____
45. RIGHTEOUS			
Righteous	_____	Pious	_____
Good	_____	Virtuous	_____
Saintlike	_____	Decent	_____
Moral	_____	Godlike	_____
46. SINFUL			

Sinful	_____	Wicked	_____
A devil	_____	Evil	_____
Wrongdoing	_____	Corrupt	_____
Criminal	_____	Immoral	_____
47. HOPEFUL			
Hopeful	_____	Expectant	_____
Confident	_____	Assured	_____
Optimistic	_____	Cheerful	_____
Looking forward	_____	Positive	_____
48. DESPONDENT			
Despondent	_____	Hopeless	_____
Pessimistic	_____	Despairing	_____
Forlorn	_____	Negative	_____
Cynical	_____	Desperate	_____
49. KNOWING			
Knowing	_____	Omniscient	_____
Understanding	_____	Enlightened	_____
Learned	_____	Educated	_____
Profound	_____	Wise	_____
50. UNKNOWING			
Unknowing	_____	Ignorant	_____
Unacquainted	_____	Green	_____
Simple minded	_____	Empty headed	_____
Dumb	_____	Uninformed	_____
51. INTELLIGENT			
Intelligent	_____	Smart	_____
Bright	_____	A genius	_____
Brilliant	_____	Quick witted	_____
Fast thinking	_____	Adept	_____
52. STUPID			
Stupid	_____	Unintelligent	_____
Dull	_____	Moronic	_____
Retarded	_____	Slow thinking	_____
Brainless	_____	Robotic	_____
53. EXHILARATED			
Exhilarated	_____	Lively	_____
Animated	_____	Invigorated	_____
Stimulated	_____	Inspired	_____
In action	_____	Excited	_____

54. BORED

Bored	_____	Sluggish	_____
In limbo	_____	Enervated	_____
Dulled	_____	Dreary	_____
Numbed	_____	Slow	_____

55. ENTHUSIASTIC

Enthusiastic	_____	Eager	_____
Earnest	_____	Intense	_____
Zestful	_____	Ardent	_____
Ecstatic	_____	Vivacious	_____

56. APATHETIC

Apathetic	_____	Weary	_____
Lethargic	_____	Uncaring	_____
Unmoved	_____	Untouched	_____
Unaffected	_____	Unconscious	_____

57. INTERESTED

Interested	_____	Curious	_____
Intrigued	_____	Fascinated	_____
Attentive	_____	Enticed	_____
Lured	_____	Awakened	_____

58. NOT INTERESTED

Not interested	_____	Disinterested	_____
Bored	_____	Repulsed	_____
Fatigued	_____	Tired	_____
Wandering	_____	Aimless	_____

59. CHEERFUL

Cheerful	_____	Cheerless	_____
Joyful	_____	Delighted	_____
Bright	_____	Sunny	_____
Jovial	_____	Mirthful	_____

60. CHEERLESS

Cheerless	_____	Dismal	_____
Sad	_____	Gloomy	_____
Wan	_____	Weary	_____
Sorrowful	_____	Woeful	_____

61. ANTAGONISTIC

Antagonistic	_____	Hostile	_____
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Opposing	_____	Aggressive	_____
Attacking	_____	Spiteful	_____
Hating	_____	Snarling	_____
62. FRIENDLY			
Friendly	_____	Kindly	_____
Welcoming	_____	Helpful	_____
Amicable	_____	Amiable	_____
Neighborly	_____	Peaceful	_____
63. ANGRY			
Angry	_____	Annoyed	_____
Furious	_____	Displeased	_____
Ill tempered	_____	Vexed	_____
Violent	_____	Peeved	_____
64. CONTENTED			
Contented	_____	Calm	_____
Pleasant	_____	Pleased	_____
Gracious	_____	Forgiving	_____
Tolerant	_____	Mild	_____
65. AFRAID			
Afraid	_____	Fearful	_____
Cowardly	_____	Terrified	_____
Petrified	_____	Apprehensive	_____
Anxious	_____	Intimidated	_____
66. COURAGEOUS			
Courageous	_____	Brave	_____
Fearless	_____	Confident	_____
Self assured	_____	Bold	_____
Dauntless	_____	Death defying	_____
67. EMBARRASSED			
Embarrassed	_____	Ashamed	_____
Chagrined	_____	Meek	_____
Contrite	_____	Repentant	_____
Debased	_____	Mortified	_____
68. PROUD			
Proud	_____	Arrogant	_____
Brazen	_____	Rude	_____
Self respecting	_____	Ambitious	_____
Dignified	_____	Stately	_____
69. SAD			

Sad \_\_\_\_\_  
Tearful \_\_\_\_\_  
Grief stricken \_\_\_\_\_  
Pentant \_\_\_\_\_

Grieffy \_\_\_\_\_  
Regretful \_\_\_\_\_  
Sorry \_\_\_\_\_  
Making amends \_\_\_\_\_

70. HAPPY

Happy \_\_\_\_\_  
Careless \_\_\_\_\_  
Unrepentant \_\_\_\_\_  
Unrecalcitrant \_\_\_\_\_

Carefree \_\_\_\_\_  
Uncaring \_\_\_\_\_  
Incorrigible \_\_\_\_\_  
Unbending \_\_\_\_\_

## BEAMS THEORY

Ref: Tape. 7 June 1971 - BRIEFING TO CLASS 10'S AND C/S's.

A new phenomenon - "Thetans go around zapping thetans as they have done for a very long time. But because thetans can't see thetans very well, particularly thetans who don't have banks, pretty invisible, they take it out on bodies; and you'll find this familiar. It is much more prevalent amongst families, although you do get it elsewhere."

"What they do is zap somebody, and they put out a beam which either has been put out and put out and put out, in the case of a family until now. It is this beam to end all beams, or it is just a momentary beam - THUD, BAP!"

"The wavelength of energy is somewhere in the vicinity of  $1 \times 10^{-13,000}$  centimeters." (Frequency high above ultra-violet and very short wave length).

"The rest of the charge will be found there in a killing intention, or an intention to harm in some fashion or other, expressed as a standing wave of electricity against the other persons body."

"This is a 'LOOK' process." (Not trying to 'run' it).

It is a shame that this tape isn't available, but this is the essence of the beam theory and step. It may seem SciFi, but it is quite workable and the pc will have immediate gain and benefit from it.

## BEAM RUNDOWN

2 JULY 1988

BEAM (noun) 1. a slender shaft of light or other radiation; also used figuratively, as: a beam of hope, beams of majesty.

The idea that we maintain some attachment to the people we have known in the past goes back to the ancient Hawaiian religio-science of Huna. It was believed that a sticky substance called acka is formed in human relationships. When people then separate the acka substance is pulled apart into what is called an acka cord. These are nonmaterial filaments or threads that form a psychic connection between people long after they have disconnected or separated from each other. Acka might also be thought of as a bond of low toned (sympathy, anger, revenge, etc) mental energy that keeps us tied to past relationships. This could be a source of the Type 2 PTS condition.

In the technology of auditing we call these connections beams. If you were in a very emotional relationship with another, e.g., a 2nd Dynamic relationship, and you decided to break it off, the other person might have caused a beam to flow to you out of anger or revenge. Or worse yet, he or she might have broken up with you and out of sympathy, he or she might have beamed you. Someone, such as a parent or secret admirer, might have beamed you out of extreme adoration or infatuation. This type of connection allows us to continue to feel the pain and suffering of someone who is, perhaps, very low toned. These beams will still be attached as a control mechanism even if the enemy, family member or 2D is physically gone. Sometimes the person is long deceased and, yet, remains attached to us with a beam.

These beams of nonmaterial energy connect us to people in present time who we had an unfortunate or unhappy interaction with in the past. The beam was formed in the past and remains in place, today, in present time. Probably a lot of mental garbage flows over these connections and it would be wonderful if we could be free of this type of connection to our past. That is the purpose of the Beam Rundown.

### PROCEDURE

1. Have the Preclear read the above theory on BEAMS.
2. Make a list of terminals. There is no set question, but you could ask "Who have you known in the past who might have beamed you?" It must include all 2D terminals, friends, enemies, with special emphasis on earlier allies.
3. In order of size of read, ask:

“Did\_\_\_\_\_beam your body?”

If yes:

- a. “Spot the beam”

b. D/L the incident when it was put there

If this doesn't blow it, do one or all of the following until the charge is blown on this terminal.

a. LIC

b. PTS R/D

c. Suppressed Person Rundown

Then repeat the D/L of the incident when the beam was put there.

4. Complete the terminal list repeating steps 1 to 3 and then see if the Preclear wants to add any more terminals.
5. Ask Pc, "Do you have any beams stuck to yourself or your body?"
6. If yes, have him "spot" a reading beam stuck to himself or his body.
8. Find out who put it there.
9. D/L the incident when it was put there.
10. Repeat until "no more beams."

## L 12 REPAIR ASSESSMENT

Assess the list Method Three or Method Five and correct what you find. DO NOT OVER CORRECT.

- A. LIST ERRORS \_\_\_\_\_
- B. WRONG ITEM \_\_\_\_\_
- C. WRONG IDENTITY \_\_\_\_\_
- D. LISTED OUT OF SESSION \_\_\_\_\_
- E. ARC BREAK \_\_\_\_\_
- F. OVERTS \_\_\_\_\_
- G. WITHHOLD \_\_\_\_\_
- H. PROBLEM \_\_\_\_\_
- I. DIDN'T WANT TO ANSWER \_\_\_\_\_
- J. GIVING WRONG ANSWERS \_\_\_\_\_
- K. GETTING EVEN \_\_\_\_\_
- L. NOT WANTING TO TALK TO AUDITOR \_\_\_\_\_
- M. PRETENDING \_\_\_\_\_
- N. MISSED DATE \_\_\_\_\_
- O. WRONG DATE \_\_\_\_\_
- P. OMITTED DATE \_\_\_\_\_
- Q. MISSED LOCATION \_\_\_\_\_
- R. WRONG LOCATION \_\_\_\_\_
- S. OMITTED LOCATION \_\_\_\_\_
- T. PARTIAL DATING \_\_\_\_\_
- U. PARTIAL LOCATING \_\_\_\_\_
- V.. DIDN'T ALL BLOW \_\_\_\_\_
- W. STILL HAD IT AFTER SESSION \_\_\_\_\_
- X. MISUNDERSTOOD WORD \_\_\_\_\_
- Y. DIDN'T GET IT \_\_\_\_\_
- Z. INVALIDATED \_\_\_\_\_
- AA. TALKING ABOUT CASE \_\_\_\_\_
- BB. DIDN'T COMPARE WITH HISTORY \_\_\_\_\_
- CC. IDENTITY DIDN'T VANISH \_\_\_\_\_
- DD. EVIL PURPOSE \_\_\_\_\_
- EE. SOMETHING UNHANDLED \_\_\_\_\_
- FF. CASE NOT HANDLED \_\_\_\_\_
- GG. AFRAID TO GO HOME \_\_\_\_\_
- HH. NO PLACE TO GO \_\_\_\_\_
- II. WANTS TO STAY \_\_\_\_\_
- JJ. SOMETHING OVERRUN \_\_\_\_\_
- KK. VENGEFUL IDENTITY \_\_\_\_\_
- LL. SOMETHING CAME BACK \_\_\_\_\_
- MM. LIES \_\_\_\_\_
- NN. PRETENDING \_\_\_\_\_
- OO. NOT BELIEVABLE \_\_\_\_\_
- PP. HAD TO HANDLE IT YOURSELF AFTER SESSION \_\_\_\_\_
- QQ. DOING SOMETHING BETWEEN SESSIONS \_\_\_\_\_
- RR. ON DRUGS \_\_\_\_\_
- SS. GONE PAST A WIN \_\_\_\_\_
- TT. SOMETHING ELSE WRONG \_\_\_\_\_
- UU. THIS ACTION UNNECESSARY \_\_\_\_\_

These questions are pretty much explanatory in themselves. What you want to accomplish is a corrected and smoothly running pc; no more. Your own adjudication as to whether run and handle Incidents Two and One or NOTs style are dependant upon the pc in front of you.

# **THE NEW VITALITY RUNDOWN**

## THEORY OF THE RUNDOWN

The NVRD was designed originally to handle long-term out-of-valence or suppressed preclears.

It is essentially based on the observation that PTSness is a problem, and that PTSness comes about through an exchange of valence.

An individual goes PTS to someone who is a problem to him, to the point that the valence of that individual seems to overwhelm the person's own beingness.

There is an effect created here known as the "dumbbell phenomenon". A dumbbell is an exercise device with two large weighted ends on a handle. One could perceive the valence of the PTS (his own valence) and that of his suppressor (the valence he tends to go into) as opposite ends of a dumbbell. One can perceive a pc flick into his own valence when the antagonistic valence is blown. This could be described as the dumbbell suddenly reversing.

It must be remembered that It is not the actual valence of the that the person goes into, but the valence the PTS perceives. Whether this is what the suppressor is normally like, or is like now, the fact remains that the PTS was overwhelmed by a flow from that person at some point.

Oddly enough, the PTS who is out-of-valence will perceive his own personality traits as being those of the one with whom he has swapped valences -- the other end of the dumbbell.

A young girl who is essentially being cooperative and accommodating is overwhelmed by her nasty, irascible, argumentative stepmother. She assumes the characteristics which seemed to win over her and becomes fractious, irascible, and argumentative.

If you were to ask her who was the most accommodating, cooperative person she ever knew she might easily answer, "My stepmother". After a moment's reflection she might then realize, "Wait! My stepmother wasn't accommodating at all! She was the most irascible person I ever met!" This would be an example of the dumbbell of own-valence versus perceived-valence now swinging around to a correct perception from the pc's own valence .

The access to this central point on the case is through using a gradient of 2 Way Communications, Rudiments, and R3RA.

## TWO-WAY COMMUNICATION TECHNIQUES

The opening 2WC technique used was simply to thoroughly clear the definition of problem -- including beingness-counter beingness -- as described in the tech dictionary. With this whole concept clearly understood, a 2WC Quad on Problems was used to locate hot terminals.

"Tell me about people who have caused you problems in life"



“Tell me about people whom you have caused problems in life”

“Tell me about people who have caused others problems in life”

“Tell me about times you caused yourself problems in life”

Each would be TWC'd to cog FN VGIs, and careful note would be made of terminals who read, and with what read.

These terminals would be culled between sessions and put on a hot terminals list in the front cover of the folder.

Quad Ruds would be run on hot terminals found and these ruds would uncover hot incidents. These would be noted with their reads on a separate sheet as hot incidents. These engrams or secondary engrams would then be run R3RA as narratives.

### **TWO WAY COMMING TRAITS**

A second type of TWC was done in pairs, and was based on characteristics or personality traits dramatized by the individual.

These were done as dichotomies, with the negative side of the dichotomy being 2WCd first. For example one has a PC who is constantly showing characteristics of being hopeless, apathetic, or lethargic. A typical pair of 2WCs might go:

“Tell me about people you've known who were lethargic”

“Tell me about people you've known who were very active”

followed by this pair:

“Tell me about people you've known who were hopeless and apathetic”

“Tell me about people who were optimistic and confident”

The point is that the two-way comms pick up the personality trait the pc is dramatizing, and two way comms for people who have had that trait. It can be any characteristic. General doingnesses could also be included as these are traits of a valence in some degree -- e.g., “helped others” vs. “did others in” or “had a high sense of ethics” versus “had a negative ethics level”.

The idea here is to use aspects of beingness as a lead to hot terminals.

Cull the hot terminals and do ruds on them and the pc will drop into hot incidents.

These are then run and the result of doing this with intelligence and accuracy is a swing back into own valence.

### **OTHER TWO WAY COMMS**

Since you are dealing with the perceived valence of the person versus the perceived valence of his/her suppressor you can also do TWCs of this sort in order to find material that leads you into the hot incidents:

“Tell me some things about yourself you don’t like”

“Tell me some things about yourself you like best”

(Note: these are two separate TWCs, not alternate commands.)

Similar TWCs can be designed which follow the basic principle of taking personality traits and using them to lead you to hot terminals who might be the basic valence mass at the other end of the “dumbbell”.

### **END PHENOMENA**

The rundown has two major types of cognitions, and both of them should occur before the rundown is declared complete.

The first is a realization that the person is himself. Some statement that adds up to “I’m me!” will occur if the rundown is done correctly.

The second will be an awareness that the person is here, aware of the present environment, or “I’m here!”. These two cognitions are natural results of undoing the dumbbell phenomena.

### **NOTES ON PROGRAMMING**

As this is a major action you should have the person’s ruds in and he should not be in the middle of other major actions.

Note, too, that in order to apply these principles intelligently you have to understand the anatomy of valence-counter valence or the problem aspect to suppression.

A long series of problems with mother may be enough to restimulate a valence shift even though mother did not beat the pc or knock him/her unconscious. But the constant locks can restimulate earlier engramic masses which will contain overwhelm.

These get picked up and run on the earlier similar chains that come up in the actions described.

When the hot incidents which keep the pc pinned into the dumbbell are lifted and erased, the dumbbell will snap around and the pc will be looking at the world through his/her own viewpoint again for a change. This brings about the “I’m here” “I’m me” cognitions which signal the end phenomena of the rundown having occurred.

There has been no pilot for administering this rundown on Clears or above as far as I know. The rundown was researched by LRH in 1975, prior to “Dianetics

Forbidden on Clears and OTs". It is paralleled in some respects by Step 15 of the NED for OTs RD.

It has had spectacular results on many cases. There have been some cases it did not have spectacular results on, for various reasons. Usually these were cases being audited after Clear in error, or cases with other by-passed charge not repaired such as list errors or PT overts or other our ruds, or were XDN type cases and were not effect as much as they were contra-survival cause. The NVRD might not resolve this aspect of case (CS Series 22 cases).



# **BRIGHT THINK RUNDOWN**

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 6 DECEMBER 1978

C/Ses  
Tech/Qual  
Class IV Grad  
Auditors

### REVIVIFICATION

Revivification is the bringing back to life of an engram in which a preclear is stuck. The engram or some portion thereof is being acted out in present time by the preclear. It is called a revivification because the engram is suddenly more real to the preclear than present time has ever been. He relives that moment briefly. He does not merely recall or remember it.

This is not the same thing as the “returning” to an incident or engram that is employed in Dianetic auditing. *Return is* the method of retaining the body and the awareness of the subject in present time while he is told to go back to a certain incident. *Revivification is* the reliving of an incident or a portion of it as if it were *happening now*.

This phenomenon can occur in a pc during the End of Endless Int Repair Rundown. (Ref: HCOB 24 Sep 78R, Iss 1. Int RD Series 4R. THE END OF ENDLESS INT REPAIR RUNDOWN.)

The pc, being run on Recalls on Int, will often begin by recalling locks but these can trigger into full play an engram in which he may be stuck and the pc may go into a revivification of it. He will actually be answering and acting from the point or points, down the track where he has been stuck.

Should this happen the auditor simply continues to run the process and get the pc through it. As the pc revivifies he blows through these stuck points on his track and comes out of them, newly, and is now truly in present time.

As revivification is apt to occur on the End of Endless Int Repair, auditors must understand and be able to recognize the phenomena and handle it routinely with excellent TRs when it does.

L. RON HUBBARD  
Founder

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HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

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NED for OTs Series 21

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REVIVIFICATION

During NED for OTs research I discovered that beings do not just reviv in time. They also reviv in location. You can have a guy totally reviv'd in time, he's stuck down the track in an incident which is PT for him. Anything which he views, is viewed from this point in time. It is when he is.

A being can also be in a reviv in place or location. That is where he is. Everything he views is viewed from that location, that viewpoint in space. They're "battered all over the universe". A BT can think of himself as up there, looking down at himself. A totally wrong viewpoint. He's in a reviv and everything he does is from a stuck viewpoint, so he's operating with a stuck spacial point of view. Say the guy is reviv'd in Flanders, everything he does is from the viewpoint in Flanders - even tries to look at himself (now) from Flanders. He's operating in PT from some place down the track.

THOUGHT DISASSOCIATION

Thought disassociation follows a point of view pattern. to you from an altered point of view, so you get disassociated thought. Say he's in a reviv of location, in a radar station in space. You ask him "Where are the books?" - he looks at a radar screen and says "They're going away".

I know a case who had an accident. She thought she left the body and went to a between lives implant and returned to the body. But there has been no between lives implant in that place for eons! What happened is, she was reviv'd in a between lives



implant. She had the accident and went exterior, she thought she went to this between lives implant because that's the location she was revived in.

This is a matter of old fixed viewpoints in spacial locations. You can often cure a case with the process "Where would you be safe?" He might go through a heavy reviv on the process and he might "do a bunk" - going back to his last point of view, location That's why D/L works. You blow that point on Locate step. It's when and where they are, as they're not in PT.

That is where he is "safe", that's Thought Disassociation, and that's small pictures - because he's in the picture, looking at the picture.

These are the mechanics of the Bright Think Rundown (Disassociation process) which can be run on anybody. Running it is not part of NED for OTs as it is a separate RD.

### OBJECTIVE DUB-IN

This is a different phenomenon from Thought Disassociation and spacial reviv.

He looks at that wall, and because it's not safe to look at the wall, he makes a picture of the wall and brings the picture back to him and looks at the picture of the wall. He's so far south he can't confront anything that's in front of him. You tell him to look at the window, he sort of reaches out to the window with a beam or something, makes a picture of it, and pulls the picture back up to him, looks at it and tells you the window has bars on it. This case requires objectives until it's safe to look at something and perceive it.

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C/Ses  
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Auditors

**THE BRIGHT THINK RUNDOWN**

A Process to Handle Disassociation

Apparently, during the last decade, a new factor has entered into the culture that was previously only rare, possibly due to lowered educational standards or the declining nature of the culture itself, but most probably due to one of the common drugs or medicines or even food deficiencies. A percentage which was only one or two has jumped up to eighty or ninety.

This factor is visible in a decline in the ability to tell differences, similarities and identities.

In trying to train a person or get him to live a more survival type life, the establishment officer is encountering this factor.

There is a similar instance of this when drugs first moved into the scene. Before the mid-60's drugs were never much of a factor in processing and such cases were considered rare and then only as a result of medical treatments.

Suddenly I has on my hands a case that did not behave like a case. The TA went out the roof unexpectedly, with no apparent cause and the case wouldn't EP. I went into a sort out on what was different on this case from other cases. It was marijuana. Once we had run out the marijuana the case behaved like a normal case. I was suddenly looking at a rising percentage of such cases, which to date, through the kindness of psychology and psychiatry, had risen to a majority of cases in society.

So here we go again. Some new factor apparently has entered into the society and has risen in a percent which is so high that it will get in the road of anyone trying to get the show on the road.

The factor can be called "Disassociation".

We have here a marvellous new process -- The Bright Think Rundown. Powerfully simple, it requires and auditor who is well-steered against the temptation to Q and A and who is able to run a process through whatever it turns on.

It was originally designed as a remedy for Theetie Weetie cases, but has proven enormously successful as well with cases who disassociate.

This is the person who associates not A and B, but A and O. Not apples and bananas but apples and typewriters. You make a statement and he bends it over to something that has nothing to do with the price of fish.

He is very hard to direct because alter-is enters into it. In fact, an alter-is could be a manifestation of being disassociated.

Things which are different, he conceives to be identical. Things which are similar he conceives to be widely different. Things which are identical he conceives to be only similar.

This case will mess up or complicate just about any order or communication by bringing in carloads of data which have absolutely nothing to do with it. This is because he mis-identifies and cannot evaluate differences in time, location, form, composition, or importance. He is lost in his own figure-figure and facsimilies, sometimes universes away.

The new discovery is that he is back on the time track in locations very remote from where he is. It is not that he is stuck on the track where he is, but is stuck on the track elsewhere, often eons ago.

This is the reason Date/Locate works. It has to be in that order. You have to date it and then locate it because the location is never in now.

The auditor who runs it and the C/S who C/S's it have to have a full command of the subject of "revivication".

Revivication is the bringing back to life of an engram in which a preclear is stuck. The engram or some portion thereof is being acted out in present time by the preclear. It is called revivication because the engram is suddenly more real to the preclear than present time has ever been. He re-lives that moment briefly. He does not merely recall or remember it.

This means that the person moves into a back point of time totally. He gives certain manifestations when he does this, these can be various. They always are visible to the auditor. The trick in processing is to keep running the process until the pc comes out of it just as though nothing had happened.

As the process is run expect the pc to answer from points down the track where he has been stuck. These are the points he operates from while apparently in PT. Expect engrams to appear, with revivication occurring as they are contacted and blown. As the pc re-lives these incidents, he will come out of them, newly, and this time truly in present time. And with a new viewpoint.

Anaten, somatics, abrupt shifts of tone level, heat, agitated physical motion are all quite likely to occur as these points are run off, as the pc is actually revivifying at each heavy point. You just keep running the process with good TRs and metering.

The auditor must ensure the pc is fully sessionable before starting the Rundown, and once started, must get the pc through the phenomena which occur as the pc revivifies and blows through the stuck points on his track. The pc's answers will signify to the auditor precisely what is occurring.

It is vital not to Q and A with these "symptoms" as they come up.

## THE C/S

Here is your C/S for the Bright Think Rundown.

Run:

“Where would you be safe?”

Repetitively to F/N, Cog, VGI's (and pc in PT of course).

The end phenomena of the process is a realisation by the pc that he's really in present time. This EP is normally expressed with some variation of the statement “I'm Here!” This EP must not be coaxed by the auditor asking “Are you here yet?” and the pc must not be fed the cognition.

As the process is run the pc will spot places that are nearby and then places that are far away. The spots he'd spot are near, then far, then near, then far, sometimes a few near and then a few far and then a few near. If the pc does not do this then you know he is not doing the process.

You will find up to 20% of your pc's give simply glib answers and experience no change. This pc is answering the question in some particular and outrageous way. If you give him a D of P Interview on exactly how he was answering the question, you will find he was using some oddball system disassociated from the process. (The fourth American ACC tapes discuss this.) The way to handle this pc is objectives as he is too far out of it to handle a concept and is basically operating off a system. Before you can spot places in the universe you have to have a universe, right?

The main errors an auditor can make are a failure to carry on the process when something peculiar happens and failure to notice a true EP has been reached.

On the failed case (the 20% noted above), when objectives have honestly been completed, you can then run the process with great benefits, but be sure the pc is up to answering the question.

You will get some remarkable changes. Some major wins.

L. RON HUBBARD  
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# **DYNAMIC SORT OUT RUNDOWN**

HUBBARD COMMUNICATIONS OFFICE  
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 2 DECEMBER 1974

Flag Only

(Revised from BTB 4 Dec 1971  
Issue II, replacing HCOB 4 Dec  
1971 Issue II, R-1C Assessment  
by Dynamics.)

EXPERIMENTAL

**DYNAMIC SORT OUT ASSESSMENT**

Reference: LRH ED 257 INT  
DELIVERY REPAIR LISTS

The list is assessed Method Five and handled as indicated. It must be done by an Auditor who can make a prepared list read on a meter.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

AUDITOR: \_\_\_\_\_

FIRST DYNAMIC

1. FAILED TO FIND OUT ABOUT SELF. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
2. PREVENTED FROM BEING SOMETHING. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
3. BEEN INVALIDATED. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
4. SELF-INVAL. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
5. NOT BEING YOURSELF. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
6. BEING AT EFFECT. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
7. YOUR INTEREST IN DOING SOMETHING WAS SUPPRESSED. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

8. FAILED TO ACCOMPLISH SOMETHING. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
9. FORCED INTO DOING SOMETHING. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
10. PREVENTED FROM DOING WHAT YOU WANTED. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
11. FAILED TO HANDLE SOMETHING. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
12. SELF-DENIAL. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
13. PREVENTED FROM HAVING SOMETHING. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
14. FEAR OF LOSING SOMETHING. \_\_\_\_\_  
(2wc E/S to FIN Triple/Quad, R3R Triple/Quad)

#### 2ND DYNAMIC

15. FELT YOU WEREN'T PART OF THE FAMILY. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
16. FELT YOU CAME FROM THE WRONG FAMILY. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
17. FAMILY DISPUTES. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
18. REBELLION TOWARDS FAMILY. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
19. CONFLICTS WITH A FAMILY MEMBER. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
20. MARITAL CONFLICTS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
21. ANXIOUS ABOUT CHILDREN. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
22. CAN'T HAVE CHILDREN. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
23. UNSECURE ABOUT MARRIAGE. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
24. ABERRATED INVOLVEMENTS WITH THE OPPOSITE SEX. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)



- 25. PROMISCUITY. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 26. IGNORANT ABOUT SEX. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 27. SUPPRESSED SEXUAL DESIRE. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 28. FORCED TO HAVE SEX. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 29. SEXUALLY INHIBITED. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 30. ABSENCE OF SEX. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 31. SEXUAL PERVERSIONS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

3RD DYNAMIC

- 32. INTEREST IN A GROUP WAS SUPPRESSED. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 33. FORCED TO JOIN A GROUP. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 34. BETRAYED A GROUP. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 35. BETRAYED BY A GROUP. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 36. DISTRUST IN OTHERS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 37. OTHER'S DISTRUST IN YOU. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 38. DISLIKE OF A RACE. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 39. DISAGREEMENTS WITH A SOCIETY. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 40. OPPOSED TO A COUNTRY. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

4TH DYNAMIC

- 41. CONCERNED ABOUT THE HUMAN RACE.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 42. WORRIED ABOUT MAN'S SURVIVAL.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 43. DISLIKE FOR THE HUMAN RACE.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 44. FAILED TO HELP PEOPLE.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 45. DEGRADED PEOPLE.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 46. NEGLECTED PEOPLE.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 47. NO HOPE FOR MANKIND.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_

5TH DYNAMIC

- 48. UNPLEASANT EXPERIENCES WITH ANIMALS.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 49. FAILED TO HELP AN ANIMAL.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 50. DISLIKE OF AN ANIMAL.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 51. REPELLED BY AN ANIMAL.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 52. FEAR OF SOME ANIMAL.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 53. FEAR OF SOME LIVING THING.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 54. UNSUCCESSFUL AT GROWING THINGS.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 55. PREVENTED THINGS FROM GROWING.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 56. NEGLECT OF PLANT LIFE.  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad) \_\_\_\_\_
- 57. UNAWARE OF OTHER LIFE FORMS. \_\_\_\_\_

(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

6TH DYNAMIC

- 58. DISLIKE OF THE PHYSICAL UNIVERSE. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 59. BAD CONTROL OF THE ENVIRONMENT. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 60. CARELESS ABOUT YOUR POSSESSIONS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 61. LIVING IN DISORDER. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 62. NEGLECTING YOUR POSSESSIONS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 63. AFRAID OF THE PHYSICAL UNIVERSE. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 64. THINGS AROUND YOU BREAK OR FALL APART. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 65. VIOLENT WITH MEST. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

7TH DYNAMIC

- 66. SUPPRESSED BEING SPIRITUAL. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 67. NOT GRANTING BEINGNESS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 68. PREVENTED FROM HAVING SPIRITUAL FREEDOM. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 69. AFRAID OF SPIRITS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 70. UNAWARE OF OTHER BEINGS. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

8TH DYNAMIC

- 71. YOUR BELIEF IN GOD WAS SUPPRESSED. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 72. FELT BETRAYED BY GOD. \_\_\_\_\_

(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

- 73. LOST GOD. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 74. DISBELIEF IN A SUPREME BEING. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 75. FEAR OF THE UNKNOWN. \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)
- 76. FEAR OF INFINITY \_\_\_\_\_  
(2wc E/S to F/N Triple/Quad, R3R Triple/Quad)

\_\_\_\_\_

The pc is C/Sed for 2wc Triple or Quad and R3R Triple or Quad on each item depending on whether the pc is running Triple or Quad.

This assessment can be done by Level 0 Auditors untrained in Dn as part of Grade 0, 2wcs only. It is best done both 2wc's and R3R and in any case the R3R must be programmed and done at a later date.

To run this assessment an Auditor must first starrate and drill it until it's smooth.

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# **SUPER POWER RUNDOWN**

## **INTRODUCTION TO SUPER POWER**

### **Super Power Rundown Series 0**

The following is a list of materials which should make up a checksheet for students learning to apply the Super Power Rundown materials. This background material means it is vital to understand the full theory of the basics of restoring infinite powers to a being.

**SCIENTOLOGY 8**

**SCIENTOLOGY 0 THE BOOK OF BASICS**

**THE WHY IS GOD POLICY LETTER**

**THE ORGANIZATION SERIES POLICY LETTERS**

**THE PHOENIX LECTURES**

**ETHICS AND JUSTICE POLICY LETTERS**

## THE CONDITION BELOW CONFUSION

### Super Power Rundown Series 1

The first action of beingness is to assume a viewpoint. Before one can know he is below confusion, he usually has to realize that he is in a condition of no-condition.

Power is the ability to hold a position in space. The first action of creating space is to assume a point from which to view that space. When a viewpoint has been knocked around down through the time track by forces he believes have affected him, he tends to lose his ability to maintain a position in space.

A being can assume the viewpoint of the first dynamic and attempt to take on all the other dynamics, which eventually overwhelms him. To get a being rehabilitated into the position of being able to operate at cause on all the dynamics, it is first necessary to get him into a condition of being.

Therefore, the first action one takes in running the Super Power processes is to have the person find a viewpoint.

The first command is:

“Find a viewpoint.”

This is run to F/N Cog VGIs.

Then one runs the other flows:

“Find another’s viewpoint,”

“Find a viewpoint that others are creating for others.”

“Find a viewpoint that you have created for yourself.”

A being can be so socked into the MEST universe that viewpoints have become solid objects. Viewpoints are points from which one views universes. Solid objects are made up of matter, energy, space and time. Space is created by a viewpoint; a viewpoint can think the opposite.

Many times you will find a person who is inverted on the dynamics to such an extent that he feel that MEST has created him rather than the other way around.

This process will get the being into a position of being able to handle the condition below confusion and set him up for the next steps of the Super Power Rundown.



## 8TH DYNAMIC PROCESSES

### Super Power Rundown Series 2

This is an unlimited process. Usually you will find the person to be inverted on the dynamics. God is not an object. When one labels god with an identity one immediately degrades the 8th dynamic into MEST terms. The 8th dynamic cannot be defined in terms of MEST. It can only be defined in terms of infinity which the number 8 symbolizes.

When running this process start with the 8th dynamic. Then run through the first up through the seventh and then stop. The purpose is to get the person to assume various viewpoints on all the dynamics at one level and then bring the person back to the 8th dynamic viewpoint.

This process puts responsibility back into the person and sets him up for repair of all earlier actions which brought about a dwindling spiral away from the 8th dynamic viewpoint.

This process is run even if the person goes exterior or has a big win. The only time you would end off the process is on a floating tone arm because obviously you cannot get any more reads on the meter.

While running this process if any upsets, overts, missed withholds occur one simply cleans them up. On running OTs one deals with any body thetans, clusters, entities and so forth as they show up. Remember to audit the person in front of you which means if someone else shows up you must audit them out, set them free before you can set the person in front of you, in the body, free.

Here are the commands in order:

1. Assume the viewpoint of the 8th dynamic.
2. Get the idea of another assuming the viewpoint of the 8th dynamic.
3. Get the idea of others assuming the viewpoint of the 8th dynamic.
4. Get the idea of you causing yourself to assume the viewpoint of the 8th dynamic.
5. Get the idea of your second dynamic assuming the viewpoint of the 8th dynamic.
6. Get the idea of another second dynamic assuming the viewpoint of the 8th dynamic.
7. Get the idea of other second dynamics assuming the viewpoint of the 8th dynamic.
8. Get the idea of you causing all second dynamics to assume the viewpoint of the 8th dynamic.

9. Get the idea of your third dynamic assuming the viewpoint of the 8th dynamic.
10. Get the idea of another third dynamic assuming the viewpoint of the 8th dynamic.
11. Get the idea of other third dynamics assuming the viewpoint of the 8th dynamic.
12. Get the idea of you causing all third dynamics to assume the viewpoint of the 8th dynamic.
13. Get the idea of your fourth dynamic assuming the viewpoint of the 8th dynamic.
14. Get the idea of another fourth dynamic assuming the viewpoint of the 8th dynamic.
15. Get the idea of other fourth dynamics assuming the viewpoint of the 8th dynamic.
16. Get the idea of you causing all fourth dynamics to assume the viewpoint of the 8th dynamic.
17. Get the idea of your fifth dynamic assuming the viewpoint of the 8th dynamic.
18. Get the idea of another fifth dynamic assuming the viewpoint of the 8th dynamic.
19. Get the idea of other fifth dynamics assuming the viewpoint of the 8th dynamic.
20. Get the idea of you causing all fifth dynamics to assume the viewpoint of the 8th dynamic.
21. Get the idea of your sixth dynamic assuming the viewpoint of the 8th dynamic.
22. Get the idea of another sixth dynamic assuming the viewpoint of the 8th dynamic.
23. Get the idea of other sixth dynamics assuming the viewpoint of the 8th dynamic.
24. Get the idea of you causing all sixth dynamics to assume the viewpoint of the 8th dynamic.
25. Get the idea of your seventh dynamic assuming the viewpoint of the 8th dynamic.
26. Get the idea of another seventh dynamic assuming the viewpoint of the 8th dynamic.

27. Get the idea of other seventh dynamics assuming the viewpoint of the 8th dynamic.
28. Get the idea of you causing all seventh dynamics to assume the viewpoint of the 8th dynamic.
29. Get the idea of your eighth dynamic assuming the viewpoint of the 8th dynamic.
30. Get the idea of another eighth dynamic assuming the viewpoint of the 8th dynamic.
31. Get the idea of other eighth dynamics assuming the viewpoint of the 8th dynamic.
32. Get the idea of you causing all eighth dynamics to assume the viewpoint of the 8th dynamic.

At this point the person should be in very good shape, enough so that his earlier injustices on the track can be easily accessible from the various viewpoints of the dynamics.

The next step is to do the Ethics Repair List as per Super Power Rundown Series 3.

## ETHICS REPAIR LIST

### Super Power Rundown Series 3

The purpose of the Ethics Repair List is to return full power to a being by proofing him up against injustices, counter postulates, failed purposes, counter purposes and evil intentions across the dynamics.

These questions are asked in an unlimited way. In other words it applies to the whole track and whatever the person comes up with you simply two way comm earlier similar to EP. This repair list is actually designed to set the person up to be able to do the actual super power process. It cleans up the whole track on the subjects of ethics and justice.

Do not take up unreading questions. This list of questions is assessed like a regular repair list except then when you get a read you stop and handle the question and its charge, then repeat the same question to ensure no further reads or charge and then carry on with assessing the list. The list does not have to be F/Ning through the whole list. Handle protest or false reads accordingly.

1. Have you had a wrong intention?
2. Has another had a wrong intention?
3. Have others had wrong intentions?
4. Have you caused yourself to have wrong intentions?
  
5. Have you been given a wrong intention?
6. Have you given another a wrong intention?
7. Have others given others a wrong intention?
8. Have you caused yourself to be given a wrong intention?
  
9. Have you been given a wrong indication?
10. Have you given another a wrong indication?
11. Have others given others a wrong indication?
12. Have you caused yourself to be given a wrong indication?
  
13. Have you had a wrong postulate?
14. Has another had a wrong postulate?
15. Have others had wrong postulates?
16. Have you caused yourself to have wrong postulates?
  
17. Have you been given a wrong postulate?
18. Have you given another a wrong postulate?
19. Have others given others a wrong postulate?
20. Have you caused yourself to be given a wrong postulate?
  
21. Have you ever been in a wrong condition?
22. Has another ever been in a wrong condition?
23. Have others ever been in a wrong condition?
24. Have you ever caused yourself to be in a wrong condition?
  
25. Have you ever been assigned a wrong condition?
26. Has assigned another a wrong condition?

27. Have another ever assigned another or others a wrong condition?
28. Have you ever assigned yourself a wrong condition?
  
29. Have you ever applied a wrong formula for a condition?
30. Have you caused another to apply a wrong condition formula?
31. Have others caused others to apply a wrong condition formula?
32. Have you ever caused yourself to apply a wrong condition formula?
  
33. Has anyone ever disagreed with you?
34. Have you ever disagreed with someone?
35. Have others disagreed with others?
36. Have you caused yourself to be disagreeable?
  
37. Has someone ever caused you to disagree with another?
38. Have you ever caused anyone to disagree with someone else?
39. Have others caused others to disagree with others?
40. Have you caused yourself to disagree with yourself?
  
41. Have you ever been punished for disagreeing with someone?
42. Have you ever caused another to be punished for disagreeing with you?
43. Have others caused others to be punished for disagreeing?
44. Have you caused yourself to be punished for disagreeing?
  
45. Have you ever been lied about?
46. Have you ever lied about someone else?
47. Have others lied about others?
48. Have you lied to yourself about yourself?
  
49. Has anyone ever said that you were bad?
50. Have you ever said that anyone else was bad?
51. Have others said bad things about others?
52. Have you ever said bad things about yourself?
  
53. Have you ever disagreed with society?
54. Has society ever disagreed with you?
55. Have others disagreed with society?
56. Have you disagreed with yourself because of society?
  
57. Have you ever counter postulated the intentions of a society?
58. Has society ever counter postulated your intentions?
59. Have others ever counter postulated the intentions of a society?
60. Have you counter postulated your intentions because of society?
  
61. Have you ever disagreed with a spouse
62. Have you ever caused another to disagree with a spouse?
63. Have others caused others spouses to disagree with others?
64. Have you caused yourself to disagree with a spouse?
  
65. Has anyone ever caused you an injustice?
66. Have you ever caused another an injustice?
67. Have others ever caused others an injustice?
68. Have you ever caused yourself an injustice?

69. Have you ever been lied to?
70. Have you ever lied to another?
71. Have others lied to others?
72. Have you lied to yourself about another?
  
73. Have you lied to yourself about others?
74. Have you lied to yourself about family?
75. Have you lied to yourself about groups?
76. Have you lied to yourself about mankind?
77. Have you lied to yourself about the animal kingdom?
78. Have you lied to yourself about the physical universe?
79. Have you lied to yourself about spiritual beings?
80. Have you lied to yourself about the supreme being?
  
81. Have you ever agreed with someone verbally but disagreed mentally?
82. Have you caused another to agree with someone verbally but disagree mentally?
83. Have others caused others to agree with others verbally but disagree mentally?
84. Have you caused yourself to agree with others verbally but disagree mentally?
  
85. Have you ever been falsely accused?
86. Have you ever falsely accused another?
87. Have others falsely accused others?
88. Have you ever caused yourself to be falsely accused?
  
89. Have you ever been falsely imprisoned by another?
90. Have you ever falsely imprisoned another?
91. Have others ever caused others to be falsely imprisoned?
92. Have you caused yourself to be imprisoned because of others?
  
93. Have you ever been falsely imprisoned?
94. Has another been falsely imprisoned?
95. Have others been falsely imprisoned?
96. Have you caused yourself to be falsely imprisoned?
  
97. Have you ever been wrong?
98. Has another ever been wrong?
99. Have others ever been wrong?
100. Have you caused yourself to be wrong?
  
101. Have you ever been forced into something?
102. Have you ever forced another into something?
103. Have others forced others into something?
104. Have you forced yourself into something?
  
105. Have you ever been forced into a situation?
106. Have you ever forced another into a situation?
107. Have others forced others into a situation?
108. Have you caused yourself to be forced into a situation?
  
109. Have you ever been deceived?

110. Have you ever deceived another?
111. Have others ever deceived others?
112. Have you caused yourself to be deceived?
  
113. Have you ever been manipulated?
114. Have you ever manipulated another?
115. Have others ever manipulated others?
116. Have you caused yourself to be manipulated ?
  
117. Have you ever been made to stay in a location you didn't want to be in?
118. Have you ever caused another to stay in a location they didn't want to be in?
119. Have others ever caused others to stay in a location they didn't want to be in?
120. Have you ever caused yourself to stay in a location you didn't want to be in?
  
121. Have you ever been made to move away from a location you wanted to stay in?
122. Have you ever caused another to move away from a location they wanted to stay in?
123. Have others ever caused others to move away from a location they wanted to stay in?
124. Have you ever caused yourself to move away from a location you wanted to stay in?
  
125. Have you ever been given a wrong purpose?
126. Have you ever given another a wrong purpose?
127. Have others ever given others a wrong purpose?
128. Have you ever given yourself a wrong purpose?
  
129. Have you ever had a false purpose
130. Have you ever caused another to have a false purpose?
131. Have others caused others to have a false purpose?
132. Have you ever caused yourself to have a false purpose?
  
133. Do you have a wrong purpose?
134. Does another have a wrong purpose?
135. Do others have a wrong purposes?
136. Are you causing yourself to have a wrong purpose?
  
137. Do you have any counter purposes?
138. Does another have any counter purposes?
139. Do others have any counter purposes?
140. Are you causing yourself any counter purposes?
  
141. Have you ever been told you had a false purpose?
142. Have you ever told another they had a false purpose?
143. Have others told others they have had false purposes?
144. Have you ever told yourself that you had a false purpose?
  
145. Do you have a failed purpose?

146. Does another have a failed purpose?
147. Do others have a failed purpose?
148. Have you caused yourself to have a failed purpose?
  
149. Have you ever been told you had a failed purpose?
150. Have you ever told another they had a failed purpose?
151. Have others told others they have had failed purposes?
152. Have you ever told yourself that you had a failed purpose?
  
153. Are you evil?
154. Is another evil?
155. Are others evil?
156. Are you causing yourself to be evil?
  
157. Have you ever been told you are evil?
158. Have you ever told another they were evil?
159. Have others told others they are evil?
160. Have you ever told yourself that you are evil?
  
161. Has anyone ever made you do anything evil?
162. Have you ever made anyone else do anything evil?
163. Have others ever made others do anything evil?
164. Have you ever made yourself do anything evil?
  
165. Has anyone ever said that you did anything evil?
166. Have you ever said anyone else did anything evil?
167. Have others ever said others did anything evil?
168. Have you ever made yourself say anything evil?
  
169. Have you been wronged?
170. Have you wronged another?
171. Have others wronged others?
172. Have you caused yourself to wronged?
  
173. Have you been given an evil purpose?
174. Have you given another an evil purpose?
175. Have others given others evil purposes?
176. Have you caused yourself to have an evil purpose?
  
177. Have you ever been told you had an evil purpose?
178. Have you ever told another they had an evil purpose?
179. Have others told others they have had an evil purposes?
180. Have you ever told yourself that you had an evil purpose?
  
181. Have you ever done anything wrong?
182. Has another ever done anything wrong?
183. Have others ever done anything wrong?
184. Have you ever caused yourself anything wrong?
  
185. Is it wrong to be wrong?
186. Is it wrong for another to be wrong?
187. Is it wrong for others to be wrong?
188. Is it wrong for you to cause yourself to be wrong?



189. Is it wrong to be right?
190. Is it wrong for another to be right?
191. Is it wrong for others to be right?
192. Is it wrong to cause yourself to be right?
  
193. Have you ever been expelled from a group?
194. Have you ever expelled another from a group?
195. Have others ever expelled others from a group?
196. Have you ever caused yourself to be expelled from a group?
  
197. Have you ever been forced to leave a group?
198. Have you ever forced another to leave a group?
199. Have others ever forced others to leave a group?
200. Have you ever forced yourself to leave a group?
  
201. Has anything ever happened too fast for you?
202. Have you ever caused anything to happen too fast?
203. Have others caused anything to happen too fast?
204. Have you caused yourself to have something happen too fast?
  
205. Has anything ever happened too slow for you?
206. Have you ever caused anything to happen too slow?
207. Have others caused anything to happen too slow?
208. Have you caused yourself to have something happen too slow?
  
209. Have you ever been given an arbitrary?
210. Have you ever given another an arbitrary?
211. Have others ever given others an arbitrary?
212. Have you caused yourself any arbitraries?
  
213. Have you been given an absolute?
214. Have you ever given another an absolute?
215. Have others ever given others an absolute?
216. Have you caused yourself any absolutes?
  
217. Have you ever been given a false law?
218. Have you ever given another a false law?
219. Have others ever given others any false laws?
220. Have you caused yourself any false laws?
  
221. Have you forgotten anything?
222. Have caused another to forget anything?
223. Have others caused others to forget anything?
224. Have caused yourself to forget anything?

## THE EIGHTH DYNAMIC VIEWPOINT

### Super Power Rundown Series 4

After the person has completed the condition below confusion by finding viewpoints, the eighth dynamic processes and the Ethics Repair List, one then has the person go back to the 8th dynamic process with the following commands:

1. Get the idea of your 8th dynamic assuming the viewpoint of the 8th dynamic.
2. Get the idea of another 8th dynamic assuming the viewpoint of the 8th dynamic.
3. Get the idea of other 8th dynamics assuming the viewpoint of the 8th dynamic.
4. Get the idea of you causing all 8th dynamics to assume the viewpoint of all 8th dynamics.

This now expands the persons viewpoint immensely and sets the person up for the final processes on the Super Power Rundown.

Remember to run each flow to F/N, Cog, VGIs. Only end the session in the event of a floating TA and for no other reason.

## THE ACTUAL SUPER POWER PROCESS

### Super Power Rundown Series 5

The final step of the Super Power Rundown is to give back to the person his full potential power as a being. All prior steps on the Super Power Rundown have been designed to get a person into a state wherein he is set up to regain his ability to handle infinite power. These processes are run just like any other process with full F/N, Cog VGIs as the EP. If the person goes exterior continue to run the processes. If there is a dial wide F/N continue to run the process. The only time you would end off the process or the session is if the person has a persistent floating TA.

At some point during the running of this series of processes the person will reach a state wherein they are speechless. They will laugh with wild abandon. Their TA will be floating! They will probably also be exterior and will be unable to communicate in words what they are experiencing. This is the end result of the Super Power Rundown. It is rare for this to occur prior to the running of the last flow of this series of processes, but if it occurs then acknowledge the win.

One thing the auditor must not do is interrupt the person while in the middle of this major win or during the laughter. Otherwise it will invalidate the win. The auditor simply maintains his TRs and lets the person have his win. Do not end the session until the laughter stops as this will also tend to invalidate the person and his win.

The laughter can go on for some time. Perhaps up to an hour. Be sure and just be there with the person during this win and not end the session until the laughter has subsided.

The following is the last series of processes one runs on the Super Power Rundown:

1. Get the idea that you have infinite power.
2. Get the idea that another has infinite power.
3. Get the idea that others have infinite power.
4. Get the idea that you can cause yourself to have infinite power.
  
5. Get the idea that you have been given infinite power.
6. Get the idea that another has been given infinite power.
7. Get the idea that others have been given infinite power.
8. Get the idea that you have caused yourself to be given infinite power.
  
9. Get the idea that you can give another infinite power.
10. Get the idea that another can give you infinite power.
11. Get the idea that others can give others infinite power.
12. Get the idea that you can cause yourself infinite power.
  
13. Get the idea that you are infinite.
14. Get the idea that another is infinite.
15. Get the idea that others are infinite.
16. Get the idea that you can cause yourself to be infinity.

Make sure to run only the reading process and check for interest. Do not run any process on the person in which he is not interested. The end phenomenon for the Super Power Rundown is a being who has regained the super powers of infinity.

## OT OBJECTIVES

This is rumored to be an objectives rundown which was being piloted in 1982 prior to David Mayo being removed from post.

### PROCESS 1

“Look around here and find something you wouldn’t mind forgetting.”

Ref: Tape 5611C07 15 ACC 18 “Creation: Cycle of a Thetan”  
Tape 5611C06 Time Track

Description:

Predicting the future is becoming an effect in present time. One is never otherwise than cause really. He can get into a prediction of the future which means “I am here in present time and the future is going to have an effect upon me.” Therefore his present time is an effect.

He does this not-knowing a future which he has mocked up. He has to have mocked it up and not-know it in order to have a future. The common denominator on it is not-know. So you have to not-know for the future and not-know for the past. And these not-knows encroach on present time until it gets as thin as a slice of boloney that you buy in a new York Delicatessen.

To a preclear who has no perception at all, present time has been totally extinct. The automatic machinery of the future and the past have not-know so automatically and so thoroughly that they have wiped out present time too. The goal is to broaden present time.

How broad present time can become I don’t know. I think very possibly it could be broadened up to two or three years at a crack. And there is no total impossibility on broadening it up to a million years into the future and a million years into the past and it would all be present time.

Present time would be two million years wide; the person just wouldn’t be not-knowing it. That would be an awful lot of mass.

You could just run not-knowingness processes and exercise and take over the automaticity of not-knowingness. You would broaden present time.

The processes you run on not-know are very simple. “Look around and tell me something you wouldn’t mind forgetting” is a wording that communicates to most preclears.

### PROCESS 2

Ref: Tape 5312C03 “Time as a Barrier”

Description:

Cause is your own decision, command or postulate of action. As long as this precedes action, a person is self-determined. As soon as one's postulate begins to succeed action, he is other-determined, because his postulate is being caused by other determinism than his own. He reaches out here and shifts the ashtray and then he looks at it and wonders why he shifted the ashtray and he says "It's a good thing I moved the ashtray." That's automaticity. Automaticity is only strange and peculiar because it interferes with the barrier of time.

With ease you can pass through any other kind of barrier. By pulling on yourself the trick that we will all agree on the appearance and disappearance of space. Then we will depend upon some symbol which we put up which is spelled T-I-M-E to symbolize this appearance and disappearance of new particle positions. Then we will agree that these particles do not move except in this pattern of our agreement, according to certain laws and when we all hook into the same regulator on the same subject and then depend utterly upon time we can't have the past again. Nor can we have the future again. It becomes a horrible, hectic contest on the part of the individual where is pantingly is keeping himself somewhere in the vicinity of these particles in present time. He is trying to coordinate with their motion consistently and continually and that is the strain which he's undergoing.

He is in advance of all his automaticity when he's in what we will call causative instant. Causative instant is being just a split second ahead of the actual change of the particle, because you're actually assisting their change. Effect instant is being always, with postulates, a split second after the shift. The simultaneous-response bank is a fraction of an instant back of a shift of these particles called MEST. The observational, analytical mind is in the causative instant just a fraction of a second before the change.

I found this process rather uniformly effective if carried out long enough on the preclear that he finds himself fighting time so much and so impatiently that he'll drop back into stimulus-response several times.

Commands:

Simply seat your preclear in the midst of a bunch of MEST objects (dolls, toy cats, etc.) You give him the steer the first time or two and then deliver it into his own hands what he's doing.

You say: "Now you decide to move that (object) to a new position." And he does so, and you say "Now do it."

His automaticity is being junior to your automaticity throughout, so you've got to get this up to a point where he is doing the whole thing and you just leave him there doing it.

NEXT STEP, we say, "Get the idea that you're going to move that (object) to a new position." He gets the idea. And you say "Do something else." His wheels will kind of go screech, skid, and he will do something else. But he will get wise to this after a while: He'll realize that he did something else on a stimulus-response.

NEXT STEP, you say "Now you yourself decide to move this (object) to a new position. You decide it and decide when to do it." And then he'll sit there and do it.

About that time, he may start to protest. He's liable to have all kinds and varieties of protest. Why? Because you are making him actually push up that fraction of a second and he feels like he's being speeded up beyond the point he can tolerate it. That intolerance of pace will not take place. It's not upsetting. There's nothing to that. You just get him to push on through it.

NEXT STEP, "Decide to move that (object). Now move it to the new position." "Now pick out the new position it's going to move into." He does so, and you say "Now decide to move the (object) again to a new position." And he will and you say, "Now having decided, get the idea that you suddenly have to move the ashtray over on your right." He will.

What you're working with there is interference and interruption of action and what you're working with is basically automaticity and the interference with the cycle of action. So that we can't finish cycles of action. What we're working with is trying to return into his mind the idea that he makes up his mind to do something and then does it. That will key out all his machinery.

NEXT STEP, "Now make up your mind you're going to move the (object) to a new position" He selects the new position, and you say "Now don't do it."

You're only trying to move him ahead maybe a billionth of a second. He'll get the idea that he should think of all these things and do them instantaneously. This is upsetting to him that he doesn't do all these things instantaneously. He's just trying to make a postulate work. This is his own laziness showing up with him. Now instead of that we force him to take it carefully, maddeningly and make up his mind to do something and put it to a new position and then not do it. Make up his mind to do something and change it to a new position and then have the idea that he's got to change it and move something else instead, without moving the object, and merely make up his mind to change it to a new position and do it.

### **PROCESS 3**

Ref: Tape 5511HF09 HPC-1 "Six Levels of Modern Auditing, SLP Issue 5 -Level 3"

Description:

Axiom 51 tells that postulates and communication as-is or change MEST, but MEST does not change MEST. That in essence is what the axiom says. Postulates and communication can change MEST, they can as-is it, they can make it disappear. Just the fact of thinking something can make MEST disappear.

Now if we were to create a vacuum in the middle of this room, we would find the air of the room would rush into the vacuum. Absence of pressure in the vacuum would bring about a filling of the vacuum. Absence of pressure in the vacuum would bring about a filling of the vacuum by presence of pressure outside the vacuum, and we would get the vacuum filling up. Similarly, we can create an electronic vacuum by thinking a thought in the middle of a block of energy, and the block of energy will then move in upon it. We make a postulate or we communicate from the middle of a block of energy and we create a vacuum and the energy can move in upon it.

Above everything is consideration. All things are basically postulates and considerations. Even time itself is a process of knowingness and not-knowingness. One makes a consideration and so it is. He unmakes a consideration and so it is.

But every time he thinks a thought he punches holes in MEST. All things are basically a consideration. Energy itself stems from a consideration. And simply contacting thought is sufficient to make energy disappear. Now we think, and are accustomed to thinking that if some fellow is thinking “dog” we would have to get the thought “thinking dog” to make the energy mass connected with it disappear. Not true.

It is the thought, the thinkingness, which makes it disappear, not the exact thought. If an individual cannot think a thought, he cannot of course make a decision. If you were to ask an individual simply “make a decision” and he was sitting there in his head or in the middle of a thetan bank with machinery all around, you would bring about the situation of restimulation.

The reason he can’t make a decision is that he really doesn’t, on his own, dare think a thought all by himself. The best way in the world to get packed in tight in the middle of a bank is to go out and sit on a mountain top for fourteen days. I’m sure you would have to exteriorize out of self defense. You think enough thought to cave in enough energy to bring about a collapse of the bank, and I am sure that you would see many phenomena. I’m sure you would see angels, demons, and everything. It would be quite an experience but it wouldn’t be very therapeutic.

For the first time, we know why an individual had better not self audit. If he doesn’t have somebody to talk to, if he can’t keep communication going, he cannot as-is the material that’s flying in on him as fast as he is throwing it into restimulation by thinking in the middle of it, he’s going to throw more into restimulation than he is going to get rid of.

We have in Level Three, a process which you think is a subjective process. But really it is not, it is an objective process. A process which is run in a quiet place or auditing room with an auditor. “Think a placed thought.” He should be able to think elsewhere than where he is. Why anybody would think where he is, I don’t know.

When he thinks where he is, he attracts energy to him. And he’ll always be inside the energy which hits him. From the standpoint of not getting trapped, that’s not the place to be. If you wish to maintain your mobility, you will have to learn to think a thought outside where you are. And so we have this process, and this process is totally and completely dedicated only to one thing. Practice in thinking a thought elsewhere until it’s our thought and we can think it ably and we can do well by it.

But as we run the process, we get an additional phenomena, which is quite interesting. For the first time, the individual is not getting pictures presented to him. The pictures are presenting themselves to the thought! In view of the fact that he is not looking from the center of the thought, he’s merely thinking the thought over there, he doesn’t usually notice that the pictures are presenting themselves over there for a change. And energy masses around his head and body have a tendency to fly away from where he is, or where his body is, and fly onto the place where he just thought the thought. So the drill is a very easy one. The object is to train the preclear to think thoughts exterior to his head and thetan bank.



Commands:

“Think a thought in (or on) that (object)”

The auditor indicating the object or position. The auditor would indicate every time where the individual is to place the thought.

There is an alternative command which can be used:

“Do you see that object? Think a thought in (or on) it. Did the thought appear where it is?”

#### **PROCESS 4**

Ref: Tape 5511HF09 HPC-1 “Six Levels of Modern Auditing”, SLP Issue 5 - Level 3

Description:

Part A was “Think a Placed Thought” and Part B is “Choice Rehabilitation”

Choice obviously indicates that there are other objects in the world which have an influence upon you. We say “I choose”, therefore there must be a couple of things which have an influence upon you. If we said “make a decision,” well that sort of thing infers that we have a little more control over it, but we are still being monitored to some slight degree by other objects. We have to decide something. But we are deciding from a cause basis more or less on action to be taken or for something to happen. Now above that level, we simply make a postulate. We say “I think that will happen.” And above that level, we don’t have to do a think about it at all; we just know.

Choice is pretty much of an effect sort of thing. An individual has his choice, he can go to school or go to jail. The choice rather indicates the prior existence of influence factor.

We’ve got him where he can think a placed thought, now we have him make choices.

So we have a rather complicated process, and it runs like this:

“From \_\_\_\_\_ (and the auditor indicates a point), make a choice between (and he indicates positions or objects).”

You have already trained this chap to think an exterior thought and now you say “Do you see those two windows” and the fellow says “yes”. And you say “From this chair here, choose between them.”

Now he doesn’t go to the chair, he merely puts a thought on the chair which chooses between those two windows. We are teaching him to think, not just think a thought, but to think or make postulates exterior to himself.

Actually there are four choices: There is Window A, or Windows B, or neither Window A or B, or both. That is the possible number of choices that you will find the pc going into.

We are doing this so an individual can think or reason or postulate exterior to his own whereabouts. You understand that an individual making a decision where he is, is going to pull energy in on himself and that is going to alter his decision. So to make a clear decision, or to make a clear choice, he actually would have to be in a place of non-penalization. He would have to think the thought exterior to himself, make the choice or the decision exterior to himself in order not to be totally influenced by it.

## **PROCESS 5**

Ref: Tape 5511HF09 Six Levels of Modern Auditing, SLP Issue 5 -Level 3

Description:

We get up to the next level, which is much easier and that is Directed Decisional Rehabilitation. Using the ability acquired in A and B, exercise the pc on decision.

You say, "Putting the decision on or in that chair, make a decision about it." The actual thinkingness, the aliveness therefore, occurs in the chair. Energy masses actually cave in on it. The pc will feel energy masses departing from his own bank or body and leaving. He will get phenomena, but he won't get strange visio. Usually his visio field will clear up, pressure will sometimes ago off of the eyes, or off of certain non-communication spots in the body. All kinds of remarkable things occur which he will tell you about and you will listen courteously.

He's always been thinking in his head or right where he was, and therefore he attracted in upon him all the products of his machinery.

Now making a decision is rather permissive. The only thing that is directed about it is where he is going to make the decision, and about what he is going to make the decision. But what decision he makes is non-directed.

Commands:

"Putting the decision on or in that \_\_\_\_\_ (indicated object), make a decision about it."

## **PROCESS 6**

Ref: Tape 5511HF09 Six Levels of Modern Auditing, SLP Issue 5 -Level 3

Description:

Using the abilities acquired in A, B, and C, turn the pc loose on decisions. Decisions must be outside of his head, or outside of the bank.

You have got to free up his decision entirely and that is done in Level Three and you make the simplest commands you can make here. That command is just "Decide something."

Now we don't suppose he is going to relapse back to thinking in his head, but we are going to ask him every once in awhile "where he decided it." That would be part of the command, which is not written in the original issue. We have given him all of these drills, he now knows where to think.

It is flat when the individual can absolutely and with great certainty, decide something exterior to his head or bank.